# JANUARY 2025 MIDDLE SCHOOL MENU

FREE Breakfast Served until 8:30am in the Cafeteria FREE Lunch - 11am - 12:30pm

Monday

Tuesday

Wednesday

Thursday

Friday

1-3

Happy New Year!





6 JET'S PIZZA!

OR Mac & Cheese Burger with Sweet Potato Fries

Beef &Cheese Tatchos served with Corn and a variety of toppings Meatball Grinder with Marinara and Cheese 9 Bosco Day! Mac & Cheese Steamed Broccoli and Garlic Bread

10 Sweet & Sour Chicken w/ WG rice, Asian Veggies

13 JET'S PIZZA!

OR Chicken & Waffle EGGOGI Sandwich

14 2 Beef or Chicken Tacos served with corn & Refried Beans

**15**Grilled Cheese Sandwich and Tomato soup

Bosco Day!Loaded Popcorn ChickenCheese Tot Bowl

17 1/2 Day! NO HOT LUNCH!

No School!

21 Beef & Cheese Nachos served with corn Refried Beans **22**Chicken Shwarama
Pita with
Waffle Fries

Bosco Day!
Popcorn Chicken Bowl

<sup>24</sup> 1/2 Day! NO HOT LUNCH!

27 JET'S PIZZA!

OR Cheesy Fish Sandwich with Sweet Potato Fries Turkey Barbacoa Tacos
WG Rice and
Refried Beans

**29**French Toast Sticks w/
Turkey Sausage

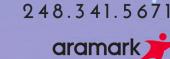
Bosco Day!
Buffalo Mac & Cheese
Steamed Broccoli

31
Waffles and Chicken
Sweet Potato Fries

Bloomfield Hills Schools is providing

2024-25 FREE Michigan Meals for All to students from Pre-K4 to 12th grade again this school year!

All meals include Proteins & whole grains
At least 1/2 cup fruits and veggies and
1% white or Chocolate milk





#### **DAILY LUNCH OPTIONS!**

GRILLED BURGERS, CHEESEBURGERS, BOSCO STICKS, PIZZA STATION VARIETY OF ENTREE SALADS AND GRAB AND GO SUBS AND WRAPS PLUS MTO DELI BAR AND SNACK BAR (ALA CARTE PRICING FOR SNACKS) AND MUCH MORE!!

#### **Mac & Cheese Burger**

All Beef Burger topped with Creamy Mac & Cheese on a WG Bun

#### **Beef and Cheese Tatchos**

Beef and Cheese over Crispy Tater Tots Served with refried beans and Toppings

#### **Meatball Grinder**

Meatballs tossed in Marinara topped with melted Mozzarella cheese and topped with Loaded Popcorn Chicken Tot Bowl optional Peppers & Onions with Fries

#### Sweet & Sour Chicken

Crispy battered chicken bites glazed in a sweet & Sour sauce, served over WG rice with Asian mixed Veggies

#### Macaroni & Cheese

Whole grain pasta tossed in a creamy cheddar cheese sauce served with fresh steamed Broccoli

#### **EGGOJI** Waffle and Chicken Sandwich

Crispy White meat breaded Chicken between 2 animated WG Waffles & Syrup Cup

#### 2 Soft Tacos

Beef or Chicken and Cheese with a variety of toppings to choose from Served with refried beans

#### **Grilled Cheese Sandwich**

Creamy American Cheese melted between WG Bread slices, Grilled and Served with Tomato Soup

Crispy Popcorn Chicken and creamy Cheddar Cheese Sauce over **Crispy Tater Tots** 

#### **Beef and Cheese Nachos**

Beef and Cheese on Crispy tortilla chips with optional toppings Served with refried beans

#### Chicken Schwarma

Seasoned Chicken served on a whole grain Pita with tangy cucumber sauce and optional diced tomatoes and onions Served with Crispy Waffle Fries

#### **Popcorn Chicken Bowl**

Crispy Popcorn Chicken over Creamy Mashed Potatoes topped with Corn and Chicken Gravy

#### **Jets Pizza**

Crispy Deep Dish Cheese Pizza with Jet's famous sauce!

### **Cheesy Fish Sandwich**

**Breaded Flakey Haddock** topped with American Cheese on a WG Bun

#### **Turkey Barbacoa Tacos**

Seasoned ground turkey served on Flour Tortillas Served with Pico Corn salad and Refried Beans

#### French Toast with Turkey Sausage

Crispy French Toast Sticks served with a Turkey Sausage Patty, Syrup, Hash Brown Patty

#### **Buffalo Chicken Mac & Cheese**

Creamy Mac & Cheese served with Crispy Chicken bites and Buffalo Sauce served with fresh steamed Broccoli

#### **Chicken and Waffles**

Crispy White meat breaded Chicken Strips Served with Sweet Belgium Waffles, Syrup Cup and optional Sweet Potato Fries

MENU SUBJECT TO CHANGE WITHOUT NOTICE THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

#### MS BREAKFAST

Offered Daily in the Cafe 8:15-8:30am

**Choose from Cold and Hot Choices including Apple Cinnamon Texas** Toast, Breakfast Sandwiches, Yogurt **Parfait Bagels. Muffins** Cereal Bars, Cereal All Breakfasts include up to a full cup of fruit and/or 100% Fruit Juice and a 1% white or chocolate milk

## Join us in learning about

# **Michigan Produce!**

Seasonal Carrots, Blueberries, Apples, Salad Greens, Sweet **Potatoes and Much More!** 



Gluten Free option available per medical requestpreorder required



Vegetarian and Dairy Free options

VEGETARIAN available - preorder

required

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