JANUARY 2025 WING LAKE MENU

FREE Breakfast Delivered to classrooms when school starts FREE Lunch - 11:00am - 12:30am

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Monday	Tuesday	Wednesday	Thursday	Friday
		1-3 Happy Ner	v Year!	
6 Chicken Tender/Muffin Steamed Carrots	7 Pasta w/ Marinara and Meatballs & Garlic Knot	8 Chicken Patty Sandwich Baked Beans	9 Orange Chicken w/ Rice Served with WG rice, Asian Veggie Mix	10 Cheese Pizza With Broccoli
13 Waffles & Chicken w/ Sweet Potato Fries	14 Cheesy Fish Sandwich or Chicken Tenders w/ Steamed Veggies	15 Cheeseburger served with Vegetarian Baked Beans	16 Cheese Cavatappi served w/ Broccoli and Garlic Bread	17 1/2 Day! NO HOT LUNCH!
²⁰ No School!	21 Macaroni and Cheese served w/ Broccoli and Garlic Knot	22 Popcorn Chicken Bowl Mashed Potatoes, Corn and Gravy	23 All Beef Hot Dog w/ Vegetarian Baked Beans	24 Beef and Bean Chili Garlic Bread Sweet Potato Fries
27 Beef & Cheese Tacos Salsa/Sour Cream Refried Beans	28 Mini Turkey Corn Dogs w/Mixed Vegetables	29 Meatloaf Burger Tater Tots	30 Chicken Sliders w/ Sweet Potatoes	31 Cheese Pizza With Broccoli
*	Bloo 2024-25 FREE Michigan		its from Pre-K4 to 12th	grade
	again this school year! All meals include Proteins & whole grains At least 1/2 cup fruits and veggies and 1% white or Chocolate milk			248.341.5 aramar

Chicken Tenders

All White Meat Lightly Breaded Chicken Strips served with a WG muffin

Pasta with Meatballs

Penne Pasta noodles tossed in Marinara sauce served with a Garlic Bread

Chicken Patty Sandwich

All White Meat Lightly Breaded Chicken served with Marinara Sauce and Served on a WG Bun with Vegetarian Baked Beans

Orange Chicken

Crispy battered chicken bites glazed in a sweet orange sauce, served over WG rice with Asian mixed Veggies

Cheese Pizza

Whole Grain deep dish Cheese Pizza served with tender Broccoli

Waffle and Chix

Crisp, chicken Tender served with Sweet Belgium Waffle and Syrup cup and Sweet Potato Fries

Cheeseburger

Beef burger on a WG Bun topped with American cheese

Cheesy Cavatappi

Cavatappi noodles tossed in creamy white cheese sauce served with Steamed Broccoli a WG Muffin

Bosco Sticks

Mozzarella cheese filled breadsticks Smile Potatoes

Macaroni and Cheese

Macaroni noodles tossed in creamy cheese sauce served with Steamed Broccoli a WG Roll

Popcorn Chicken Bowl

Crispy Popcorn Chicken over **Creamy Mashed Potatoes** topped with Corn and Chicken Gravy

All Beef Hot Dog

All Beef Frank served on a WG Bun Served with Vegetarian Baked Beans

Option 2 Daily - Yogurt Plate

Creamy Yogurt Cup, Soft Pretzel, and Cheese dipping cup ALL COMPLETE MEALS COME WITH CHOICE OF 1% WHITE OR CHOCOLATE MILK AND **CHOICE OF FRUITS AND VEGGIES** MENU SUBJECT TO CHANGE WITHOUT NOTICE THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

Beef and Bean Chili

Hearty Beef and Bean Chili served with Soft Buttery Garlic Bread and Sweet Potato Fries

Beef and Cheese Tacos

Soft Flour Tortillas with Seasoned Beef and Shredded Cheddar Cheese served with Salsa and Sour Cream

Mini Corn Dogs

Mini Turkey hotdogs battered in a crispy whole grain Corn Bread Batter served with Mixed Veggies

Cheesy Fish Sandwich

Lightly Breaded Haddock Fillet topped w/ American Cheese. served with Steamed Veggies

Meatloaf Burger

Juicy Meatloaf stuffed with Cheese and tangy Ketchup Served on a WG bun with Smile Potatoes

Chicken Patty Sliders

Tiny Chicken Sausages on WG Slider Buns Served w/ Sweet Potatoes

FREE BREAKFAST **Monday - Breakfast** Pizza **Tuesday - Breakfast** Bagel Wednesday - Pancakes **Thursday - Breakfast Burrito** Friday - Mini Waffles **Plus Yogurt Plates Cereal & Cereal Bars** Served with 100% Fruit Juice. Michigan Fruit and 1% White or **Chocolate Milk**

Join us in learning about **Michigan Produce!**

Seasonal Carrots. Blueberries. Apples, Salad Greens, Sweet **Potatoes and Much More!**



Gluten Free option available per medical requestpreorder required



Vegetarian and Dairy Free options VEGETARIAN^{available} - preorder required

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