

# JANUARY 2025 PREP MENU

All complete meals Free throughout the  
2024-25 school year!  
Lunch Delivered Daily by 11am  
Preorder Breakfast the day before to  
be there in the morning for your student

Monday

Tuesday

Wednesday

Thursday

Friday

1-3

Happy New Year!



6

Loaded Popcorn Chicken  
Cheese Tot Bowl

7

Beef & Cheese Nachos  
served with corn  
Refried Beans

8

Grilled Cheese sandwich  
w/ Tomato Soup  
JET'S Pizza Day!

9

Chicken Alfredo Pasta  
Garlic Breadstick  
MICHIGAN BROCCOLI

10

Sweet and Sour Chicken  
w/ WG rice and Stir-fried  
Veggies

13

Popcorn Chicken Bowl,  
w/ mashed potatoes,  
gravy and Corn

14

Chicken Quesadilla  
served with Rice, Pico  
Corn and Refried Beans

15

Philly Cheese Steak  
sandwich w/ Fries  
JET'S Pizza Day!

16

Pasta w/ Marinara &  
Meatballs  
MICHIGAN BROCCOLI

17

1/2 Day!  
NO HOT LUNCH!

20

No  
School!

21

Macaroni and Cheese  
served w/ Broccoli and  
Garlic Knot

22

Popcorn Chicken Bowl  
Mashed Potatoes, Corn  
and Gravy

23

All Beef Hot Dog  
w/ Vegetarian  
Baked Beans

24

1/2 Day!  
NO HOT LUNCH!

27

BBQ Chicken Drumstick  
w/ mashed potatoes  
and Gravy

28

Turkey Barbacoa Tacos  
WG Rice and  
Refried Beans

29

Chicken & Waffle  
w/ Fries  
JET'S Pizza Day!

30

Buffalo Chicken Mac &  
Cheese  
Garlic Breadstick  
MICHIGAN BROCCOLI

31

Chicken Thai Bowl  
Crisp Chicken over WG Rice  
with a Thai Chili Sunbutter  
Sauce

Bloomfield Hills Schools is providing  
2024-25 FREE Michigan Meals for All to students from Pre-K4 to 12th grade  
again this school year!

All meals include Proteins & whole grains  
At least 1/2 cup fruits and veggies and  
1% white or Chocolate milk

248.341.5671

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## DAILY LUNCH OPTIONS!

**MONDAY - CHEESE, VEGGIE OR PEPPERONI PIZZA**

**TUESDAY - CHICKEN PATTY SANDWICH**

**WEDNESDAY - CHEESEBURGER OR VEGGIE BURGER**

**THURSDAY - CHICKEN TENDERS**

**FRIDAY - JET'S CHEESE, VEGGIE OR PEPPERONI PIZZA**

**ALL MEALS INCLUDE FRUIT AND VEGGIE OF THE DAY AND  
1% WHITE OR CHOCOLATE MILK**

### **Loaded Popcorn Chicken Tot Bowl**

Crispy Popcorn Chicken and creamy  
Cheddar Cheese Sauce over  
Crispy Tater Tots

### **Beef and Cheese Nachos**

Beef and Cheese on Crispy tortilla chips  
with optional toppings  
Served with refried beans

### **All Beef Hot Dog**

All Beef Frank served on a WG Bun Served  
with Vegetarian Baked Beans

### **Grilled Cheese Sandwich**

Creamy American Cheese melted  
between WG Bread slices, Grilled and  
Served with Tomato Soup

### **Chicken Alfredo Pasta**

Al Dente Pasta topped with creamy  
Parmesan Cheese sauce and grilled  
chicken. Served with Broccoli and garlic  
breadstick

### **Sweet and Sour Chicken**

Crispy battered chicken bites glazed in a  
Zesty Orange sauce, served over WG  
rice with Asian mixed Veggies

### **Jets Pizza**

Crispy Deep Dish Cheese Pizza with Jet's  
famous sauce! Choose from Cheese,  
Pepperoni or Veggie!

### **Popcorn Chicken Bowl**

Crispy Popcorn Chicken over  
Creamy Mashed Potatoes topped  
with Corn and Chicken Gravy

### **Chicken & Cheese Quesadilla**

Flour Tortilla grilled with white meat  
Chicken and Cheddar Cheese  
Served with WG Rice & Refried  
Beans

### **Philly Steak and Cheese**

Shaved seasoned beef on a WG sub  
bun topped with melted Mozzarella  
cheese and optional Peppers & Onions  
with Fries

### **Pasta w/ Marinara & Meatballs**

Al Dente Pasta topped with tangy  
Marinara sauce and beef Meatballs  
served with fresh steamed broccoli &  
Garlic Breadstick

### **BBQ Chicken Drumstick**

Chicken leg glazed in Sweet BBQ Sauce  
served with Mashed Potatoes, Chicken  
Gravy and Green Beans

### **Turkey Barbacoa Tacos**

Seasoned ground turkey served on  
Flour Tortillas  
Served with Pico Corn salad  
and Refried Beans

### **Macaroni and Cheese**

Macaroni noodles tossed in  
creamy cheese sauce  
served with Steamed Broccoli and WG Roll

### **Chicken and Waffles**

Crispy White meat breaded Chicken Strips  
Served with Sweet Belgium Waffles,  
Syrup Cup and optional Sweet Potato  
Fries

### **Buffalo Chicken Mac & Cheese**

Creamy Mac & Cheese served with Crispy  
Chicken bites and Buffalo Sauce served with  
fresh steamed Broccoli

### **Chicken Thai Rice Bowl**

Crispy Chicken over WG Rice  
Tossed in a Thai Sun Butter Sauce

## **FREE BREAKFAST** preorder required

Assorted Breakfasts  
available daily including  
choice of  
Fresh Bagels, Pop Tarts,  
Breakfast Breads or  
WG Donuts

All breakfasts include a  
1/2 cup of Michigan fruit,  
100% Fruit juice and a 1%  
white or chocolate milk

### **FRUITS AND VEGGIES!**

Offered Daily

Includes Michigan Produce such  
as Blueberries, Lettuce, Carrots,  
Legumes and Apples and full  
Salad Bar!



Gluten Free  
option available per  
medical request-  
preorder required



Vegetarian and  
Dairy Free options  
available - preorder  
required



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**MENU SUBJECT TO CHANGE WITHOUT NOTICE**  
**THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER**