



JANUARY | 2025

LAKWOOD LOCAL SCHOOLS HIGH SCHOOL AND MIDDLE SCHOOL *Chef Salad is offered daily as a 3rd choice*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
30 NO SCHOOL	31 NO SCHOOL	1 NO SCHOOL	2 NO SCHOOL	3 NO SCHOOL
6 NO SCHOOL	7 #1 Bosco Stix w/ Marinara #2 P.B. and Jelly Pocket Steamed Green Beans Fruit Milk	8 #1 Pizza #2 P.B. and Jelly Pocket Carroteenies w/ Ranch Fruit Milk	9 #1 Hot Italian Sub #2 P.B. and Jelly Pocket Tossed Romaine Salad Fruit Milk	10 #1 Cheeseburger #2 P.B. and Jelly Pocket Baked French Fries Fruit Milk
13 #1 Chicken and Waffles #2 P.B. and Jelly Pocket Baked Tater Tots Fruit Juice Milk	14 #1 Soft Taco #2 P.B. and Jelly Pocket Refried Beans Fruit Cookie Milk	15 #1 Pizza #2 P.B. and Jelly Pocket Steamed Green Beans Fruit Milk	16 #1 Chicken Alfredo w/ Breadstick #2 P.B. and Jelly Pocket Steamed Broccoli Fruit Milk	17 #1 Pizza Sub #2 P.B. and Jelly Pocket Steamed Corn Fruit Milk
20 NO SCHOOL	21 #1 Taco Triangles #2 P.B. and Jelly Pocket Broccoli w/ Cheese Fruit Milk	22 #1 Pizza #2 P.B. and Jelly Pocket Cucumbers w/ Ranch Fruit Milk	23 #1 Buffalo Chicken Dip w/ Tortilla Chips #2 P.B. and Jelly Pocket Celery w/ ranch Fruit Milk	24 #1 Corn Dog #2 P.B. and Jelly Pocket Baked Beans Fruit Ice Cream Milk
27 #1 Lancer Chicken Bowl Dinner Roll #2 P.B. and Jelly Pocket Mashed Potatoes Fruit Milk	28 #1 Walking Taco #2 P.B. and Jelly Pocket Refried Beans Fruit Cookie Milk	29 #1 Pizza #2 P.B. and Jelly Pocket Steamed Green Beans Fruit Milk	30 #1 Johnny Marzetti w/ Breadstick #2 P.B. and Jelly Pocket Tossed Romaine Salad Fruit Milk	31 #1 Mini Mac Cheeseburger #2 P.B. and Jelly Pocket Baked French Fries Fruit Milk

ALL STUDENT MEALS ARE FREE
 Adult Lunch-\$4.25
 Adult Breakfast-\$2.00
 Extra Milk-\$.50

BREAKFAST MENU DAILY CHOICES MAY INCLUDE:
 Eggo Pancakes/Waffles
 Tony's Breakfast Pizza
 Egg and Cheese Omelet/Toast
 Assorted Kellogg Cereals
 Whole Grain Pastries
 Whole Grain Pop Tarts
 Cereal Bars
 Warm Breakfast Sandwiches
 Cheese Stick
 Yogurt Cup
 Cocoa bar
 Texas Toast
 Fruit, Milk and Juice are offered with all breakfast entrees.
 Students who eat breakfast are more likely to maintain a healthy weight and are able to concentrate better in class. Feed your body the right fuel to perform your best!!

ALL GRAINS SERVED ARE MADE FROM WHOLE GRAINS

Carroteenies are offered daily as a second vegetable choice