



GERMAN
INTERNATIONAL
SCHOOL
NEW YORK

Food Policy

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This policy ensures a school environment that promotes and protects students' health, safety, and well-being and supports healthy eating habits. All school employees, students, and families are responsible for maintaining a safe environment, and everyone must comply with our policy.

I. Permitted Foods

All grades

- Homemade snacks for personal consumption by students
- In-school lunch program provided by a licensed caterer
- Cooking or baking as part of instruction during class using store-purchased ingredients
- Food for special school events needs to be pre-approved by the nurse

Lower School

- Homemade foods (nut-free, ingredient list) brought for class parties with parent participation in lower school

Middle / Upper School

- Homemade or store-bought food with a complete ingredient list, pre-approved by the nurse for birthday parties.

GISNY-organized events (e.g., bake sales)

- Please sell only nut-free foods with a complete ingredient list

Exceptions: Winterfest, labeled "Nut Room," for sale and consumption of products containing nuts

II. RESTRICTIONS

- Nuts are not allowed in school except for the Winterfest
- Sharing food or drinks among students during snack time is not permitted
- Food as rewards: Teachers are not allowed to reward or incentivize students for any learning activity, graded or not.
- Candy distribution: Teachers are not permitted to hand out candy during celebrations and holidays
- Lower School birthday celebrations: No food is allowed

III. VERSION

Rev #	Changes	Responsible	Approved by
2024-10-23	Created	Nurse, SL	SL