

**Anchored in
Community and
Illuminating Futures**



CONTACT

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**It's Not too Late to Get Back
On Track...Please call today!**



**FAIRPORT
HARBOR
EXEMPTED
VILLAGE
SCHOOL
DISTRICT**

**ATTENDANCE
MATTERS**



LOCAL RESOURCES

Lake County Department of Jobs and Family
Services (440) 350-4000

Lake County Juvenile Court (440) 350-3000

Compass Line (440) 350-2000

Family Pride of Northeast Ohio (440) 286-1318

Call 211 for Community Resources

NAMI of Lake County (440) 639-1200



American Academy of Pediatrics Tips to help get your child to school on time, every day:

- 1. Set attendance goals with your child and track their progress on a calendar.** Try offering small rewards for not missing any school, such as a later bedtime on weekends.
- 2. Help your child get a good night's sleep.** A lack of sleep is associated with lower school achievement starting in middle school. Not getting enough sleep is also linked with more, missed school and tardiness.
- 3. Prep the night before to streamline your morning.** Have your child lay out their clothes before going to bed. Have backpacks and lunches packed. Develop backup plans for getting to school in case something comes up.
- 4. Schedule extended trips during school breaks.** This helps your child stay caught up in school learning. It also sets the expectation for your child to be in school during the school year.
- 5. Stay up-to-date on routine well-child and dental visits.** These visits help ensure your child is on track with their growth and development.
- 6. Don't have your child stay home unless they are truly sick.** Reasons to keep your child home from school include a fever greater than 101 degrees F, vomiting, diarrhea, a hacking cough, toothache, or other infectious illnesses.
- 7. Talk with your child about the reasons why they do not want to go to school.** School-related anxiety can lead to school avoidance. Talk to your child about their physical and emotional symptoms. Try to get them to talk about any emotional struggles they may have with issues like bullying, fear of failure, or actual physical harm.
- 8. Follow the rules.** Be sure you know what your school's requirements are for when your child will be absent or late. If you are supposed to call, email, or provide a doctor's note after a certain number of days out, then do it.
- 9. Look for activities at school that match your child's interests.** Does your child's school have a club or an after-school program that might interest them? Is there a school sports team or musical group they could join? Special activities like this can help kids connect with school and keep them motivated to attend.

WHY IS REGULAR SCHOOL ATTENDANCE IMPORTANT?

STAY IN THE GAME!

KEEP LEARNING, EVERY DAY

- Enhances Educational Success
- Strengthens Social Connection
- Fosters a Sense of Responsibility

What if my Student Refuses to Attend School?

- Work with school staff to develop a plan to improve your student's attendance. This may include a network of school and community resources for you to access.
- Practice positive and active parenting strategies with your student. Having consistency with routines is important. Talk with your student about what they are learning and about their school day.
- Have consequences for your student not attending school. Allowing your student to be on devices, play outside and/or hang out with friends sends the message that it's acceptable to miss school.