

# Leavenworth High School Activities/Athletics Handbook **2024-2025**



Dear Students and Parents/Guardians,

We are happy that you have expressed an interest in participating at Leavenworth High School (LHS) in our activities/athletics program(s). The administration, coaches and sponsors at LHS care about our student participants and their parents/guardians. The activities/athletics programs are designed so that each individual participant has the opportunity to participate in an orderly and enriching atmosphere. The Activities/Athletics Policies of LHS support positive behavior and provide for prevention and correction of misbehavior.

Three common elements essential to a successful program are at the heart of LHS' Activities/Athletic Policies. These elements are that students should be knowledgeable of the rules, behave responsibly at all times, and exhibit positive human relationships. The coaches/sponsors feel that participants must be aware of the rules of participation. The coaches/sponsors believe that participants learn to be responsible when:

- Students are given opportunities to be responsible
- Students have choices
- Clear communication exists between the student, coach, and the administration
- Students understand specific limits
- Consequences are clear and consistent.

### LHS' activities/athletics program goals are:

- Provide a positive experience for all participants
- Promote a high quality activities/athletics program
- Prepare student participants to meet a democratic society
- Help each student grow physically and intellectually while nurturing disciplinary growth.

Please review the following Activities/Athletics Policies with your student. Parents/guardians are an important part of ensuring the policies are carried out effectively. After reviewing the activities/athletics codes of LHS, please sign and return the appropriate forms.

With Pioneer Pride,

Mike Koontz Assistant Principal/Athletic Director

Brenden Olesen Assistant Principal/Activities Director

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FOLLOW LV activities on TWITTER! @LVactivities; on INSTAGRAM @ Ivactivities

# I. Introductions

**A. To the Parent/Guardian:** This material is presented to you because your student has indicated a desire to participate in the activities/athletics program and you have expressed your support in that decision. We believe that participation in activities/athletics provides a wealth of opportunities and experiences and assists students in personal adjustments. A properly controlled, well-organized activities/athletics program, meets students' needs for self-expression, mental alertness, physical growth and educational maturity.

A student who elects to participate in the activities/athletics program is voluntarily making a choice of self-discipline and personal commitment. These are the reasons we place such stress on good training habits. Failure to comply with the rules of training and conduct means exclusion from the squad. There is no place in high school activities for students who will not discipline their minds and bodies for rigorous competition. We are striving for excellence. LHS will work to ensure certain responsibilities and obligations such as:

- 1. To provide adequate equipment and facilities;
- 2. To provide well-trained coaches/sponsors; and
- 3. To provide equalized contests with skilled officials.

Likewise, we feel that you have committed yourselves to certain responsibilities and obligations. It is the role of the activities/athletics department to make rules that govern the spirit of competition for the school. These roles need a broad basis of community support, which is achieved through effective communication with the parent/guardian.

### **RESPONSIBILITIES:**

- Parent/Guardian will communicate with coaches and administrators in an honest and respectful
  manner. Parents should communicate first with the coach prior to the Athletic Director. Parents
  should attend meetings and read information disseminated by the coaches and Athletic
  department. Playing time is not guaranteed for any athlete.
- Parents will display good sportsmanship and behavior at all activities. Parents should
  understand the game is for the students, not the adults and recognize that student participation
  is a privilege. Parents should promote the team by being supportive and positive as well as
  respecting officials, opponents, coaches, and players while refraining from coaching from the
  stands.

Failure to follow the expectations of Leavenworth High School and the Athletic department may cause you to forfeit your right to support your student and the team.

# **Consequences for Unsportsmanlike Conduct**

1. First Offense - Any fan ejected from an activity for unsportsmanlike conduct shall be suspended from all contests for the remainder of the day. In addition the fan shall be suspended from attending contests at all levels in that sport for two weeks. The fan shall also be required to take

- the National Federation of State High School Association's "Sportsmanship" course, which must be completed before returning to athletic contests found at <a href="https://www.nfhslearn.com">www.nfhslearn.com</a>.
- Second Offense A fan who is ejected or disqualified a second time shall be suspended for the remainder of the season for that sport. In addition, the fan shall take the National Federation of State High School Association's "Positive Sport Parenting" course, which must be completed before returning to any athletic contest found at www.nfhslearn.com.
- **B. To the Student Participant:** Being a member of a high school activity is the fulfillment of an early ambition for many students. The attainment of this goal carries with it certain traditions and responsibilities that must be maintained.

**TRADITION:** Great tradition is not built overnight; it takes the hard work of many people over many years. Our tradition has been to compete with honor. We desire to win, but only with honor to our students, our schools and our community. Such a tradition is worthy of the best efforts of all concerned. Over many years our squads/teams/groups have achieved a number of league and tournament championships. Many individuals have set records and won All-State and All-League honors.

### **RESPONSIBILITIES:**

- **1. TO YOURSELF**: The most important responsibilities are to broaden your experiences and develop strength of character. You owe it to yourself to achieve the greatest possible experiences from your high school career. Your academic studies, as well as your participation in extracurricular and co-curricular activities, prepare you for life as a successful adult.
- **2. TO YOUR SCHOOL:** LHS cannot maintain its position as having an outstanding school unless you do your best in whatever activity you wish to engage in. By participating to the maximum of your ability, you are contributing to the reputation of your school. You assume a leadership role when you participate. The student body and citizens of the community know you. You are on a stage in the spotlight.
- **3. TO OTHERS:** As a squad/group member you also bear a heavy responsibility. When you know in your heart that you have lived up to all of the training rules, that you have practiced to the best of your ability every day, and that you have performed to the best of your ability; you can keep your self-respect and your family can be justly proud of you. Younger students in the Leavenworth school system are watching you and will emulate you in many ways. Maintain your part in carrying on a tradition of excellence.

# **II. Activities/Athletics Program**

**A. Statement of Philosophy:** The LHS Activities/Athletics Program provides a variety of experiences to aid the development of favorable habits and attitudes that will prepare students for adult life in society. The activities/athletics program shall be conducted in accordance with existing Board of Education policies, rules, and regulations. While the Board of Education takes great pride in winning, it does not condone "winning at any cost." It discourages any and all pressures which may tend to neglect good sportsmanship and good mental health. At all times the activities program must be conducted in such a way, as to justify it as an educational activity.

# **B.** Goals and Objectives:

**OUR GOAL** – The student participant shall become a more responsible and effective citizen in society. **OUR SPECIFIC OBJECTIVES** – The student participant shall learn the following:

- 1. To work with others In society, a person must develop self-discipline, respect for authority, and the spirit of hard work and sacrifice. The squad/group and its objectives must be placed higher than personal desires.
- **2. To be successful** Our society is very competitive. We may not always win, but we succeed when we continually strive to do so. You can learn to accept defeat only by striving to win.
- **3. To develop sportsmanship** To accept victory or defeat like a true sportsman knowing we have done our best, we must learn to treat others as we would have others treat us. We need to develop desirable social traits, including emotional control, honesty, cooperation, and dependability.
- **4. To improve** Continual improvement is an essential element to good citizenship. As a participant in an activities/athletics program, you must establish a goal and you must constantly try to reach that goal. Try to better yourself in the skills involved and those characteristics set forth as being desirable.
- **5. To enjoy your activity** It is necessary for students to enjoy participation, to acknowledge all of the personal rewards to be derived from activity programs, and to give sufficiently of themselves in order to preserve and improve the program.
- **6. To develop desirable personal health habits** To be an active, contributing citizen, it is important to obtain a high degree of physical fitness through exercise and good health habits, and to develop the desire to maintain this level of physical fitness after formal competition has been completed.
- **C. Sportsmanship:** As a participant representing the Leavenworth School District, you have the responsibility for exhibiting good sportsmanship at all times. The moment you put on that school uniform, you become a representative of your student body, your school, your community and, most importantly, yourself. You will receive the ingredients of good sportsmanship through the teaching, coaching, and examples of our staff. Be sure to exhibit what you learn.

A very important lesson learned through interscholastic activities/athletics is that by using the ability given us, combined with hard work and dedication, we can become anything we want to be. No one can tell you what you must be. If you are willing to recognize the ability you possess and work hard, you can achieve success in all activities/athletics.

Attitude is a principle requisite in becoming a champion in any sport. How you act, feel, and think in showing your disposition best define that. The desire to excel, to win, to pay the price, are all positive points or attributes of attitude that contribute to a winning philosophy and are as important as how the game is played. Simple acts or gestures of respect such as: displaying good conduct, cooperating with officials, shaking hands with opponents before and after the contest, showing self-control at all times, accepting decisions and abiding by them, accepting both victory and defeat with pride and compassion, and never being boastful or bitter, will aid you and your team, as well as portray the standards of sportsmanship expected of athletes/participants in the Leavenworth School District's programs.

Interscholastic activities/athletics are much like everyday life. Regardless of your plans in later life you must realize there will be competition. There are and will be disappointments in all of life's activities. It is how you react to these disappointments that will measure what values you have learned through activity participation and athletic play on the courts, fields, and mats during your high school days.

**D.** Hazing and Bullying: Leavenworth USD 453 prohibits all forms of hazing, bullying, cyberbullying, harassment, and student intimidation. Students participating in or encouraging inappropriate conduct will be disciplined in accordance with school policy. Such discipline may include, but is not limited to, suspension or expulsion from school and removal from participation in activities. Students who have been subjected to any form of hazing, bullying, cyberbullying, harassment, and/or student intimidation are instructed to promptly report such incidents to a school official.

In addition, district staff, coaches, sponsors and volunteers shall not permit, condone or tolerate any form of hazing, bullying, cyberbullying, harassment, and/or intimidation or plan, direct, encourage, assist, engage or participate in any activity that involves hazing, bullying, cyberbullying, harassment, and/or intimidation. District staff will report incidents of hazing, bullying, cyberbullying, harassment, and/or student intimidation to the building principal. The principal shall promptly investigate all complaints of hazing, bullying, cyberbullying, harassment, and/or student intimidation and shall administer appropriate discipline to all individuals who violate this policy.

The district shall annually inform students, parents, and district staff and volunteers that hazing, bullying, cyberbullying, harassment, and/or student intimidation is prohibited. This notification may occur through the distribution of the written policy, publication in handbooks, presentations at assemblies or verbal instructions by the coach or sponsor at the start of the season or program.

**E. Social Media:** Leavenworth High School students and athletes are not restricted from using social media sites. However, student athletes must understand that any content that they make public is expected to follow acceptable social behaviors as well as comply with any federal or state laws. Social media is not private and information that is posted can become public. Students are encouraged not to post anything confidential or sensitive in nature. Students are also advised not to post any comments that attack or harass another student-athlete, coach/sponsor, or administrator from Leavenworth High School or any other institution. In addition, student athletes are also expected to follow social media policies as set by their head coach/sponsor. Students may face disciplinary action from the administration if they violate these boundaries.

### III. Governances

- **A. The Board of Education:** The Board of Education is responsible to the people and is the ruling agency for LHS. The Board of Education is responsible for the following:
- 1. Interpreting the needs of the community;
- 2. Developing policies in accordance with state statutes and mandates in accordance with the educational needs and wishes of the people of the Leavenworth School District;
- 3. Approving means by which professional staff may make these policies effective; and
- 4. Evaluating the interscholastic athletic program in terms of its value to the community.

- **B.** The Kansas State High School Activities Association (KSHSAA): All schools are voluntary members of KSHSAA and compete only with member schools. As a member school district, the secondary schools of Leavenworth agree to abide by and enforce all rules and regulations set forth by this Association. The primary role of the state association is to maintain rules and regulations that ensure equity in competition for the student participants and a balance with other educational programs. The association solicits input and is responsive to requests for rule modification from member schools, appointed committees, and coaches' associations. The state association attempts to enforce such rules that assure the greatest good for the greatest number and to ensure that competition is conducted in the appropriate manner.
- **C. The National Federation of State High School Associations:** The National Federation consists of the fifty individual state high school athletic and/or activities associations. The purposes of the Federation are to serve, protect, and enhance the interstate activity interests of the high schools belonging to state associations; to assist in those activities of the state associations which can best be operated on a nationwide scale; to sponsor meetings, publications and activities which will permit each state association to profit by the experience of all other member associations; and to coordinate work to minimize duplication.

The National Federation is a service and regulatory agency. The growth and influence of state associations and the National Federation ensures some degree of teamwork on the part of more than 20,000 schools and enables them to formulate policies for the improvement of interscholastic activities.

**D. United Kansas Conference:** LHS is a voluntary member of the United Kansas Conference. The conference was established to foster and administer an organization for sponsoring interscholastic school activities and promoting good relations among member schools as well as to raise the standards of good sportsmanship and encourage growth of good citizenship for all parties who come in contact with school activities.

The United Kansas Conference is comprised of the following schools:

- 1. Basehor-Linwood
- 2. DeSoto
- 3. Lansing
- 4. Leavenworth
- 5. Piper
- 6. Shawnee Heights
- 7. Topeka Seamen
- 8. Topeka West
- 9. Turner

**E. Kansas State High School Activities Association Rules (KSHSAA):** To be eligible for interscholastic athletics, a high school student must meet the following state regulations:

1. Enrollment 10. Amateur Practices

2. Age 11. Undue Influence (recruiting)

Physical Examination
 Scholarship Requirements
 Bona Fide Student Rule

5. Semesters of Enrollment 14. Outside Competition

6. Residence Requirements7. Transfers15. Mixed Teams16. All Star Games

8. Guardianship 17. Anti-fraternity

9. Awards 18. Anti-tryout & Private Instruction

# IV. Requirements for Participation

**A. Physical Examination:** A yearly physical examination is required. The physical form must be completed by a physician and submitted prior to participation. The physical covers all sports for the entire school year, provided the examination occurred after May 1st of the previous school year. The form will be maintained on file in the Athletic Office.

- **B.** Emergency Medical Authorization: Each athlete's parents/guardian shall complete an Emergency Medical Authorization Form giving permission for treatment by a physician or hospital when the parent/guardian is not available. The form will be maintained for availability at all practices and contests.
- **C. Parental Acknowledgement of Athletic Policies:** Upon entering high school or at the time a student tries out for an activity/athletic program, he/she will be presented with this handbook containing all the necessary forms and information for participation. Each parent/guardian shall read all of the enclosed material and certify that they understand the eligibility rules and policies of the school district. This signed document will be filed in the Athletic Director's Office.
- **D. Insurance:** The school district does not carry insurance to cover student athletic injuries. Parents/guardians will need to sign the Insurance waiver form stating they have a family insurance plan or have purchased school insurance.
- **E. Scholastic Eligibility:** In order to participate on a LHS activity team or group, each participant must have satisfied all the scholastic eligibility requirements prior to participation. KSHSAA requires that all students have passed at least five new subjects (those not previously passed the last semester.) They also must be enrolled in at least five new subjects (those not previously passed) or unit weight this coming semester. Office helpers and teacher helpers are not credit courses.

LHS requires all students to follow the following academic eligibility requirements in addition to the

# KSHSAA eligibility requirements:

- 1. If a Student Athlete has three (3) F's on a progress report, the Student Athlete will be placed on academic probation for two weeks. During academic probation, the student athlete will still be able to participate in their sport, but they need to work with teachers to bring their grades up.
- 2. If at the next progress report, the Student Athlete still carries three (3) F's, in any subject; the Student Athlete will be ineligible to participate in sports for two (2) weeks, to include practices and games.
- 3. At the end of the two (2) weeks of ineligibility, if the student-athlete still carries three (3) F's, they will continue to be ineligible until they no longer carry three (3) F's. However, if the student athlete no longer carries three (3) F's, they will then be eligible to play and placed back on the probationary list.
- **F. Risk of Participation in Athletic Activities:** Participation in athletics is not without a price. LHS athletes must sacrifice much time, effort, and hard work in order to find success in their athletic endeavors. Unfortunately, participation in athletics can sometimes result in the development of injuries and conditions that can limit the athlete's performance. These types of injuries can be the source of great frustration for the athlete and can often result in loss of playing time in order for the injury to heal. In order to minimize the effects of athletic injuries, we encourage each athlete to take preventative measures in their sport.

LHS will provide a certified athletic trainer who works directly with the athletes on a daily basis developing conditioning and injury programs, treating and rehabilitating injuries, and serving as a liaison between the parents, coaches and school administration.

The participation in interscholastic athletics carries a level of risk. All athletes and parents/guardians must realize the risk of serious injury which may be a result of any athletic participation. Every effort is made to insure the safety of our student-athletes. Even with these efforts, all sports carry inherent risks. The Leavenworth School District will use the following safeguards to make every effort to eliminate injury:

- 1. Every head coach will conduct a parent/athlete meeting prior to the start of the season to fully explain the activity policies and advise, caution, and warn parents/athletes of the potential for injury.
- 2. Coaches will instruct all athletes about the dangers of participation in the particular sport.

# V. Athletic Codes of Conduct

**A. Conduct of Student in Athletics and Activities**: A firm and fair policy of enforcement is necessary to uphold the regulations and standards of the activities/athletics department. The community, school administrators, and the coaches/sponsors feel strongly that high standards of conduct and citizenship are essential in maintaining a sound activities/athletics program. The welfare of the student is our major concern and transcends any other consideration.

All student participants shall abide by a code of ethics, which will earn them the honor and respect that participation and competition in the activities program affords. Any conduct that results in dishonor to

the student, the team/group, or the school will not be tolerated. Acts of unacceptable conduct, such as, but not limited to theft, vandalism, disrespect, immorality or violations of law, tarnish the reputation of everyone associated with the activities programs and will not be tolerated.

**B. Ejection Policy:** Any student athlete who is ejected from an athletic contest for any reason shall be prohibited from participation in the next contest from the same level of competition.

\*Effective in 2015-2016, any player ejected from a contest at any level of play will be required to successfully complete the free "NFHS Sportsmanship Course" online prior to the KSHSAA and school reinstating eligibility privileges. The free course is approximately 20 minutes in length and the student athlete is responsible for providing a certificate of completion to the Athletic Director.

**C. Training Rules and Regulations:** Participation in school athletics is a privilege that carries with it varying degrees of responsibility, recognition, and reward. Participating students represent their school and other members of the student body, and it is their duty to conduct themselves in a manner that is positive for themselves, their families, their school, and their community.

Contestants' conduct, in and out of school, shall not reflect discredit upon their school, nor create a disruptive influence on the discipline, good order, moral or educational environment in the school.

LHS supports a zero tolerance policy in regards to the use, possession, and/or distribution of drugs, alcohol, or tobacco. At any time during an activity season, students shall **not**:

- use or have in one's possession a beverage containing alcohol
- use tobacco
- use or consume, have in possession, buy, sell or give away any medication that is not prescribed to the student by the student's physician
- use or consume, have in possession, buy, sell or give away any other controlled substance defined by law as an illegal drug
- Refuse to cooperate with an investigation.

School violations include all activities in school and in all buildings and grounds owned, operated (including buses), or rented by LHS, or at any school sponsored activities (such as field trips, athletic events, trips abroad, or community service).

Students have to decide if they want to be student participants in the activities program. You make the commitment in order to be a competitor. A big part of this price is following a simple set of training rules which the department of activities believes to be fair.

**D. Penalties for Violations:** Due to the serious nature of this rule, the coach involved, the Activities/Athletics Director, and the Principal shall meet and determine the penalty according to the degree of the infraction. The penalty shall range from a minimum of one game/contest suspension to a maximum of permanent denial of participation.

# **Tobacco/Vaping**

# 1. FIRST VIOLATION PENALTY

After confirmation of the first violation, the student shall lose eligibility for the next two consecutive interscholastic

events/contests or two weeks of a season in which the student is a participant, whichever is greater. If the penalty is not fully administered during that season, the remainder of the penalty will be applied to the next activity season in which the student participates.

### 2. SECOND VIOLATION PENALTY

After confirmation of the second violation, the student shall lose eligibility for the next six consecutive interscholastic events/contests in which the student is a participant. If the penalty is not fully administered during that season, the remainder of the penalty will be applied to the next activity season in which the student participates. The student will also be placed on administrative probation.

### 3. THIRD VIOLATION PENALTY

After confirmation of the third violation, the student shall lose eligibility for the next 12 consecutive events/contests in which the student is a participant. If the penalty is not fully administered during that season, the remainder of the penalty will be applied to the next activity season in which the athlete participates. The student will also be recommended for expulsion from school for the remainder of the semester.

### Penalties for Violations cont.

# Alcohol/Drugs/Controlled Substance

### 1. FIRST VIOLATION PENALTY

After confirmation of the first violation, the student shall lose eligibility for half of the scheduled contests of the season. If the violation occurs at the end of a season the remainder of the penalty will be carried over to the next season of play. Prior to participation, the parent/guardian will provide the school with proof that the student attended a drug and alcohol counseling program. The student may be required to practice with the group, unless the student has been expelled from school.

### 2. SECOND VIOLATION PENALTY

After confirmation of the second violation, the student shall lose eligibility for the remainder of the school year.

### E. Social Media Best Practices

In an effort to guide student athletes at Leavenworth High School with social media platforms, the following suggestions should be followed:

- Social media is not private. Understand that freedom of speech is not unlimited. Social media websites are not a place where you can say and do whatever you want without repercussions.
- Think Twice before posting. If you would not want your parents, family, or coaches to see it, then do not post it.
- Remember the internet is permanent. Even if you delete something, it still exists out there somewhere.
- Protect yourself by maintaining a self-image that you can be proud of years from now.
- Use the privacy/security settings made available on social media sites.
- College coaches monitor high school student athletes on social media when recruiting. Do not risk losing a possibility of a scholarship over something that was posted on social media.

**F. Individual Coaches'/Sponsors' Rules:** Coaches/Sponsors will establish additional rules and regulations with the approval of the Activities/Athletics Director for their respective programs. These rules as pertaining to a particular activity must be given by the coach/sponsor in writing to all team/group

members and explained fully at the start of the season. Penalties for violation of team/group rules will also be in writing and shall be administered by the coach/sponsor. Copies of all additional team rules by coaches/sponsors are on file in the Athletic Director's office.

**G. Policy on Fighting in Interscholastic Sports:** Fighting in any sport shall be construed to consist of: An invitation to a fight, closely following an opposing player during a disturbance, making any taunting gesture or sound, punching or slugging with fists whether or not a punch is landed, wrestling, tackling an opponent outside a legal play situation.

Violation of this rule shall bring an automatic suspension for the remainder of that game plus suspension from the next scheduled game. The same suspension applies to any member of the playing squad who leaves the bench during a fight.

- **H. Appeal Procedure:** The student participant may appeal the decision of the Activities Department Committee to the Executive Committee. The Executive Committee shall be made up of the Principal, a Vice-Principal, and a neutral coach. The appeal will require the following:
- 1. The written appeal must be presented to the Athletic Director within five days of the initial ruling.
- 2. The student shall have the privilege of representation even though it is not a legal process.
- 3. The appeals committee shall render a decision within five days in writing to the student and his/her parent/guardian.

# **VI. Basic Activities Department Policies**

- **A. Participation:** We encourage participation in all activities at LHS. It is our philosophy that all students' be allowed an opportunity to participate in as many activities as possible. With this philosophy there will be conflicts with specific dates and events. It is in the best interest of the programs for the coaches and sponsors to compromise and try to work out the conflicts without putting the student in the middle. When there is a conflict on a specific date the following policy will apply:
- 1. The student should notify the coach and sponsor of the conflict immediately.
- 2. The importance or priority of an event will be determined as follows:
- a. A game/ performance takes precedence over a practice.
- b. A league or state event will take precedence over a regular season game or performance.
- c. Varsity activities will take precedence over sub-varsity activities.
- d. The administration will determine precedence when there is a conflict as to the importance or significance of the event.
- 3. When it has been determined that the two events in conflict are equal in priority, every effort will be made to resolve this conflict so the student will not be put into a position to choose or be penalized in any way.
- **B. Changing Activities in Mid-Season:** From the time a person's name appears on the official eligibility list for an interscholastic sport or activity, he/she may not join another team or compete in any

interscholastic activity until after the end of the first activity season. Mid-season changes or participation may be permitted under the following conditions:

If the person presents a certificate from a doctor recommending that the student drop the first activity for reasons of health and permitting participation in the second activity. If both sponsors involved and the Athletic/Activities Director agree that a mid-season change of activity would be beneficial to the student without being unfair to the individuals involved in either activity.

If an athlete wishes to change sports during a season or after having won an award in one sport and he/she wishes to change sports, he/she shall consult with both coaches concerned and the Athletic Director. This procedure assures a smooth transfer in the best interest of the student.

- **C. Equipment:** School equipment checked out by a student/athlete is his/her responsibility. He/she is expected to keep it in good condition. Loss of any equipment is the athlete's financial obligation.
- **D. Missing Practice:** If it is necessary to be absent from practice, the student is expected to obtain permission from the head coach/sponsor prior to the scheduled practice. Practices during holiday breaks will not be mandatory but recommended.
- **E. Travel:** All student participants must travel to and from out-of-town activity contests in transportation provided by the Athletic Department. Parents/Guardians can check their student out after the athletic event. This must be done in person after the athletic event. **NO STUDENT WILL BE RELEASED TO ANYONE OTHER THAN HIS/HER PARENT AND/OR LEGAL GUARDIAN.** Students are subject to all rules and regulations of the school while going to, during, and returning from a school-sponsored trip.
- 1. Participants who miss the bus will not be allowed to participate in the contest/event unless there are extenuating circumstances.
- 2. All regular school bus rules will be followed.
- 3. Dress appropriately and in good taste.
- **F. College Recruitment Policy:** In the event a student participant should be contacted personally by a college recruiter, he/she has an obligation to work through his/her coach/sponsor and the Athletic Department. Inform your coach/sponsor of such contact as soon as possible. College recruitment information, as well as NCAA standards, is available in the Athletic Office and/or Guidance Office.
- **G. Conflicts in Extracurricular Activities:** An individual student who attempts to participate in several extracurricular activities will, undoubtedly, be in a position of a conflict of obligations. The Activities/Athletic Department recognizes that each student should have the opportunity for a broad range of experiences in the area of extracurricular activities and will attempt to schedule events in a manner to minimize conflicts.

Students have a responsibility to do everything they can to avoid continuous conflicts. This would include being cautious about belonging to too many activities where conflicts are bound to happen. It also means notifying the faculty/sponsors/coaches involved immediately when a conflict does arise. When a conflict arises the sponsors/coaches will work out a solution so the student does not feel caught in the middle. If a solution cannot be found, the Principal/Activity Director will make the decision based on the following:

1. The relative importance of each event.

- 2. The importance of each event to the student.
- 3. The relative contribution the student can make.
- 4. How long each event has been scheduled.
- 5. Talk with parents.

Once the decision has been made and the student has followed that decision, he/she will not be penalized in any way by either faculty/ sponsor/coach. If it becomes obvious that a student cannot fulfill the obligation of a school activity, he should withdraw from that activity.

### H. Attendance:

Athletics Policy: Students must be in attendance a full day to participate in any activity scheduled for that day. Exceptions are granted with administrative approval only. A student who is absent from any class without obtaining prior approval may not participate in practices or contests on the day he/she is absent. Students who do not obtain prior approval and do practice will result in the loss of playing time in the first contest after the violation is verified. Students must also be in attendance the day after a competition. Loss of playing time in the first contest after the violation is verified will occur.

Activities Policy (Performing Arts): Students are to be in attendance a full day to perform in any activity scheduled for that day, or if the event is on a Saturday then attendance is expected on Friday. Exceptions are permitted by medical appointments, family concerns, or administrative approval only. A student who is absent from class on the day of a performance without obtaining prior approval from the sponsor and administration is subject to one of the following consequences:

- The student will be removed from the performance for that day if possible.
- The student will face administrative disciplinary measures, but be allowed to perform in the event if removal is not possible.
- The student will face a combination of removal from the performance and disciplinary action depending on the severity of the situation.
- **I. Release from Class:** It is the responsibility of student participants to see their teacher when they miss because of scheduled activities. All work shall be made up at the convenience of the teacher.
- **J. Grooming and Dress Policy:** A member of an activity team/group is expected to be well-groomed. Appearance, expression, and actions may influence people's opinions of student participants, the team/group, and the school. Once you have volunteered to be a member of a team/group, you have made a choice to uphold certain standards expected of student participants in this community.

The following grooming and dress rules will be adhered to by team/group members:

- 1. A student participant shall dress presentably at all times, on trips, or at assemblies or banquets.
- 2. Only uniforms issued by the Activities/Athletic Department will be permitted to be worn for contests.
- 3. Student participants will not be permitted to participate until deviations of the above rules are satisfactorily corrected.
- **K. Vacations Policy:** Vacations by activity team/group members during a season are discouraged. Parents/student participants wishing to do so may want to re-assess their commitment to being a participant. In the event of an absence due to a vacation is unavoidable, a participant must adhere to

the following:

- 1. Be accompanied by his/her parent while on vacation.
- 2. Contact the head coach prior to the vacation.
- 3. Be willing to assume the consequences related to their status on that team as a starter, 2nd string, 3rd string, etc.
- **L. Cutting Policies:** Choosing the members of activity team/groups is made by the coaches/sponsors of those teams/groups. Prior to trying out, the coach/sponsors shall provide the following information to all candidates for the team/groups:
- 1. Extent of try-out period.
- 2. Criteria used to select the team/groups.
- 3. Number to be selected.
- 4. Practice commitment if they make the team/group.
- 5. Game/contest commitments.

When a team/group cut becomes a necessity, the process will include these important elements. Each candidate shall have:

- 1. Completed a minimum of four practice sessions.
- 2. Been personally informed of the cut by the coach/sponsor, including the reason for the action.
- **M. Reporting of Injuries:** All injuries which occur while participating in the activities/athletics program must be reported to the coach/sponsor. If the injury requires medical attention by a doctor or treatment center, it will be necessary to have an injury report form completed. Once students are treated by a physician, the student must obtain the doctor's permission to return to the activity.

### N. Locker Room Regulations:

- 1. Rough-housing and throwing towels or other objects is not allowed in the locker rooms. Hazing of other players is not allowed.
- 2. Locker rooms will be supervised by coaches when players are in locker rooms.
- 3. All showers must be turned off after each use.
- 4. No one except coaches and assigned players are allowed in the locker rooms.
- 5. No glass containers are permitted in locker rooms.
- 6. All spiked or cleated shoes must be put on and taken off outside of the locker rooms. No metal or hard plastic spikes or cleats are ever allowed into the school building.

### O. Weight Room Regulations:

- 1. Shirts and shoes are required at all times —unaltered sleeveless shirts are acceptable but no tank tops.
- 2. No one is to be in the weight room without a coach/sponsor.
- 3. All students must be under the supervision of the instructor/coach assigned.
- 4. Lifters must work with a partner.
- 5. All athletes will be supervised by a coach while in the weight room.
- 6. Replace all weights on racks immediately following use.
- 7. Know your limits! Work with an instructor in determining your limits.
- 8. Do the lifts correctly. It is better to use lighter weights for correct lifting than heavier weights and run

the risk of injury.

- 9. Warm-up with proper stretching exercises.
- 10. No food, to include gum, allowed in the weight room.
- 11. No horseplay or profanity allowed.
- 12. No abuse of equipment. Any equipment that is broken must be reported immediately.

# VI. Athletic Awards Policy

### A. General Varsity Lettering Standards for All Sports:

- 1. Maintain satisfactory eligibility standards for participation.
- 2. Regular participation in practice sessions throughout the season.
- 3. Good moral and ethical conduct at all times.
- 4. A manager's letter will be awarded to a manager of any athletic team/group upon completion of their duties and maintaining the same standards as any varsity team member.
- 5. Each senior who has participated in a sport throughout high school and has not met specific requirements for a letter, yet has made definite contributions to the team, shall be awarded a varsity letter on recommendation of the coach.
- 6. A letter may be awarded to a student who has not met the letter requirements due to an athletic injury upon the recommendation of the coach.
- 7. Specific lettering standards for each sport are prescribed by the head coach in each respective sport and will vary. These will be given and explained to the students before the start of the season. A copy of these will be filed in the Activities/Athletic Director's office.

# **B.** Awards for Lettering:

- 1. Varsity Awards.
  - a. First-Year Award: Chenille award letter with gold insert signifying the sport and a gold service bar which indicates one year of lettering and certificate.
    - i. Note: Should the athlete letter in another sport he/she will not receive a second chenille letter.
  - b. Second-Year Award: Gold service bar and certificate.
  - c. Third-Year Award: Gold service bar and certificate.
  - d. Fourth-Year Award: Gold service bar and certificate.
- 2. Sub-Varsity Award: Participation certificate.
- 3. State qualifiers competing at the championship will receive an additional certificate.

# Friends of LHS, PTA

Friends of LHS, PTA is the parent organization that provides support to the students and staff of Leavenworth High School. Parent involvement in school functions has shown to enhance the productivity of their child's education. Our group offers many opportunities to make a difference. We organize and fund several functions through the year such as the Teacher and Staff Appreciations, Project Graduation, the drug and alcohol free celebration for the senior class, organize the concessions for the home Junior Varsity and Varsity games and other special events that promote interaction between the parents, school, and students. Our meetings are held in the school's cafeteria typically on the first Tuesday of every month at 6:30PM.

A wide variety of activities are available at LHS and students are encouraged to participate. In order to practice or participate in an activity or sport, the following requirements must be fulfilled:

- Must have on file with the Athletic Director a completed KSHSAA physical form dated after 5/1/14.
- Must have passed 5 new subjects the previous semester.
- Observance of rules of eligibility of the KSHSAA, United Kansas Conference, and Leavenworth USD 453.
- Must attend a full day of school on the day of practice or scheduled event unless approved by an administrator.
- Must attend school on the Friday prior to weekend activities or events unless approved by an administrator.
- Students and parents must turn in signed district substance abuse, travel and concussion/head injury release forms stating that they understand the policies.

Participation in student activities/athletics at LHS is a privilege. Students abusing this privilege by not following the guidelines set by the KSHSAA, the United Kansas Conference, the school, the coach/sponsor may forfeit the right to participate.

# **Athletic/Activity Passes**

It will admit the student/adult to all home, non-tournament athletic events. (Individual non-tournament athletic events cost \$5.00 for students; \$7.00 for adults per event.)

# **Sport/Activity**

Band Baseball

Basketball (boys) Basketball (girls) Bowling

Cheerleading

Choir

Cross Country

Debate

Drama/Theater productions

Football Forensics

Golf (boys/girls) Scholars Bowl Soccer (girls) Soccer (boys) Softball

Student Council Swimming (boys/girls) Tennis (boys/girls)

Track (boys) Track (girls) Volleyball

Wrestling (boys/girls)

# **Head Coach/Instructor**

Dr. Jared Prost Justin Bode Dru Linebach Bill Sloan Nathan Troyer **Bailey Kiefer** Ryan Bogner Hannah Robinson Hilary Metzger Lauren Gengler Sean Sachen Hilary Metzger Jon LeBar Peter Harley Michael Tanner Jeff Green

Annie Longberg/Sharon Mueller

Thula Stenerson

Jason Longberg/Melissa Horine

Hannah Robinson

RJ Suttles Kacy Tillery

**Kacy Tillery** 

Bill Erneste/Justin Bode

# **Athletics**

# Baseball

Head Coach: Justin Bode

Email: justin.bode@lvpioneers.org

Assistant Coaches: Nathan Troyer, Drew House, Jackson Thaemert

Levels of Competition: Varsity, Junior Varsity, C-Team

**Varsity Letter:** 

In order to earn a varsity letter a Pioneer baseball player must do the following 3 things:

1. Play in 10 or more varsity games.

2. Play the entire calendar season – complete a full season.

3. Finish the season academically eligible.

Those players that complete the above requirements will receive a varsity letter and/or pin for 2015.

# **Participation Certificate:**

In order to earn a certificate a Pioneer baseball player must do the following 3 things:

- 1. Play in 10 or more games.
- 2. Play the entire calendar season complete a full season.
- 3. Finish the season academically eligible.

Those players that complete the above requirements will receive a participation certificate.

### **Program Mission Statement:**

The goal of the LHS baseball program is to provide you with the opportunity to develop the potential you have been given. This will be accomplished through discipline, instruction and drilling in the fundamentals, and a highly intensified agility and endurance program. This will be a cooperative effort from you, your teammates, and your coaches. As you develop as a baseball player and an individual, the self-discipline that you gain from this program will (hopefully) carry over from your athletic endeavors in to your academic pursuits and the everyday challenges of life.

### **Program Goals:**

- 1. To produce outstanding student athletes who represent themselves, family, team, school, and community with class, dignity, and pride.
- 2. To be COMPETITIVE! We will attempt to find and reach each player's potential, combining those efforts to produce a competitive baseball program.
- 3. To present sound fundamental instruction through technique time, drills, and live game-like situations so that they may reach their potential.
  - "Training defeats talent, if talent doesn't train."
- 4. To instill a sense of discipline through intense practice, fundamental instruction and repetition, setting of goals, and clear expectations to follow daily. Our practices are geared towards fundamentals, repetition, competition, conditioning, and teamwork. Each player will set new goals each week so that they create a vision of what they want to accomplish. Being on time to practice, being a good practice partner, being coachable, and striving to be your best while helping others do their best in practice, will carry over to games and other aspects in life.
- 5. To have fun playing baseball. It's a great game!

# **Goals for Participants:**

- To be a competitor
- To be committed to being a team player
- To be respectful to oneself, teammates, classmates, teachers, administrators, parents and community
- To be coachable
- To be a hard worker (both physically and mentally)
- To follow school and team policies
- To be a good citizen and role model
- To be responsible

# **General description of the Program and Expectations for the Participants:**

- Each level will play a 20-game schedule
- Practices and games will be held Monday through Saturday
- Participants must be in good standing with the school
- During the season, all players must be clean-shaven with hair kept short and neat

Program Motto: "HARDWORK = SUCCESS = RESPECT"

# **Basketball (Boys)**

Head Coach: Dru Linebach

E-Mail: dru.linebach@lvpioneers.org

Assistant Coaches: Sam Davis, Johnny Sweet

Levels of Competition: Varsity, Junior Varsity, Freshman A

Awards: Varsity Letter: Compete in 50% of games during the season. The coaching staff reserves the right to award a varsity letter to any student athlete deemed worthy. Participation certificates will be awarded to all others members of non-varsity teams.

### **Pioneer Guidelines:**

- Have an "Athletic Attitude" that includes all out effort.
- -Sit together as a team during games.
- -Excused absences must be communicated prior to practice.
- -Absences will result in loss of privilege to start and limit playing time.
- -Cell phones are not allowed in the gym during practices.
- -No jewelry during practice or games
- -Players are expected to dress up on game days.

All in all, our goal is the same as yours: we want to see all student athletes continue to develop and be successful. Everything we do in this program - practice, fundraising, and community service - is with the intention to improve the quality of our team, both as a whole and the individuals involved.

# **Basketball (Girls)**

Head Coach: Bill Sloan

E-Mail: william.sloan@lvpioneers.org

Assistant Coaches: Allan Stillman, Yessenia Hernandez

Levels of Competition: Varsity, Junior Varsity, Sophomore, Freshman

Awards: Varsity Letter: Compete in 50% of all possible quarters available to the student athlete. Complete 4 years in the program. Coaching staff has the option to award a varsity letter to anyone deemed worthy. Participation certificates will be awarded to all others members of non-varsity teams. **Program Mission Statement**: The mission of the LHS Girls Basketball program will be to aid our student-athletes in achieving life-long success both on and off the court, to develop strong community

relations and to foster a winning environment that our school and community will be proud of.

### A. Be the Best Person They Can Be

- 1. Respect and Trust Teammates
- 2. Have a Positive Impact on Others
- 3. Be Responsible
- 4. Be Good Citizens
- 5. Act Like a Champion

### B. Be the Best Students They Can Be

- 1. Academics Should be the top priority
- 2. Demand Attendance at School
- 3. Consistent Grade Checks
- 4. Create an Academic Support System
- 5. Ask Questions, Seek Help if Needed

# C. Be A First Class Organization

- 1. Pay Attention to Detail
- 2. Compete at all Times
- 3. Practice and Play at Full Speed
- 4. Dress and Act Like a Team
- 5. Compete in a First Class Manner

### D. Be Team Oriented

- 1. Be Enthusiastic
- 2. Be a Leader
- 3. Be a Positive Person, No Matter What
- 4. Play Hard for One Another
- 5. Team First, Me Second Attitude
- **6.** Dominate Your Opponent
- 7. Great Team Defense, Rebounding, & Offense

# E. Play Hard, Play Smart, Play Together

- 1. Control Attitude and Effort
- 2. Be A Hard Worker On & Off the Court
- 3. Be Mentally Tough and Resilient
- 4. Be Physically Tough and Do Not be Out-Worked
- **5.** Do Not be Afraid to Get on the Floor
- 6. Share The Ball
- 7. Develop Fundamental Skills to a High Level

# F. Develop A Support System

- 1. Foster Administrative/Parent Support
- 2. Public Relations with Community and Media
- 3. Practice and Game Attendance
- 4. Develop Junior High and Youth Programs
- 5. Pre and Post Season

# **Bowling (Boys/Girls)**

Head Coach: Nathan Troyer

Email: <a href="mailto:nathan.troyer@lvpioneers.org">nathan.troyer@lvpioneers.org</a> Assistant Coach: Shad Langfoss

Levels of competition: Varsity and Junior Varsity.

Awards: Varsity letters are earned by bowling in at least 50% of the games or make a significant

contribution to the team during League, Regionals, or State.

# Goals for the program:

• To develop abilities and skills in the game

- To compete to the highest level of ability with dedication, courage, and self-discipline
- To show respect to and be proven worthy of respect from opponents in a social setting
- To provide a positive, stimulating, and successful atmosphere for students to build teamwork values
- To represent our school, our families, and ourselves with dignity and integrity while having fun

# **Goals for the Participants:**

- To show team commitment
- To exhibit good sportsmanship in any outcome
- To be respectful of oneself, competitors, family members, the school, and the community
- To be coachable and willing to improve oneself
- To build friendships and positive memories

# General description of the Program and Expectations for the Participants:

The LHS Bowling Program's squads work individually and together to improve themselves to achieve to the highest levels they can. Coach and players are expected to exhibit leadership and commitment on and off the lanes. The choice to make the time and effort required to be successful results in positive outcomes for all. The striving for a common goal leads to greater team unity, enhances the fun, and provides for lasting positive memories.

# Cheerleading

Head Coach: Bailey Kiefer

Email: bailey.kiefer@lvpioneers.org

**Assistant Coach:** 

Levels: Varsity, Junior Varsity

Awards: Varsity letters and participation certificates for Junior Varsity

# **Goals for the Program and All Participants:**

- A. To perform with pride and precision so as to strengthen school spirit.
- B. To work in harmony with other team members --- developing self-discipline and the ability to cooperate with a team.
- C. To be able to give and receive constructive criticism.
- D. To always be an exemplary member of the squad and representative of the school, and to promote school-wide spirit and sportsmanship.

**General description of the Program and Expectations for Participants:** All levels of cheerleaders must comply with rules as described in the Cheerleading Rules and Regulations. LHS Cheerleaders are responsible for cheering at football and soccer games in the fall, and girls' and boys' basketball, and

wrestling in the winter. Cheerleaders must meet all requirements regarding attendance, conduct, and responsibilities in order to remain in good standing. Failure to do so may result in dismissal from the cheerleading squad.

# **Cross Country**

Head Coach: Hannah Robinson

Email: hannah.robinson@lvpioneers.org

**Assistant Coach:** 

Levels of Competition: Varsity, Junior Varsity, C Team. All runners on the team will compete at each regular season meet. Varsity athletes compete in the Regional and State Championships.

Awards: Varsity letters awarded. Also at each meet, individual and team medals and trophies are awarded in each level of competition.

**Goals for the Program**: We provide a family style atmosphere on the team, with an emphasis on individual improvement for each athlete. We expect athletes and parents to know their teammates and support them. We provide each athlete an opportunity to compete in each regular season meet. We provide an opportunity to achieve better health, and to participate in an activity (distance running) they can enjoy and participate in for the rest of their lives. It is our belief that by achieving the above goals, our team will compete at the highest levels in state and regional competition.

**Goals for Participants**: Our hope is that each runner improves throughout the season, enjoys better health, and feels that s/he is a valued member of a successful team.

Runners should be able to transfer their success as a runner to their role as a student via:

- setting long term goals,
- understanding that through hard work, success will follow,
- that they can overcome setbacks by analyzing errors and correcting them.

Each runner will be instructed on proper nutrition, injury prevention, and running strategy.

General description of the Program and Expectations for the Participants: Leavenworth has one of the state's oldest teams. Cross Country athletes are also active in many school activities and organizations. Junior high freshmen are eligible for the team from Patton Junior High, and students from I-Mac High School.

We have both boys and girls teams that train and travel together. Workouts are for every runner and runners generally train as a group. Practices usually last from 3:00 to 5:30 M-F. Most meets are held on Saturday. Runners and parents receive directions to all meets as well as all team dinners. We have an extremely active and supportive parents booster groups, and team spaghetti feeds are held the evening before meets. LHS Cross Country has an off-season conditioning program in the summer. Because distance running is a sport in which steady and long-term development is needed to reach your full potential, runners are expected to attend each practice.

# **Football**

Head Coach: Sean Sachen

Email: sean.sachen@lvpioneers.org

Assistant Coaches: Steve Short, Justin Bode, Gary Freeman, Chris Ray, Terry Jordan, Anthony Payton, RJ

Suttles, Pat McCollim, Bill Sloan

Levels of Competition: Freshman, JV, Varsity

Awards: Varsity participants are awarded letters, all others receive certificates of participation, and all

awards are given at the coach's' discretion.

Goals for the Program: To develop young men that will become productive members of society.

**Goals for Participants**: To strengthen traits of discipline, effort, and attitude.

**General description of the Program and Expectations for Participants**: Our program is made up of students, coaches, and parents who work together to provide a great experience for our players.

# Golf (Boys/Girls)

Head Coach: Jon LeBar

Email: <u>Jon.LeBar@lvpioneers.org</u>
Asst Coach: Dru Linebach, Joe Herring

Levels of competition: Junior Varsity and Varsity

Awards: Varsity letters **Goals of the program**:

1. To teach sportsmanship and the rules of the game

- 2. To develop knowledge and skills of the game
- 3. To represent USD 453 in a positive manner
- 4. To develop each individual to their fullest potential

# Goals of the Participant:

- 1. To develop a strong work ethic
- 2. To be committed, competitive, cooperative, and loyal
- 3. To develop an appreciation of the game
- 4. To develop an attitude that shows respect and honesty

**General description and expectation of the Program**: The athlete will be expected to have many of the basic skills mastered before the season starts. Participants will need to provide their own equipment and transportation to practice.

# SOCCER - Boys (Fall) Girls (Spring)

Head Coach: (Boys) Jeff Green (Girls) Michael Tanner

Email: jeff.green@lvpioneers.org, michael.tanner@lvpioneers.org

Assistant Coaches: Michael Tanner,

Level of Competition: Varsity, and Junior Varsity teams.

Awards: Varsity – Varsity Letters and/or service bar and/or soccer ball pin

Junior Varsity – Participation Letter

**Goals for the Program:** Individual and team development and improvement from beginning of season to the end of the season, maturing into the best soccer player/student, and the best soccer team.

**Goals for Participants:** Each athlete will have their own personal goals as well as working toward the team's goal for the season.

LHS Soccer Program: The LHS soccer program is committed to excellence on the practice field, the game field, in the classroom, and in the community. We expect our players to be role models for others and hold them to the highest standards possible. We also hope to develop our student athletes, to become leaders on the field, in the classroom, and in the community, through life lessons learned on the field, and through game experiences. Preparing for those situations that require the application and/or dealing with those lessons in everyday life. The Coaches teach the game and its elements, as well as those attributes held to be most important to the soccer program such as; commitment, dedication, competition, heart, courage, respect, cooperation, communication, self-discipline, and every day challenges.

<u>Varsity:</u> The Varsity Soccer program is an extremely competitive environment and the overall selection of these players will be based on commitment to the program, such as;

- Off-Season conditioning/skills involvement
- Pre-season conditioning/skills involvement
- Tournament/Events provided through activities offered by the coaches during the off-season
- Premier/Club experience involvement
- Individual athleticism/skills/coach-ability, as well as other elements.
- > Varsity Letter: In order to earn a varsity letter, a Pioneer Soccer player must fulfill 4 criteria:
  - 1. Play in 12 halves or 6 varsity level games.
  - 2. Complete a full season (At every game unless sick or attending academic events).
  - 3. Finish the season academically eligible.
  - 4. Be selected for the regional team.

Those players that complete the above requirements will receive a varsity letter and/or pin.

<u>Junior Varsity:</u> The Junior Varsity level is also a competitive environment that includes those elements listed above at the Varsity level, ultimately preparing players for Varsity play.

# > Letter of Participation:

In order to earn a certificate a Pioneer soccer player must fulfill 3 criteria:

- 1. Play in 20 halves or 10 games.
- 2. Complete a full season (At every game unless sick or attending academic events).
- 3. Finish the season academically eligible.

Those players that complete the above requirements will receive a letter of participation.

# Softball

Head Coach: Kacy Tillery

Email: kacy.tillery@lvpioneers.org

Assistant Coaches: Allen Stillman, Melissa Horine, Tiffany Jennings

Levels of Competition: Varsity, Junior Varsity,

Varsity Letter: In order to earn a varsity letter, a Pioneer Softball player must do the following 3 things:

- 1. Attend all practices
- 2. Play in 50% of Varsity games
- 3. Finish the season academically eligible

Those players that complete the above requirements will receive a Varsity Letter

# **Participation Certificate:**

In order to earn a certificate a Pioneer Softball player must do the following 3 things:

- 1. Attend all practices
- 2. Play in 50% of JV
- 3. Finish the season academically eligible

Those players that complete the above requirements will receive a Participation Certificate

**Program Mission Statement:** The LV Pioneer Softball program will be consistently respected as a quality program. Lady Pioneer Softball wants to earn the respect of our opponents by the way in which we play and the manner in which we handle ourselves on and off the field. We are here to best represent ourselves, school, family, and community. We want our players to enjoy playing the game of softball.

### **Program Goals:**

- 1. To produce outstanding student athletes who represent themselves, family, team, school, and community with class, dignity, and pride.
- 2. To be COMPETITIVE! We will attempt to find and reach each player's potential, combining those efforts to produce a competitive softball program.
- 3. To present sound fundamental instruction through technique time, drills, and live game-like situations so that they may reach their potential.

"Training defeats talent, if talent doesn't train."

- 4. To instill a sense of discipline through intense practice, fundamental instruction and repetition, setting of goals, and clear expectations to follow daily. Our practices are geared towards fundamentals, repetition, competition, conditioning, and teamwork. Being on time to practice, being a good practice partner, being coachable, and striving to be your best while helping others do their best in practice, will carry over to games and other aspects in life.
- 5. To have fun playing softball. It's a great game!

# **Goals for the Participants:**

- 1. Gain knowledge and skill in playing the game of Softball.
- 2. Each of our players to reach for the highest level of performance for which they are capable.
- 3. Players develop very important life skills;
  - responsibility
  - commitment
  - dedication
  - cooperation
  - teamwork
  - work ethic
  - being a competitor
  - honesty and respect

We believe the game will teach more than just about winning and losing, but also about life and developing character. We want the student-athlete to have fun, develop an appreciation for the game of softball and enjoy being a part of a team.

**General Description of Program and Expectation for Participants**: Participants are expected to be committed, competitive, cooperative, loyal, hardworking, responsible, and respected as leaders both on and off the field. The development of fundamental skills is essential to our program. Our goal as a staff is to help student-athletes understand that dedication and consistent hard work result in positive outcomes. The success of a program is very dependent on the time and effort a team spends together reaching for a common goal.

# **Swimming Boys/Girls**

Head Coach: Thula Stenerson

Email: thula.stenerson@lvpioneers.org Assistant Coach: Madeline Finch

Levels of Competition: Varsity and Junior Varsity

Awards: Varsity Letter is earned when a State Qualifying time is achieved, or a swimmer competes on a

relay team at state.

**Goals for the Program**: It is our goal to have each individual train and compete at their highest level, achieving various goals set by the team.

**Goals for Participants**: The athletes will develop and understand what it is to be committed to something. They will develop and strengthen a work ethic. Finally, they will develop an understanding of what it is like to be a part of something larger than themselves.

**General description of the Program and Expectations for the Participants**: The program runs approximately 14 weeks. The athletes will practice every day after school for about two hours. During the season, we expect all swimmers to attend every practice. Please do not schedule appointments during this time if at all possible. There will be both home and away JV and Varsity swim meets. This is just a partial list. More things are in the team handbook.

# Tennis (Boys/Girls)

Head Coach: (Boys) Jason Longberg (Girls) Melissa Horine

Email: jason.longberg@lvpioneers.org, melissa.horine@lvpioneers.org

Assistant Coaches: Melissa Horine (boys), Jason Longberg (girls)

Levels of Competition: Varsity and Junior Varsity

Awards: Varsity letters are earned by participating in at least 50% of the meets or make a significant contribution to the team during League, Regionals, or State.

# Goals for the program:

• To develop abilities and skills in the game

- To compete at the highest level of ability with dedication, courage, and self-discipline
- To show respect to and be proven worthy of respect from opponents in a social setting
- To provide a positive, stimulating, and successful atmosphere for students to build teamwork values
- $\bullet$  To represent our school, our families, and ourselves with dignity and integrity while having fun

# **Goals for the Participants:**

- To show team commitment
- To exhibit good sportsmanship in any outcome
- To be respectful of oneself, competitors, family members, the school, and the community
- To be coachable and willing to improve oneself
- To build friendships and positive memories

### General description of the Program and Expectations for the Participants:

The LV Tennis Program's squads work individually and together to improve themselves to achieve to the highest levels they can. Coach and players are expected to exhibit leadership and commitment on and off the court. The choice to make the time and effort required to be successful results in positive outcomes for all. The striving for a common goal leads to greater team unity, enhances the fun, and provides for lasting positive memories.

# Track and Field (Boys)

Head Coach: Hannah Robinson

Email: hannah.robinson@lvpioneers.org

Assistant Coaches: Gloria Swanangan, Carl Wilk, Cameron Beecham, Alyssa Wilson, Andrew Ativie,

Kendra Bradley, Terry Jordan

**Levels of Competition:** We have a full varsity schedule which consists of regular season meets plus regional and state. You must be top three in your event on the team to qualify for the regional meet. You must place in the top four of your event in the regional to qualify for the state track meet. We have

seven junior varsity meets. Awards: Every student athlete who scores 10 varsity points during the season will earn a varsity letter. Varsity letters are also awarded to any senior who finishes the season.

**Goals for Participants**: We as coaches want to make sure that each and every athlete is coached the same. We want to make sure that all athletes have been instructed in his or her event to the best of the coaches' ability. We expect our athletes to attend practice every day and work to improve with his or her event coach. We expect our athletes to communicate with the head coach or event coach in case of an absence. It is the athlete's job to make sure this happens. We expect each and every athlete to improve as the year progresses. Track and field is a sport where this is very measurable. We aim to be at our best for the last three meets of the year – Sunflower League, Regional, and State.

General description of the Program and Expectations for the Participants: Each and every athlete and coach, first and foremost, is a representative of LHS and the Track and Field team. Since we travel quite a bit, we expect each athlete to be a good citizen as well as a competitive athlete. Every athlete that meets the guidelines of the program – attends daily practice and works up to their capabilities – will participate in track meets. Everybody that is on the team gets to participate in track meets. We would like for each of our athletes to have a positive experience from track and field, which can be accomplished if the athlete will work with the event coach. More info in the team handbook.

# Track and Field (Girls)

Head Coach: RJ Suttles

Email: rj.suttles@lvpioneers.org

Assistant Coaches: Gloria Swanangan, Carl Wilk, Cameron Beecham, Alyssa Wilson, Andrew Ativie,

Kendra Bradley, Zoie Heyward

**Levels of Competition:** Our season consist of 8 Varsity meets and 7 JV meets, and concludes with Regional and State. Our schedule has us competing against a good variety of 5A and 6A schools, as well as some smaller schools. LHS athletes will have opportunities to compete at both the JV and Varsity level meets which gives them an opportunity to gain experience for growth towards their goals, and points to go towards earning their letter.

**Goals for Participants**: Hard work + Consistency= Success. This is the formula that is used for work outs, competing and academics. Our athletes will be assisted in setting goals for themselves and working towards reaching their potential and meeting those goals. We help our athletes learn to balance academics and sports so they are well rounded in their success and present themselves as fine examples of Leavenworth High School. Our athletes are held to a higher standard and encouraged to keep their focus towards their goals all year.

General description of the Program and Expectations for the Participants: There is room for all levels of athletes on the LHS track team. The more experienced athletes help mentor the new athletes, and this builds a strong team mentality and helps each individual reach potential. Work outs will be set so that all levels can make gains from them and prepare them for competition. Athletes in turn, are expected to attend daily practices, participate in track meets, be on time for all activities, and be supportive of their teammates. Mental tools such as visualization, goal setting, becoming a student of the sport, are just as important as the physical practices and will be focused on daily as well.

# Volleyball

Head Coach: Kacy Tillery

Email: kacy.tillery@lvpioneers.org

Assistant Coaches: Stephanie Reichenberger, Sidney Meinert, Alyssa Wilson Levels of Competition – Varsity, Junior Varsity, Sophomore, Freshman

Awards – To achieve a Varsity Letter, an athlete must attend all practices, play in 50% of the games, make

a contribution to the Varsity Team, or coach's discretion.

**Goals for the Program:** To develop athletes in the sport of volleyball for the purpose of amateur competition in High School. Our focus is on the balance between an individual's excellence and team success. The LHS Volleyball Program's primary goals are to promote the sport of volleyball, provide skills and techniques, and foster teamwork and sportsmanship.

**Goals for the Participants:** Each individual will be trained and equipped with core knowledge for our sport. We will provide the tools for success placing the end responsibility on each individual athlete to maximize their ability. By signing on to be a member of the LHS Volleyball Program, we expect you to accept the responsibility to place top priority on your academic and athletic commitments.

# Wrestling (Boys)

Head Coach: Bill Erneste

Email: <u>bill.erneste@lvpioneers.org</u>
Assistant Coaches: Matt Engel

Levels of Competition: Varsity, Junior Varsity

**Awards:** Varsity letter awards are earned through a point system criterion established prior to the season. Individual medals are given to wrestlers at tournaments for placing in the top four in each respective weight class.

**Mission Statement:** Pioneer wrestlers and coaches will work together to create a team that has fun, aggressively competes day in and day out, and strives for excellence on and off the mat.

**Goals for the program**: The goal of the LV Wrestling Program is to develop self-discipline and mental toughness through a rigorous physical regime while learning skills in mankind's oldest and greatest sport. A Pioneer wrestler will become a better, more motivated individual.

### Objectives:

- 1) To build a wrestling skill foundation based on solid fundamentals
- 2) To promote a sense of accountability and hard work in athletes
- 3) For wrestlers to develop a respect for the sport, their school, coaches, and teammates
- 4) For each wrestler to develop an elevated sense of confidence and self-worth
- 5) To make wrestling FUN!

**Goals for Participants**: Our wrestling program requires NO TRYOUTS. All it takes to be a wrestler is the willingness to compete. Ultimately, our wrestlers will become more self-confident and more disciplined to the realities of life and its many obstacles.

The Pillars of Pioneer wrestling are:

# TEAM "How will you be remembered?"

-Support and encourage each other on and off the mat

# **DISCIPLINE "Practice Like A Champion"**

-Have a consistent, intense work ethic and accept responsibility for outcomes

# **TOUGHNESS "Persevere Through Adversity"**

-Do not fear losing and have an unbreakable competitive will

# Wrestling (Girls)

Head Coach: Justin Bode

Email: justin.bode@lvpioneers.org

**Assistant Coaches:** 

Levels of Competition: Varsity, Junior Varsity

**Awards:** Varsity letter awards are earned through a point system criterion established prior to the season. Individual medals are given to wrestlers at tournaments for placing in the top four in each respective weight class.

**Mission Statement:** Pioneer wrestlers and coaches will work together to create a team that has fun, aggressively competes day in and day out, and strives for excellence on and off the mat.

**Goals for the program**: The goal of the LV Wrestling Program is to develop self-discipline and mental toughness through a rigorous physical regime while learning skills in mankind's oldest and greatest sport. A Pioneer wrestler will become a better, more motivated individual.

# Objectives:

- 6) To build a wrestling skill foundation based on solid fundamentals
- 7) To promote a sense of accountability and hard work in athletes
- 8) For wrestlers to develop a respect for the sport, their school, coaches, and teammates
- 9) For each wrestler to develop an elevated sense of confidence and self-worth
- 10) To make wrestling FUN!

**Goals for Participants**: Our wrestling program requires NO TRYOUTS. All it takes to be a wrestler is the willingness to compete. Ultimately, our wrestlers will become more self-confident and more disciplined to the realities of life and its many obstacles.

The Pillars of Pioneer wrestling are:

# TEAM "How will you be remembered?"

-Support and encourage each other on and off the mat

# **DISCIPLINE "Practice Like A Champion"**

-Have a consistent, intense work ethic and accept responsibility for outcomes

# **TOUGHNESS "Persevere Through Adversity"**

-Do not fear losing and have an unbreakable competitive will

# LHS CLUBS/ACTIVITIES

Ambassadors: TBA
Art Club: Grasela
Barbell Club: Sachen
Book Club/: Mueller
Chess Club: Kramer
DECA: Anstine

Drama/Stella-Thespians: Plouvier Fellowship of Christian Athletes: Future Educators Association: Forensics/Debate: Metzger

French Club: Moe GSA: Bergen

**Interact: Anstine, Shepard** 

Jr. Class Cabinet: Wilson, Mosakowski

JROTC: MAJ Scilleri
JROTC/Raiders: Cogdill

**Kay Club:** 

**Leadership: Tillery** 

Mentoring: Baptista, Bode, Mueller

Model UN: Kuchinski

**NHS: Kramer** 

POC/Step Club: Chandra Fairley
Power and Life: Ryan Bogner
Project Planet: Romondo

Pioneer Robotics: Scillieri/Loewen/Bowder

Scholars Bowl: TBD Math Club: TBD

**Science Olympiad/Science Club:** 

SkillsUSA/TSA: Bowder

**Special Olympics: Lozenski** 

Sr. Class Cabinet:

STEM Club: Kramer

STUCO: Longberg, Mueller

Yearbook/Video Broadcasting: Waters

# **Activities**

### **Band**

Head Sponsor: Dr. Jared Prost Email: <u>jared.prost@lvpioneers.org</u> Assistant Sponsor: Kevin Miller

Levels of Competition: Regional and State

Awards: Students can earn a band letter by meeting requirements laid out in the band handbook that is issued to each student at the beginning of the school year.

**Goals for the Program**: To provide each student with a music education through musical performance To offer students a variety of opportunities to perform music and to study the fine arts

To support our community and school through participation in parades, sporting events and pep rallies Students may participate in sports and JROTC, as well as play in the band.

- Marching Band
- Jazz Band
- Concert Band

# Choir

Head Sponsor: Ryan Bogner

Email: ryan.bogner@lvpioneers.org

Accompanist: Judith Rounda

Levels of Competition: All-District/All-State Choir Auditions; Regional/State Solo & Small Ensemble Festivals; National Music Festivals Awards: Senior Choir Letters; Choir Officers; Senior Upbeat Awards; Dance Captains; District/State Honor Choirs; Regional/State Solo & Small Ensemble Festivals; National Music Festivals

**Goals for Program**: Provide educational opportunities in choir for interested and talented students who want to improve their vocal technique, music literacy, artistry, and musicality. Graduate students who have performed from a wide variety of historical periods, genres and styles and are known for providing outstanding performances.

**Expectations**: 4+ Concerts each year. Attendance and participation in rehearsals and performances is a major part of assessment for choir.

- Power and Life (Show Choir)
- Acappella Choir
- Mixed Choir

# **Debate**

Head Coach: Hilary Metzger

Email: hilary.metzger@lvpioneers.org

Levels of Competition: Novice (1st year), Junior Varsity (2nd year), Open (all levels), Varsity (3rd & 4th

year), Championship (3rd & 4th year)

**Awards** 

# Varsity Letters:

1. Earn a grade of "B" or better in class

- 2. Participate in at least four varsity tournaments
- 3. Win seven rounds of debate competition
- 4. Participate in 50% of scheduled squad nights
- 5. Complete all requirements for hosting the LHS Invitational Debate Tournament
- 6. Provide mentorship for novice debaters

**Goals for the Program:** To provide each student the opportunity to compete and excel in interscholastic debate.

**Goals for Participants:** To demonstrate improvement in thinking, speaking, research, study/note-taking, listening, reading, and vocabulary skills.

**General description of the Program and Expectations for the Participants:** Students will acquire the basics of debate theory, topic analysis, research, and public speaking. Students will hone their skills by participating in interscholastic debate tournaments.

# **DECA (Distributive Education Clubs of America)**

Sponsor: Liz Anstine

Email: Liz.Anstine@lvpioneers.org

**Description**: DECA is an international association of high school and college students and teachers of marketing, management, and entrepreneurship in business, finance, hospitality, and marketing sales and service. The organization prepares leaders and entrepreneurs for careers and education in marketing, finance, hospitality, management, and other business areas. It is one of ten organizations listed as Career and Technical Student Organizations by the United States Department of Education.

# **Drama/Theater Productions**

Sponsor:

Email:

Class Offerings: Drama, Advanced Drama, Stagecraft, History of Film; The Classics

**Productions**: Novice One-Acts, Musicals, Children's Theatre Plays, Children's Theatre Workshops, Character Trait Plays, Thespian One-Acts, etc.

**Stella/Thespians:** Students interested in theatre join together to participate in productions, as actors, techies, publicity, and patrons. Activities include play attendance, workshops, meetings, trips and social activities. Requirement to be inducted into International Thespian Society: Participate in a minimum of two school plays in two different areas and earn a minimum of ten points.

Lettering: Thespian membership with a minimum of Fifteen Points

**Program Goal**: To use the skills learned in theatre classes and theatre activities to help students grow into productive, creative, disciplined, and caring individuals.

# FCCLA (Family, Career & Community Leaders of America)

Sponsor: Whitney Pearce

Email: whitney.pearce@lvpioneers.org

**Purpose**: Family, Career and Community Leaders of America is a nonprofit national Career and Technical Student Organization for young men and women in Family and Consumer Sciences education in public and private school through grade 12. Directly supports career pathways in hospitality and tourism, visual arts and design, education and training, and human services careers.

# **Forensics**

Head Coach: Hilary Metzger

Email: <u>hilary.metzger@lvpioneers.org</u>

Levels of Competition: Novice (1st year), Open (all levels)

Awards:

### Junior varsity letters:

1. Earn a grade of "B" or better in class

- 2. Participate in at least four novice or junior varsity tournaments
- 3. "Break" at two tournaments
- 4. Participate in 50% of scheduled squad nights
- 5. Complete all requirements for hosting the LHS Invitational Forensics tournament

### **Varsity Letters:**

- 1. Earn a "B" or better in class
- 2. Participate in at least five varsity tournaments
- 3. "Break" at two tournaments
- 4. Participate in 50% of scheduled squad night
- 5. Complete all requirements for hosting the LHS Invitational Forensics Tournament
- 6. Provide mentorship for novice competitors

**Goals for the Program:** To provide each student the opportunity to compete and excel in interscholastic forensic competition.

**Goals for Participants:** To demonstrate improvement in thinking, speaking, research, study/note-taking, listening, reading and vocabulary, acting and interpretation skills.

**General description of the Program and Expectations for the Participants:** Students will acquire the basics of debate theory, topic analysis, research and public speaking and acting. Students will hone their skills by participating in interscholastic forensics tournaments.

# **JROTC**

Senior Army Instructor: MAJ Kenneth Scillieri Email: kenneth.scillieri@lvpioneers.org

Army Instructors: 1SG Cogdill, SFC Loewen, SFC Hyde

Mission Statement: To motivate young people to be better citizens.

**General Description**: JROTC is open to all physically fit students. JROTC is an Army supported program, however, students do not incur any obligation to serve in the military. The student is required to participate in classroom activities, physical fitness training, drill & ceremonies, and community service. JROTC cadets are invited (but not required) to participate in the special teams listed below. You must be enrolled in a JROTC class to participate on a special team. Cadets are provided government issued

uniforms at no cost. The uniform must be worn one day each week and on selected special occasions. Uniforms are required to be returned immediately upon disenrollment, or the student incurs the cost of the uniform.

**JROTC Special Teams**: Raider Team, Honor Guard with Weapons, Honor Guard without Weapons, Rifle Team, Saber Team, Color Guard, Junior Guard, Drum and Bugle Corps, Cannon Crew, Chorus, Academic Team, Leadership Team.

# Leadership

Sponsor: Kacy Tillery

Email: kacy.tillery@lvpioneers.org

Mission: Purpose is to explore, develop, and improve leadership skills while renewing pride in the

school and community.

### **Core Values**

1. We will meet expectations set by the student body.

- 2. Honesty and integrity will guide us in all we do.
- 3. We will show respect for our community and environment.
- 4. We will seek continuous improvement to better serve the Leavenworth community.

# **National Honor Society**

Sponsor: Brenda Kramer

Email: brenda.kramer@lvpioneers.org

Mission: The purpose of NHS is to create enthusiasm for scholarship, to stimulate a desire to render

service, to promote leadership, and to develop character in the students.

### **Scholars Bowl**

**Sponsor:** Peter Harley

Email: peter.harley@lvpioneers.org

Levels of competition: Varsity, Junior Varsity. Invitational tournaments can be limited to novice players

or to freshmen and sophomores.

Awards: Varsity letters, Scholars' Bowl pin, service bar

**Program goals:** We strive to forge a team that works well together, is able to quickly answer questions in all academic categories and defend their answers tactfully but assertively in case of a protest, models the highest degree of sportsmanship, and has fun. The Scholar's' Bowl team provides a way for academically able students to earn the accolades and respect they deserve.

**General description:** Scholar's' Bowl is an academic competition sanctioned by KSHSAA. In a Scholars' Bowl tournament round, five students at a time compete head-to-head with students from another school using a buzzer system. The questions for each round of regional and state competitions come from seven categories. A foreign language item is displayed in French, German, and Spanish and players must translate into English. Three questions each are asked from the categories of social science, language arts, mathematics, and science/health. Two questions come from fine arts, and one from the

previous year's events. Question categories can vary in invitational tournaments. The Scholar's' Bowl season runs from approximately the start of the school year until state competition in February. The team typically practices twice each week and competes in invitational tournaments from mid-October through January. Team members are also required to assist with a tournament or tournaments sponsored by LHS. Any eligible LHS student with an interest in academic competition is encouraged to become involved in Scholars' Bowl.

# **Skills USA**

Sponsor:

Email:

**Mission**: Skills USA's mission is to empower its members to become world-class workers, leaders, and responsible American citizens. SkillsUSA is an applied method of instruction for preparing America's high performance workers in public career and technical programs. It provides quality education experiences for students in leadership, teamwork, citizenship, and character development. It builds and reinforces self-confidence, work attitudes, and communications skills. It emphasizes total quality at work—high ethical standards, superior work skills, lifelong education, and pride in the dignity of work. SkillsUSA also promotes understanding of the free-enterprise system and involvement in community service.

# **Special Olympics**

Sponsor: Vicki Lozenski

Email: Vicki.lozenski@lvpioneers.org

Mission: The mission of Special Olympics is to provide year round sports training, education, and

athletic competition for children and adults with disabilities.

# STELLA/Thespians

Sponsor: Email:

**Purpose:** STELLA is the fundraising and production arm of drama at LHS. STELLA productions raise the money, perform the school plays, and are responsible for the overall activities of theater at LHS. Thespians honor excellence in drama and theater and are chartered by the International Thespian Society.

# **Student Council**

Sponsors: Annie Longberg and Sharon Mueller

Email: annie.longberg@lvpioneers.org

### **Program Purpose Statement:**

The purpose of the LHS Student Council shall be:

- To provide better cooperation and understanding among the students, faculty, and community.
- To provide better cooperation and understanding between the students and the Board of Education of USD 453.
- To provide the students an opportunity for self-government.
- To discuss and attempt to solve problems of the student body.
- To involve the entire student body in school activities.

# **Program Sponsored Activities:**

StuCo sponsored activities include, but are not limited to:

- Fall and Spring Blood Drives
- Homecoming Events
- Pioneer "Pink-Out" Football Game
- LUV Week Events
- Sports Assemblies
- Community Service Projects
- Project Warmth
- Community Clean Up

### Membership:

Members shall be elected by class. The council will consist of twelve (12) seniors, twelve (12) juniors, twelve (12) sophomores, twelve (12) freshman, two (2) international students, and one (1) sophomore, junior, and senior new to LHS. Following fall elections, one additional student will be accepted through an application/interview process for each grade level.

<u>Prerequisites</u>: candidates will obtain an election packet from a council sponsor. The completed packet must be returned to the sponsors by the specified deadline.

- Candidates will complete a petition included in the election packet. Completed petitions will
  contain the signatures of 25 students from the candidate's grade level, five faculty members,
  and one administrator.
- Candidates will be required to interview with sponsors and officers as part of the election process.
- The sponsors will verify each candidate's cumulative grade point average with the registrar. Each candidate must have a 3.2 cumulative GPA.
- Those candidates meeting all prerequisites will be notified of the campaign dates, rules, and procedures.

# TSA (Technology Student Association)

Sponsor:

Email:

**Mission**: Our mission is to provide students with the opportunity to advance their knowledge of advanced technology fields and improve their leadership skills, so that they may be successful in a technologically advanced world.

# Yearbook/Video Broadcasting

Sponsor: Heather Waters

Email: heather.waters@lvpioneers.org

**Purpose**: Students will be responsible for a variety of video projects, including but not limited to, regular in-school production of LV TV, broadcasting sporting events and creating school-related segments for use

on the internet

# Clubs

# **Ambassadors**

Sponsor: Sam Mesler

Email: <a href="mailto:sam.mesler@lvpioneers.org">sam.mesler@lvpioneers.org</a>

**Purpose**: The purpose of a pioneer ambassador is to support students who transition to LHS from other

schools by welcoming them and providing relevant information for the individual student.

# **Art Club**

# Sponsor:

Email:

**Purpose**: Art Club will act as a representation for the Art Department and is an opportunity for passionate art students along with less experienced to experiment and work with a range of different mediums.

### **Barbell Club**

Sponsor: Sean Sachen

Email: Sean.Sachen@lvpioneers.org

**Purpose**: The purpose of the Strength Club is to provide students with the opportunity to explore what they are physically capable of, as well as provide varied and interesting opportunities to compete in strength based sports.

# **Book Club: Mueller**

Sponsor: sharon.mueller

Email: sharon.mueller@lvpioneers.org

**Purpose**: The purpose of book club is for all book lovers to come together and discuss a different book each month and to encourage students to experience new genres of books to learn from each other during discussion.

### **Chess Club**

Sponsor:

Email:

**Purpose**: Chess Club will promote the rules, playing, and strategies of chess for enjoyment and competition of the game.

# French Club

Sponsor: Email:

**Purpose**: French Club exists in order to promote interest and understanding of the French language and culture, to embrace the interests of French language students, and be of service to our school and community.

# **FCA (Fellowship of Christian Athletes)**

Sponsor: Sam Mesler

Email: <a href="mailto:sam.mesler@lvpioneers.org">sam.mesler@lvpioneers.org</a>

Purpose: The purpose of FCA is to provide Christian fellowship, Bible studies, worship, outreach to

others, and a positive influence in school.

# **FEA (Future Educators Association)**

Sponsor: Email:

**Purpose**: The purpose of FEA is to provide students with opportunities to explore teaching as a career option and to help students gain a realistic understanding of the nature of education and the role of a teacher. While providing appreciation activities for teachers.

# **GSA (Gay-Straight Alliance) Club**

Sponsor: Chris Bergen

Email: Chris.Bergen@lvpioneers.org

**Purpose**: The purpose of GSA is to create a safe, welcoming environment for students of all sexual orientations, provide support to students, and to support tolerance and understanding of all people.

# **INTERACT Club (International Club)**

Sponsor: Liz Anstine

Email: Liz.Anstine@lvpioneers.org

Purpose: The purpose of Interact is to provide opportunities for young people to work together in a

world fellowship dedicated to service and international understanding.

### **Junior Class Cabinet**

Sponsor: Alyssa Wilson

Email: alyssa.wilson@lypioneers.org

**Purpose**: Promote leadership within the junior class and plan the junior senior prom.

# **KAY Club**

Sponsor: Madeleine Finch

Email: madeleine.finch@lvpioneers.org

**Purpose**: The Kansas Association for Youth (KAY) is a character-building, leadership-training, service program directed by the Kansas State High School Activities Association. This nationally acclaimed organization provides students an opportunity to learn to assume their citizenship responsibilities and to enrich their personalities through well-organized programs, projects, and parties. Programs educate, inspire, and direct members into carefully planned service projects. These projects emphasize four areas of service - school, community, nation, and world.

### Math Club

Sponsor: Sandy Law

Email: sandy.law@lvpioneers.org

Purpose: The Purpose of Math Club is to further develop students' level of Math skills and knowledge.

# **Mentoring**

Sponsor: Jennifer Baptista and Sharon Mueller

Email: justin.bode@lvpioneers.org, sharon.mueller@lvpioneers.org

**Purpose**: The purpose is to create a positive influence on the lives of freshman and new students coming to Leavenworth High School and to help students get involved with the many activities at Leavenworth High School and to help the mentors develop communication skills, and be able to develop leadership skills.

### Model UN

Sponsor: Sharon Kuchinski

Email: sharon.kuchinski@lvpioneers.org

**Purpose**: The purpose of the Model UN is to provide an interactive educational experience that teaches in an interesting and enjoyable way about the United Nations.

# **POC Step Team**

Sponsor: Chancia Fairley

Email: <a href="mailto:chancia.fairley@lvpioneers.org">chancia.fairley@lvpioneers.org</a>

**Purpose**: The purpose of our POC step team is to encourage academic success, promote cultural awareness, and promote diversity, harmony, and positive communication within the school.

### **Project Planet**

Sponsor: Darcy Romondo

Email: darcy.romondo@lvpioneers.org

**Purpose**: The purpose is to expand the awareness of human effects on earth and help to restore our planet to its environmentally original state of being.

# **Senior Class Cabinet**

Sponsor: Matthew Arnold

Email: matthew.arnold@lvpioneers.org

Purpose: To provide leadership opportunities to seniors while planning events for various senior and

school activities.

# Science Club & STEM Club

Sponsor: Zachary Sweet

Email: <u>zachary.sweet@lvpioneers.org</u>

**Purpose**: The purpose of the science club is to enhance the education of students with a high interest in science, to increase job opportunities in the field of science and related fields. To give students the opportunity to explore project-based learning activities in science, technology, engineering, mathematics and entrepreneurship that will extend the curriculum taught in the classroom and build student competency in STEM workforce skills, tools, and technology.