



Mental Health **FIRST AID**

from NATIONAL COUNCIL FOR MENTAL WELLBEING



**DUTILH
CHURCH**
A Loving Community

Learn how to identify, understand, and respond to the signs of mental health challenges.

**Saturday, February 15, 2025
9:30 a.m. – 3:30 p.m.**

Open to all adults, ages 18 and up.
Cost: \$40 for course registration, materials, lunch.
Pre-registration required by February 1, 2025 at
dutilhchurch.org/events



Rev. Karen Slusser
Facilitator