

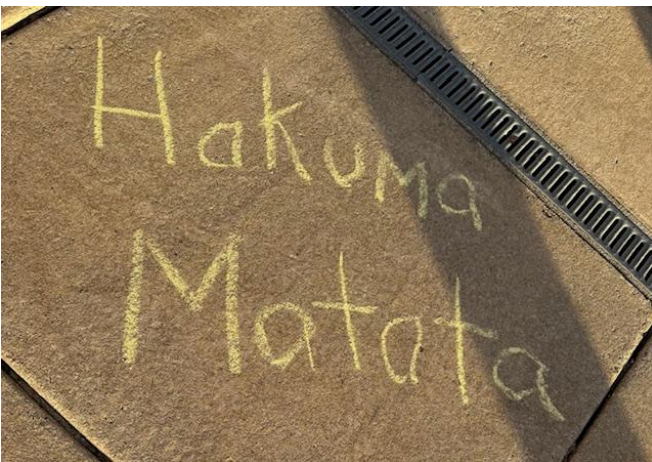
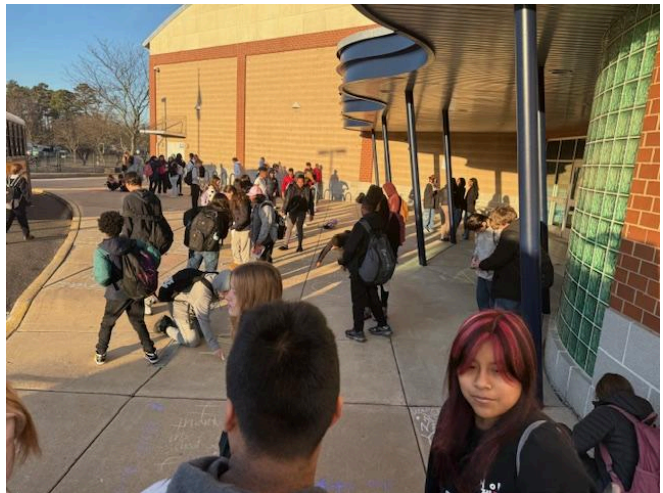
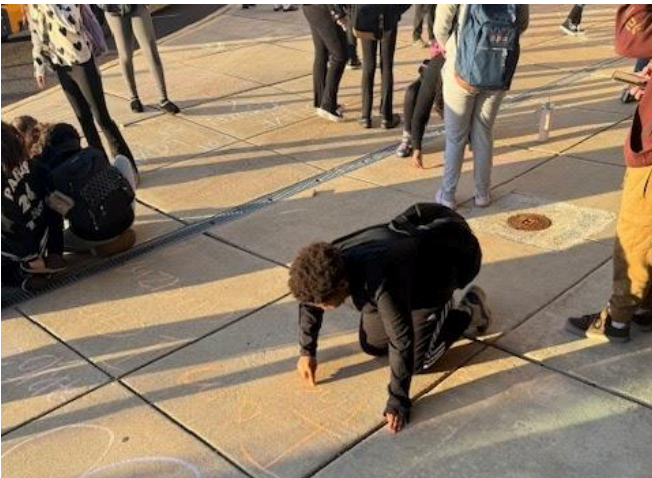
# Pine Hill Middle School

November 27, 2024

## Words of Gratitude

So great to see students writing positive messages about gratitude and thankfulness this morning!

In fact, Recent studies show that engaging in an intentional daily practice like gratitude journaling can lead to better sleep, ease anxiety, boost immunity, and even soothe physical pain. And it can lead to greater long-term happiness and more general satisfaction in life overall. This was an awesome activity for students to do before the holidays. Thanks Ms. Vuono for leading this!



## Marking Period 1 Celebration was a Success!



Thank you to all of the staff members who signed up to help and to the staff members who came to lend a helping hand.

Shout out to the NJHS students who helped out in a major way!



## **Breakfast After the Bell Info**

The New Jersey Department of Agriculture has determined that 70% of PHMS students are eligible for free or reduced priced meals. Therefore, we will need to offer the Breakfast After the Bell program as mandated by the state of NJ.

This simply means that we will continue to serve hot breakfast during arrival time, however, at approximately 8:05am if any student arrives at or after that time, the cafeteria will need to remain open for the students who arrive after the late bell until the end of first period (9:04 am). During this time frame, the students who are late, will have to punch in their student ID in the cafeteria and are given a "grab and go" breakfast. They will then need to report immediately to class.

A joint memo between the Department of Agriculture and Department of Education dated June 25, 2019 communicates that breakfast can be served and eaten during morning activities such as announcement, attendance, homeroom or turning in homework.

## **Holiday Dress Down for a Cause**

Everyone-Remember to dress down when you come back on Monday 12/2 and bring \$5 to donate to our gift giving!



**November 28 & 29:** School is Closed

**December 2:** District Holiday Dressdown

**December 4:** Choir Concert @7pm OHS

**December 12:** Band Concert @7pm OHS

**December 19:** Renaissance Cookies and Cocoa Party & PBIS Lip Sync Battle

**December 20:** Half Day

**December 23-January 1:** Winter Break