Counselor Corner Connection

Kristen Gilbert

School Counselor

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615.790.0892

Please contact me with questions or concerns!

Lunch, Groups, & Support

Students wishing to speak to the school counselor individually may complete passes to do so. Students will have the option to voluntarily sign up for lunch with the counselor and their friends. The school counselor is not a mental health counselor and does not provide therapy to students. She is a listening ear to support school success through academic and social advising and life-skills building.

2nd & 3rd Quarter Classroom Guidance Topics

- Social Success: Empathy
- Social Success: Critical Thinking
- Social Success: Communication & Assertiveness
- Social Success: Conflict Resolution
- Academic Success: Motivation
- Academic Success: Perseverance

Role of the School Counselor

1. School counselors support the academic, career, and social/emotional development of all students in the school building (foundational academic, social, and life skills).
2. School counselors see students through classroom guidance, small groups settings, and individual counseling to support school success and achievement.
3. School counselors provide intervention and prevention services to all students and are the first line of defense for social/emotional concerns, including crisis situations and counseling services.
4. School counselors provide parents with referral information for children with deeper social/emotional or mental health concerns.
5. School counselors encourage positive child-parent communication but will contact parents if a student shares something of concern with the counselor.