



November 24, 2024

Dare County Schools
Ian Adams
3020 S. Wrightsville Avenue
Nags Head, NC

**Re: Limited Indoor Air Quality Sampling with Airborne Fungal Sampling at First Flight Middle School
LRC Project – 24-3285**

At your request, on November 15, 2024, LRC Indoor Testing & Research, Inc. (LRC) performed a limited environmental fungal Indoor Air Quality (IAQ) sampling that included airborne fungal sampling at the property listed above.

LRC performs all water-damage and fungal investigations with sampling and recommendations in accordance with guidelines published in *Bioaerosols: Assessment and Control*, by the American Conference of Governmental Industrial Hygienists (ACGIH), in *Mold Remediation in Schools and Commercial Buildings* by the United States Environmental Protection Agency (USEPA), and in the currently recognized and accepted industry standards including the ANSI/IICRC S500 *Standard and Reference Guide for Professional Water Damage Restoration*, Fourth Edition (S500) and the ANSI/IICRC S520 *Standard and Reference Guide for Professional Mold Remediation*, Third Edition (S520).

Our inspection included the following:

1. Measure temperature and relative humidity indoors and outdoors.
2. Collect representative non-viable spore trap air samples indoors and one outdoors for comparison.
3. Collect representative Particle Counts, Carbon Dioxide and Carbon Monoxide counts at locations where air samples are collected.
4. Provide a written report describing the survey results and comparing those results to accepted guidelines and directives. This report includes a summary of data and Certificates of Laboratory Analysis.

BACKGROUND

This inspection was limited to non-viable spore trap air samples, particle counts, CO and CO² measurements that were collected from locations selected at random throughout the building. Descriptions in this report are based on looking at the structure from the street front. Moisture measurements and visual inspections were not conducted on this day.



Outdoor Air Sample



Air Sample in Cafeteria



Air Sample in Gym



Air Sample in Music Room



Air Sample in Hallway



Air Sample in Media Center

SAMPLING METHODOLOGY

Air Samples:

Currently there are no regulations regarding acceptable airborne fungal levels. Airborne fungal spores are ubiquitous in the outdoor and indoor environment. The guidelines followed in this report for the assessment and/or remediation of airborne and surface fungi are published in *Bioaerosols: Assessment and Control*, by the American Conference of Governmental Industrial Hygienists (ACGIH), in *Mold Remediation in Schools and Commercial Buildings* by the United States Environmental Protection Agency (USEPA), in *Recognition, Evaluation, and Control of Indoor Mold* by the American Industrial Hygiene Association (AIHA), and in the ANSI/IICRC S520 *Standard and Reference Guide for Professional Mold Remediation*, Third Edition (S520). Airborne fungal assessments are performed by comparing results from volumetric samples taken indoors to samples taken outdoors. Airborne fungi levels in non-problem indoor environments generally are less than or approximately the same as that outdoors and also show a similar composition and/or taxonomic predominance. Problems are usually implicated in the indoor air when one or more fungal genera or species are present in a much greater concentration indoors compared to outdoors. Sampling results are shown in the Certificates of Laboratory Analysis attached to this report. Results are discussed below.

Temperature and Relative Humidity

Temperature and relative humidity readings were recorded by the Lighthouse Handheld 3016 Particle Counter. ASHRAE Standard 55 for thermal comfort suggested that the indoor temperature should be between 73°F to 79°F in the summer and 68°F to 75°F in the winter and that the indoor relative humidity should be between 20% to 65%.

The temperature and relative humidity are summarized in Table A below. The relative humidity met the current ASHRAE Standard to maintain indoor relative humidity below 65%.

SAMPLING RESULTS

Total Non-Viable Spore Air Sample Results:

Representative samples were taken for total airborne fungal spores with a calibrated Buck spore trap. Total airborne fungal spore sample volumes were 75-liters. The outdoor total fungal spore level (Sample 21) was measured at 1347 Spores/m³ and was comprised of Ascospores (37%), *Cladosporium* (24%), Basidiospores (28%), Smuts (4%), *Penicillium/Aspergillus* group (5%), and 2% or less of various other fungal spores. The air sample results are summarized below in Table A.

Table A – Air Sampling Results

Sample #	Location	Total Airborne Spore Count (Spores/m³)	*Non-Fungal Background Particulate Level	Temperature °F	Relative Humidity %
01	Cafeteria	53	Low	67	60
02	Gym	67	Low	68	60
03	Band Room	40	Low	70	57
04	Hall at J 122	120	Low	72	53
05	Hall at A 103	80	Low	73	52
06	CR A 105	120	Low-moderate	73	51
07	Hall at A 110	413	Low	73	51
08	Hall at K132	187	Low-moderate	73	52
09	Hall at K 118	40	Low	73	53
10	CR K126	53	Low	73	54
11	Media Center	187	Low-moderate	73	57
12	Hall at L 108	67	Low	74	52
13	CR L 102	80	Low	74	52
14	Hall at L 149	53	Low	74	53
15	CR 155	27	Low	73	58
16	Hall at M 120	147	Low	74	50
17	CR M 113	80	Low-moderate	74	51
18	Hall at Media	160	Low	73	52
19	Hall at J 111	80	Low	73	52
20	CR H 123	253	Low-moderate	69	52
21	Outdoor Air	1347	Low-moderate	65	63

*The Background Particulate Level refers to non-fungal debris seen in the air sample; such as skin cells, hair, fibers, dust, dirt, etc.

The total fungal spore counts in samples taken indoors had a lower total fungal spore count than that found in the outdoor air. The types of fungal spores found in these indoor air samples were all common outdoor-type fungi present in low concentrations. Therefore, the results suggested a normal indoor fungal ecology in the areas sampled.

The particulate in the indoor air samples was in the Low to Moderate-heavy range. The particulate that we see in the microscope at the magnification used is usually called ‘course particulate’ and consist of many things and can include the following: dirt, dust, mold, pollen, fiber, hair, skin cells, dust mites and other insects. Fine particulates (to include VOC’s – volatile organic compounds) are not seen with the magnification used for these samples.

PARTICLE COUNT METHODOLOGY

A Lighthouse Handheld 3016 Particle Counter was used to measure the levels of airborne particulates. Airborne particles are solids suspended in the air. In a commercial setting, particle levels should be less than outside readings due to better filtration. Particle counts can vary in a school building due to occupant activity, including ingress/egress from outside. For this project, the particle count results are used to compare those results to locations where the air sample results suggest an altered environment.

PARTICLE COUNT RESULTS

Table B below summarizes the minimum, maximum, and average particle count in the building in each size category during the sampling period. Each time one liter of air was drawn into the Particle Counter, and the Particle Counter calculated all particles that are greater than or equal to the particle size indicated in the size categories.

Table B – Indoor Particle Count Sampling Results

	0.3 micron	0.5 micron	1.0 micron	2.5 micron	5.0 micron	10.0 micron
Minimum	1222	261	20	2	0	0
Maximum	61724	26314	4030	114	24	9
Average	8330	3282	552	42	5	3

Table C below summarizes the average particle count in the outdoor air at the time of sampling. Each time one liter of air was drawn into the Particle Counter, and the Particle Counter calculated all particles that are greater than or equal to the particle size indicated in the size categories. In addition, temperature and relative humidity information were included.

Table C – Outdoor Particle Count Sampling Results

	0.3 micron	0.5 micron	1.0 micron	2.5 micron	5.0 micron	10.0 micron
Outdoor Air Average	14087	6916	2688	823	79	23

CARBON MONOXIDE AND CARBON DIOXIDE METHODOLOGY

A TSI IAQ-Calc Indoor Air Quality Meter (Model 7545) was used to measure the concentrations of CO and CO₂. CO is a dangerous gas caused by incomplete combustion. The level of CO in an indoor environment should be low (none detected to 4 parts per million [ppm] depending on fuel sources used indoors) or same as outdoors. CO₂ is commonly used as an indicator of ventilation adequacy. American Society of Heating, Refrigeration, and Air Conditioning Engineers (ASHRAE) Standard 62.1 stated that the indoor concentration of CO₂ should be less than 700 ppm over the outdoor ambient air, which typically is around 400 ppm.

CARBON MONOXIDE AND CARBON DIOXIDE RESULTS

The average CO² concentration indoors was similar to the CO² concentration outdoors. In addition, the indoor CO² concentrations were measured at low ppm in all locations. Therefore, the results suggested that the indoor CO² concentrations were within normal ranges. Therefore, the results suggested that the ventilation in the areas sampled was adequate.

CONCLUSIONS

Results as reported by LRC apply only to the day of this inspection. LRC cannot and does not warrant that other parts of the structure were completely free or that the structure will remain free in the future from hidden sources of moisture or fungal contamination.

This inspection was limited to indoor air quality parameters. The indoor air samples did not show a fungal amplification or an altered indoor fungal ecology on this day. Relative humidity was in the recommended range. Particle counts were generally lower than that found in the outdoor air. Carbon Dioxide and Carbon Monoxide levels were within the normal recommended range.

This inspection was limited to indoor air quality.

If you have any questions or concerns, please do not hesitate to contact us.

Sincerely,



Tony Richmond, BBA, CAI, WRT
LRC Indoor Testing & Research



Mitchell Richmond, B.A, PMP, CMI
LRC Indoor Testing & Research