



HELLO ANNE HUTCH FAMILIES

The ethical habit of November was gratitude. All of our classes read the book “Not Norman” by Kelly Bennett to encourage discussions about being grateful. At our kick off assembly we were able to come together as a community and discuss ways that we can show our gratitude to others. Students then spent the month reflecting on what they are grateful for, and were able to contribute to the beautiful Gratitude Tree you may see in our front entryway.

Last month we also took time to continue to recognize students who showed kindness. Our Kindness Chain keeps getting longer every day! Eagles of the Month were selected from each grade and given a special recognition in the entryway to Anne Hutch as well.



*With Heart,
The Social Emotional
Learning Team*

SEL SPOTLIGHT

NOVEMBER 2024

ETHICAL HABIT OF THE MONTH: GRATITUDE

Gratitude: /'gradə,t(y)ōd/ noun.

1. the quality of being thankful; readiness to show appreciation for and to return kindness.

*"An attitude of gratitude
is a choice."*

BOOK RECOMMENDATION:



Activities to Show Gratitude

- Try to find 26 things to be thankful for!
- Go on a Gratitude Scavenger hunt to notice things to be grateful for all around us
- try a gratitude meditation



Growing an Attitude of Gratitude

- "The Thank you book" by Mary Lyn Ray
- "Gracias/ Thanks" by Pat Mora
- "Thanksgiving is for Giving Thanks" by Margaret Sutherland

Our HEART Assembly

Last week we had our HEART assembly to come together as a school community and talk about GRATITUDE which is our ethical habit of the month for November. Our Student Council Spirit Crew did an AMAZING job leading the assembly!

Our School Wide Activity of the Month: The Gratitude Tree

Students and teachers have been discussing and writing what they are grateful for and placing these notes on our Anne Hutchinson Gratitude tree. Great job guys!

