



Aledo ISD SHAC meeting – December 2, 2024

- I. **Welcome & Introduction of Members** ~ Meeting began at 5:31 PM, 24 members were present including 19 voting members and 5 non-voting members. It was noted that the meeting was being recorded and the recording would be available on the AISD website following the meeting. The recording is available for viewing [here](#). All members of the committee are appointed by the Board of Trustees.
- II. **Public Comment** ~ SHAC meetings are open to the public. Public Comment is part of the agenda at each meeting. No public comment was requested for this meeting
- III. **Review of SHAC Bylaws** ~ Committee reviewed the current bylaws for any requested/required changes for current school year. Members submitted proposed changes via QR code for discussion at a later meeting. No submissions were received.
- IV. **Cook Children’s Center for Community Health** representative Dora Garcia spoke regarding their outreach programs.
 - a. Available resources:
 - Asthma
 - Caregiver support
 - Equitable access to care
 - Healthy lifestyles/nutrition security
 - Injury Prevention
 - Drowning prevention
 - Gun safety
 - Poison prevention
 - Safe baby sleep
 - Vehicle safety
 - Mental health
 - Oral Health
- V. **Parenting University Follow-Up**
 - a. Participant feedback – Aledo ISD recently screened the movie *Screenagers: Elementary Edition* for our stakeholders. There were 17 attendees at the event, 4 completed the post viewing survey. Survey responses were reviewed and discussed by SHAC committee members.

VI. Wellness Plan Evaluation

- a. Initial feedback discussion about proposed changes to current program, goals objectives and action steps. QR codes were utilized to submit feedback for full committee discussion at a late date. District is considering removing the currently (locally required) Health class and extending the College and Career Readiness course to a full year. Essential elements from the Health Course would be embedded into the year-long College and Career Readiness course.

VII. Future meeting dates / times

Mr. Kessel, SHAC liaison, announced his retirement and that 12/19/24 will be his last day in Aledo ISD. Dr. Ingia Saxton will take over his role as SHAC liaison. **1.27.25, 2.24.25, 4.14.25**

Adjournment Time: 6:58 PM