

## Putnam County High School Counseling Corner – December 2024

### Season's Greetings, War Eagles!

As we move into December, the Counseling Department at Putnam County High School wants to take a moment to encourage and support you as you wrap up the semester. We know it's a busy time, and we're here to help you finish strong! December brings the excitement of the holidays and the opportunity to reflect on your hard work throughout the year. Remember, the efforts you put in now will pay off, and we are incredibly proud of all you have accomplished so far. Let's make this last stretch of the semester count!

### Important Dates to Remember

- **End of Course (EOC) Testing:** December 9 - 18
- **Final Exams:** December 16 - 18
- **Half Day of School:** December 19

### ACT & SAT Registration and Test Dates

Be sure to plan ahead for the upcoming ACT and SAT tests. Early registration ensures you have your preferred test date and location.

#### ACT Dates:

- **Registration Deadline:** January 3      **Test Date:** February 8
- **Registration Deadline:** February 28      **Test Date:** April 5

#### SAT Dates:

- **Registration Deadline:** February 21      **Test Date:** March 8
- **Registration Deadline:** April 18      **Test Date:** May 3

Make sure to register early to secure your spot!

### Tips for Studying and Preparing for Finals

Finals can feel overwhelming, but with the right preparation, you can approach them with confidence! Here are some tips to help you succeed:

- **Create a Study Schedule:** Break down your study time into manageable chunks. Start with subjects you find most challenging.
- **Review Past Assignments:** Going over old tests, quizzes, and assignments can help reinforce what you've learned.
- **Take Breaks:** Don't forget to give your brain a rest! Short breaks during study sessions can help improve focus and retention.
- **Ask for Help:** If you're unsure about something, don't hesitate to reach out to your teachers or the counseling department. We're here to support you!
- **Practice Relaxation:** Stress is natural, but remember to breathe and stay positive. Deep breaths and a good night's rest are key to performing well.

### **Make Up Missing Assignments**

It's important to stay on top of your assignments, and if you've fallen behind, now is the time to catch up. Take advantage of any opportunities to make up work before the semester ends. Contact your teachers if you need help catching up, and don't wait—your future self will thank you!

### **Remember, We're Here for You!**

Whether you need help with a final exam, want to talk about your college plans, or just need a little encouragement, the Counseling Department is always available. We believe in you and are excited to see all the wonderful things you'll accomplish in 2024!

Good luck and finish the semester strong! Let's go, War Eagles!