

# CAMPUS CAFÉ BREAKFAST

JAN '25

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2 <b>Main Entrée</b> Beef & Cheese Bagel	3 <b>Main Entrée</b> Scrambled Eggs & Sausage Patty
6 <b>Main Entrée</b> Whole Grain Breakfast Gems	7 <b>Main Entrée</b> Stuffed Pancakes	8 <b>Main Entrée</b> Breakfast Pizza	9 <b>Main Entrée</b> Chicken Croissant Slider	10 <b>Main Entrée</b> Apple Cinnamon Texas Toast
13 <b>Main Entrée</b> Stuffed Hashbrown	14 <b>Main Entrée</b> Fresh Baked Dough Go Bar	15 <b>Main Entrée</b> Breakfast Tacos	16 <b>Main Entrée</b> Jenny Lee Sandwich	17 <b>Main Entrée</b> Yogurt or Spicy Breakfast Calzone
20	21 <b>Main Entrée</b> Fresh Baked WG Donuts	22 <b>Main Entrée</b> Sweet Potato Roll	23	24
27 <b>Main Entrée</b> Whole Grain Breakfast Gems	28 <b>Main Entrée</b> Stuffed Pancakes	29 <b>Main Entrée</b> Breakfast Pizza	30 <b>Main Entrée</b> Chicken Croissant Slider	31 <b>Main Entrée</b> Apple Cinnamon Texas Toast



## DAILY FRUIT OPTIONS

Breakfast and lunch fruit options are seasonal and may include:

Fresh Whole Fruit: Apples, Oranges, Mandarins, Bananas, Fruit Salads

Fruit Cups: Pears, Peaches, Mangoes, Mandarin Oranges, Pineapple Tidbits, Cinnamon Peaches, Diced Cinnamon Apples, Apricots

Dried Fruit: Pineapple, Raisins, Craisins, Mixed Fruit

Applesauce: Plain, Strawberry, Watermelon



## BREAKFAST SIDES

Cheerios	Mini Muffin Loaf
Lucky Charms	Chex Cereals
Cinnamon Granola	WG Bagels
Yogurt Cups	Lucky Charms
Cinnamon Toast Crunch	Froot Loop Waffles
Salsa Cup	Breakfast Bar

Vegetarian Options Available Daily	Contains Fish
Local Skim & 1% Milk	Contains Pork
Fresh Fruit & Veggies Daily	Gluten Free



Classroom Entrées are available in schools participating in "Breakfast in the Classroom" and meet USDA requirements for a nutritious breakfast!

Our menus meet USDA Requirements

Menu items are subject to change



# CAMPUS CAFÉ LUNCH

JAN '25

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
			<b>Main Entrée</b> Manager's Choice  <b>Side Choices</b> Hot Veggie	 <b>Main Entrée</b> Chicken Wings  <b>Side Choices</b> Garlic Knot Roasted Tricolor Sweet Potatoes 100% Juice Slushie
6	7	8	National Apricot Day 9  <b>Main Entrée</b> Mozzarella and Basil Meatballs <b>Side Choices</b> Roasted Corn WG or GF Hoagie Bun Apricot Halves	10
 <b>Main Entrée</b> Pizza Crunchers  <b>Side Choices</b> Broccoli & Cheese Marinara Sauce	<b>Main Entrée</b> General Tso's Chicken  <b>Side Choices</b> Veggie Fried Rice Asian Medley	 <b>Main Entrée</b> Beef Hot Dog  <b>Side Choices</b> Baked Beans		<b>Main Entrée</b> Pizza Day  <b>Side Choices</b> Chickpea Salad 100% Juice Slushie
13	14	15	16	17
 <b>Main Entrée</b> Cheezy Twiz-Sticks  <b>Side Choices</b> Green Beans and Mushrooms Marinara Sauce	 <b>Main Entrée</b> Fajita Bowl Chicken or Beef <b>Side Choices</b> Black Beans Salsa	<b>Main Entrée</b> Boneless Wings  <b>Side Choices</b> Dinner Roll Roasted Tricolor Sweet Potatoes	 <b>Main Entrée</b> Sliced Turkey & Gravy  <b>Side Choices</b> Mashed Potatoes Garlic Knot	 <b>Main Entrée</b> Chicken Drumstick  <b>Side Choices</b> Garlic Knot Broccoli Salad 100% Juice Slushie
20	21	22	23	24
	 <b>Main Entrée</b> Mango Habanero 🌶️ Or General Tso's Meatballs <b>Side Choices</b> Veggie Fried Rice Green Beans	 <b>Main Entrée</b> Chicken Tacos  <b>Side Choices</b> Refried Beans Salsa Cup		
27	28	Chinese New Year 29	30	31
 <b>Main Entrée</b> Fiery Mozz Bites 🌶️ Or Breaded Ravioli  <b>Side Choices</b> Broccoli & Cheese Marinara Sauce	 <b>Main Entrée</b> Nachos Grande  <b>Side Choices</b> Black Beans Salsa	<b>Main Entrée</b> Popcorn Chicken & Waffle  <b>Side Choices</b> Roasted Tricolor Sweet Potatoes Good Fortune Cup	 <b>Main Entrée</b> Chicken Tikka Masala  <b>Side Choices</b> Asian Medley Cilantro Lime Rice Naan Bread	 <b>Main Entrée</b> Baked Italian Turkey Hoagie  <b>Side Choices</b> WG or GF Hoagie Crinkle Cut Fries 100% Juice Slushie
 Alternate Entrées PB&J or WoWich Toasted Cheese	 Alternate Entrées PB&J or WoWich Cheese Quesadilla	 Alternate Entrées Toasted Cheese Chicken Wrap or Pizza Kit	 Alternate Entrées Toasted Cheese Fresh Made Salad	 Alternate Entrées PB&J or WoWich Deli Sandwich

## DID YOU KNOW...







Apricots are believed to have originated in China around 4,000 years ago and were spread to the Mediterranean region through trade. Apricots were a highly prized and popular gift in ancient Greece. They're low in calories but high in fiber and vitamins A and C, and beta-carotene!



## HARVEST OF THE MONTH



**Broccoli**  
 Broccoli, cultivated in the Mediterranean over 2,000 years ago, is rich in vitamins C, K, fiber, and antioxidants. It gained popularity in the U.S. during the 20th century, thanks to Italian immigrants who introduced their recipes and traditions.

 Vegetarian Options Available Daily	 Contains Fish
 Local Skim & 1% Milk	 Contains Pork
 Fresh Fruit & Veggies Daily	 Gluten Free

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