



Kerrville Independent School District

1009 Barnett Street
Kerrville, TX 78028
(830) 257-2200

SHAC Meeting Notes

12/4/24

Welcome from Assistant Superintendent of Human Resources and Administration Shelby Balser

All members of committee present

6 students from Tivy High School were also in attendance for input on agenda items

Balser reviewed the meeting agenda:

- Student input on Wellness Policy
- Bullying Prevention Policy

Discussion opened on the Student Wellness Policy

- Questions from committee members
- One of the 6 students in attendance at the meeting eats in cafeteria regularly
- Other students said they prefer bringing food from home to eating from the cafeteria as that matches their high protein diet, is easier to track calories with store-bought food they bring
- Question for students about cafeteria meal portion size: student said it's enough, but not completely filling
- Students voiced desire for more meats for protein options, beef, chicken, fish
- Student question about why does the cafeteria switch out options? Like chicken sandwiches, sometime different cut of meat, flavoring, etc.
- Question about where to find calories on lunch meals – nutrition information is available online only
 - If that was posted, would that change where you eat?
 - Yes, would make things much easier
- Are proteins breaded?
 - Yes
 - Would it be better to offer non-breaded portions?
 - Prefer plain or grilled over breaded
- What is in home lunches that you can't get at cafeteria?
 - Home-made meals just taste better
 - Seasonings
- Student voiced desire to see more fiber options, vegetables
 - More diverse vegetable offerings
- Is there a salad bar, sandwich bar options?

- Breakfast: one line, different items each day
- Lunch: 4 lines, all different options
- Salads and wraps, pizza line, traditional hot meal line
- What are things from the cafeteria students seem to enjoy most?
 - Spicy chicken sandwich
 - Chicken sandwich
 - Mashed potato, chicken bowl
 - Nacho day is popular
- Are there proteins for breakfast?
 - Not always, but regularly
 - Either meat or egg is offered
- What are the drink options?
 - Milk, chocolate milk, juices → sometimes rotate juice flavors offered
 - Can get sugar-free Gatorades at Scrappy Shack
 - Carbonated drink: Izzy Sparkling Water
 - Naked juice drinks – more expensive

Bullying Prevention and Education Strategies

2 handouts shared with members and students

TEA Handout with minimum standards for bullying prevention policies and procedures

- Balser reviews each standard and how KISD meets the requirement

Questions to consider for bullying survey

- Two surveys: K-5 or even K-4, then 5 – 12 for KISD students
- Goal is to send out survey to students in January
- Work with campuses on what to do with information once we have it
- Started process with well over 100 questions, have worked to cut it down to more reasonable number of questions
- Question: clarification on KISD goal with this.
 - We want to find trends of bullying, location of bullying, campus statistics
 - Balser clarifies that names are not connected to this survey; if you see concerning behavior, you need to report it to an administrator, not here in the survey
 - Use data to help KISD develop proactive education and counseling
- Question about recommendation on number of questions?
 - Balser: somewhere under 80, but more than 10
- Electronically given or paper and pen?
 - Electronically
 - Will work with campus admin and teachers on best medium for our younger grades
- Student question about there being an assembly or presentation to share with students once this data is gathered?
 - Data will give us an idea of what students need to hear
 - Last week of September, See Something, Say Something campaign awareness/education for secondary students
- Will data be published or shared with students?
 - Balser said she thinks the data could be important to share with students

- It is something that we can discuss
 - It is a large enough sample set to share without identifying anyone
- If we do share this information with students, what do you want to know to make bullying less prevalent on your campus?
 - Knowing how many students have been bullied is helpful
- Question: did KISD do a good job educating students bullying or are the students of KISD good characters?
 - Student response: I think it's both

Balser closes the meeting to allow time to review questions.

Next meeting Feb. 12, 2025 – would like to have survey pushed out and have data back to present and have conversation about next steps.

Deadline for feedback/input on survey questions: Returned to Balser by Dec. 20

Any agenda items for Feb. meeting?

- Fentanyl curriculum – has it started and what is the feedback?
 - Curriculum was used for first time last May

Balser closes the meeting.

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