

Ms. Graf at our elementary school has generously donated some fresh lettuce, basil, Swiss chard, and arugula for our garden salads at the Elementary school as well as our salad bar at the Middle School! We can't wait to enjoy them in our salads! It's awesome to know that they were all grown and looked after by the teachers and students at Greenwood Lake Elementary!

Thank you so much!

Some information about the Tower Garden at the Elementary School supplied by Ms. Graf.

*"I received the Tower Garden when I was awarded the Grow With Us Grant from NY Agriculture in the Classroom. We have three tower gardens in the elementary school. They are aeroponic, hydroponic ways to grow plants indoors as a way of extending the growing season all year long. The students have learned the lifecycle of plants, and will be creating videos of how to plant and care for the tower garden. We intend to use our tower garden to discuss healthy nutrition such as fruits and vegetables. We use it as a springboard to talk about taking healthy snacks to school. It gives our students an authentic, hands-on opportunity to see, touch, taste, smell healthy foods."*

