

BELLMONT MIDDLE SCHOOL

SWIMMING & DIVING

(6TH, 7TH, AND 8TH GRADE)

First Official Practice

MONDAY, JANUARY 13, 2025

BHS Natatorium---5:30 P.M.-7:00 P.M.

You will need:

Swimsuit (One piece for Girls), Goggles, Swim Cap (Optional)

****MUSTS****

*****ALL** physicals, waivers, medical forms and fees must be submitted to the BMS Office before you may participate. BMS Office hours are Monday thru Friday 7:30 A.M. to 3:30 P.M. **DO NOT** bring your eligibility forms to the coaches at practice.

Any questions please call

Bellmont Middle School Athletic Department 724-3137

Coach: Laura Werling 765-667-2271 or laura.werling1@gmail.com