

## Fort Worth ISD Lunch K-5 January 2025

Monday

## Tuesday Wednesday

Thursday

Friday



## WINTER BREAK

6 No School

Today

**Beef Nachos** Fish Sticks with Mac and Cheese Chicken Cobb Salad with Baked Pretzel Yogurt and Cheese Plate with Baked Pretzel **Black Beans** Corn

8

Southwest Baked Potato with Garlic Breadstick Chicken Nuggets with Dinner Roll **Turkey Sandwich** Turkey Chef Salad with **Baked Pretzel** Green Beans Pinto Beans

9

2

Cheese Pizza Sticks with Marinara Sauce Chicken Katsu Sandwich Turkey Chef Salad with **Baked Pretzel** Yogurt and Cheese Plate with Baked Pretzel Roasted Broccoli Celery Sticks

10

3

**Beef Tamales with** Cheese Sauce and Spanish Rice Cheeseburger Sunbutter/Jelly Sandwich Turkey Chef Salad with **Baked Pretzel** Pinto Beans Fresh Broccoli

13

Crispy Chicken Sandwich Powder Sugar French Toast Sticks with Sausage Popcorn Chicken Salad with Garlic Breadstick Yogurt and Cheese Plate with Baked Pretzel Tater Tots Fresh Cherry Tomatoes

15

Cheeseburger Mini Corn Dog Turkey Sandwich Chicken Cobb Salad with Baked Pretzel **Smiley Fries** Celery Sticks Strawberry Milk!

16

Cheese Enchiladas **Breaded Beef Fingers** with Dinner Roll Sunbutter/Jelly Sandwich Turkey Chef Salad with **Baked Pretzel** Mashed Potatoes with Gravv Green Beans

17

Cheese Pizza Sticks with Marinara Sauce Chicken Potato Bowl with Breadstick Turkey Sandwich Chicken Cobb Salad with **Baked Pretzel** Roasted Broccoli Fresh Cherry Tomatoes

20 No School Today



Beefy Mac with Garlic Breadstick Chicken and Waffle Turkey Chef Salad with Baked Pretzel Yogurt and Cheese Plate with Baked Pretzel Green Beans Fresh Cucumbers

22

29

Cheese Pizza Pepperoni Pizza Turkey Sandwich Turkey Chef Salad with Garlic Breadstick Fresh Spinach Salad Fresh Baby Carrots

23

Walking Frito Pie Beef Soft Tacos Grilled Cheese Sandwich Popcorn Chicken Salad with Breadstick Sunbutter/Jelly Sandwich Refried Beans Fresh Baby Carrots

24

BBQ Chicken Sandwich Cheese Quesadilla Popcorn Chicken Salad with Garlic Breadstick Yogurt and Cheese Plate with Baked Pretzel Fresh Spinach Salad

27 Chicken Katsu Sandwich Popcorn Chicken Salad with Garlic Breadstick Pancake Bites with Cheesy Eggs Sunbutter/Jelly Sandwich Tater Tots Fresh Cucumbers

28

21

14

Cheese Pizza

Pepperoni Pizza

Sunbutter/Jelly Sandwich

Popcorn Chicken Salad

with Baked Pretzel

Roasted Broccoli

Fresh Baby Carrots

Cheese Pizza Pepperoni Pizza Sunbutter/Jelly Sandwich Chicken Cobb Salad with **Baked Pretzel** Roasted Broccoli Celery Sticks

Mini Corn Dog Orange Chicken with Dinner Roll Chicken Cobb Salad with **Baked Pretzel** Yogurt and Cheese Plate with Baked Pretzel Roasted Zucchini **Glazed Carrots** 

Bacon Cheeseburger **Grilled Cheese** Sandwich Turkey Sandwich Turkey Chef Salad with **Baked Pretzel Smiley Fries** Fresh Cucumbers

Spagnetti and Meat Sauce with Garlic Breadstick Chicken Tenders with Roll Turkey Chef Salad with **Baked Pretzel** ogurt and Cheese Plate with Baked Pretzel Glazed Carrots Fresh Cucumbers

Hot Chocolate Pudding!

Inch

KATSU SANDWICH



**Hot Chocolate** Day







Offered Daily: Seasonal Fresh or Canned Fruit. Fruit Juice, Assorted Milk

This institution is an equal opportunity provider.