

Our services

In-person and virtual care

The following list provides an overview of the broad scope of diagnoses, procedures, and services that may be offered in Everside Health Centers (not a complete list). Everside's onsite providers make all treatment decisions with the health, well-being, and best interest of the patient as the foremost goal.

Primary and preventive care • Acute illness visits & treatment* • Basic vision screening (color & near vision) • Biometric screening • Blood pressure and vitals screening • Chronic condition management* • Comprehensive personal evaluation including routine checkups* • Coordination with other providers (e.g., specialists, hospitals)* • Fitness & nutrition coaching* • Health risk assessment* • Hearing screening (audiometry) • Lifestyle & risk-reduction coaching* • Pediatric Visits* • Pre-op evaluations & clearance • Routine adult physicals • Sports physicals • Men's and Women's health	Labs • Basic metabolic panel • Blood draws & sample collection • Cholesterol • Hemoglobin A1c • Pregnancy test • Screening for diabetes • Strep throat test • Urinalysis
Procedures • Asthma/pulmonary treatments • Basic ENT procedures • Basic wound care • Dermatological procedures including mole removal • Ingrown toenail removal • Skin biopsy (lab not included) • Skin cyst removal • Skin tag & wart removal (cryo) • Stitches • Suture/Staple removal	Mental health • Anxiety assessment & treatment* • Depression assessment & treatment* • Integrated primary care and mental health
Medications and Immunizations • Common vaccines available onsite • Medications available on site	Diagnostic testing & vitals • Blood pressure & vitals • EKG • Peak flow testing • Spirometry
Health portal: Visit members.eversidehealth.com to get access	

- Available 24/7
- Download your personal health record
- Email your provider securely
- Make and manage prescriptions from your provider
- Request refills and view prescriptions

*Available for virtual appointments. Follow-up in-person care will be coordinated with your provider if needed.



Download the Everside Health app to create an account or schedule an appointment.

For more information, visit
eversidehealth.com/wcpsmd

