

## NOVEMBER WELLNESS CALENDAR

| DATE                      | ACTIVITY   | LOCATION                     |
|---------------------------|--|------------------------------|
| September-February        | DARE (5th Grade)                                     | All Elementary Schools       |
| Ongoing 10 Week Program   | Too Good for Drugs (6th Grade)                       | All Elementary Schools       |
| October 2024 - June 2025  | READING Program (Therapy Dogs) 2nd Friday each month | Leptondale Elementary School |
| November 2024 - June 2025 | Therapy Dogs visit once per month                    | Ostrander Elementary School  |
| November 1, 2024          | Energy Conservation Assembly by Central Hudson       | Ostrander Elementary School  |
| November 1, 2024          | Ashokan Field Trip                                   | Plattekill Elementary School |
| November 4, 2024          | Ashokan Field Trip                                   | Leptondale Elementary School |
| November 2024             | National Diabetes Awareness Month                    | All Buildings                |
| November 2023             | National Epilepsy Month                              | All Buildings                |
| November 1, 2024          | Ashokan Field Trip                                   | Plattekill Elementary School |
| November 4, 2024          | America Recycles Day with Ulster County              | Plattekill Elementary School |
| November 5, 2024          | Ashokan Field Trip                                   | Ostrander Elementary School  |
| November 12, 2024         | Panther Club Challenge (Elementary Schools)          | Senior High School           |