

Physical Restraint, Time Out, and Isolated Time Out Progress Report for Warrensburg-Latham CUSD #11

Progress Report:

Please review and report your district's physical restraint, time out, and isolated time out (RTO) data related to school year 2023-24:

Warrensburg-Latham CUSD #11 met their RTO Reduction Goal. 0 students experienced 5-plus incidences of the use of physical restraints and/or time outs or isolated time outs in a 30-day period. For the 2023-2024 school year, there was a total of 0 restraints and time outs. There were 0 students who experienced incidences of restraints and time outs across all grade-level bands and all demographics based on current district data.

How has your district's school year 2023-24 RTO Reduction Plan supported improvements?

Warrensburg-Latham CUSD #11's RTO reduction plan was supported by continuous learning and professional development for staff through the special education cooperative, including CPI (Crisis Prevention Institute). Additional consultation and support were provided throughout the year by Macon-Piatt Special Education's behavior team in support of deescalating challenging behaviors, working with students with Autism, and improving processes to develop appropriate behavior intervention plans.

What targeted areas for RTO reduction were not as successful (if any)? Please describe any factors that contributed to the unexpected results from your previous RTO Reduction Plan.

As there were 0 incidents of physical restraints and/or time outs or isolated time outs for the 2023-2024 school year, the results that are reported are consistent with the intentions of the district based on the professional development provided for staff members. 0 incidents were reported for the 2021-2022 and 2022-2023 school year as well, indicating the district continues to provide support needed for staff to minimize physical management of students to the greatest extent possible.

Reduction Plan Template

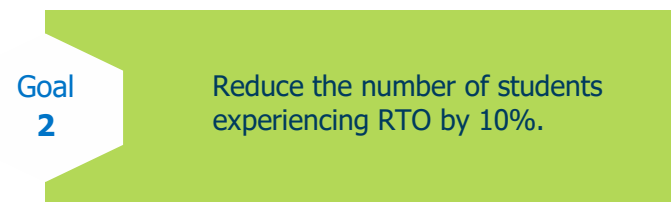
List the names and titles of members of your district restraint and time out oversight team:

Travis Friedrich, Assistant Director of Special Education, Macon-Piatt Special Education
Chris Koerwitz, Special Education Administrator, Macon-Piatt Special Education
Laura Wentworth, Warrensburg-Latham Elementary School Principal
Nathaniel Dorgan, Warrensburg-Latham Elementary School Assistant Principal
Candy Ridgeway, Special Education Teacher
Taylor Williams, Special Education Teacher
Emily Tolly, Speech and Language Pathologist
Taylor Smith, Counselor
Darcy Szajko, Paraprofessional
Amanda Mosley, Paraprofessional

List dates of oversight team meetings:

October 24, 2024
Spring 2025 TBD

Goal Development: The plan's objective shall be centered around at least three reduction goals. The two required goals for every district are:



The plan shall include at least one goal selected by the district from the list of optional goals based upon district data. Select at least one of the following:

- Reduce the number of K-2 students experiencing RTO by 25%.
- Reduce the number of students of color experiencing RTO by 25%.
- Reduce the number of students experiencing five-plus instances of RTO in a 30-day period by 25%.
- Reduce the number of male students experiencing RTO by 25%.
- Reduce the number of incidents of RTO for students with autism by 25%.
- Reduce the number of students with an emotional disability experiencing RTO by 25%.
- Reduce the number of students with Individualized Education Programs (IEPs) experiencing RTO by 25%.

Required Components	Action Item	Steps to Complete Action Item	Timeline	Responsible Party
<p>Provide details of a plan to support a vision for cultural change that reinforces the following:</p> <p>A) Explain how the entity plans to adopt and utilize positive behavioral interventions and support rather than physical restraint, time out, and isolated time out;</p>	<p>Warrensburg-Latham CUSD #11 will use a multi-tiered system of support that includes social and emotional learning and techniques that focus on preventative and proactive solutions to reduce physical management of students. Positive behavioral supports will be embedded as a central focus of MTSS.</p>	<p>Warrensburg-Latham CUSD #11 will work with Macon-Piatt Special Education District (Cooperative) to ensure that staff members receive initial training and refresher trainings in CPI, with de-escalation techniques embedded into the training.</p> <p>Online professional development offerings will include training through the Center for Intensive Behavioral Supports (CIBS) through ISBE, Behavior Assessment Training (BAT) through SIU.</p> <p>In person trainings that focus on students with Autism and students with significant behavioral needs will be prioritized on a needs-basis through the cooperative's Behavior Team or through other professional partnerships.</p>	<p>Professional development to continue the reduction and elimination restraint and time-out will occur August 2024 through May 2025, both on-line options and in-person as needed to support the district.</p>	<p>Macon-Piatt Assistant Director of Special Education/Macon-Piatt District Special Education Administrator/Macon-Piatt Behavior Team/CPI Team/Warrensburg-Latham CUSD #11 RTO Oversight Team</p>
<p>B) Identify effective ways/best practices to deescalate situations to avoid physical restraint, time out, and isolated time out;</p>	<p>Warrensburg-Latham CUSD #11 will use trauma-informed practices as well as verbal and non-verbal de-escalation strategies embedded within MTSS to assist in continuing to minimize the need for physical management of students,</p>	<p>Macon-Piatt Special Education Cooperative will host the specific professional development offerings through the 24-25 school year, in cooperation with the district.</p>	<p>Professional development to continue the reduction and elimination restraint and time-out will occur August 2024 through May 2025, both on-line options and in-person as needed to support the district.</p>	<p>Macon-Piatt Assistant Director of Special Education/Macon-Piatt District Special Education Administrator/Macon-Piatt Behavior Team/CPI Team</p>

	including physical restraint, time out, and isolated time out. De-escalation training will be built into CPI and other relevant PD offerings designed to reduce/eliminate the use of physical restraint, time out, and isolated time out.			
C) Describe how the entity will utilize crisis intervention techniques as an alternative to physical restraint, time out, and isolated time out; and	Warrensburg-Latham CUSD #11 will provide professional development and training on crisis techniques and utilize a crisis intervention protocol that includes using all nonrestrictive interventions first. Each school will have a crisis response team.	The CPI Team/Instructors from Macon-Piatt Special Education will host initial training sessions on preselected dates and refresher sessions in cooperation with Warrensburg-Latham CUSD #11. Ongoing professional development in supporting staff in methods to address challenging behavior will be provided based on the district's needs. Additionally, the Macon-Piatt Behavior Team can provide consultative support in the development of behavior intervention plans through functional behavioral analyses.	Professional development to continue the reduction and elimination restraint and time-out will occur August 2023 through May 2024, both on-line options and in-person as needed to support the district.	Macon-Piatt Assistant Director of Special Education/Macon-Piatt District Special Education Administrator/Macon-Piatt Behavior Team/CPI Team
D) Describe the entity's plan to utilize debriefing meetings to reassess what occurred and why it occurred and to think through ways to prevent use of intervention the next time.	Warrensburg-Latham CUSD #11 will conduct debriefing meetings to assess what occurred, why it occurred, and to think through ways to prevent the use of the restrictive intervention the next time. Warrensburg-Latham CUSD #11 will document debriefing meetings to audit the use of post-crisis intervention methods in the event that physical management as prescribed by	Team debrief meetings after each instance of restraint and time out (see Appendix 3 in RTO Reduction Plan). Ensure implementation of a post-crisis intervention with the student after each instance of restraint and time out. Schedule semester meetings (or optional quarterly meetings) for the RTO Oversight Team.	Each instance of restraint and time out will be reviewed by the Macon-Piatt Assistant Director of Special Education within 48 hours of the event. Additionally, the Macon-Piatt Behavior Team will review restraint and time out incidences on a quarterly basis to provide relevant feedback to Warrensburg-Latham CUSD #11 Oversight Team.	Macon-Piatt Assistant Director of Special Education/Macon-Piatt Behavior Team/ Warrensburg-Latham CUSD #11's RTO Oversight Team

	<p>CPI has been utilized.</p> <p>The RTO Oversight Team will meet at least 1 time per semester (or quarterly depending on the need) to debrief and determine whether or not district personnel require further training to meet the RTO goal.</p>		<p>RTO Oversight Team meetings will occur at least once per semester.</p>	
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Required Components	Action Item	Steps to Complete Action Item	Timeline	Responsible Party
<p>E) Include action step(s) that describe procedures to ensure that appropriate school personnel are fully informed of the student's history, including any history of physical or sexual abuse, and other relevant medical/mental health information. Such disclosures of student information must be consistent with federal and state laws and rules governing student confidentiality and privacy rights.</p>	<p>Building Administrators, Special Education Administrators, IEP teams, and specialists will fully inform teams of student's history.</p>	<p>Notify teams at the beginning of the school year, when the student enrolls in the district, or when the information becomes available.</p>	<p>Beginning of the year, middle of the year, and as needed.</p>	<p>Building Administrators Macon-Piatt Special Education Administrator (as appropriate) Specialists IEP Teams</p>

<p>F) Identify steps to develop individualized student plans as required by PA 102-0339. Plans should be separate and apart from a student IEP or 504 Plan.</p>	<p>Warrensburg-Latham CUSD #11 will create and implement individual student plans (see Appendix 1 in RTO Reduction Plan) for students that have experienced 5 or more instances of restraint and time out in a 30-day period.</p>	<p>Individualized plans (See Appendix 3 in RTO Reduction Plan) will be created for students that have experienced 5 or more instances of restraint and time out in a 30-day period. The plans will be created with input from an administrator, special education teacher, general education teacher, behavioral consultant, social worker, psychologist, and parents.</p>	<p>The plan will be written at a team meeting held within 5 school days after the 5th incident in a 30-day period.</p>	<p>Assistant Director of Special Education Macon-Piatt Special Education Administrator (as appropriate) Building Administrators Specialists and other educators</p>
<p>G) Describe how the information will be made available to parents for review.</p>	<p>Warrensburg-Latham CUSD #11 will notify parents and guardians that the plans and reports are available for review on the District web page.</p>	<p>Warrensburg-Latham CUSD #11's RTO Reduction Plan will be available on the district web page.</p>	<p>Warrensburg-Latham CUSD #11's RTO reduction plan will be posted on the district's web page in October 2024.</p>	<p>Superintendent Macon-Piatt Assistant Director of Special Education</p>
<p>H) Describe a modification process (as necessary) to satisfy aforementioned goals.</p>	<p>RTO data will be reviewed at each semester by the Warrensburg-Latham CUSD #11 Oversight Team administration and the team members will determine if progress is being made and procedures are being followed according to the law.</p>	<p>Warrensburg-Latham CUSD #11's RTO Oversight Team will meet at least one time per semester (quarterly if necessary) to discuss data trends to help make adjustments in support of the staff to the elimination of restraint and time out.</p>	<p>Modification will be made on a consultative basis from reviewing the data throughout the school year. Oversight Team meetings will occur once in each semester of the 2024-2025 school year.</p>	<p>Warrensburg-Latham CUSD #11 RTO Oversight Team</p>