## The Trauma-Informed School

## Sponsored by

The Greater Los Angeles Area SELPAs (GLAAS) and Mid-Cities SELPA

Presenter: Tim Halphide, M.A., L.M.F.T., School Psychologist and Licensed Marriage and

Family Therapist

Diagnostic Center South, California Department of Education

Date: Tuesday, September 24, 2024

Time: 8:00 am – 8:30 am: Registration

8:30 am – 12:45 pm: Workshop

(4.25 hours)

Place: Bellflower Unified School District – Board Room

16703 S. Clark Avenue, Bellflower, CA 90706

**Content:** Student emotional-behavioral disorders are on the rise at increasingly alarming rates. Traumatic stress is frequently one key factor in the formation of these disorders and can arise from complex issues such as school bullying, suicide, school safety threats, and day-to-day cumulative exposure to environmental stressors. Trauma-informed schools are prepared to recognize and respond to students impacted by traumatic stress. In this training, educators learn methods for establishing clear expectations and communication strategies to help students cope with extreme situations and ongoing stressors. But moreover, educators will learn how to establish a school wide culture of support and sensitivity to address the needs of students who are attending school in rapidly changing times.

**Intended Audience:** Special education teachers, school psychologists, administrators, LCSWs, LMFTs, LPCCs, clinical psychologists, ERMHS staff or school counselors specifically designated to work with special needs students, behaviorists, and others who actively work with youth who have mental health concerns.

**Outcomes:** Participants will:

- 1. Learn the impact of trauma on students, including implications for learning and behavior.
- 2. Learn psychological "first-aid" methods for addressing trauma in students.
- Learn stress-reduction methods known to restore emotional equilibrium for staff and students.
- 4. Learn skill-based Cognitive Behavioral Interventions for addressing trauma.

## Registration Deadline: September 10, 2024

There are only 80 spaces available - FIRST COME, FIRST SERVED!

Click on the following link to register:

OR

Scan QR Code to register:

https://forms.gle/oMosVuzjZW61CEox9



If you have any questions, please contact the Mid-Cities SELPA Office at (562) 866-9011 ext. 2050.