



The Moms Do Care program is funded by a grant from the Substance Abuse and Mental Health Services Administration to the Massachusetts Department of Public Health, Bureau of Substance Addiction Services. The program is being implemented on Cape Cod by Duffy Health Center.



Restoring health. Rebuilding lives.

94 Main Street, Hyannis, MA  
(508) 771-9599  
DuffyHealthCenter.org



MOMS D♥CARE

*Supportive services for pregnant and parenting women seeking recovery from a history of opioid use*



The Moms Do Care program helps pregnant and parenting women receive Medication Assisted Treatment, other treatment for substance use disorders, and general health care services.

Moms Do Care also supports women in their recovery after they give birth with case management, counseling, and guidance in working with the Department of Children and Families.

Women who enroll in the program will complete an interview to determine their needs and create a personalized service plan.

**This program is free  
and we are here to help!**

**Contact (508) 280-6597  
for more information**

## Who can enroll in Moms Do Care?

If you answer YES to any of the following questions, you may be able to enroll:

- Are you pregnant or parenting a child age 36 months or younger?
- Are you age 18 or older?
- Have you used heroin or any prescription opioids without a prescription, or in greater amounts than prescribed, in the past 12 months?
- Would you like help receiving:
  - Methadone or buprenorphine
  - Treatment for substance use
  - Other health care services
- Are you currently on medications for a history of opioid use?
- Have you ever had an overdose in your lifetime?
- Are you looking for support in your recovery journey?

*"The Moms Do Care program is a blessing and an absolutely amazing program for families... I am extremely grateful for it. It helped me stay focused [and] get my health back in order. I know if I need anything it's a phone call away."*

*- Moms Do Care program participant*

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## What does the Moms Do Care program offer?

- Treatment for a substance use disorder. If you are already receiving treatment, we will support you in your recovery.
- Transportation to key appointments, bus passes and/or help with medical appointment rides.
- Connections to resources such as WIC, A Baby Center, the Family Resource Center, and housing and transportation services.
- Tours of the hospital maternity department to prepare for your baby's birth and help finding a pediatrician for your baby.
- Peer support in your work with the Department of Children and Families and the Department of Transitional Assistance.
- Connections to a primary care provider, counselors, and any other health care services you will need before and after you deliver.
- Help building a recovery support system for you and your family.



Moms Do Care services are provided *for* moms *by* moms who have walked this path during their own pregnancy, and who have been specially trained to work with women with a history of opioid use.

We will help you every step of the way as you make important life choices for you and your baby.

After your baby is born, we will provide support and connections to community resources to help you and your baby stay healthy.