

# SUBSTANCE USE AWARENESS



## Join Us for an Informative and Inspiring Workshop on Substance Use Awareness!

### What You'll Learn:

- Understanding Substance Use: Key facts and current trends
- Impact on Health: Effects on individuals and families
- Prevention Strategies: Effective methods to reduce risk
- Support and Resources: How to get help and offer support



### Are you ready to make a difference in your community?

- 🧠 Understand the latest research and statistics on substance use and its impact on individuals and communities.
- 🗨️ Participate in interactive discussions.
- 🔍 Gain practical tools and techniques for prevention, intervention, and support.
- 📍 Explore local and national resources available for support and treatment.

**TOGETHER, WE CAN FOSTER  
UNDERSTANDING, PROMOTE  
HEALTH, AND MAKE A  
POSITIVE IMPACT.  
WE LOOK FORWARD TO  
SEEING YOU THERE!**

### JOIN US!

**Date:** January 22, 2025  
**Time:** 9 am  
**Location:**  
Verdugo Hills HS-  
Parent Center