

# PARENTS AS TEACHERS

## Partner-Facilitate-Reflect

### Info and Activities

[Sar-Ko-Par Trails Park Lights](#)

Dec. 6-Jan 20



[Traditions... Building a Child's Sense of Family](#)



[Graham cracker Cottages at Monticello Library. Dec 14th](#)  
**\*\*Registration Required\*\***



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## December PAT Events

We're thrilled to see you at our group activities during the first two weeks of December! Please note that the building will be closed for winter break during the final two weeks of the month, and groups will resume in January.

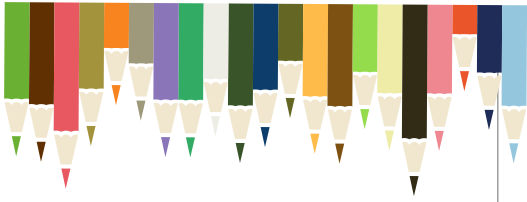
This month, our playroom will feature exciting winter-themed activities, including an ice sensory bin, penguin bowling, snowman building, snowballs, and more!

Check out the group calendar below for December's schedule, and be sure to flip to the next page for details about our two special events at the Foundry Coffee House and Community Center and a Keepsake Art night.

## DEC2024

SUN	MON	TUE	WED	THU	FRI	SAT
01	02	03	04 Morning Group: 9-10:30 At CTEC	05	06 Morning Group: 9-10:30 At the Foundry	07
08	09	10 Keepsake Art Night 5:30-7 pm At CTEC	11 Morning Group: 9-10:30 At CTEC	12	13 Morning Group: 9-10:30 At CTEC	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				





## Community Highlights



The City of Shawnee is hosting [Frost Fest](#) on December 6th. Enjoy quality time with your favorites as you participate in themed games, bingo, music, and refreshments. The evening will feature creative opportunities and a movie to enjoy as well.



The City of De Soto will host the [Mayor's Deck the Hall and Tree Lighting](#) event on December 7th. Starting at 3:00 Santa will ride through on a fire truck followed by a puppet show and the lighting ceremony. The event features a community supper, crafts, faceprinting and pictures with Santa.

[www.usd232.org/pat](http://www.usd232.org/pat)



JOIN US FOR

## Group at the Foundry

Coffee House and Community Center

December 6th  
9-10:30

8835 Lackman Road, Lenexa KS

Bring your child's favorite riding toys and enjoy a morning of connection and fun! While the kids explore the play area and gym, you can sip on a coffee or tea from The Foundry's coffee shop and connect with fellow parents.



## Managing Holiday Stress with Young Children

The holidays can be magical but stressful, especially for parents of little ones. Here are tips to help:

- Prioritize:** Focus on activities that bring your family the most joy and let go of the rest.
- Stick to Routines:** Keep meals, naps, and bedtimes consistent to help everyone feel grounded.
- Simplify:** Your presence means more than presents—keep gifts and expectations simple.
- Plan Downtime:** Take breaks to relax with your family, like reading or watching a movie.
- Ask for Help:** Don't hesitate to lean on friends or family for support.

By keeping things simple and meaningful, you can enjoy a less stressful, more joyful holiday season.



## Winter Keepsake Art Event

Art time with your young child is about more than just paints, crayons, and paper—it's about building lasting memories and strengthening your bond. Join us **December 12th 5:30-7** for this fun event hi-lighting winter art projects. When you create together, you're not only sharing a fun and engaging activity but also fostering a deeper connection with your little one.

Through art, children gain a sense of belonging and purpose as they see their ideas take shape and are celebrated by the people they love most. Knowing their creations matter helps build their self-esteem and strengthens their sense of self. So, gather some supplies and let your imagination flow. Whether it's a finger-painting masterpiece, a playdough sculpture, or a colorful collage, these moments are treasures that will last a lifetime—for you and your child.



**Winter** KEEPSAKE ART

Join us for a creative and fun-filled event where you and your child can make adorable keepsake art, perfect for holiday gifts or cherished memories!

What to Expect:

- Hands-on keepsake craft activity
- Open gym and playroom for extra fun

Stay and play after creating your masterpiece! Don't miss this opportunity for holiday fun and bonding!

**RSVP to Elizabeth: [edurkin@usd232.org](mailto:edurkin@usd232.org) by December 9th**

**Tuesday, December 10th 5:30-7 pm**  
Cedar Trails Exploration Center  
8201 Mize Blvd, Lenexa KS 66227

