

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**



**1**

**NO SCHOOL  
CHRISTMAS BREAK**

**2**

**NO SCHOOL  
CHRISTMAS BREAK**

**3**

**NO SCHOOL  
CHRISTMAS BREAK**

**4**

**NO SCHOOL  
CHRISTMAS BREAK**

**5**

**NO SCHOOL  
CHRISTMAS BREAK**

**6**

Cereal Bowl  
Graham Crackers  
Fruit  
100% Fruit Juice  
Milk

**7**

Cocoa Bars  
Graham Crackers  
Fruit  
100% Fruit Juice  
Milk

**8**

Muffin  
Cheese Stick  
Fruit  
100% Fruit Juice  
Milk

**9**

Waffle  
Fruit  
100% Fruit Juice  
Milk

**10**

Cinnamon Bun  
Fruit  
100% Fruit Juice  
Milk

**11**

Cereal Bar  
Graham Crackers  
Fruit  
100% Fruit Juice  
Milk

**12**

Bagel  
Fruit  
100% Fruit Juice  
Milk

**13**

Muffin  
Yogurt  
Apple Slices  
100% Fruit Juice  
Milk

**14**

Cinnamon Pretzel  
Fruit  
100% Fruit Juice  
Milk

**15**

Donut Holes  
Fruit  
100% Fruit Juice  
Milk

**16**

**NO SCHOOL  
MLK JR. DAY**

**17**

Cocoa Bars  
Graham Crackers  
Fruit  
100% Fruit Juice  
Milk

**18**

Muffin  
Cheese Stick  
Fruit  
100% Fruit Juice  
Milk

**19**

Frudal  
Fruit  
100% Fruit Juice  
Milk

**20**

Glazed Donut  
Fruit  
100% Fruit Juice  
Milk

**21**

Cereal Bowl  
Graham Crackers  
Fruit  
100% Fruit Juice  
Milk

**22**

Pop Tart  
Yogurt  
Fruit  
100% Fruit Juice  
Milk

**23**

**NO BREAKFAST  
2 HR LATE ARRIVAL**

**24**

French Toast  
Fruit  
100% Fruit Juice  
Milk

**25**

Mini Donut  
Fruit  
100% Fruit Juice  
Milk

Questions/Concerns: Contact Cafeteria Supervisor, Kim Deerfield at [kdeerfield@amanda.k12.oh.us](mailto:kdeerfield@amanda.k12.oh.us) or (740)969-7450

\*\*PLEASE FILL OUT FREE & REDUCED APPLICATIONS AS SOON AS POSSIBLE. PLEASE VISIT [WWW.MYSCHOOLAPPS.COM](http://WWW.MYSCHOOLAPPS.COM) OR REQUEST A PAPER COPY FROM THE SCHOOL OFFICE.\*\*

**\*\* The following allergens are use as ingredients in this facility: Milk, Egg, Tree Nuts, Peanuts, Wheat, Soy, and Sesame. Please notify staff for more information about these ingredients.**

This institution is an equal opportunity provider