

Triennial Assessment - School Details

Nutrition Promotion and Education Goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe progress and next steps
<p>Policy 6690, II C: The school meal program is not only a service provided or available to students, but shall serve as an integral part of nutrition education and promotion. It shall be a positive learning experience contributing to the goals of the educational program as well as the nutrition service goals and good nutrition promotion.</p>		<p>X</p>		<p>CWS Nutrition Education & Promotion</p> <p><i>2018-2019 SCHOOL YEAR HIGHLIGHTS</i></p> <ul style="list-style-type: none"> • Engagement in education wellness fairs and breakfast item taste tests/promotion • In partnership with SHIP CWS worked with 7 schools on healthy eating initiatives <ul style="list-style-type: none"> ○ Edison, Nellie Stone Johnson, Loring, Wellstone, Heritage, MPS Metro C, Bancroft • Classroom nutrition education for 12 classes at 4 schools <ul style="list-style-type: none"> ○ Edison, Heritage, Washburn, Wellstone, FAIR toolkits: Lyndale (1), Anishinabe (2), Sullivan (2), Hall (2) • Educational newsletter, resources, and activities for 24 schools participating in Fresh Fruit and Vegetable Program (FFVP) <p><i>2019-2020 SCHOOL YEAR HIGHLIGHTS</i></p> <ul style="list-style-type: none"> • Engagement in education wellness fairs and breakfast item taste tests/promotion • Classroom nutrition ed actually would have been 15 classes at 10 schools - COVID19 impacted the implementation of these activities <ul style="list-style-type: none"> ○ Barton (4), Northrop (1), Lyndale (1), Hall (1), Folwell (1), Cityview (1), Pillsbury (3), Anishinabe (1), South HS (1), Harrison HS (1)

				<ul style="list-style-type: none"> ○ • Educational newsletter, resources, and activities for 26 schools participating in Fresh Fruit and Vegetable Program (FFVP) <p>The 2018/2019 breakfast and lunch audit from MDE administrative review reminded us of initiatives that were not written in our policy, but we are continuing to expand in our district practices. Giving us structural integration of our current practices.</p> <p>Aligning strategies with MDE nutrition standards, including:</p> <ul style="list-style-type: none"> • Define nutrition • Identify the difference between healthy and unhealthy choices • Analyze and compare nutritional labeling (serving size, calories, total fat, sodium, etc) • Create a list of favorite snack foods; compare the cost and nutritional value of each • Explain the relationship between nutrition and disease <p>Next steps: Continue to implement nutrition education and promotion district-wide.</p> <p>MPS WELLNESS IMPLEMENTATION ACTION PLANS:</p> <p><i>2017-2018 SCHOOL YEAR HIGHLIGHTS</i></p> <ul style="list-style-type: none"> • 1 school implemented goals for practice/policy change for ‘essential topics on healthy eating’ <ul style="list-style-type: none"> ○ Emerson • 8 schools implemented goals for practice/policy change for ‘modeling healthy eating and physical activity behaviors’ <ul style="list-style-type: none"> ○ Edison, Green Central, Lake Harriet Upper Campus, Marcy Open, Northrop, Nellie Stone Johnson, Washburn • 1 school implemented goals for practice/policy change for ‘collaboration between nutrition services staff members and
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				<p>teachers’</p> <ul style="list-style-type: none"> ○ Heritage <p><i>2018-2019 SCHOOL YEAR HIGHLIGHTS</i></p> <ul style="list-style-type: none"> • 1 school implemented goals for practice/policy change for ‘essential topics on healthy eating’ <ul style="list-style-type: none"> ○ Emerson • 8 schools implemented goals for practice/policy change for ‘modeling healthy eating and physical activity behaviors’ <ul style="list-style-type: none"> ○ Edison, Green Central, Lake Harriet Upper Campus, Loring, Marcy Open, Northrop, Nellie Stone Johnson, Washburn • 1 school implemented goals for practice/policy change for ‘collaboration between nutrition services staff members and teachers’ <ul style="list-style-type: none"> ○ Heritage <p><i>2019-2020 SCHOOL YEAR HIGHLIGHTS</i></p> <ul style="list-style-type: none"> • 3 school implemented goals for practice/policy change for ‘nutrition education for all grades’ or ‘essential topics on healthy eating’ <ul style="list-style-type: none"> ○ Lyndale, MSP Metro St Joes, Washburn
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To read the full policy visit, https://policy.mpls.k12.mn.us/uploads/policy_6690.pdf

Physical Activity Goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe progress and next steps
<p>Regulation 6690 A II D 2: providing all elementary school children a minimum of thirty (30) minutes of daily recess in all elementary schools.</p>	X			<p>MPS WELLNESS IMPLEMENTATION ACTION PLANS:</p> <p><i>2017-2018 SCHOOL YEAR HIGHLIGHTS</i></p> <ul style="list-style-type: none"> • 7 schools implemented goals for practice/policy change for ‘30 minutes of recess’

				<ul style="list-style-type: none"> ○ Andersen, Armatage, BrynMawr, Burroughs ,Lake Harriet Lower Campus, RiverBend, Whittier ● 6 school implemented goals for practice/policy change for ‘prohibiting withholding recess as punishment’ <ul style="list-style-type: none"> ○ Cityview, Green Central, Hale, Kenwood, Seward, Wenonah <p><i>2018-2019 SCHOOL YEAR HIGHLIGHTS</i></p> <ul style="list-style-type: none"> ● 4 schools implemented goals for practice/policy change for ‘30 minutes of recess’ <ul style="list-style-type: none"> ○ Armatage, BrynMawr, Burroughs, Lake Harriet Lower Campus ● 9 school implemented goals for practice/policy change for ‘prohibiting withholding recess as punishment’ <ul style="list-style-type: none"> ○ Cityview, Folwell, Green Central, Hale, Kenny, Kenwood, RiverBend, Seward, Wenonah ● 1 school ‘implementing strategies for active recess’ <ul style="list-style-type: none"> ○ Hmong International Academy <p><i>2019-2020 SCHOOL YEAR HIGHLIGHTS</i></p> <ul style="list-style-type: none"> ● 2 school implemented goals for practice/policy change for ‘prohibiting withholding recess as punishment’ <ul style="list-style-type: none"> ○ BrynMawr, Cityview ● 6 schools implemented goals for practice/policy change for ‘implementing strategies for active recess’ <ul style="list-style-type: none"> ○ Anwatin, Bancroft, Bethune, Justice Page, Loring, Pratt
Regulation 6690 A II D 1: providing opportunities, support, and encouragement for all students to be physically active on a regular basis through standards-based	X			<p>MPS WELLNESS IMPLEMENTATION ACTION PLANS:</p> <p><i>2017-2018 SCHOOL YEAR HIGHLIGHTS</i></p> <ul style="list-style-type: none"> ● 14 schools implemented goals for practice/policy change for ‘availability to physical activity breaks in classroom’ <ul style="list-style-type: none"> ○ Anishinabe, Anwatin, Cityview, Edison, Emerson, Lake

<p>physical education, extracurricular activities, and classroom and other opportunities for physical activity.</p>				<p>Harriet Lower Campus, Loring, Lyndale, MACC, Olson, RiverBend, Sanford, Waite Park, Washburn</p> <p><i>2018-2019 SCHOOL YEAR HIGHLIGHTS</i></p> <ul style="list-style-type: none"> • 15 schools implemented goals for practice/policy change for ‘availability to physical activity breaks in classroom’ <ul style="list-style-type: none"> ○ Anishinabe, Anwatin, Armatage, Cityview, Edison, Emerson, Folwell, Hmong International Academy, Lake Harriet Lower Campus, Lyndale, MACC, Olson, Sanford, Waite Park, Washburn <p><i>2019-2020 SCHOOL YEAR HIGHLIGHTS</i></p> <ul style="list-style-type: none"> • 5 schools implemented goals for practice/policy change for ‘availability to physical activity breaks in classroom’ <ul style="list-style-type: none"> ○ Anthony, BrynMawr, Cityview, Folwell, Jefferson
<p>Regulation 6690 A II D 5: supporting Safe Routes to Schools or other, similar programs and curricula that promote biking and walking to, from and while at school and work by students and staff.</p> <p>Regulation 6690 E: Planning for Active Commuting</p>				<p>MPS WELLNESS IMPLEMENTATION ACTION PLANS:</p> <p><i>2017-2018 SCHOOL YEAR HIGHLIGHTS</i></p> <ul style="list-style-type: none"> • 3 school implemented goals for practice/policy change for ‘promotion and support walking and biking to, from, and at school’ <ul style="list-style-type: none"> ○ Hall, MACC, Transition Plus <p><i>2018-2019 SCHOOL YEAR HIGHLIGHTS</i></p> <ul style="list-style-type: none"> • 4 school implemented goals for practice/policy change for ‘promotion and support walking and biking to, from, and at school’ <ul style="list-style-type: none"> ○ Hall, MACC, RiverBend, Transition Plus <p><i>2019-2020 SCHOOL YEAR HIGHLIGHTS</i></p> <ul style="list-style-type: none"> • 7 school implemented goals for practice/policy change for ‘promotion and support walking and biking to, from, and at

				<p>school’</p> <ul style="list-style-type: none"> ○ Hiawatha, Howe, Jenny Lind, Kenwood, MACC, Transition Plus, Wellstone <p>SAFE ROUTES TO SCHOOL SUMMARY HIGHLIGHTS:</p> <ul style="list-style-type: none"> • SRTS strategic planning was completed in 2017 • MPS created a Walking and Biking Field Trip Guide to support walking and biking at school and adapted these resources to support biking and walking at home during the COVID 19 school closure. • About two-third of schools take part in seasonal fall, winter and/or spring walk and bike to school days • Participation grows with each event. A record-breaking 44 schools participated in the Fall 2019 Walk & Bike to School Day event. More than 13,000 student and staff walkers and bikers participated. • A dozen schools take part in weekly or seasonal Bus Stop & Walks. In 2018-2019, students collectively walked more than 25,000 miles • In 2019 walking and biking lessons were integrated into the “Bus Safety Week” curriculum. <p>UNIVERSAL BIKE EDUCATION:</p> <ul style="list-style-type: none"> • In 2017 MPS SRTS completed SRTS planning that identified universal bike education for fourth and fifth graders as its highest priority. • Since then MPS has purchased 2 additional bicycle fleets with funds from SHIP and BCBS Center for Prevention Catalyst, bringing the total number of fleets in MPS to three. In May 2020 MPS received a grant from MnDOT SRTS to replace half the bicycles in the original trailer. • Pre-pandemic the universal bike program was on track to reach
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				<p>50% of schools with 4th and 5th graders. About three-fourth of the students in the schools that were scheduled to use bicycles are students of color, 70% qualifying for free and reduced lunches.</p> <ul style="list-style-type: none"> • In the 2018-2019 school year 15 schools used the bicycles (There are 38 schools with fourth and fifth graders) • In 2018-2019, collectively students traveled more than 10,000 miles and more than 100 students biked for the very first time. <p>About 100 staff have been trained in bike safety and more than ten have become League Cycling Instructors.</p>
<p>To read the full policy visit, https://policy.mpls.k12.mn.us/uploads/policy_6690.pdf</p> <p>To learn more about Safe Routes to School visit, https://cws.mpls.k12.mn.us/sr2s</p>				

School-based activities to promote student wellness goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe progress and next steps
<p>6690 A III B: The District shall complete the federally required assessment and make a public report at least every three years on the compliance of each school with this policy.</p>	X			<p>THE ALLIANCE FOR A HEALTHIER GENERATION ASSESSMENT: <i>(see page 15 for list of schools for each year of data)</i></p> <p><i>2016-2017 SCHOOL YEAR HIGHLIGHTS</i></p> <ul style="list-style-type: none"> • By the end of the school year, 85% of MPS schools (54/ 64 sites) completed the Alliance for a Healthier Generation Assessment <p><i>2017-2018 SCHOOL YEAR HIGHLIGHTS</i></p> <ul style="list-style-type: none"> • By the end of the school year, 95% of MPS schools (61/ 64 sites) completed the Alliance for a Healthier Generation Assessment • By the end of the school year, 54 schools completed MPS Wellness Implementation Plan

				<p><i>2018-2019 SCHOOL YEAR HIGHLIGHTS</i></p> <ul style="list-style-type: none"> • By the end of the school year, 88% (56/64) of MPS schools completed the Alliance for a Healthier Generation Assessment. • By the end of the school year, 61% (39/64) of MPS schools completed the MPS Wellness Implementation Plan <p><i>2019-2020 SCHOOL YEAR HIGHLIGHTS</i></p> <ul style="list-style-type: none"> • By the end of the school year, 74% (48/65) of MPS schools updated their Alliance for a Healthier Generation Assessment (timeline was impacted by COVID19) • By the end of the school year, 72% (47/65) of MPS schools completed the MPS Wellness Implementation Plan (timeline was impacted by COVID19). <p>In 2020, CWS will have completed the triennial assessment with data gathered from the Alliance for a Healthier Generation Healthy Schools Program assessment conducted annually from 2017 - 2020.</p>
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To read the full policy visit, https://policy.mpls.k12.mn.us/uploads/regulation_6690_e.pdf

Nutrition guidelines for all foods and beverages for sale on the school campus (i.e. school meals and smart snacks)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe progress and next steps
Regulation 6690 A II D 11 a-d : applying USDA standards for healthy choice in foods offered or made available to students through non-school meal	X			<p>MPS WELLNESS IMPLEMENTATION ACTION PLANS:</p> <p><i>2017-2018 SCHOOL YEAR HIGHLIGHTS</i></p> <ul style="list-style-type: none"> • 5 schools implemented goals for practice/policy change for ‘all foods served and offered during the school day are compliant

<p>program opportunities such as but not limited to:</p> <ul style="list-style-type: none"> a) school celebrations b) snacks offered in the classroom, and c) food included in the curriculum 				<p>with USDA Smart Snack standards’</p> <ul style="list-style-type: none"> ○ Bancroft, Bethune, Henry, Washburn, Whittier <ul style="list-style-type: none"> ● 1 school implemented goals for practice/policy change for ‘Non-food related celebrations’ <ul style="list-style-type: none"> ○ BrynMawr <p><i>2018 - 2019 SCHOOL YEAR HIGHLIGHTS</i></p> <ul style="list-style-type: none"> ● 2 schools implemented goals for practice/policy change for ‘all foods served and offered during the school day are compliant with USDA Smart Snack standards’ <ul style="list-style-type: none"> ○ Bancroft, Henry ● 1 schools implemented goals for practice/policy change for ‘Non-food related celebrations’ <ul style="list-style-type: none"> ○ BrynMawr <p><i>2019-2020 SCHOOL YEAR HIGHLIGHTS</i></p> <ul style="list-style-type: none"> ● 2 schools implemented goals for practice/policy change for ‘all foods served and offered during the school day are compliant with USDA Smart Snack standards’ <ul style="list-style-type: none"> ○ Henry, South ● 1 schools implemented goals for practice/policy change for ‘Non-food related rewards’ <ul style="list-style-type: none"> ○ RiverBend <p>In 2017, an internal MPS item list and order form for Smart Snacks was developed and made available online.</p> <p>In 2017, a Smart Snack in School Resource Page was developed and launched online.</p>
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<p>Regulation 6690 A II D 12 a-d: applying USDA standards for healthy choice in foods offered for sale to students during the defined school day through non-school meal program opportunities such as, but not limited to:</p> <ul style="list-style-type: none"> a) Concessions b) School stores c) Vending machines available to students d) Fundraising efforts by the school or school activities 	<p>X</p>			<p>MPS WELLNESS POLICY IMPLEMENTATION ACTION PLANS:</p> <p><i>2017-2018 SCHOOL YEAR HIGHLIGHTS</i></p> <ul style="list-style-type: none"> • 1 schools implemented goals for practice/policy change for ‘Fundraising efforts during and outside of school hours meet the USDA’s Smart Snacks in Schools nutritional standards’ <ul style="list-style-type: none"> ○ Lucy Craft Laney <p><i>2018-2019 SCHOOL YEAR HIGHLIGHTS</i></p> <ul style="list-style-type: none"> • 2 schools implemented goals for practice/policy change for ‘Fundraising efforts during and outside of school hours meet the USDA’s Smart Snacks in Schools nutritional standards’ <ul style="list-style-type: none"> ○ Loring, Lucy Laney <p><i>2019-2020 SCHOOL YEAR HIGHLIGHTS</i></p> <ul style="list-style-type: none"> • 1 schools implemented goals for practice/policy change for ‘Fundraising efforts during and outside of school hours meet the USDA’s Smart Snacks in Schools nutritional standards’ <ul style="list-style-type: none"> ○ Seward
<p>To read the full policy visit, https://policy.mpls.k12.mn.us/uploads/regulation_6690_c_2.pdf</p>				

Guidelines for other foods and beverages available on the school campus, but not sold	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe progress and next steps
<p>Regulation 6690 A III C: Students shall have unrestricted access to potable water during all meal periods.</p>	<p>X</p>			<p>MPS WELLNESS POLICY WORK: WATER ACCESS:</p> <p>Between 2017 - 2020, nearly 60 water Cambro’s have been placed in school lunchrooms, to align with wellness policy regulation 6690</p>

			<p>A IILC, providing unrestricted access to water during meal times.</p> <ul style="list-style-type: none"> • 2017-2018 school year: 16 Cambro’s distributed • 2019-2020 school year: 42 Cambro’s distributed <p>Since 2017, MPS has partnered with Minneapolis Health Department <i>Every Sip Counts Initiative</i> to implement hydration stations at MPS schools. 16 schools have received a hydration station.</p> <ul style="list-style-type: none"> • 2017-2018 school year <ul style="list-style-type: none"> ○ Anne Sullivan, Emerson, Loring, North, RiverBend, Wellstone • 2018-2019 school year <ul style="list-style-type: none"> ○ Lucy Laney, Hall, Green, Folwell, Bethune, • 2019-2020 school year <ul style="list-style-type: none"> ○ Whittier, Nellie Stone Johnson, Kenwood, Jenny Lind, Hmong International Academy, Anwatin <p>MPS WELLNESS POLICY IMPLEMENTATION ACTION PLANS:</p> <p><i>2017-2018 SCHOOL YEAR HIGHLIGHTS</i></p> <ul style="list-style-type: none"> • 2 schools implemented goals for practice/policy change for ‘access to free drinking water’ <ul style="list-style-type: none"> ○ RiverBend, Wellstone <p><i>2018-2019 SCHOOL YEAR HIGHLIGHTS</i></p> <ul style="list-style-type: none"> • 2 schools implemented goals for practice/policy change for ‘access to free drinking water’ <ul style="list-style-type: none"> ○ Bethune, Wellstone <p><i>2019-2020 SCHOOL YEAR HIGHLIGHTS</i></p> <ul style="list-style-type: none"> • 1 school implemented goals for practice/policy change for ‘access to free drinking water’
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				○ North
To read the full policy visit, https://policy.mpls.k12.mn.us/uploads/regulation_6690_c_2.pdf				
Guidelines for other foods and beverages available on the school campus, but not sold	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe progress and next steps
Regulation 6690 A G : Marketing of food and beverages, except as otherwise provided herein, is limited to promotion of the school meal programs. Marketing of brands that offer food and beverages that comply with the criteria for competitive food under Federal law and district standards for such advertising, is permitted in school gymnasiums, ice rinks, and sports areas on large equipment, fences, and score boards.	X			MPS WELLNESS POLICY IMPLEMENTATION ACTION PLANS: <i>2019-2020 SCHOOL YEAR HIGHLIGHTS</i> <ul style="list-style-type: none"> • 1 schools implemented goals for practice/policy change to ‘conduct food and beverage marketing assessment of building to determine percentage of food and beverages that meet USDA Smart Snacks in Schools standard’ <ul style="list-style-type: none"> ○ Edison
To read the full policy visit, https://policy.mpls.k12.mn.us/uploads/regulation_6690_c_2.pdf				
To learn more on MPS Policy 6690 Wellness visit: https://cws.mpls.k12.mn.us/Wellness_Policy_m435				

ADDITIONAL MPS WELLNESS POLICY IMPLEMENTATION ACTION PLANS:

2017-2018 SCHOOL YEAR HIGHLIGHTS	
7 schools implemented goals for practice/policy change for 'opportunities to practice or rehearse the skills needed to maintain and improve health' (including SEL, mindfulness, gardening, yoga)	Andersen, Keewaydin, Longfellow, MPS Metro C, Northeast, RiverBend, Sheridan
11 schools implemented goals for practice/policy change for 'representative school health committee or team'	Anthony, Bethune, Burroughs, Emerson, Kenwood, Lake Harriet Lower Campus, Northeast, Nellie Stone Johnson, RiverBend, Sullivan, Webster
3 schools implemented goals for practice/policy change for 'written school health and safety policies''	Anishinabe, FAIR, Field
7 schools implemented goals for practice/policy change for 'education programs/opportunities for staff' (including Health, Physical Education, Stress Management)	Folwell, Jefferson, Keewaydin, Lake Harriet Upper Campus, Longfellow, Sullivan, Wellstone
3 schools implemented goals for practice/policy change for 'Student, family and community involvement in school decision making'	FAIR, Franklin, Green Central

2018-2019 SCHOOL YEAR HIGHLIGHTS	
8 schools implemented goals for practice/policy change for 'opportunities to practice or rehearse the skills needed to maintain and improve health' (including SEL, mindfulness, gardening, yoga)	Andersen, FAIR, Keewaydin, Longfellow, MPS Metro C, Northeast, Olson, Sheridan
14 schools implemented goals for practice/policy change for 'representative school health committee or team'	Anthony, Bethune, Burroughs, Dowling, Emerson, Jefferson, Kenwood, Lake Harriet Lower Campus, Northeast, Nellie Stone Johnson, Sullivan, Wellstone, Wenonah, Whittier

5 schools implemented goals for practice/policy change for 'written school health and safety policies'	Anishinabe, FAIR, Field, Jenny Lind, Whittier
8 schools implemented goals for practice/policy change for 'education programs/opportunities for staff' (including Health, Physical Education, Stress Management)	Jefferson, Jenny Lind, Keewaydin, Lake Harriet Upper Campus, Longfellow, RiverBend, Sullivan, Wellstone
5 schools implemented goals for practice/policy change for 'Student, family and community involvement in school decision making'	FAIR, Field, Franklin, Green Central, Whittier

2019-2020 SCHOOL YEAR HIGHLIGHTS

5 schools implemented goals for practice/policy change for 'opportunities to practice or rehearse the skills needed to maintain and improve health' (including SEL, mindfulness, gardening, yoga)	FAIR, Lucy Laney, MPS Metro CRTC, MPS Metro St Joes, Sheridan
8 schools implemented goals for practice/policy change for 'representative school health committee or team'	Dowling, Hmong International Academy, Jenny Lind, MACC, Sullivan, Waite Park, Webster, Wenonah
1 schools implemented goals for practice/policy change for ' <i>written school health and safety policies</i> '	FAIR
10 schools implemented goals for practice/policy change for 'education programs/opportunities for staff' (including Health, Physical Education, Stress Management)	Armatage, Bethune, Burroughs, Edison, Green Central, Hale, North, Nellie Stone Johnson, South, Whittier
8 schools implemented goals for practice/policy change for 'Student, family and community involvement in school decision making and health initiatives'	FAIR, Hmong International Academy, Jenny Lind, Longfellow, Nellie Stone Johnson, Pillsbury, Sullivan, Whittier

Include any additional notes, if necessary:

Wellness Policy Overview:

2016-2017 SCHOOL YEAR HIGHLIGHTS	
By the end of the school year, 85% of MPS schools (54/ 64 sites) completed the Alliance for a Healthier Generation Assessment	
42 school champions attended the spring wellness workshop	
2017-2018 SCHOOL YEAR HIGHLIGHTS	
18 school champions attended fall wellness workshop	Bancroft, Bethune, Bryn Mawr, Burroughs, Emerson, FAIR, Folwell, Green Central, Harrison, Henry High, Jefferson, Lake Harriet Lower Campus, Loring, Lyndale, MPS Metro St. Joes, River Bend, Sheridan, Washburn
By the end of the school year, 95% of MPS schools (61/ 64 sites) completed the Alliance for a Healthier Generation Assessment	Andersen, Anishinabe, Anthony, Anwatin, Armatage, Bancroft, Barton, Bethune, Bryn Mawr, Burroughs, Cityview, Dowling, Edison, Emerson, FAIR, Field, Folwell, Franklin, Green Central, Hale, Hall, Henry, Heritage, Hiawatha, Howe, Hmong Int, Jefferson, Jenny Lind, Justice Page, Kenwood, Lake Harriet - Lower, Lake Harriet - Upper, Keewaydin, Longfellow, Loring, Lucy Laney, Lyndale, MACC, Marcy Open, MPS Metro C, Nellie Stone Johnson, North, Northeast, Northrop, Olson, Pillsbury, River Bend, Sanford, Seward, Sheridan, South, Southwest, Sullivan, Transition Plus, Waite Park, Washburn, Webster, Wellstone, Wenonah, Whittier
By the end of the school year, 54 schools completed MPS Wellness Implementation Plan	Andersen, Anishinabe, Anthony, Anwatin, Armatage, Bancroft, Barton, Bethune, Bryn Mawr, Burroughs, Cityview, Edison, Emerson, FAIR, Field, Folwell, Franklin, Green Central, Hale, Hall, Henry, Heritage, Hiawatha, Howe, Jefferson, Jenny Lind, Kenwood, Keewaydin, Lake Harriet - Lower, Lake Harriet - Upper, Longfellow, Loring, Lucy Laney, Lyndale, MACC, Marcy Open, MPS Metro C, Nellie Stone Johnson, Northeast, Northrop, Olson, Pillsbury, River Bend, Sanford, Seward, Sheridan, Sullivan, Transition Plus, Waite Park, Washburn, Webster, Wellstone, Wenonah, Whittier

In partnership with the Alliance for a Healthier Generation and Target, schools received up to \$500 in wellness gift cards to support implementation at their school site. Responses from school sites included:

- “Funding increased wellness participation at school”
- “Provided support to achieve wellness goals, otherwise unattainable”
- “Students were able to plant a garden, watch it grow, maintain and take care of it as well as eating; Fall Harvest party/program on what they grew over the summer; tomato tasting all the different tomatoes they had grown.”
- “Having an appealing smart snack cart created positive associations with healthy eating. Students are excited when they see the cart coming down the hall!”

Loring Community School was recognized as one of America's healthiest schools!

Loring is one of only 461 schools nationwide, and two in Minnesota, to achieve recognition as one of “America’s Healthiest Schools.” The school earned this distinction by successfully meeting a rigorous set of criteria for serving healthier meals and snacks, getting students moving more, offering high-quality health and physical education, and empowering school leaders to be healthy role models.

2018-2019 SCHOOL YEAR HIGHLIGHTS	
27 schools, with multiple school representatives, attended fall wellness workshop	Andersen, Bryn Mawr, Emerson, Folwell, Franklin, Green, Hall, Hale, Henry, Hiawatha, Hmong International, Howe, Lake Harriet - Lower, Lake Nokomis - Keewaydin, Longfellow, Loring, Marcy Open, MPS Metro C, Nellie Stone Johnson, Olson, Sanford, Sheridan, Sullivan, Transition Plus, Washburn, Wellstone, Whittier
21 schools, 30 individuals, attended Wellness Champion Breakfast hosted in November	Andersen, Edison, Emerson, FAIR, Franklin, Fowell, Green Central, Hale, Jefferson, Jenny Lind, Lake Nokomis - Keewaydin, Lake Nokomis - Wenonah, Loring, Northeast, MPS Metro C, Pillsbury, Roosevelt, Southwest, Sullivan, Transition Plus, Wilder
19 schools, 2 partnering organizations and several CWS staff attended Spring wellness workshop	Andersen, Armatage, Bethune, Burroughs, Edison, Folwell, Green Central, Henry, Lake Harriet Lower, Loring, Lyndale, MAAC, MPS Metro St Joes, Olson, Seward, Sheridan, Sullivan, Transition Plus, CWS Active Living Coordinator, CWS Farm to School Coordinator, CWS Dietitian, CWS GreenCorps Member, Moriah Maternoski (MHD), Diana Martin (Healthier Generation), Kathy Higgins (Healthier Generation)

By the end of the school year, 88% (56/64) of MPS schools completed the Alliance for a Healthier Generation Assessment.	Andersen, Anishinabe, Anthony, Anwatin, Armatage, Bancroft, Barton, Bethune, Bryn Mawr, Burroughs, Cityview, Dowling, Edison, FAIR, Field, Folwell, Green, Hale, Hall, Henry, Heritage, Hiawatha, Hiawatha-Howe Campus, Hmong International, Jefferson, Jenny Lind, Justice Page, Kenny, Kenwood, Lake Harriet Lower, Lake Harriet Upper, Lake Nokomis - Keewaydin, Lake Nokomis - Wenonah, Longfellow, Loring, Lucy Laney, Lyndale, MACC, Marcy Open, MPS Metro C, Nellie Stone Johnson, Northeast, Olson, Pratt, River Bend, Seward, Sheridan, Southwest, Sullivan, Transition Plus, Waite Park, Washburn, Webster, Wellstone, Whittier, Windom
By the end of the school year, 61% (39/64) of MPS schools completed the MPS Wellness Implementation Plan	Andersen, Anishinabe, Anwatin, Armatage, Barton, Bethune, Bryn Mawr, Burroughs, Cityview, Dowling, Edison, FAIR, Folwell, Green Central, Hale, Henry, Hmong International, Jefferson, Jenny Lind, Kenny, Lake Nokomis - Keewaydin, Lake Nokomis - Wenonah, Loring, Lucy Craft Laney, Lyndale, MACC, Nellie Stone Johnson, Olson, River Bend, Seward, Sheridan, Sullivan, Transition Plus, Waite Park, Washburn, Wellstone, Whittier

2019-2020 SCHOOL YEAR HIGHLIGHTS

By the end of the school year, 74% (48/65) of MPS schools updated their Alliance for a Healthier Generation Assessment (timeline was impacted by COVID19)	Andersen, Anthony, Anwatin, Armatage, Bancroft, Bethune, Bryn Mawr, Burroughs, Cityview, Dowling, Edison, FAIR, Folwell, Green, Hale, Henry, Hiawatha, Howe, Hmong International, Jefferson, Jenny Lind, Justice Page, Kenwood, LHLC, Lake Nokomis - Wenonah, Longfellow, Loring, Lucy Laney, Lyndale, MACC, MPS Metro C/CRTC, Nellie Stone, North, Olson, Pillsbury, Pratt, Riverbend, Seward, Sheridan, South, Southwest, Sullivan, Transition Plus, Waite Park, Washburn, Webster, Wellstone, Whittier
By the end of the school year, 72% (47/65) of MPS schools completed the MPS Wellness Implementation Plan (timeline was impacted by COVID19)	Andersen, Anthony, Anwatin, Armatage, Bancroft, Bethune, Bryn Mawr, Burroughs, Cityview, Dowling, Edison, FAIR, Folwell, Green, Hale, Henry, Hiawatha, Howe, Hmong International, Jefferson, Jenny Lind, Justice Page, Kenwood, LHLC, Lake Nokomis - Wenonah, Longfellow, Loring, Lucy Laney, Lyndale, MACC, MPS Metro C/CRTC, Nellie Stone, North, Olson, Pillsbury, Pratt, Riverbend, Seward, Sheridan, South, Sullivan, Transition Plus, Waite Park, Washburn, Webster, Wellstone, Whittier

Wellness Champions: Minneapolis Public Schools has a strong participation rate from school teachers and staff to lead wellness at their school. Each year, there is a designated 'wellness champion' at each site (at each of our 64 sites) in addition to wellness teams. The time, effort and dedication of these individuals make wellness possible for our students!

Nutrition Education & Promotion:

2018-2019 SCHOOL YEAR HIGHLIGHTS	
In partnership with SHIP CWS worked with 7 schools on healthy eating initiatives	Edison, Nellie Stone Johnson, Loring, Wellstone, Heritage, MPS Metro C, Bancroft
Classroom nutrition education for 12 classes at 4 schools - breakfast taste tests	Edison, Heritage, Washburn, Wellstone, FAIR toolkits: Lyndale (1), Anishinabe (2), Sullivan (2), Hall (2)
Engagement in education wellness fairs and breakfast item taste tests/promotion	
Educational newsletter, resources, and activities for 24 schools participating in Fresh Fruit and Vegetable Program (FFVP)	

2019-2020 SCHOOL YEAR HIGHLIGHTS	
Classroom nutrition ed actually would have been 15 classes at 10 schools - COVID19 impacted the implementation of these activities	Barton (4), Northrop (1), Lyndale (1), Hall (1), Folwell (1), Cityview (1), Pillsbury (3), Anishinabe (1), South HS (1), Harrison HS (1)
Engagement in education wellness fairs and breakfast item taste tests/promotion	
Educational newsletter, resources, and activities for 26 schools participating in Fresh Fruit and Vegetable Program (FFVP)	

Farm to School Program:

2017-2018 SCHOOL YEAR HIGHLIGHTS
12 F2S partner farms and farm co-ops
30 varieties of local vegetables and fruits
126,496 pounds of Farm to School (F2S) produce served

2018-2019 SCHOOL YEAR HIGHLIGHTS
13 F2S partner farms and farm co-ops
40 specific varieties of local vegetables and fruits
Pounds of local produce served: 142,470 pounds of Farm to School (F2S) produce served 48,833 pounds from additional local farms

2019-2020 SCHOOL YEAR HIGHLIGHTS
12 F2S partner farms and farm co-ops
35 varieties of local vegetables and fruits
Pounds of local produce served: 108,300 pounds from Farm to School (F2S) partner farms 10,700 pounds from additional local farms

School Gardens & Culinary and Wellness Services Farm:

School Garden Highlights from 2017 - 2020; on-going support	
35 school gardens	Andersen, Anthony, Anwatin, Armatage, Bancroft, Barton, Bryn Mawr, Burroughs, Dowling, Edison, Emerson, Folwell, Green Central, Hmong International, Howe, Jefferson, Kenny, Kenwood, Longfellow, Loring, Lyndale, Nellie Stone Johnson, North, Northeast Middle, Northrop, Pillsbury, Roosevelt, Sanford, Seward, South, Sullivan/Anishinabe, Transition Plus, Washburn, Wenonah, Whittier
10 schools trained for Garden to Cafeteria Program	Anthony, Anwatin, Edison, Howe, Lyndale, Nellie Stone Johnson, North, Northeast, Roosevelt, South
Culinary & Wellness Services	<p><i>Working in partnership with Spark-Y</i></p> <p>2019-2020 SCHOOL YEAR HIGHLIGHTS</p> <ul style="list-style-type: none"> ● 4 student group farm visits - Fall 2019 <ul style="list-style-type: none"> ○ Edison Fast Track Scholars, Metro C, HIA (2) ● 1 farm tour with district staff - Fall 2019 <ul style="list-style-type: none"> ○ Fall Wellness Champion Workshop ● 2 large events engaging with farm - Fall 2019 <ul style="list-style-type: none"> ○ F2S BBQ and Garden Training

True Food Taste Tests

True Food Taste Tests; ongoing partnership and implementation of this initiative
Three times each school year
More than 40 elementary and middle schools

Engagement and collaboration with student leaders, school staff, and community volunteers

Student exposure to try new flavors and food; promotion of healthy, adventurous eating habits; education about food and nutrition

True Food No Waste Initiative:

2017-2018 SCHOOL YEAR HIGHLIGHTS

Recycling Implementation

Organics Implementation

2018-2019 SCHOOL YEAR HIGHLIGHTS

Implementation of True Food No Waste Action Plan

Recycling Implementation

Dowling, Keewaydin, NSJ, Kenwood, Jefferson, Anishinabe, Sullivan, Anthony, NEMS, Pillsbury

Organics Implementation

Dowling, Keewaydin, NSJ, Kenwood, Jefferson, Anishinabe, Sullivan, Anthony, NEMS, Pillsbury

Meal Connect food recovery

NEMS, Windom, Henry

Waste in Place training for educators

35 participants

2019-2020 SCHOOL YEAR HIGHLIGHTS

Recycling Implementation

Edison, North HS, Whittier, Seward, Anwatin, Green Central

Organics Implementation

Edison, North HS, Whittier, Seward, Green Central

Meal Connect food recovery - 47,555 pounds of food recovered this school year!!	Windom, Andersen, Kenwood, Bancroft, Keewaydin, Armatage, Lyndale, Laney, HIA, Webster, Sanford, NEMS, Southwest, Transition Plus, Central Kitchen
Sustainability work with school green teams	Edison, Justice Page, Southwest HS, North HS

Culinary & Wellness Services Promotion:

Connect with and follow Culinary & Wellness Services on social media: [Facebook](#) | [Twitter](#) | [Instagram](#)

[The Whole Carrot newsletter](#) is a biweekly e-newsletter for MPS staff, parents, supporters, and partners of MPS Culinary & Wellness Services (CWS) brought to you by the Student Wellness team of MPS CWS--which includes Farm to School, school gardens, nutrition education, Safe Routes to School, and other active living efforts. It contains wellness news, events, opportunities and more.

[B. Well Bee](#), the newest member of our Culinary & Wellness Services team! B. Well will help us with our mission of nurturing all students through access to quality food and active living.