# Hotlines/Support

**Deer Valley Safe Schools Hotline** 623-376-3262

**DCS** 1-888-767-2445 (SOS-CHILD)
Department of Child Safety
Services for over 18 if they are in the system, must follow rules of housing.
Young Adult Program- helps pay for schooling, housing, life skills mentors

**National Suicide Prevention Lifeline** 1-800-273-8255(TALK)

https://www.imalive.org/index.php - Suicide chat line

**National Hopeline Network** 1-800-SUICIDE (784-2433) www.hopeline.com

**Teen Lifeline** 602-248-8336 (3pm – 9pm - Teen Peers) fb.com/teenlifeline

**General Information and Referral**
877-211-8661, 211 602-263-8845 X100 (admin. Office. Contact: Jill) www.cirs.org, www.211.org
24 Hour Help Line. Anywhere in the US
1-877-211-8661. Community Network for Accessing Shelter (CONTACTS)
602-263-8900 & Child Immunization Hotline & HIV Care-Line. Call for
more information.

Useful links: **www.afsp.org**, **www.cdc.gov**, **www.jasonfoundation.com**

**Alanon/Alateen** 602-249-1257 www.al-anon-az.org

**Narcotics Anonymous Family Group Arizona** 800-477-6291 www.nar-anon.org

**CASA (Center for Prevention of Abuse and Violence)**
Sexual assault and abuse counseling

**Rape, Abuse and Incest National Network** 800-656-4673
Works with Sexual Abuse and Domestic Violence. Call phone number and they will assist you to the closest location for trauma therapy.

**National Domestic Violence Hotline and Chat Line**
1-800-799-7233
www.thehotline.org
24 hours

**National Human Trafficking Hotline**
SMS: 233733 (Text "Help" or "Info") to 888-373-7888
Chat when advocates are available 24 Hour

**Maricopa County Warm Line**

602-347-1100
Confidential location
Phoenix, AZ 85021
http://www.phxhope.ort
Provides **non-crisis**, confidential telephone support services to people impacted by overwhelming issues.
Hours: Mon-Fri noon-midnight, Sat-Sun 4pm-midnight
Free, Languages: Spanish and English

**Maricopa County - Crisis Response Network**
800-631-1314
602-222-9444
Provides mental health crisis intervention for free.
They refer to Empact or Terros and send out a mobile team.
Serving Maricopa County and part of Pinal County
Hours: 24 hours a day/7 days a week

**Empact La Frontera Suicide Prevention Center**
1232 E. Broadway Rd # 120 Tempe, AZ 85282-1510
24 hour Crisis and Referral Line
480-784-1500, 800-273-8255

**Terros**
602-685-6000
Mobile crisis, Rapid Response Teams respond to calls from local hospitals to provide behavioral health assessments, referrals, coordination of care and follow up, outpatient substance and mental health services, disease prevention

## Grief Counseling

**Stepping Stones of Hope**
602-264-7520
4000 N. 7th Street, Suite 108
Phoenix, AZ 85014
www. Stepping Stones of Hope.org
Several different camps: REACH camp for teens in Carefree, AZ at the Spirit in the Desert Retreat Center. Scholarships if inability to pay. Family camps.
Support group meetings are typically held the 2nd Monday of every month
from 6:30-8:00 p.m. RSVP. Free

**-Christian Family Care Counseling**
602-234-1935
3603 N. 7th Avenue, Phoenix, AZ 85013
Grief counseling, family counseling, abuse counseling

**Franciscan Renewal Center (Casa)**
480.948.7460 X133

Grief and Loss Support Group, Divorce and Anxiety Support Group
Contact Judith McHale, MA, LPC
Depression and Anxiety Support Group
Contact Mike Finecey, MA, LPC, LISAC and Georgia Bichekas, PhD, LPC
Six free counseling sessions with a professional

**Hospice of the Valley**
**New Song Center**
480-951-8985
1510 E. Flower St.
Phoenix, AZ
85014-5656
Ongoing grief support group programs throughout the valley. Focus on children and families. Every other Monday and Thursday, 6:30-8:30 Parent needs to call for orientation and be on premises during group time. There are also adult groups during teen group times. Free

**Billy's Place**
623-335-1101
24654 N Lake Pleasant Parkway Suite 103-124
Peoria, Az 85383
info@billysplace.me
Grief support group for ages 3-18 and their immediate family members.
Free

## Sexual Assault

**BLOOM 365**
Advocacy # 602-799-7017 (call or text)

**National Sexual Assault Hotline**
Call 1-800-656-4673

**Arizona Coalition**
To End Sexual & Domestic Violence
602-279-2900, 800-782-6400
info@acesdv.org
www.acesdv.org

## Mental Health Agencies/Private Practice

**Jewish Family and Childrens Services**
602-256-0528 (Intake)
623-486-8202 (Glendale Office)
602-279-7655 (Administration)

JFCSAZ.org
Anger Management, Blended families, Counseling Programs, Substance Abuse, Understanding ADHD, and Co-Ed Bereavement Group. Nurse Practioner prescribes medication Nurse Practioner can prescribe medication and administer psychiatric evaluations. Locations throughout Valley.
No sliding scale, currently only insurance and AHCCCS
**Recommendation: Terri**

**Comprehensive Health Center (Maricopa Integrative Health System)**
2525 E. Roosevelt, Phoenix, AZ
602-344-1015, 602-344-6300 (Sunny Slope), 623-344-6900 Maryvale Health Center (Glendale)
-psychiatric, counseling, medical
Mesa facility has psychiatric for 18 and over
Referral needed
Copa Care (sliding scale)

**Touchstone Health Services**
15648 N. 35th Avenue, Phoenix, AZ 85053
623-930-8705, 602-953-90701, 866-207-3882
Touchstonehs.org
Teen pregnancy prevention, substance abuse intervention, (FFT – grant for free services for 11-17 year olds- substance abuse, acting out behaviors), in home and in office treatment, IOP (3:30-6:30), individual and family therapy, autism (ASD) groups, psychiatric evaluations, ADHD evaluations, parenting classes, crisis intervention. (Multisystemic Therapy (MST) and Functional Family Therapy (FFT)- no AHCCCS)
AHCCCS, Kids Care, private pay with possible insurance reimbursement

**Southwest Behavioral Health**
Local facility: 10220 N. 31st Ave Suite 101, Phoenix, AZ 85051
602-997-2233
Individual, family and various group (motivation, anger control) counseling, Behavioral Coaching. Private Pay or AHCCCS (if enrolled with Southwest) info@sbhservices.org

**Northern Arizona University**
15601 N. 28th Ave., Phoenix, AZ 85053
602-776-4636
Free, up to 10 sessions with a graduate supervised student when available
Ask about Spanish speaking counseling, evening hours available

**Arizona State University Clinical Psychology Center** 480-965-7296
950 S. McAllister, Tempe, AZ
$20 for first visit. Sliding Scale for counseling as low as $10/session. Assessments for ADHD - $350. Call for other assessment prices. Waiting list can be 3-4 months.

**Midwestern University Psychology Services**
623-537-6250
19389 N. 59th Ave., Glendale, AZ
www.mwuclinics.com
Child, adolescent, adult therapy. Psychological and intellectual assessments. Advanced student practitioners. $20 for first visit. $10 other sessions. Wait list can be up to one month.

**Phoenix Interfaith Counseling**
602-992-7521
18 and under facility
12835 N. 32nd St,. Phoenix, AZ 85032
DBT for adolescents, case management, individual and group counseling, psychiatric medication, court ordered parenting classes
Contracts with Southwest Network 602-304-0014. They can request agency. Also contracts through Magellan. Medicaid, AHCCCS

**Christian Family Care Counseling**
602-234-1935
3603 N. 7th Avenue, Phoenix, AZ 85013
Grief counseling, family counseling, abuse counseling

**Catholic Charities**
602-749-4405
19th Avenue and Northern, Phoenix
Counseling
Sliding scale

**Devereaux**
602-944-6222
11024 N. 28th Drive Suite 110, Phoenix
Behavioral Health
Counseling, outings, food boxes, med checks
Outpatient 0-17
Respite in Scottsdale (therapeutic residential facility)
AHCCCS

**Lisa Donsker**
602-828-0742
32nd Street / Shea
Arizonachildpsychology.com
Private Practice. Services children and adolescents (3-18).

**Dr. Roya Karbakhsh, MD PLC**
602-368-8600, 845-594-7250
4845 East Thunderbird Road, Scottsdale 85254
http://www.drkarbakhsh.com/
Psychiatric services for children, adolescents and adults.
Collaborates with schools. Emergency appointments.

**Mark Morton**
https://www.azfamilycounseling.com/about-us.html

**Dr. Campbell**
Child/Teen Psychiatrist

Psychiatric Evaluations
602-439-2400
4747 W. Country Gables Drive

**Larry Waldman, Ph.D., ABPP**
Clinical & Forensic Psychologist
Provides legal consultation. Works with children, teens, parents, couples, and adults in a solution-focused manner. Speaker

**Family Spot Resource Center**
602-501-8840
3030 E. Thunderbird Rd., Phoenix
Parenting classes

**A New Leaf Behavioral Health**
623-934-1991
8802 N. 61st Ave., Glendale
Parenting classes only available if child is in therapy with them.
AHCCCS only

**Youth Evaluation and Treatment (part of SW Network)**
602-285-5550
4414 N. 19th Ave., Phoenix, AZ 85015
ADHD evaluations, Individual & Family Centered Therapy, Substance Abuse Treatment (IOPSA), Autism Spectrum Services, Eating Disorder Treatment
Sliding scale with nurse practioner

**Bayless Health Care**
Light House Project
602-230-7373
3620 N. 3rd St., Phoenix, AZ 85012
Psychiatric Nurse Practitioners, Evaluations, Counseling
Sliding scale, AHCCCS, Insurance

**Valle del Sol**
602-258-6797
3807 N. 7th Street, Phoenix, AZ 85014
Referrals to their Primary Care Physicians for medication
Behavioral Health Clinic

**Chicanos por la Causa, Inc.**
623-247-0464
1402 S. Central Avenue
Behavioral Health
-Program with DCS aftercare. Support services for low income, helps with budgeting, jobs, free parenting class, referrals to places such as Singleton Moms for moms or with cancer (Diana Cardoza 623-565-3810)
Sliding Scale

**Melmed Center**
480-443-0050
4848 E. Cactus Rd. Suite #940
Services: Medical, psychological, Occupational Therapy, Educational Advocacy, Coaching, Group Therapy, Pet Therapy
M-Th – 7:30am to 6:00pm, Fri – 7:30am to 3:00pm
Insurance or private fee scale

**Native American Connections**
602-424-2060
4520 North Central, Suite 100, Phoenix, AZ 85012
Behavioral Health Services, Counseling, substance abuse (group therapy)
AHCCCS only for general mental health issues

**PSA Behavioral Health Agency**
602-242-1238
8152 N. 23rd Avenue, Suite B, Phoenix, AZ 85021
Behavioral Health Counseling, Art Therapy, Family Support, Psychiatric Services
Services birth to 17
AHCCCS

**Living Hope Counseling**
602-448-7912
16421 N. Tatum Blvd., Suite 124, Phoenix, AZ 85032
Individual, Trauma and Abuse and Addictions counseling
$125-$135/50 minute session, sliding scale, no insurance

**Franciscan Renewal Center (Casa)**
Grief and Loss Support Group, Divorce and Anxiety Support Group
Contact Judith McHale, MA, LPC
Depression and Anxiety Support Group
Contact Mike Finecey, MA, LPC, LISAC and Georgia Bichekas, PhD, LPC
Six free counseling sessions with a professional

## Child Advocacy Centers

**Mesa Center Against Family Violence**
480-644-4075

**Childhelp Children's Center**
602-271-4500
2346 North Central Avenue
Phoenix, AZ 85004
Abuse counseling and services
Free
www.childhelp.org/programs/entry/children-center-of-arizona

Provides medical treatment, mental health therapy, efficient investigational resources, and victim support services to address the immediate safety and complete well-being of children who are referred to the center.

**Scottsdale Family Advocacy Center**
480-312-6300
Provides Forensic Nurse Examiners, DCS, Probation Officers, Prosecutors, Police Crisis Intervention Service, investigative units from the Crimes Against Persons Section

**Phoenix Family Advocacy Center**
602-534-2120

## Comprehensive Services

**Maricopa County Attorney's Victim Services Division or the Victim Compensation Bureau**
602-506-3411
301 West Jefferson Street, Suite 800
Phoenix, AZ 85003
Hours: 8am - 5pm Mon-Fri
Referrals to mental health professionals specializing in working with child abuse victims

**Maricopa County**
602-263-8856
Call for array of services

**Mercy Maricopa Integrated Care**
1-800-564-5465
managed care, insurance company who oversees 120 providers
Fees: AHCCCS (state insurance for anyone, Kids Care- based on income if family makes too much for only AHCCCS. To apply for AHCCCS: Google - AHCCCSonline – fill out application on line or at DES, Medicaid, court order, private insurances –contact personal medical benefits to see if Magellan is provided. Apply for SMI (severe mental illness) for services. Referrals for families with no insurance with sliding scale.

**Arizona Department of Health Services**
150 North 18th Avenue, Phoenix, Arizona 85007
Ph (602) 542-1025
Fax: (602) 542-0883
Behavioral Health Services
Call or go on line for an array of services.

***Family Involvement Center** 602-412-4095, 602-288-0155
5333 N. 7th St. Building A Suite 100
Youth group, parenting classes, self-help skills, various topic groups
Spanish speaking support group

Advocacy for student in IEP meetings
Contact: Zira Franks 602-412-4091
www.familyinvolvementcenter.org
PAC (**P**arent **A**ssistance **C**enter): 602-288-0155
Free services

**Florence Crittenton**
602- 274-7318
715 W Mariposa St., Phoenix, AZ 85013
Independent living skills. Resume writing (boys and girls)
Helps at-risk girls from 10 to 21 overcome issues of abuse, neglect, teen pregnancy, teen parenting, and behavioral and/or mental health problems.
Magellan referrals, AHCCCS, private pay (no sliding scale)

## LGBTQ

**LGBTQ Suicide Hotline**
888-488-7386