



# DECEMBER | 2024

## Oakwood & Paulding Elementary

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>2</b> <b>NO SCHOOL</b> (PD Day – Staff Only)	<b>3</b> <b>TACO</b> SOFT SHELL TACO 17g REFRIED BEANS 23g FRESH TOMATOES & CELERY FRUIT & MILK *TACO SAUCE OR SALSA	<b>4</b> <b>MOZZARELLA STICKS</b> 27g GREEN BEANS 4g FRESH CARROTS & CAULIFLOWER FRUIT & MILK *MARINARA SAUCE	<b>5</b> <b>SCRAMBLED EGGS</b> 2g FRENCH TOAST 37g SWEET POTATO FRIES 25g FRESH BROCCOLI & CELERY FRUIT & MILK *SYRUP	<b>6</b> <b>CHEESE OR PEPPERONI PIZZA</b> 27g CAESAR SALAD 5g with CROUTONS 5g FRESH TOMATOES & CUCUMBERS FRUIT & MILK
<b>9</b> <b>CHICKEN TENDERS</b> 16g GOLDFISH CRACKERS 14g FRENCH FRIES 18g FRESH CARROTS & BROCCOLI FRUIT & MILK *BBQ SAUCE, KETCHUP	<b>10</b> <b>MINI CORN DOGS</b> 28g BAKED BEANS 29g FRESH TOMATOES & CELERY FRUIT & MILK *KETCHUP, MUSTARD	<b>11</b> <b>RAVIOLI W/MARINARA</b> 20g BREADSTICK 13g CALIFORNIA BLEND 3g FRESH CARROTS & CAULIFLOWER FRUIT & MILK	<b>12</b> <b>SPECIAL HOLIDAY MEAL</b> *FREE FOR ALL STUDENTS* ROASTED TURKEY MASHED POTATOES W/GRAVY *optional DINNER ROLL FRUIT & MILK	<b>13</b> <b>PIZZA CRUNCHERS</b> 31g STEAMED BROCCOLI 5g with CHEESE SAUCE *optional 2g FRESH TOMATOES & CUCUMBERS FRUIT & MILK
<b>16</b> <b>CHICKEN NUGGETS</b> 13g MASHED POTATOES 15g W/GRAVY *optional 6g FRESH CARROTS & BROCCOLI FRUIT & MILK *BBQ SAUCE	<b>17</b> <b>NACHOS</b> TORTILLA CHIPS 24g TACO MEAT 3g CHEESE SAUCE 2g REFRIED BEANS 28g FRESH TOMATOES & CELERY FRUIT & MILK *TACO SAUCE OR SALSA	<b>18</b> <b>PANCAKES</b> 35g SAUSAGE LINKS 0g SMILE POTATOES 20g FRESH CARROTS & CAULIFLOWER FRUIT & MILK *SYRUP, KETCHUP	<b>19</b> <b>GRILLED CHEESE</b> 27g TOMATO SOUP 27g FRESH BROCCOLI & CELERY FRUIT & MILK	<b>20</b> <b>FRENCH BREAD PIZZA</b> 23g CAESAR SALAD 5g with CROUTONS 5g FRESH TOMATOES & CUCUMBERS FRUIT & MILK
<b>23</b> <b>NO SCHOOL</b> (Christmas Break)	<b>24</b> <b>NO SCHOOL</b> (Christmas Break)	<b>25</b> <b>NO SCHOOL</b> (Christmas Break)	<b>26</b> <b>NO SCHOOL</b> (Christmas Break)	<b>27</b> <b>NO SCHOOL</b> (Christmas Break)
<b>30</b> <b>NO SCHOOL</b> (Christmas Break)	<b>31</b> <b>NO SCHOOL</b> (Christmas Break)	<b>1</b>	<b>2</b>	<b>3</b>

### PARENT INFO

#### ELEMENTARY STUDENT PRICES:

Breakfast: FREE  
 Full price lunch: \$2.65  
 Reduced price lunch: \$0.40 FREE  
 (waived for the 24-25 school year)  
 Free lunch: FREE

A la carte: \$0.60  
 Extra main dish: \$1.55  
 Extra fruit or veggie: \$0.55  
 Milk only: \$0.55

\*STUDENTS MUST HAVE ADEQUATE MONEY ON THEIR ACCOUNT IN ORDER TO PURCHASE ANY OF THE ITEMS IN RED!

#### FRESH FRUIT & VEGGIES

A variety of fresh fruit and veggies are offered daily. Ranch dip is offered with fresh veggies and peanut butter is offered with celery, upon student request and availability.

#### BREAKFAST IN THE CLASSROOM

All students receive free breakfast, to eat in their classroom between 7:45-8:05 a.m. Eating a healthy breakfast improves behavior, test scores, and mental focus. If you have any questions or comments please email: [h\\_dangler@pauldingschools.org](mailto:h_dangler@pauldingschools.org)

Breakfast includes: 2 grains or 1 grain + 1 meal/meat alternative, 100% fruit juice and/or fruit, and milk. Any unopened items a student does not wish to eat is put into a share bag in their classroom. This allows another student the opportunity to have a second helping if they are still hungry.

Menu is subject to change. The average carb count for canned fruit = 19-22g per 1/4 cup serving and fruit juice averages 13g carbs. The average carb count for 1/2 cup fresh raw vegetables = 5.4g. White milk is 13g, chocolate milk is 24g and strawberry milk is 29g. We follow Offer vs. Serve policy. This institution is an equal opportunity provide