

Crest Memorial School Curriculum and Pacing Guide

All activities correspond with marking period essential questions. Activity goes with question as do the the corresponding standards, modifications, accommodations, assessments and 21st century learning skills.

Grade: First Grade

Subject: Physical Education

Adoption Date: 4/1/14

Revision Date: 4/4/2022

	MP1	MP2	MP3	MP4
Pacing Guide	1. Can I apply rules to make games safer and more fun? (3 weeks) 2. Do I understand the benefits of running properly? (3 weeks) 3. Can I evaluate strategies for completing an obstacle course successfully? (3 weeks)	1. Can you demonstrate moving in different directions? (3 weeks) 2. How does personal space compare/contrast with public space? (3 weeks) 3. Can you give an example of why balance is important during game? (3 weeks)	1. Can I demonstrate the different ways to throw an object? (3 weeks) 2. Can you determine the most effective way to throw an object at a target? (3 weeks) 3. How does knowing how to catch an object make a game more safe and fun? (3 weeks)	1. Do I understand the benefits of knowing the most effective tools to strike an object? (3 weeks) 2. Can you determine the most effective tool to strike an object? (3 weeks) 3. How does knowing the most effective tool to strike an object make a game more safe and fun? (3 weeks)
Instructional Materials	Balls, Hula Hoops, Cones, Mats, Tunnels, Beanbags, Bowling pins, Balance beams, Plyo Spots	Scarves, Bean bags, Balls, Plyo Spots, Rackets, Hula Hoops, Jump ropes, Scooters, Balance beams, Parachutes	Scarves, Bean bags, Balls, Frisbees, Balloons, Baskets, Receptacles, Hula Hoops, Nets	Paddle, Balls, Tees, Bats, Rackets, Bowling Pins, Plyo Spots, Bases, Nets
Activities	One: Class rules, Game rules, Animal Walks Two: Sharks & Minnows, Duck/Duck, /Goose, Relays Three: Obstacle Courses	One: Red light/Green light, Follow the leader, Simon Says, PacMan Two: Parachute, Scooters, Jump rope, Hula Hoops Three: Body poses, Balance beam, HopScotch	One: Self toss, Wall toss, partner toss, Floor and receptacle toss Two: Basketball (modified) Three: Newcomb, Sky Ball, Hot Potato, Pass the trash	One: Modified Kickball, Soccer, and Run the bases Two: Tee ball, Bowling, Pinball Three: Paddle,
Standards	Activity One: 2.5.2.A.1,	Activity One: 2.5.2.A.1,	Activity One: 2.5.2.A.1,	Activity One: 2.5.2.A.1,

	2.5.2.A.2, 2.5.2.A.3 Activity Two: 2.5.2.B.1, 2.5.2.B.2, 2.5.2.C.1 Activity Three: 2.6.2.A.1, 2.6.2.A.2, 2.6.2.A.3	2.5.2.A.2, 2.5.2.A.3 Activity Two: 2.5.2.B.1, 2.5.2.B.2, 2.5.2.C.1 Activity Three: 2.6.2.A.1, 2.6.2.A.2, 2.6.2.A.3	2.5.2.A.2, 2.5.2.A.3 Activity Two: 2.5.2.B.1, 2.5.2.B.2, 2.5.2.C.1 Activity Three: 2.6.2.A.1, 2.6.2.A.2, 2.6.2.A.3	2.5.2.A.2, 2.5.2.A.3 Activity Two: 2.5.2.B.1, 2.5.2.B.2, 2.5.2.C.1 Activity Three: 2.6.2.A.1, 2.6.2.A.2, 2.6.2.A.3
Accommodations and Modifications	English language learners: assign a buddy, same language or English speaking At Risk of School Failure: Provide parents with more frequent performance updates (daily/weekly) Gifted and Talented Students: Give students opportunities to mentor other students. Students with 504 plans: Students with hearing, visual, cognitive or physical impairment may be offered an alternative assignment to check for understanding of class content. Special Education: Provide students extra time on task, repeated directions, one on one coaching.	English language learners: assign a buddy, same language or English speaking At Risk of School Failure: Provide parents with more frequent performance updates (daily/weekly) Gifted and Talented Students: Give students opportunities to mentor other students. Students with 504 plans: Students with hearing, visual, cognitive or physical impairment may be offered an alternative assignment to check for understanding of class content. Special Education: Provide students extra time on task, repeated directions, one on one coaching.	English language learners: assign a buddy, same language or English speaking At Risk of School Failure: Provide parents with more frequent performance updates (daily/weekly) Gifted and Talented Students: Give students opportunities to mentor other students. Students with 504 plans: Students with hearing, visual, cognitive or physical impairment may be offered an alternative assignment to check for understanding of class content. Special Education: Provide students extra time on task, repeated directions, one on one coaching.	English language learners: assign a buddy, same language or English speaking At Risk of School Failure: Provide parents with more frequent performance updates (daily/weekly) Gifted and Talented Students: Give students opportunities to mentor other students. Students with 504 plans: Students with hearing, visual, cognitive or physical impairment may be offered an alternative assignment to check for understanding of class content. Special Education: Provide students extra time on task, repeated directions, one on one coaching.
Interdisciplinary Connections	Activity One: Animal Walks (Science) Activity Two: Obstacle Course (Math)	Activity One: Body Poses (Science) Activity Two: Relays (Math)	Activity One: Bowling (Math) Activity Two: Tossing (Science)	Activity One: Kickball (Science) Activity Two: Run the Bases (Math)
Assessments	Benchmark Teacher made assessments	Benchmark Teacher made assessments	Benchmark Teacher made assessments	Benchmark Teacher made assessments

	Formative Assessment- Teacher Observations Class Participation Skill Rubric Question & Answer Summative Teacher Observations	Formative Assessment- Teacher Observations Class Participation Skill Rubric Question & Answer Summative Teacher Observations	Formative Assessment- Teacher Observations Class Participation Skill Rubric Question & Answer Summative Teacher Observations	Formative Assessment- Teacher Observations Class Participation Skill Rubric Question & Answer Summative Teacher Observations
21st Century Themes and Skills	Sharks & Minnows - CPR1 Obstacle Course - CPR8 Life Literacies & Key Skills 9.4.2.CI.1 9.4.2.CT.3	PacMan - CPR8 Parachute- CRP12 Life Literacies & Key Skills 9.4.2.CI.1 9.4.2.CT.3	Partner Toss - CPR8 Newcomb - CRP12 Life Literacies & Key Skills 9.4.2.CI.1 9.4.2.CT.3	Kickball - CPR4 Bowling - CRP6 Life Literacies & Key Skills 9.4.2.CI.1 9.4.2.CT.3