

Idaho Wellness Policy Progress Report

This form provides information on wellness policy requirements (indicated in bold) and practices used within your school. Complete this tool to track your progress and gather ideas on ways to create a healthier school environment.

District Name Idaho Falls School Dist. District Number 91 Date of Evaluation 8/8/2023
 School Name AH Bush Most recent review by Wellness Committee 2022
 Click All Grades PK ☒ K ☒ 1 ☒ 2 ☒ 3 ☒ 4 ☒ 5 ☒ 6 ☒ 7 ☐ 8 ☐ 9 ☐ 10 ☐ 11 ☐ ### ☐

Yes No I. Public Involvement

☒ ☐ We invite the following to participate in the development, implementation, & evaluation of our wellness policy:

| | | | |
|--|---|---|---|
| <input checked="" type="checkbox"/> Administrators | <input checked="" type="checkbox"/> School Food Service Staff | <input checked="" type="checkbox"/> P.E. Teachers | <input checked="" type="checkbox"/> Parents |
| <input checked="" type="checkbox"/> School Board Members | <input checked="" type="checkbox"/> School Health Professionals | <input type="checkbox"/> Students | <input checked="" type="checkbox"/> Public |

☒ ☐ We have a designee with the authority/responsibility to ensure each school complies with the wellness policy.
 Name Becky Hogenkamp Title Principal

☒ ☐ We make our wellness policy and updates available to the public annually.
 Please describe: District Website

☒ ☐ We share the results of wellness policy implementation and progress toward our policy goals with the public.
 Please describe: District Website

☒ ☐ Our district reviews the wellness policy for compliance/adherence to best practices at least once every 3 years.

Yes No II. Nutrition Education

☒ ☐ The wellness policy includes specific / measurable goals for nutrition education using evidence-based strategies.

☒ ☐ We offer standards based nutrition education in a variety of subjects (e.g. science, health, math, language arts).

☒ ☐ We offer nutrition education to students in: ☐ Elementary School ☐ Middle School ☐ High School

Yes No III. Nutrition Promotion

☒ ☐ The wellness policy includes specific/measurable goals for nutrition promotion using evidence-based strategies.

☒ ☐ We promote healthy eating and nutrition education with signage, use of creative menus, posters, bulletin boards, etc.

☒ ☐ We have reviewed Smarter Lunchroom techniques and evaluated our ability to implement various techniques.

☒ ☐ We place fruits/vegetables where they are easy to access (e.g. near the cafeteria cashier or near the front of the line).

☒ ☐ We ensure students have access to hand-washing facilities prior to meals.

☒ ☐ We annually evaluate how to market and promote our school meal program(s).

☒ ☐ We regularly share school meal nutrition information (e.g. calorie, fat, & sodium content) with students and families.

☐ ☒ We offer taste testing or menu planning opportunities to our students.

☐ ☒ We participate in Farm to School activities and/or have a school garden.

☒ ☐ We advertise and promote nutritious foods and beverages on school grounds (e.g. buildings, playing fields, cafeteria).

☒ ☐ We price nutritious foods and beverages lower than less nutritious foods and beverages.

☒ ☐ We offer fruit and/or vegetables in: ☐ Vending Machines ☐ School Stores ☐ Snack Bars ☒ À La Carte

☒ ☐ We utilize student feedback to improve the quality of the school meal programs.

☒ ☐ We provide teachers with samples of non-food reward options.

☐ ☒ We prohibit the use of food and beverages as a reward.

☒ ☐ We do not sell less healthy foods and beverages.

☒ ☐ We provide training to staff on the importance of modeling healthy eating behaviors.



Idaho Wellness Policy Progress Report

| Yes | No | IV. Nutrition Guidelines |
|-------------------------------------|--------------------------|---|
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | The wellness policy includes written nutrition guidelines for all foods/drink available during the school day. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We follow Federal nutrition regulations for all food/drink available for sale on campus during the school day. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We follow the district's written nutrition standards for non-sold foods/drink available on campus during school. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We run the School Breakfast program: <input checked="" type="checkbox"/> Before School <input type="checkbox"/> In the Classroom <input type="checkbox"/> Grab & Go <input type="checkbox"/> Second Chance |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | Our Food Service Staff attends professional development opportunities (e.g. program administration, nutrition, safety). |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We have adopted and implemented Smart Snacks nutrition standards for ALL items sold during school hours, including: |
| | | <input checked="" type="checkbox"/> as À La Carte Offerings <input type="checkbox"/> in School Stores <input type="checkbox"/> in Vending Machines <input type="checkbox"/> as Fundraisers (not exemptions) |

| Yes | No | V. Policy for Food and Beverage Marketing |
|-------------------------------------|--------------------------|---|
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | The wellness policy permits marketing of only those foods/beverages that meet the competitive food requirements. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | Food and beverage marketing meets Smart Snack standards, including the following advertising avenues: |
| | | <input type="checkbox"/> Signage <input type="checkbox"/> Scoreboards <input type="checkbox"/> School Stores <input type="checkbox"/> Cups <input type="checkbox"/> Vending Machines <input type="checkbox"/> Food Service Equip. |

| Yes | No | VI. Physical Activity |
|-------------------------------------|--------------------------|--|
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | The wellness policy includes specific/measurable goals for physical activity using evidence-based strategies. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We provide physical education for elementary students on a weekly basis. # of Min/Wk. <input type="text" value="30"/> |
| <input type="checkbox"/> | <input type="checkbox"/> | We provide physical education for middle school students during a term or semester. # of Min/Wk. <input type="text"/> |
| <input type="checkbox"/> | <input type="checkbox"/> | We require physical education classes for graduation (high schools only). # Credits to graduate <input type="text"/> |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We provide recess for elementary students on a daily basis. # of Min/day <input type="text" value="20"/> |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We provide opportunities for physical activity integrated throughout the day (e.g. classroom energizers, CSPAP). |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We prohibit staff and teachers from keeping kids in from recess for punitive reasons. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | Teachers are allowed to offer physical activity as a reward for students. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We offer physical activity before/after school. <input type="checkbox"/> Competitive sports <input checked="" type="checkbox"/> Non-competitive sports <input checked="" type="checkbox"/> Other clubs |

| Yes | No | VII. Other School Based Wellness Activity |
|-------------------------------------|--------------------------|---|
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | The wellness policy includes specific/ measurable goals for other school-based wellness activities. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We provide annual training to all staff on: <input checked="" type="checkbox"/> Nutrition <input checked="" type="checkbox"/> Physical Activity |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We have a staff wellness program. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We have school district staff who are CPR certified (e.g. teachers, coaches, counselors, food service staff). |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We have programs to support total wellness (e.g. drug prevention, mental health, social, emotional health programs). |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We have a recycling / environmental stewardship program. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We have a recognition / reward program for students who exhibit healthy behaviors. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We provide case management for students with chronic health conditions. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We have community partnerships which support programs, projects, events, or activities. |

| VIII. Progress Report: Describe the progress of wellness policy goals and track additional wellness practices. |
|--|
| |

| IX. Contact Information | |
|---|--|
| For more information about this school's wellness policy/practices, or for ways to get involved, contact the Wellness Committee Leader: | |
| Name <input type="text" value="Becky Hagenkamp"/> | Position/Title <input type="text" value="Principal"/> |
| Email <input type="text" value="hagenbeck@sd.91.org"/> | Phone number <input type="text" value="208-520-3010"/> |

Idaho Wellness Policy Progress Report

This form provides information on wellness policy requirements (indicated in bold) and practices used within your school. Complete this tool to track your progress and gather ideas on ways to create a healthier school environment.

District Name Idaho Falls School Dist. District Number 91 Date of Evaluation 8/9/2023
 School Name DORA ERICKSON ELEMENTARY Most recent review by Wellness Committee 2022
 Click All Grades PK ☐ K ☒ 1 ☒ 2 ☒ 3 ☒ 4 ☒ 5 ☒ 6 ☒ 7 ☐ 8 ☐ 9 ☐ 10 ☐ 11 ☐ ### ☐

Yes No I. Public Involvement

☒ ☐ We invite the following to participate in the development, implementation, & evaluation of our wellness policy:

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| <input checked="" type="checkbox"/> Administrators | <input checked="" type="checkbox"/> School Food Service Staff | <input checked="" type="checkbox"/> P.E. Teachers | <input checked="" type="checkbox"/> Parents |
| <input checked="" type="checkbox"/> School Board Members | <input checked="" type="checkbox"/> School Health Professionals | <input type="checkbox"/> Students | <input checked="" type="checkbox"/> Public |

☒ ☐ We have a designee with the authority/responsibility to ensure each school complies with the wellness policy.
 Name MARK HUNSAKER Title PRINCIPAL

☒ ☐ We make our wellness policy and updates available to the public annually.
 Please describe: District Website

☒ ☐ We share the results of wellness policy implementation and progress toward our policy goals with the public.
 Please describe: District Website

☒ ☐ Our district reviews the wellness policy for compliance/adherence to best practices at least once every 3 years.

Yes No II. Nutrition Education

☒ ☐ The wellness policy includes specific / measurable goals for nutrition education using evidence-based strategies.

☒ ☐ We offer standards based nutrition education in a variety of subjects (e.g. science, health, math, language arts).

☒ ☐ We offer nutrition education to students in: ☐ Elementary School ☐ Middle School ☐ High School

Yes No III. Nutrition Promotion

☒ ☐ The wellness policy includes specific/measurable goals for nutrition promotion using evidence-based strategies.

☒ ☐ We promote healthy eating and nutrition education with signage, use of creative menus, posters, bulletin boards, etc.

☒ ☐ We have reviewed Smarter Lunchroom techniques and evaluated our ability to implement various techniques.

☒ ☐ We place fruits/vegetables where they are easy to access (e.g. near the cafeteria cashier or near the front of the line).

☒ ☐ We ensure students have access to hand-washing facilities prior to meals.

☒ ☐ We annually evaluate how to market and promote our school meal program(s).

☒ ☐ We regularly share school meal nutrition information (e.g. calorie, fat, & sodium content) with students and families.

☐ ☒ We offer taste testing or menu planning opportunities to our students.

☐ ☒ We participate in Farm to School activities and/or have a school garden.

☒ ☐ We advertise and promote nutritious foods and beverages on school grounds (e.g. buildings, playing fields, cafeteria).

☒ ☐ We price nutritious foods and beverages lower than less nutritious foods and beverages.

☒ ☐ We offer fruit and/or vegetables in: ☐ Vending Machines ☐ School Stores ☐ Snack Bars ☒ À La Carte

☒ ☐ We utilize student feedback to improve the quality of the school meal programs.

☒ ☐ We provide teachers with samples of non-food reward options.

☐ ☒ We prohibit the use of food and beverages as a reward.

☒ ☐ We do not sell less healthy foods and beverages.

☒ ☐ We provide training to staff on the importance of modeling healthy eating behaviors.



Idaho Wellness Policy Progress Report

| Yes | No | IV. Nutrition Guidelines |
|-------------------------------------|--------------------------|---|
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | The wellness policy includes written nutrition guidelines for all foods/drink available during the school day. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We follow Federal nutrition regulations for all food/drink available for sale on campus during the school day. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We follow the district's written nutrition standards for non-sold foods/drink available on campus during school. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We run the School Breakfast program: <input checked="" type="checkbox"/> Before School <input type="checkbox"/> In the Classroom <input type="checkbox"/> Grab & Go <input type="checkbox"/> Second Chance |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | Our Food Service Staff attends professional development opportunities (e.g. program administration, nutrition, safety). |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We have adopted and implemented Smart Snacks nutrition standards for ALL items sold during school hours, including: |
| | | <input checked="" type="checkbox"/> as À La Carte Offerings <input type="checkbox"/> in School Stores <input type="checkbox"/> in Vending Machines <input type="checkbox"/> as Fundraisers (not exemptions) |

| Yes | No | V. Policy for Food and Beverage Marketing |
|-------------------------------------|--------------------------|--|
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | The wellness policy permits marketing of only those foods/beverages that meet the competitive food requirements. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | Food and beverage marketing meets Smart Snack standards, including the following advertising avenues: |
| | | <input checked="" type="checkbox"/> Signage <input type="checkbox"/> Scoreboards <input type="checkbox"/> School Stores <input type="checkbox"/> Cups <input type="checkbox"/> Vending Machines <input type="checkbox"/> Food Service Equip. |

| Yes | No | VI. Physical Activity |
|-------------------------------------|-------------------------------------|--|
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | The wellness policy includes specific/measurable goals for physical activity using evidence-based strategies. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We provide physical education for elementary students on a weekly basis. # of Min/Wk. 30 |
| <input type="checkbox"/> | <input checked="" type="checkbox"/> | We provide physical education for middle school students during a term or semester. # of Min/Wk. |
| <input type="checkbox"/> | <input checked="" type="checkbox"/> | We require physical education classes for graduation (high schools only). # Credits to graduate |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We provide recess for elementary students on a daily basis. # of Min/day 30 |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We provide opportunities for physical activity integrated throughout the day (e.g. classroom energizers, CSPAP). |
| <input type="checkbox"/> | <input checked="" type="checkbox"/> | We prohibit staff and teachers from keeping kids in from recess for punitive reasons. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | Teachers are allowed to offer physical activity as a reward for students. |
| <input type="checkbox"/> | <input checked="" type="checkbox"/> | We offer physical activity before/after school. <input type="checkbox"/> Competitive sports <input type="checkbox"/> Non-competitive sports <input type="checkbox"/> Other clubs |

| Yes | No | VII. Other School Based Wellness Activity |
|-------------------------------------|-------------------------------------|---|
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | The wellness policy includes specific/ measurable goals for other school-based wellness activities. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We provide annual training to all staff on: <input checked="" type="checkbox"/> Nutrition <input checked="" type="checkbox"/> Physical Activity |
| <input type="checkbox"/> | <input checked="" type="checkbox"/> | We have a staff wellness program. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We have school district staff who are CPR certified (e.g. teachers, coaches, counselors, food service staff). |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We have programs to support total wellness (e.g. drug prevention, mental health, social, emotional health programs). |
| <input type="checkbox"/> | <input checked="" type="checkbox"/> | We have a recycling / environmental stewardship program. |
| <input type="checkbox"/> | <input checked="" type="checkbox"/> | We have a recognition / reward program for students who exhibit healthy behaviors. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We provide case management for students with chronic health conditions. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We have community partnerships which support programs, projects, events, or activities. |

VIII. Progress Report: Describe the progress of wellness policy goals and track additional wellness practices.

IX. Contact Information

For more information about this school's wellness policy/practices, or for ways to get involved, contact the Wellness Committee Leader:

| | | | |
|-------|--------------------|----------------|--------------|
| Name | MARK HUNSAKER | Position/Title | PRINCIPAL |
| Email | HUNSMARK@CSD91.ORG | Phone number | 208-525-7612 |

Idaho Wellness Policy Progress Report

This form provides information on wellness policy requirements (indicated in bold) and practices used within your school. Complete this tool to track your progress and gather ideas on ways to create a healthier school environment.

District Name District Number Date of Evaluation

School Name Most recent review by Wellness Committee

Click All Grades PK ☐ K ☒ 1 ☒ 2 ☒ 3 ☒ 4 ☒ 5 ☒ 6 ☒ 7 ☐ 8 ☐ 9 ☐ 10 ☐ 11 ☐ ### ☐

Yes No I. Public Involvement

☒ ☐ We invite the following to participate in the development, implementation, & evaluation of our wellness policy:

| | | | |
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| <input checked="" type="checkbox"/> Administrators | <input checked="" type="checkbox"/> School Food Service Staff | <input checked="" type="checkbox"/> P.E. Teachers | <input checked="" type="checkbox"/> Parents |
| <input checked="" type="checkbox"/> School Board Members | <input checked="" type="checkbox"/> School Health Professionals | <input type="checkbox"/> Students | <input checked="" type="checkbox"/> Public |

☐ ☐ We have a designee with the authority/responsibility to ensure each school complies with the wellness policy.

Name Title

☒ ☐ We make our wellness policy and updates available to the public annually.

Please describe:

☒ ☐ We share the results of wellness policy implementation and progress toward our policy goals with the public.

Please describe:

☒ ☐ Our district reviews the wellness policy for compliance/adherence to best practices at least once every 3 years.

Yes No II. Nutrition Education

☒ ☐ The wellness policy includes specific / measurable goals for nutrition education using evidence-based strategies.

☒ ☐ We offer standards based nutrition education in a variety of subjects (e.g. science, health, math, language arts).

☒ ☐ We offer nutrition education to students in: ☒ Elementary School ☐ Middle School ☐ High School

Yes No III. Nutrition Promotion

☒ ☐ The wellness policy includes specific/measurable goals for nutrition promotion using evidence-based strategies.

☒ ☐ We promote healthy eating and nutrition education with signage, use of creative menus, posters, bulletin boards, etc.

☒ ☐ We have reviewed Smarter Lunchroom techniques and evaluated our ability to implement various techniques.

☒ ☐ We place fruits/vegetables where they are easy to access (e.g. near the cafeteria cashier or near the front of the line).

☒ ☐ We ensure students have access to hand-washing facilities prior to meals.

☒ ☐ We annually evaluate how to market and promote our school meal program(s).

☒ ☐ We regularly share school meal nutrition information (e.g. calorie, fat, & sodium content) with students and families.

☐ ☒ We offer taste testing or menu planning opportunities to our students.

☐ ☒ We participate in Farm to School activities and/or have a school garden.

☒ ☐ We advertise and promote nutritious foods and beverages on school grounds (e.g. buildings, playing fields, cafeteria).

☒ ☐ We price nutritious foods and beverages lower than less nutritious foods and beverages.

☒ ☐ We offer fruit and/or vegetables in: ☐ Vending Machines ☐ School Stores ☐ Snack Bars ☒ À La Carte

☒ ☐ We utilize student feedback to improve the quality of the school meal programs.

☐ ☐ We provide teachers with samples of non-food reward options.

☐ ☐ We prohibit the use of food and beverages as a reward.

☐ ☐ We do not sell less healthy foods and beverages.

☐ ☐ We provide training to staff on the importance of modeling healthy eating behaviors.



Idaho Wellness Policy Progress Report

| Yes | No | IV. Nutrition Guidelines |
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| <input checked="" type="checkbox"/> | <input type="checkbox"/> | The wellness policy includes written nutrition guidelines for all foods/drink available during the school day. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We follow Federal nutrition regulations for all food/drink available for sale on campus during the school day. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We follow the district's written nutrition standards for non-sold foods/drink available on campus during school. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We run the School Breakfast program: <input checked="" type="checkbox"/> Before School <input type="checkbox"/> In the Classroom <input type="checkbox"/> Grab & Go <input type="checkbox"/> Second Chance |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | Our Food Service Staff attends professional development opportunities (e.g. program administration, nutrition, safety). |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We have adopted and implemented Smart Snacks nutrition standards for ALL items sold during school hours, including: |
| | | <input checked="" type="checkbox"/> as À La Carte Offerings <input type="checkbox"/> in School Stores <input type="checkbox"/> in Vending Machines <input type="checkbox"/> as Fundraisers (not exemptions) |

| Yes | No | V. Policy for Food and Beverage Marketing |
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| | | <input type="checkbox"/> Signage <input type="checkbox"/> Scoreboards <input type="checkbox"/> School Stores <input type="checkbox"/> Cups <input type="checkbox"/> Vending Machines <input type="checkbox"/> Food Service Equip. |

| Yes | No | VI. Physical Activity |
|-------------------------------------|--------------------------|--|
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| Yes | No | VII. Other School Based Wellness Activity |
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| VIII. Progress Report: Describe the progress of wellness policy goals and track additional wellness practices. |
|--|
| |

| IX. Contact Information | |
|---|--|
| For more information about this school's wellness policy/practices, or for ways to get involved, contact the Wellness Committee Leader: | |
| Name <input type="text" value="Wade Leavitt"/> | Position/Title <input type="text" value="Principal"/> |
| Email <input type="text" value="LEAVWADE@SD91.ORG"/> | Phone number <input type="text" value="(208) 525-7618"/> |

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District Name District Number Date of Evaluation

School Name Most recent review by Wellness Committee

Click All Grades PK ☐ K ☒ 1 ☒ 2 ☒ 3 ☒ 4 ☒ 5 ☒ 6 ☒ 7 ☐ 8 ☐ 9 ☐ 10 ☐ 11 ☐ ### ☐

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☒ ☐ We have a designee with the authority/responsibility to ensure each school complies with the wellness policy.

Name Title

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Please describe:

☒ ☐ We share the results of wellness policy implementation and progress toward our policy goals with the public.

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☒ ☐ We place fruits/vegetables where they are easy to access (e.g. near the cafeteria cashier or near the front of the line).

☒ ☐ We ensure students have access to hand-washing facilities prior to meals.

☒ ☐ We annually evaluate how to market and promote our school meal program(s).

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| <input checked="" type="checkbox"/> | <input type="checkbox"/> | <i>The wellness policy includes written nutrition guidelines for all foods/drink available during the school day.</i> |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | <i>We follow Federal nutrition regulations for all food/drink available for sale on campus during the school day.</i> |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | <i>We follow the district's written nutrition standards for non-sold foods/drink available on campus during school.</i> |
| <input type="checkbox"/> | <input type="checkbox"/> | We run the School Breakfast program: <input type="checkbox"/> Before School <input type="checkbox"/> In the Classroom <input type="checkbox"/> Grab & Go <input type="checkbox"/> Second Chance |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | Our Food Service Staff attends professional development opportunities (e.g. program administration, nutrition, safety). |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We have adopted and implemented Smart Snacks nutrition standards for ALL items sold during school hours, including: |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | as À La Carte Offerings <input type="checkbox"/> in School Stores <input type="checkbox"/> in Vending Machines <input type="checkbox"/> as Fundraisers (not exemptions) |

| Yes | No | V. Policy for Food and Beverage Marketing |
|-------------------------------------|--------------------------|--|
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | <i>The wellness policy permits marketing of only those foods/beverages that meet the competitive food requirements.</i> |
| <input type="checkbox"/> | <input type="checkbox"/> | Food and beverage marketing meets Smart Snack standards, including the following advertising avenues: |
| <input type="checkbox"/> | <input type="checkbox"/> | Signage <input type="checkbox"/> Scoreboards <input type="checkbox"/> School Stores <input type="checkbox"/> Cups <input type="checkbox"/> Vending Machines <input type="checkbox"/> Food Service Equip. |

| Yes | No | VI. Physical Activity |
|-------------------------------------|--------------------------|--|
| <input type="checkbox"/> | <input type="checkbox"/> | <i>The wellness policy includes specific/measurable goals for physical activity using evidence-based strategies.</i> |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We provide physical education for elementary students on a weekly basis. # of Min/Wk. <input type="text"/> |
| <input type="checkbox"/> | <input type="checkbox"/> | We provide physical education for middle school students during a term or semester. # of Min/Wk. <input type="text"/> |
| <input type="checkbox"/> | <input type="checkbox"/> | We require physical education classes for graduation (high schools only). # Credits to graduate <input type="text"/> |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We provide recess for elementary students on a daily basis. # of Min/day <input type="text"/> |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We provide opportunities for physical activity integrated throughout the day (e.g. classroom energizers, CSPAP). |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We prohibit staff and teachers from keeping kids in from recess for punitive reasons. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | Teachers are allowed to offer physical activity as a reward for students. |
| <input type="checkbox"/> | <input type="checkbox"/> | We offer physical activity before/after school. <input type="checkbox"/> Competitive sports <input type="checkbox"/> Non-competitive sports <input type="checkbox"/> Other clubs |

| Yes | No | VII. Other School Based Wellness Activity |
|-------------------------------------|--------------------------|---|
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | <i>The wellness policy includes specific/ measurable goals for other school-based wellness activities.</i> |
| <input type="checkbox"/> | <input type="checkbox"/> | We provide annual training to all staff on: <input type="checkbox"/> Nutrition <input type="checkbox"/> Physical Activity |
| <input type="checkbox"/> | <input type="checkbox"/> | We have a staff wellness program. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We have school district staff who are CPR certified (e.g. teachers, coaches, counselors, food service staff). |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We have programs to support total wellness (e.g. drug prevention, mental health, social, emotional health programs). |
| <input type="checkbox"/> | <input type="checkbox"/> | We have a recycling / environmental stewardship program. |
| <input type="checkbox"/> | <input type="checkbox"/> | We have a recognition / reward program for students who exhibit healthy behaviors. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We provide case management for students with chronic health conditions. |
| <input type="checkbox"/> | <input type="checkbox"/> | We have community partnerships which support programs, projects, events, or activities. |

| VIII. Progress Report: Describe the progress of wellness policy goals and track additional wellness practices. |
|--|
| |

| IX. Contact Information | |
|---|-------------------------------------|
| For more information about this school's wellness policy/practices, or for ways to get involved, contact the Wellness Committee Leader: | |
| Name <input type="text"/> | Position/Title <input type="text"/> |
| Email <input type="text"/> | Phone number <input type="text"/> |

Idaho Wellness Policy Progress Report

This form provides information on wellness policy requirements (indicated in bold) and practices used within your school. Complete this tool to track your progress and gather ideas on ways to create a healthier school environment.

District Name Idaho Falls School Dist. District Number 91 Date of Evaluation 8-9-23
 School Name Fox Hollow Elementary Most recent review by Wellness Committee 2022
 Click All Grades PK ☐ K ☒ 1 ☒ 2 ☒ 3 ☒ 4 ☒ 5 ☒ 6 ☒ 7 ☐ 8 ☐ 9 ☐ 10 ☐ 11 ☐ ### ☐

Yes No I. Public Involvement

☒ ☐ We invite the following to participate in the development, implementation, & evaluation of our wellness policy:

| | | | |
|--|---|---|---|
| <input checked="" type="checkbox"/> Administrators | <input checked="" type="checkbox"/> School Food Service Staff | <input checked="" type="checkbox"/> P.E. Teachers | <input checked="" type="checkbox"/> Parents |
| <input checked="" type="checkbox"/> School Board Members | <input checked="" type="checkbox"/> School Health Professionals | <input type="checkbox"/> Students | <input checked="" type="checkbox"/> Public |

☒ ☐ We have a designee with the authority/responsibility to ensure each school complies with the wellness policy.
 Name Sarah Cherry Title Principal

☒ ☐ We make our wellness policy and updates available to the public annually.
 Please describe: District Website

☒ ☐ We share the results of wellness policy implementation and progress toward our policy goals with the public.
 Please describe: District Website

☒ ☐ Our district reviews the wellness policy for compliance/adherence to best practices at least once every 3 years.

Yes No II. Nutrition Education

☒ ☐ **The wellness policy includes specific / measurable goals for nutrition education using evidence-based strategies.**

☒ ☐ We offer standards based nutrition education in a variety of subjects (e.g. science, health, math, language arts).

☒ ☐ We offer nutrition education to students in: ☒ Elementary School ☐ Middle School ☐ High School

Yes No III. Nutrition Promotion

☒ ☐ **The wellness policy includes specific/measurable goals for nutrition promotion using evidence-based strategies.**

☒ ☐ We promote healthy eating and nutrition education with signage, use of creative menus, posters, bulletin boards, etc.

☒ ☐ We have reviewed Smarter Lunchroom techniques and evaluated our ability to implement various techniques.

☒ ☐ We place fruits/vegetables where they are easy to access (e.g. near the cafeteria cashier or near the front of the line).

☒ ☐ We ensure students have access to hand-washing facilities prior to meals.

☒ ☐ We annually evaluate how to market and promote our school meal program(s).

☒ ☐ We regularly share school meal nutrition information (e.g. calorie, fat, & sodium content) with students and families.

☐ ☒ We offer taste testing or menu planning opportunities to our students.

☐ ☒ We participate in Farm to School activities and/or have a school garden.

☒ ☐ We advertise and promote nutritious foods and beverages on school grounds (e.g. buildings, playing fields, cafeteria).

☒ ☐ We price nutritious foods and beverages lower than less nutritious foods and beverages.

☒ ☐ We offer fruit and/or vegetables in: ☐ Vending Machines ☐ School Stores ☐ Snack Bars ☒ À La Carte

☒ ☐ We utilize student feedback to improve the quality of the school meal programs.

☐ ☒ We provide teachers with samples of non-food reward options.

☐ ☒ We prohibit the use of food and beverages as a reward.

☒ ☐ We do not sell less healthy foods and beverages.

☐ ☒ We provide training to staff on the importance of modeling healthy eating behaviors.



Idaho Wellness Policy Progress Report

| Yes | No | IV. Nutrition Guidelines |
|-------------------------------------|--------------------------|---|
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | The wellness policy includes written nutrition guidelines for all foods/drink available during the school day. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We follow Federal nutrition regulations for all food/drink available for sale on campus during the school day. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We follow the district's written nutrition standards for non-sold foods/drink available on campus during school. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We run the School Breakfast program: <input checked="" type="checkbox"/> Before School <input type="checkbox"/> In the Classroom <input type="checkbox"/> Grab & Go <input type="checkbox"/> Second Chance |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | Our Food Service Staff attends professional development opportunities (e.g. program administration, nutrition, safety). |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We have adopted and implemented Smart Snacks nutrition standards for ALL items sold during school hours, including: |
| | | <input checked="" type="checkbox"/> as À La Carte Offerings <input type="checkbox"/> in School Stores <input type="checkbox"/> in Vending Machines <input type="checkbox"/> as Fundraisers (not exemptions) |

| Yes | No | V. Policy for Food and Beverage Marketing |
|-------------------------------------|-------------------------------------|---|
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | The wellness policy permits marketing of only those foods/beverages that meet the competitive food requirements. |
| <input type="checkbox"/> | <input checked="" type="checkbox"/> | Food and beverage marketing meets Smart Snack standards, including the following advertising avenues: |
| | | <input type="checkbox"/> Signage <input type="checkbox"/> Scoreboards <input type="checkbox"/> School Stores <input type="checkbox"/> Cups <input type="checkbox"/> Vending Machines <input type="checkbox"/> Food Service Equip. |

| Yes | No | VI. Physical Activity |
|-------------------------------------|-------------------------------------|--|
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | The wellness policy includes specific/measurable goals for physical activity using evidence-based strategies. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We provide physical education for elementary students on a weekly basis. # of Min/Wk. <input type="text" value="30"/> |
| <input type="checkbox"/> | <input checked="" type="checkbox"/> | We provide physical education for middle school students during a term or semester. # of Min/Wk. <input type="text"/> |
| <input type="checkbox"/> | <input checked="" type="checkbox"/> | We require physical education classes for graduation (high schools only). # Credits to graduate <input type="text"/> |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We provide recess for elementary students on a daily basis. # of Min/day <input type="text" value="30"/> |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We provide opportunities for physical activity integrated throughout the day (e.g. classroom energizers, CSPAP). |
| <input type="checkbox"/> | <input checked="" type="checkbox"/> | We prohibit staff and teachers from keeping kids in from recess for punitive reasons. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | Teachers are allowed to offer physical activity as a reward for students. |
| <input type="checkbox"/> | <input checked="" type="checkbox"/> | We offer physical activity before/after school. <input type="checkbox"/> Competitive sports <input type="checkbox"/> Non-competitive sports <input type="checkbox"/> Other clubs |

| Yes | No | VII. Other School Based Wellness Activity |
|-------------------------------------|-------------------------------------|---|
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | The wellness policy includes specific/ measurable goals for other school-based wellness activities. |
| <input type="checkbox"/> | <input checked="" type="checkbox"/> | We provide annual training to all staff on: <input type="checkbox"/> Nutrition <input type="checkbox"/> Physical Activity |
| <input type="checkbox"/> | <input checked="" type="checkbox"/> | We have a staff wellness program. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We have school district staff who are CPR certified (e.g. teachers, coaches, counselors, food service staff). |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We have programs to support total wellness (e.g. drug prevention, mental health, social, emotional health programs). |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We have a recycling / environmental stewardship program. |
| <input type="checkbox"/> | <input checked="" type="checkbox"/> | We have a recognition / reward program for students who exhibit healthy behaviors. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We provide case management for students with chronic health conditions. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We have community partnerships which support programs, projects, events, or activities. |

| VIII. Progress Report: Describe the progress of wellness policy goals and track additional wellness practices. |
|--|
| |

| IX. Contact Information | |
|---|--|
| For more information about this school's wellness policy/practices, or for ways to get involved, contact the Wellness Committee Leader: | |
| Name <input type="text" value="Sarah Cherry"/> | Position/Title <input type="text" value="Principal"/> |
| Email <input type="text" value="chersara@sda1.org"/> | Phone number <input type="text" value="208-524-7890"/> |

Idaho Wellness Policy Progress Report

This form provides information on wellness policy requirements (indicated in bold) and practices used within your school. Complete this tool to track your progress and gather ideas on ways to create a healthier school environment.

District Name Idaho Falls School Dist. District Number 91 Date of Evaluation 8/9/23
 School Name Hawthorne Elem. Most recent review by Wellness Committee 2022
 Click All Grades PK ☒ K ☒ 1 ☒ 2 ☒ 3 ☒ 4 ☒ 5 ☒ 6 ☒ 7 ☐ 8 ☐ 9 ☐ 10 ☐ 11 ☐ ### ☐

Yes No I. Public Involvement

☒ ☐ We invite the following to participate in the development, implementation, & evaluation of our wellness policy:

| | | | |
|--|---|---|---|
| <input checked="" type="checkbox"/> Administrators | <input checked="" type="checkbox"/> School Food Service Staff | <input checked="" type="checkbox"/> P.E. Teachers | <input checked="" type="checkbox"/> Parents |
| <input checked="" type="checkbox"/> School Board Members | <input checked="" type="checkbox"/> School Health Professionals | <input type="checkbox"/> Students | <input checked="" type="checkbox"/> Public |

☒ ☐ We have a designee with the authority/responsibility to ensure each school complies with the wellness policy.
 Name Mark Morgan Title Principal

☒ ☐ We make our wellness policy and updates available to the public annually.
 Please describe: District Website

☒ ☐ We share the results of wellness policy implementation and progress toward our policy goals with the public.
 Please describe: District Website

☒ ☐ Our district reviews the wellness policy for compliance/adherence to best practices at least once every 3 years.

Yes No II. Nutrition Education

☒ ☐ The wellness policy includes specific / measurable goals for nutrition education using evidence-based strategies.

☒ ☐ We offer standards based nutrition education in a variety of subjects (e.g. science, health, math, language arts).

☒ ☐ We offer nutrition education to students in: ☐ Elementary School ☐ Middle School ☐ High School

Yes No III. Nutrition Promotion

☒ ☐ The wellness policy includes specific/measurable goals for nutrition promotion using evidence-based strategies.

☒ ☐ We promote healthy eating and nutrition education with signage, use of creative menus, posters, bulletin boards, etc.

☒ ☐ We have reviewed Smarter Lunchroom techniques and evaluated our ability to implement various techniques.

☒ ☐ We place fruits/vegetables where they are easy to access (e.g. near the cafeteria cashier or near the front of the line).

☒ ☐ We ensure students have access to hand-washing facilities prior to meals.

☒ ☐ We annually evaluate how to market and promote our school meal program(s).

☒ ☐ We regularly share school meal nutrition information (e.g. calorie, fat, & sodium content) with students and families.

☐ ☒ We offer taste testing or menu planning opportunities to our students.

☐ ☒ We participate in Farm to School activities and/or have a school garden.

☒ ☐ We advertise and promote nutritious foods and beverages on school grounds (e.g. buildings, playing fields, cafeteria).

☒ ☐ We price nutritious foods and beverages lower than less nutritious foods and beverages.

☒ ☐ We offer fruit and/or vegetables in: ☐ Vending Machines ☐ School Stores ☐ Snack Bars ☒ À La Carte

☒ ☐ We utilize student feedback to improve the quality of the school meal programs.

☒ ☐ We provide teachers with samples of non-food reward options.

☒ ☒ We prohibit the use of food and beverages as a reward.

☒ ☐ We do not sell less healthy foods and beverages.

☒ ☐ We provide training to staff on the importance of modeling healthy eating behaviors.



Idaho Wellness Policy Progress Report

| Yes | No | IV. Nutrition Guidelines |
|-------------------------------------|--------------------------|--|
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | The wellness policy includes written nutrition guidelines for all foods/drink available during the school day. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We follow Federal nutrition regulations for all food/drink available for sale on campus during the school day. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We follow the district's written nutrition standards for non-sold foods/drink available on campus during school. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We run the School Breakfast program: <input checked="" type="checkbox"/> Before School <input type="checkbox"/> In the Classroom <input type="checkbox"/> Grab & Go <input type="checkbox"/> Second Chance |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | Our Food Service Staff attends professional development opportunities (e.g. program administration, nutrition, safety). |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We have adopted and implemented Smart Snacks nutrition standards for ALL items sold during school hours, including: |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | as À La Carte Offerings <input type="checkbox"/> in School Stores <input type="checkbox"/> in Vending Machines <input type="checkbox"/> as Fundraisers (not exemptions) |

| Yes | No | V. Policy for Food and Beverage Marketing |
|-------------------------------------|--------------------------|--|
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | The wellness policy permits marketing of only those foods/beverages that meet the competitive food requirements. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | Food and beverage marketing meets Smart Snack standards, including the following advertising avenues: |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | Signage <input type="checkbox"/> Scoreboards <input type="checkbox"/> School Stores <input type="checkbox"/> Cups <input type="checkbox"/> Vending Machines <input type="checkbox"/> Food Service Equip. |

| Yes | No | VI. Physical Activity |
|-------------------------------------|--------------------------|--|
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | The wellness policy includes specific/measurable goals for physical activity using evidence-based strategies. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We provide physical education for elementary students on a weekly basis. # of Min/Wk. 30 |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We provide physical education for middle school students during a term or semester. # of Min/Wk. 30 |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We require physical education classes for graduation (high schools only). # Credits to graduate 15 min. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We provide recess for elementary students on a daily basis. # of Min/day 15 min. |
| <input type="checkbox"/> | <input type="checkbox"/> | We provide opportunities for physical activity integrated throughout the day (e.g. classroom energizers, CSPAP). |
| <input type="checkbox"/> | <input type="checkbox"/> | We prohibit staff and teachers from keeping kids in from recess for punitive reasons. |
| <input type="checkbox"/> | <input type="checkbox"/> | Teachers are allowed to offer physical activity as a reward for students. |
| <input type="checkbox"/> | <input type="checkbox"/> | We offer physical activity before/after school. <input type="checkbox"/> Competitive sports <input type="checkbox"/> Non-competitive sports <input type="checkbox"/> Other clubs |

| Yes | No | VII. Other School Based Wellness Activity |
|-------------------------------------|-------------------------------------|---|
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | The wellness policy includes specific/ measurable goals for other school-based wellness activities. |
| <input type="checkbox"/> | <input checked="" type="checkbox"/> | We provide annual training to all staff on: <input type="checkbox"/> Nutrition <input type="checkbox"/> Physical Activity |
| <input type="checkbox"/> | <input checked="" type="checkbox"/> | We have a staff wellness program. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We have school district staff who are CPR certified (e.g. teachers, coaches, counselors, food service staff). |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We have programs to support total wellness (e.g. drug prevention, mental health, social, emotional health programs). |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We have a recycling / environmental stewardship program. |
| <input type="checkbox"/> | <input checked="" type="checkbox"/> | We have a recognition / reward program for students who exhibit healthy behaviors. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We provide case management for students with chronic health conditions. |
| <input type="checkbox"/> | <input checked="" type="checkbox"/> | We have community partnerships which support programs, projects, events, or activities. |

VIII. Progress Report: Describe the progress of wellness policy goals and track additional wellness practices.

IX. Contact Information

For more information about this school's wellness policy/practices, or for ways to get involved, contact the Wellness Committee Leader:

| | | | |
|-------|--------------------|----------------|--------------|
| Name | Mark Morgan | Position/Title | Principal |
| Email | morgmarke@sd91.org | Phone number | 208 525 7634 |

Idaho Wellness Policy Progress Report

This form provides information on wellness policy requirements (indicated in bold) and practices used within your school. Complete this tool to track your progress and gather ideas on ways to create a healthier school environment.

District Name District Number Date of Evaluation

School Name Most recent review by Wellness Committee

Click All Grades PK ☐ K ☒ 1 ☒ 2 ☒ 3 ☒ 4 ☒ 5 ☒ 6 ☒ 7 ☐ 8 ☐ 9 ☐ 10 ☐ 11 ☐ ### ☐

Yes No I. Public Involvement

☒ ☐ We invite the following to participate in the development, implementation, & evaluation of our wellness policy:

| | | | |
|--|---|---|---|
| <input checked="" type="checkbox"/> Administrators | <input checked="" type="checkbox"/> School Food Service Staff | <input checked="" type="checkbox"/> P.E. Teachers | <input checked="" type="checkbox"/> Parents |
| <input checked="" type="checkbox"/> School Board Members | <input checked="" type="checkbox"/> School Health Professionals | <input type="checkbox"/> Students | <input checked="" type="checkbox"/> Public |

☒ ☐ We have a designee with the authority/responsibility to ensure each school complies with the wellness policy.

Name Title

☒ ☐ We make our wellness policy and updates available to the public annually.

Please describe:

☒ ☐ We share the results of wellness policy implementation and progress toward our policy goals with the public.

Please describe:

☒ ☐ Our district reviews the wellness policy for compliance/adherence to best practices at least once every 3 years.

Yes No II. Nutrition Education

☒ ☐ The wellness policy includes specific / measurable goals for nutrition education using evidence-based strategies.

☒ ☐ We offer standards based nutrition education in a variety of subjects (e.g. science, health, math, language arts).

☒ ☐ We offer nutrition education to students in: ☒ Elementary School ☐ Middle School ☐ High School

Yes No III. Nutrition Promotion

☒ ☐ The wellness policy includes specific/measurable goals for nutrition promotion using evidence-based strategies.

☒ ☐ We promote healthy eating and nutrition education with signage, use of creative menus, posters, bulletin boards, etc.

☒ ☐ We have reviewed Smarter Lunchroom techniques and evaluated our ability to implement various techniques.

☒ ☐ We place fruits/vegetables where they are easy to access (e.g. near the cafeteria cashier or near the front of the line).

☒ ☐ We ensure students have access to hand-washing facilities prior to meals.

☒ ☐ We annually evaluate how to market and promote our school meal program(s).

☒ ☐ We regularly share school meal nutrition information (e.g. calorie, fat, & sodium content) with students and families.

☐ ☒ We offer taste testing or menu planning opportunities to our students.

☐ ☒ We participate in Farm to School activities and/or have a school garden.

☒ ☐ We advertise and promote nutritious foods and beverages on school grounds (e.g. buildings, playing fields, cafeteria).

☒ ☐ We price nutritious foods and beverages lower than less nutritious foods and beverages.

☒ ☐ We offer fruit and/or vegetables in: ☐ Vending Machines ☐ School Stores ☐ Snack Bars ☒ À La Carte

☒ ☐ We utilize student feedback to improve the quality of the school meal programs.

☒ ☐ We provide teachers with samples of non-food reward options.

☐ ☒ We prohibit the use of food and beverages as a reward.

☒ ☐ We do not sell less healthy foods and beverages.

☐ ☒ We provide training to staff on the importance of modeling healthy eating behaviors.



Idaho Wellness Policy Progress Report

| Yes | No | IV. Nutrition Guidelines |
|-------------------------------------|--------------------------|---|
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | The wellness policy includes written nutrition guidelines for all foods/drink available during the school day. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We follow Federal nutrition regulations for all food/drink available for sale on campus during the school day. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We follow the district's written nutrition standards for non-sold foods/drink available on campus during school. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We run the School Breakfast program: <input checked="" type="checkbox"/> Before School <input type="checkbox"/> In the Classroom <input type="checkbox"/> Grab & Go <input type="checkbox"/> Second Chance |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | Our Food Service Staff attends professional development opportunities (e.g. program administration, nutrition, safety). |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We have adopted and implemented Smart Snacks nutrition standards for ALL items sold during school hours, including: |
| | | <input checked="" type="checkbox"/> as À La Carte Offerings <input type="checkbox"/> in School Stores <input type="checkbox"/> in Vending Machines <input type="checkbox"/> as Fundraisers (not exemptions) |

| Yes | No | V. Policy for Food and Beverage Marketing |
|-------------------------------------|--------------------------|---|
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | The wellness policy permits marketing of only those foods/beverages that meet the competitive food requirements. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | Food and beverage marketing meets Smart Snack standards, including the following advertising avenues: |
| | | <input type="checkbox"/> Signage <input type="checkbox"/> Scoreboards <input type="checkbox"/> School Stores <input type="checkbox"/> Cups <input type="checkbox"/> Vending Machines <input type="checkbox"/> Food Service Equip. |

| Yes | No | VI. Physical Activity |
|-------------------------------------|-------------------------------------|---|
| <input type="checkbox"/> | <input checked="" type="checkbox"/> | The wellness policy includes specific/measurable goals for physical activity using evidence-based strategies. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We provide physical education for elementary students on a weekly basis. # of Min/Wk. <input type="text" value="30"/> |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We provide physical education for middle school students during a term or semester. # of Min/Wk. <input type="text"/> |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We require physical education classes for graduation (high schools only). # Credits to graduate <input type="text"/> |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We provide recess for elementary students on a daily basis. # of Min/day <input type="text" value="30"/> |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We provide opportunities for physical activity integrated throughout the day (e.g. classroom energizers, CSPAP). |
| <input type="checkbox"/> | <input checked="" type="checkbox"/> | We prohibit staff and teachers from keeping kids in from recess for punitive reasons. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | Teachers are allowed to offer physical activity as a reward for students. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We offer physical activity before/after school. <input type="checkbox"/> Competitive sports <input type="checkbox"/> Non-competitive sports <input checked="" type="checkbox"/> Other clubs |

| Yes | No | VII. Other School Based Wellness Activity |
|-------------------------------------|-------------------------------------|---|
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | The wellness policy includes specific/ measurable goals for other school-based wellness activities. |
| <input type="checkbox"/> | <input checked="" type="checkbox"/> | We provide annual training to all staff on: <input type="checkbox"/> Nutrition <input type="checkbox"/> Physical Activity |
| <input type="checkbox"/> | <input checked="" type="checkbox"/> | We have a staff wellness program. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We have school district staff who are CPR certified (e.g. teachers, coaches, counselors, food service staff). |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We have programs to support total wellness (e.g. drug prevention, mental health, social, emotional health programs). |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We have a recycling / environmental stewardship program. |
| <input type="checkbox"/> | <input checked="" type="checkbox"/> | We have a recognition / reward program for students who exhibit healthy behaviors. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We provide case management for students with chronic health conditions. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We have community partnerships which support programs, projects, events, or activities. |

VIII. Progress Report: Describe the progress of wellness policy goals and track additional wellness practices.

IX. Contact Information

For more information about this school's wellness policy/practices, or for ways to get involved, contact the Wellness Committee Leader:

| | | | |
|-------|-------------------|----------------|----------------|
| Name | Kevin Coulter | Position/Title | Principal |
| Email | caulkewi@sd9p.org | Phone number | (541) 646-0664 |

Idaho Wellness Policy Progress Report

This form provides information on wellness policy requirements (indicated in bold) and practices used within your school. Complete this tool to track your progress and gather ideas on ways to create a healthier school environment.

District Name District Number Date of Evaluation

School Name Most recent review by Wellness Committee

Click All Grades PK ☐ K ☒ 1 ☒ 2 ☒ 3 ☒ 4 ☒ 5 ☒ 6 ☒ 7 ☐ 8 ☐ 9 ☐ 10 ☐ 11 ☐ ### ☐

Yes No I. Public Involvement

☒ ☐ We invite the following to participate in the development, implementation, & evaluation of our wellness policy:

| | | | |
|--|---|---|---|
| <input checked="" type="checkbox"/> Administrators | <input checked="" type="checkbox"/> School Food Service Staff | <input checked="" type="checkbox"/> P.E. Teachers | <input checked="" type="checkbox"/> Parents |
| <input checked="" type="checkbox"/> School Board Members | <input checked="" type="checkbox"/> School Health Professionals | <input type="checkbox"/> Students | <input checked="" type="checkbox"/> Public |

☒ ☐ We have a designee with the authority/responsibility to ensure each school complies with the wellness policy.
Name Title

☒ ☐ We make our wellness policy and updates available to the public annually.
Please describe:

☒ ☐ We share the results of wellness policy implementation and progress toward our policy goals with the public.
Please describe:

☒ ☐ Our district reviews the wellness policy for compliance/adherence to best practices at least once every 3 years.

Yes No II. Nutrition Education

☒ ☐ The wellness policy includes specific / measurable goals for nutrition education using evidence-based strategies.

☒ ☐ We offer standards based nutrition education in a variety of subjects (e.g. science, health, math, language arts).

☒ ☐ We offer nutrition education to students in: ☒ Elementary School ☐ Middle School ☐ High School

Yes No III. Nutrition Promotion

☒ ☐ The wellness policy includes specific/measurable goals for nutrition promotion using evidence-based strategies.

☒ ☐ We promote healthy eating and nutrition education with signage, use of creative menus, posters, bulletin boards, etc.

☒ ☐ We have reviewed Smarter Lunchroom techniques and evaluated our ability to implement various techniques.

☒ ☐ We place fruits/vegetables where they are easy to access (e.g. near the cafeteria cashier or near the front of the line).

☒ ☐ We ensure students have access to hand-washing facilities prior to meals.

☒ ☐ We annually evaluate how to market and promote our school meal program(s).

☒ ☐ We regularly share school meal nutrition information (e.g. calorie, fat, & sodium content) with students and families.

☐ ☒ We offer taste testing or menu planning opportunities to our students.

☐ ☒ We participate in Farm to School activities and/or have a school garden.

☒ ☐ We advertise and promote nutritious foods and beverages on school grounds (e.g. buildings, playing fields, cafeteria).

☒ ☐ We price nutritious foods and beverages lower than less nutritious foods and beverages.

☒ ☐ We offer fruit and/or vegetables in: ☐ Vending Machines ☐ School Stores ☐ Snack Bars ☒ À La Carte

☒ ☐ We utilize student feedback to improve the quality of the school meal programs.

☒ ☐ We provide teachers with samples of non-food reward options.

☐ ☒ We prohibit the use of food and beverages as a reward.

☒ ☐ We do not sell less healthy foods and beverages.

☐ ☒ We provide training to staff on the importance of modeling healthy eating behaviors.



Idaho Wellness Policy Progress Report

| Yes | No | IV. Nutrition Guidelines |
|-------------------------------------|--------------------------|--|
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | The wellness policy includes written nutrition guidelines for all foods/drink available during the school day. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We follow Federal nutrition regulations for all food/drink available for sale on campus during the school day. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We follow the district's written nutrition standards for non-sold foods/drink available on campus during school. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We run the School Breakfast program: <input checked="" type="checkbox"/> Before School <input type="checkbox"/> In the Classroom <input type="checkbox"/> Grab & Go <input type="checkbox"/> Second Chance |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | Our Food Service Staff attends professional development opportunities (e.g. program administration, nutrition, safety). |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We have adopted and implemented Smart Snacks nutrition standards for ALL items sold during school hours, including: |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | as À La Carte Offerings <input type="checkbox"/> in School Stores <input type="checkbox"/> in Vending Machines <input type="checkbox"/> as Fundraisers (not exemptions) |

| Yes | No | V. Policy for Food and Beverage Marketing |
|-------------------------------------|--------------------------|--|
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | The wellness policy permits marketing of only those foods/beverages that meet the competitive food requirements. |
| <input type="checkbox"/> | <input type="checkbox"/> | Food and beverage marketing meets Smart Snack standards, including the following advertising avenues: |
| <input type="checkbox"/> | <input type="checkbox"/> | Signage <input type="checkbox"/> Scoreboards <input type="checkbox"/> School Stores <input type="checkbox"/> Cups <input type="checkbox"/> Vending Machines <input type="checkbox"/> Food Service Equip. |

| Yes | No | VI. Physical Activity |
|-------------------------------------|-------------------------------------|--|
| <input type="checkbox"/> | <input checked="" type="checkbox"/> | The wellness policy includes specific/measurable goals for physical activity using evidence-based strategies. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We provide physical education for elementary students on a weekly basis. # of Min/Wk. 30 |
| <input type="checkbox"/> | <input type="checkbox"/> | We provide physical education for middle school students during a term or semester. # of Min/Wk. |
| <input type="checkbox"/> | <input type="checkbox"/> | We require physical education classes for graduation (high schools only). # Credits to graduate |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We provide recess for elementary students on a daily basis. # of Min/day 20 |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We provide opportunities for physical activity integrated throughout the day (e.g. classroom energizers, CSPAP). |
| <input type="checkbox"/> | <input checked="" type="checkbox"/> | We prohibit staff and teachers from keeping kids in from recess for punitive reasons. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | Teachers are allowed to offer physical activity as a reward for students. |
| <input type="checkbox"/> | <input checked="" type="checkbox"/> | We offer physical activity before/after school. <input type="checkbox"/> Competitive sports <input type="checkbox"/> Non-competitive sports <input type="checkbox"/> Other clubs |

| Yes | No | VII. Other School Based Wellness Activity |
|-------------------------------------|-------------------------------------|---|
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | The wellness policy includes specific/ measurable goals for other school-based wellness activities. |
| <input type="checkbox"/> | <input checked="" type="checkbox"/> | We provide annual training to all staff on: <input type="checkbox"/> Nutrition <input type="checkbox"/> Physical Activity |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We have a staff wellness program. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We have school district staff who are CPR certified (e.g. teachers, coaches, counselors, food service staff). |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We have programs to support total wellness (e.g. drug prevention, mental health, social, emotional health programs). |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We have a recycling / environmental stewardship program. |
| <input type="checkbox"/> | <input checked="" type="checkbox"/> | We have a recognition / reward program for students who exhibit healthy behaviors. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We provide case management for students with chronic health conditions. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We have community partnerships which support programs, projects, events, or activities. |

VIII. Progress Report: Describe the progress of wellness policy goals and track additional wellness practices.

IX. Contact Information

For more information about this school's wellness policy/practices, or for ways to get involved, contact the Wellness Committee Leader:

| | | | |
|-------|------------------|----------------|--------------|
| Name | Steve Andrew | Position/Title | Principal |
| Email | andrews@id91.org | Phone number | 208-525-7648 |

Idaho Wellness Policy Progress Report

This form provides information on wellness policy requirements (indicated in bold) and practices used within your school. Complete this tool to track your progress and gather ideas on ways to create a healthier school environment.

District Name Idaho Falls School Dist. District Number 91 Date of Evaluation 8/9/23
 School Name Sunnyvale Elementary Most recent review by Wellness Committee 2022
 Click All Grades PK ☐ K ☒ 1 ☒ 2 ☒ 3 ☒ 4 ☒ 5 ☒ 6 ☒ 7 ☐ 8 ☐ 9 ☐ 10 ☐ 11 ☐ ### ☐

Yes No I. Public Involvement

☒ ☐ We invite the following to participate in the development, implementation, & evaluation of our wellness policy:

| | | | |
|--|---|---|---|
| <input checked="" type="checkbox"/> Administrators | <input checked="" type="checkbox"/> School Food Service Staff | <input checked="" type="checkbox"/> P.E. Teachers | <input checked="" type="checkbox"/> Parents |
| <input checked="" type="checkbox"/> School Board Members | <input checked="" type="checkbox"/> School Health Professionals | <input type="checkbox"/> Students | <input checked="" type="checkbox"/> Public |

☒ ☐ We have a designee with the authority/responsibility to ensure each school complies with the wellness policy.
 Name Kylie Dixon/Chandra Lange Title Principal/Assistant Principal

☒ ☐ We make our wellness policy and updates available to the public annually.
 Please describe: District Website

☒ ☐ We share the results of wellness policy implementation and progress toward our policy goals with the public.
 Please describe: District Website

☒ ☐ Our district reviews the wellness policy for compliance/adherence to best practices at least once every 3 years.

Yes No II. Nutrition Education

☒ ☐ The wellness policy includes specific / measurable goals for nutrition education using evidence-based strategies.

☒ ☐ We offer standards based nutrition education in a variety of subjects (e.g. science, health, math, language arts).

☒ ☐ We offer nutrition education to students in: ☒ Elementary School ☐ Middle School ☐ High School

Yes No III. Nutrition Promotion

☒ ☐ The wellness policy includes specific/measurable goals for nutrition promotion using evidence-based strategies.

☒ ☐ We promote healthy eating and nutrition education with signage, use of creative menus, posters, bulletin boards, etc.

☒ ☐ We have reviewed Smarter Lunchroom techniques and evaluated our ability to implement various techniques.

☒ ☐ We place fruits/vegetables where they are easy to access (e.g. near the cafeteria cashier or near the front of the line).

☒ ☐ We ensure students have access to hand-washing facilities prior to meals.

☒ ☐ We annually evaluate how to market and promote our school meal program(s).

☒ ☐ We regularly share school meal nutrition information (e.g. calorie, fat, & sodium content) with students and families.

☐ ☒ We offer taste testing or menu planning opportunities to our students.

☐ ☒ We participate in Farm to School activities and/or have a school garden.

☒ ☐ We advertise and promote nutritious foods and beverages on school grounds (e.g. buildings, playing fields, cafeteria).

☒ ☐ We price nutritious foods and beverages lower than less nutritious foods and beverages.

☒ ☐ We offer fruit and/or vegetables in: ☐ Vending Machines ☐ School Stores ☐ Snack Bars ☒ À La Carte

☒ ☐ We utilize student feedback to improve the quality of the school meal programs.

☒ ☐ We provide teachers with samples of non-food reward options.

☒ ☐ We prohibit the use of food and beverages as a reward.

☒ ☐ We do not sell less healthy foods and beverages.

☐ ☒ We provide training to staff on the importance of modeling healthy eating behaviors.



Idaho Wellness Policy Progress Report

| Yes | No | IV. Nutrition Guidelines |
|-------------------------------------|-------------------------------------|---|
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | The wellness policy includes written nutrition guidelines for all foods/drink available during the school day. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We follow Federal nutrition regulations for all food/drink available for sale on campus during the school day. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We follow the district's written nutrition standards for non-sold foods/drink available on campus during school. |
| <input type="checkbox"/> | <input checked="" type="checkbox"/> | We run the School Breakfast program: <input type="checkbox"/> Before School <input type="checkbox"/> In the Classroom <input type="checkbox"/> Grab & Go <input type="checkbox"/> Second Chance |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | Our Food Service Staff attends professional development opportunities (e.g. program administration, nutrition, safety). |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We have adopted and implemented Smart Snacks nutrition standards for ALL items sold during school hours, including: |
| | | <input checked="" type="checkbox"/> as À La Carte Offerings <input type="checkbox"/> in School Stores <input type="checkbox"/> in Vending Machines <input type="checkbox"/> as Fundraisers (not exemptions) |

| Yes | No | V. Policy for Food and Beverage Marketing |
|-------------------------------------|--------------------------|--|
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | The wellness policy permits marketing of only those foods/beverages that meet the competitive food requirements. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | Food and beverage marketing meets Smart Snack standards, including the following advertising avenues: |
| | | <input checked="" type="checkbox"/> Signage <input type="checkbox"/> Scoreboards <input type="checkbox"/> School Stores <input type="checkbox"/> Cups <input type="checkbox"/> Vending Machines <input type="checkbox"/> Food Service Equip. |

| Yes | No | VI. Physical Activity |
|-------------------------------------|-------------------------------------|--|
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | The wellness policy includes specific/measurable goals for physical activity using evidence-based strategies. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We provide physical education for elementary students on a weekly basis. # of Min/Wk. 30 |
| <input type="checkbox"/> | <input checked="" type="checkbox"/> | We provide physical education for middle school students during a term or semester. # of Min/Wk. N/A |
| <input type="checkbox"/> | <input checked="" type="checkbox"/> | We require physical education classes for graduation (high schools only). # Credits to graduate N/A |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We provide recess for elementary students on a daily basis. # of Min/day 20 |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We provide opportunities for physical activity integrated throughout the day (e.g. classroom energizers, CSPAP). |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We prohibit staff and teachers from keeping kids in from recess for punitive reasons. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | Teachers are allowed to offer physical activity as a reward for students. |
| <input type="checkbox"/> | <input checked="" type="checkbox"/> | We offer physical activity before/after school. <input type="checkbox"/> Competitive sports <input type="checkbox"/> Non-competitive sports <input type="checkbox"/> Other clubs |

| Yes | No | VII. Other School Based Wellness Activity |
|-------------------------------------|-------------------------------------|---|
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | The wellness policy includes specific/ measurable goals for other school-based wellness activities. |
| <input type="checkbox"/> | <input checked="" type="checkbox"/> | We provide annual training to all staff on: <input type="checkbox"/> Nutrition <input type="checkbox"/> Physical Activity |
| <input type="checkbox"/> | <input checked="" type="checkbox"/> | We have a staff wellness program. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We have school district staff who are CPR certified (e.g. teachers, coaches, counselors, food service staff). |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We have programs to support total wellness (e.g. drug prevention, mental health, social, emotional health programs). |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We have a recycling / environmental stewardship program. |
| <input type="checkbox"/> | <input checked="" type="checkbox"/> | We have a recognition / reward program for students who exhibit healthy behaviors. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We provide case management for students with chronic health conditions. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We have community partnerships which support programs, projects, events, or activities. |

| VIII. Progress Report: Describe the progress of wellness policy goals and track additional wellness practices. |
|--|
| |

| IX. Contact Information | | | |
|---|-------------------|----------------|---------------------|
| For more information about this school's wellness policy/practices, or for ways to get involved, contact the Wellness Committee Leader: | | | |
| Name | Chandra Lange | Position/Title | Assistant Principal |
| Email | langchan@sdal.org | Phone number | 209-624-7880 |

Idaho Wellness Policy Progress Report

This form provides information on wellness policy requirements (indicated in bold) and practices used within your school. Complete this tool to track your progress and gather ideas on ways to create a healthier school environment.

District Name District Number Date of Evaluation

School Name Most recent review by Wellness Committee

Click All Grades PK ☐ K ☒ 1 ☒ 2 ☒ 3 ☒ 4 ☒ 5 ☒ 6 ☒ 7 ☐ 8 ☐ 9 ☐ 10 ☐ 11 ☐ ### ☐

Yes No I. Public Involvement

☒ ☐ We invite the following to participate in the development, implementation, & evaluation of our wellness policy:

| | | | |
|--|---|---|---|
| <input checked="" type="checkbox"/> Administrators | <input checked="" type="checkbox"/> School Food Service Staff | <input checked="" type="checkbox"/> P.E. Teachers | <input checked="" type="checkbox"/> Parents |
| <input checked="" type="checkbox"/> School Board Members | <input checked="" type="checkbox"/> School Health Professionals | <input type="checkbox"/> Students | <input checked="" type="checkbox"/> Public |

☒ ☐ We have a designee with the authority/responsibility to ensure each school complies with the wellness policy.
Name Title

☒ ☐ We make our wellness policy and updates available to the public annually.
Please describe:

☒ ☐ We share the results of wellness policy implementation and progress toward our policy goals with the public.
Please describe:

☒ ☐ Our district reviews the wellness policy for compliance/adherence to best practices at least once every 3 years.

Yes No II. Nutrition Education

☒ ☐ The wellness policy includes specific / measurable goals for nutrition education using evidence-based strategies.

☒ ☐ We offer standards based nutrition education in a variety of subjects (e.g. science, health, math, language arts).

☒ ☐ We offer nutrition education to students in: ☐ Elementary School ☐ Middle School ☐ High School

Yes No III. Nutrition Promotion

☒ ☐ The wellness policy includes specific/measurable goals for nutrition promotion using evidence-based strategies.

☒ ☐ We promote healthy eating and nutrition education with signage, use of creative menus, posters, bulletin boards, etc.

☒ ☐ We have reviewed Smarter Lunchroom techniques and evaluated our ability to implement various techniques.

☒ ☐ We place fruits/vegetables where they are easy to access (e.g. near the cafeteria cashier or near the front of the line).

☒ ☐ We ensure students have access to hand-washing facilities prior to meals.

☒ ☐ We annually evaluate how to market and promote our school meal program(s).

☒ ☐ We regularly share school meal nutrition information (e.g. calorie, fat, & sodium content) with students and families.

☐ ☒ We offer taste testing or menu planning opportunities to our students.

☐ ☒ We participate in Farm to School activities and/or have a school garden.

☒ ☐ We advertise and promote nutritious foods and beverages on school grounds (e.g. buildings, playing fields, cafeteria).

☒ ☐ We price nutritious foods and beverages lower than less nutritious foods and beverages.

☒ ☐ We offer fruit and/or vegetables in: ☐ Vending Machines ☐ School Stores ☐ Snack Bars ☒ À La Carte

☒ ☐ We utilize student feedback to improve the quality of the school meal programs.

☒ ☐ We provide teachers with samples of non-food reward options.

☐ ☒ We prohibit the use of food and beverages as a reward.

☒ ☐ We do not sell less healthy foods and beverages.

☒ ☐ We provide training to staff on the importance of modeling healthy eating behaviors.



Idaho Wellness Policy Progress Report

| Yes | No | IV. Nutrition Guidelines |
|-------------------------------------|--------------------------|---|
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | The wellness policy includes written nutrition guidelines for all foods/drink available during the school day. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We follow Federal nutrition regulations for all food/drink available for sale on campus during the school day. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We follow the district's written nutrition standards for non-sold foods/drink available on campus during school. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We run the School Breakfast program: <input checked="" type="checkbox"/> Before School <input type="checkbox"/> In the Classroom <input type="checkbox"/> Grab & Go <input type="checkbox"/> Second Chance |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | Our Food Service Staff attends professional development opportunities (e.g. program administration, nutrition, safety). |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We have adopted and implemented Smart Snacks nutrition standards for ALL items sold during school hours, including: |
| | | <input checked="" type="checkbox"/> as À La Carte Offerings <input type="checkbox"/> in School Stores <input type="checkbox"/> in Vending Machines <input type="checkbox"/> as Fundraisers (not exemptions) |

| Yes | No | V. Policy for Food and Beverage Marketing |
|-------------------------------------|-------------------------------------|--|
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | The wellness policy permits marketing of only those foods/beverages that meet the competitive food requirements. |
| <input type="checkbox"/> | <input checked="" type="checkbox"/> | Food and beverage marketing meets Smart Snack standards, including the following advertising avenues: |
| | N/A | <input checked="" type="checkbox"/> Signage <input type="checkbox"/> Scoreboards <input type="checkbox"/> School Stores <input type="checkbox"/> Cups <input type="checkbox"/> Vending Machines <input type="checkbox"/> Food Service Equip. |

| Yes | No | VI. Physical Activity |
|-------------------------------------|-------------------------------------|--|
| <input type="checkbox"/> | <input checked="" type="checkbox"/> | The wellness policy includes specific/measurable goals for physical activity using evidence-based strategies. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We provide physical education for elementary students on a weekly basis. # of Min/Wk. <input type="text"/> |
| <input type="checkbox"/> | <input type="checkbox"/> | We provide physical education for middle school students during a term or semester. # of Min/Wk. <input type="text"/> |
| <input type="checkbox"/> | <input type="checkbox"/> | We require physical education classes for graduation (high schools only). # Credits to graduate <input type="text"/> |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We provide recess for elementary students on a daily basis. # of Min/day <input type="text"/> |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We provide opportunities for physical activity integrated throughout the day (e.g. classroom energizers, CSPAP). |
| <input type="checkbox"/> | <input checked="" type="checkbox"/> | We prohibit staff and teachers from keeping kids in from recess for punitive reasons. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | Teachers are allowed to offer physical activity as a reward for students. |
| <input type="checkbox"/> | <input checked="" type="checkbox"/> | We offer physical activity before/after school. <input type="checkbox"/> Competitive sports <input type="checkbox"/> Non-competitive sports <input type="checkbox"/> Other clubs |

| Yes | No | VII. Other School Based Wellness Activity |
|-------------------------------------|-------------------------------------|---|
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | The wellness policy includes specific/ measurable goals for other school-based wellness activities. |
| <input type="checkbox"/> | <input checked="" type="checkbox"/> | We provide annual training to all staff on: <input type="checkbox"/> Nutrition <input type="checkbox"/> Physical Activity |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We have a staff wellness program. District does this for us |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We have school district staff who are CPR certified (e.g. teachers, coaches, counselors, food service staff). |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We have programs to support total wellness (e.g. drug prevention, mental health, social, emotional health programs). |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We have a recycling / environmental stewardship program. |
| <input type="checkbox"/> | <input checked="" type="checkbox"/> | We have a recognition / reward program for students who exhibit healthy behaviors. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We provide case management for students with chronic health conditions. |
| <input type="checkbox"/> | <input checked="" type="checkbox"/> | We have community partnerships which support programs, projects, events, or activities. |

| VIII. Progress Report: Describe the progress of wellness policy goals and track additional wellness practices. |
|--|
| |

| IX. Contact Information | | | |
|---|----------------------|----------------|------------------|
| For more information about this school's wellness policy/practices, or for ways to get involved, contact the Wellness Committee Leader: | | | |
| Name | Sarah Childers | Position/Title | Principal |
| Email | chilsara@sdsd911.org | Phone number | 208 - 881 - 2079 |

Idaho Wellness Policy Progress Report

This form provides information on wellness policy requirements (indicated in bold) and practices used within your school. Complete this tool to track your progress and gather ideas on ways to create a healthier school environment.

District Name Idaho Falls School Dist. District Number 91 Date of Evaluation 8-9-23
 School Name Theresa Bunker Hem Most recent review by Wellness Committee 2022
 Click All Grades PK ☐ K ☒ 1 ☒ 2 ☒ 3 ☒ 4 ☒ 5 ☒ 6 ☒ 7 ☐ 8 ☐ 9 ☐ 10 ☐ 11 ☐ ### ☐

Yes No I. Public Involvement

☒ ☐ We invite the following to participate in the development, implementation, & evaluation of our wellness policy:

| | | | |
|--|---|---|---|
| <input checked="" type="checkbox"/> Administrators | <input checked="" type="checkbox"/> School Food Service Staff | <input checked="" type="checkbox"/> P.E. Teachers | <input checked="" type="checkbox"/> Parents |
| <input checked="" type="checkbox"/> School Board Members | <input checked="" type="checkbox"/> School Health Professionals | <input type="checkbox"/> Students | <input checked="" type="checkbox"/> Public |

☐ ☐ We have a designee with the authority/responsibility to ensure each school complies with the wellness policy.
 Name Title

☒ ☐ We make our wellness policy and updates available to the public annually.
 Please describe:

☒ ☐ We share the results of wellness policy implementation and progress toward our policy goals with the public.
 Please describe:

☒ ☐ Our district reviews the wellness policy for compliance/adherence to best practices at least once every 3 years.

Yes No II. Nutrition Education

☒ ☐ The wellness policy includes specific / measurable goals for nutrition education using evidence-based strategies.

☒ ☐ We offer standards based nutrition education in a variety of subjects (e.g. science, health, math, language arts).

☒ ☐ We offer nutrition education to students in: ☒ Elementary School ☐ Middle School ☐ High School

Yes No III. Nutrition Promotion

☒ ☐ The wellness policy includes specific/measurable goals for nutrition promotion using evidence-based strategies.

☒ ☐ We promote healthy eating and nutrition education with signage, use of creative menus, posters, bulletin boards, etc.

☒ ☐ We have reviewed Smarter Lunchroom techniques and evaluated our ability to implement various techniques.

☒ ☐ We place fruits/vegetables where they are easy to access (e.g. near the cafeteria cashier or near the front of the line).

☒ ☐ We ensure students have access to hand-washing facilities prior to meals.

☒ ☐ We annually evaluate how to market and promote our school meal program(s).

☒ ☐ We regularly share school meal nutrition information (e.g. calorie, fat, & sodium content) with students and families.

☐ ☒ We offer taste testing or menu planning opportunities to our students.

☐ ☒ We participate in Farm to School activities and/or have a school garden.

☒ ☐ We advertise and promote nutritious foods and beverages on school grounds (e.g. buildings, playing fields, cafeteria).

☒ ☐ We price nutritious foods and beverages lower than less nutritious foods and beverages.

☒ ☐ We offer fruit and/or vegetables in: ☐ Vending Machines ☐ School Stores ☐ Snack Bars ☒ À La Carte

☒ ☐ We utilize student feedback to improve the quality of the school meal programs.

☐ ☒ We provide teachers with samples of non-food reward options.

☒ ☐ We prohibit the use of food and beverages as a reward.

☒ ☐ We do not sell less healthy foods and beverages.

☒ ☐ We provide training to staff on the importance of modeling healthy eating behaviors.



Idaho Wellness Policy Progress Report

| Yes | No | IV. Nutrition Guidelines |
|-------------------------------------|--------------------------|--|
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | The wellness policy includes written nutrition guidelines for all foods/drink available during the school day. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We follow Federal nutrition regulations for all food/drink available for sale on campus during the school day. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We follow the district's written nutrition standards for non-sold foods/drink available on campus during school. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We run the School Breakfast program: <input checked="" type="checkbox"/> Before School <input type="checkbox"/> In the Classroom <input type="checkbox"/> Grab & Go <input type="checkbox"/> Second Chance |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | Our Food Service Staff attends professional development opportunities (e.g. program administration, nutrition, safety). |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We have adopted and implemented Smart Snacks nutrition standards for ALL items sold during school hours, including: |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | as À La Carte Offerings <input type="checkbox"/> in School Stores <input type="checkbox"/> in Vending Machines <input type="checkbox"/> as Fundraisers (not exemptions) |

| Yes | No | V. Policy for Food and Beverage Marketing |
|-------------------------------------|--------------------------|---|
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | The wellness policy permits marketing of only those foods/beverages that meet the competitive food requirements. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | Food and beverage marketing meets Smart Snack standards, including the following advertising avenues: |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | Signage <input type="checkbox"/> Scoreboards <input type="checkbox"/> School Stores <input type="checkbox"/> Cups <input checked="" type="checkbox"/> Vending Machines <input type="checkbox"/> Food Service Equip. |

| Yes | No | VI. Physical Activity |
|-------------------------------------|--------------------------|--|
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | The wellness policy includes specific/measurable goals for physical activity using evidence-based strategies. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We provide physical education for elementary students on a weekly basis. # of Min/Wk. <u>30 min.</u> |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We provide physical education for middle school students during a term or semester. # of Min/Wk. <u>NA</u> |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We require physical education classes for graduation (high schools only). # Credits to graduate <u>30 min.</u> |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We provide recess for elementary students on a daily basis. # of Min/day <u>30 min.</u> |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We provide opportunities for physical activity integrated throughout the day (e.g. classroom energizers, CSPAP). |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We prohibit staff and teachers from keeping kids in from recess for punitive reasons. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | Teachers are allowed to offer physical activity as a reward for students. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We offer physical activity before/after school. <input type="checkbox"/> Competitive sports <input type="checkbox"/> Non-competitive sports <input type="checkbox"/> Other clubs |

| Yes | No | VII. Other School Based Wellness Activity |
|-------------------------------------|--------------------------|---|
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | The wellness policy includes specific/ measurable goals for other school-based wellness activities. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We provide annual training to all staff on: <input checked="" type="checkbox"/> Nutrition <input checked="" type="checkbox"/> Physical Activity |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We have a staff wellness program. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We have school district staff who are CPR certified (e.g. teachers, coaches, counselors, food service staff). |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We have programs to support total wellness (e.g. drug prevention, mental health, social, emotional health programs). |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We have a recycling / environmental stewardship program. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We have a recognition / reward program for students who exhibit healthy behaviors. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We provide case management for students with chronic health conditions. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We have community partnerships which support programs, projects, events, or activities. |

| VIII. Progress Report: Describe the progress of wellness policy goals and track additional wellness practices. |
|--|
| |
| |
| |

| IX. Contact Information | |
|---|----------------------------------|
| For more information about this school's wellness policy/practices, or for ways to get involved, contact the Wellness Committee Leader: | |
| Name <u>Kathy P. Kingham</u> | Position/Title <u>Principal</u> |
| Email <u>pilkka@esd9.org</u> | Phone number <u>208-524-7606</u> |

Idaho Wellness Policy Progress Report

This form provides information on wellness policy requirements (indicated in bold) and practices used within your school. Complete this tool to track your progress and gather ideas on ways to create a healthier school environment.

District Name Idaho Falls School Dist.

District Number 91

Date of Evaluation 8-9-23

School Name Westside Elementary

Most recent review by Wellness Committee 2022

Click All Grades PK ☐ K ☒ 1 ☒ 2 ☒ 3 ☒ 4 ☒ 5 ☒ 6 ☒ 7 ☐ 8 ☐ 9 ☐ 10 ☐ 11 ☐ ### ☐

Yes No I. Public Involvement

☒ ☐ We invite the following to participate in the development, implementation, & evaluation of our wellness policy:

☒ Administrators

☒ School Food Service Staff

☒ P.E. Teachers

☒ Parents

☒ School Board Members

☒ School Health Professionals

☐ Students

☒ Public

☒ ☐ We have a designee with the authority/responsibility to ensure each school complies with the wellness policy.

Name Kelsey Anderson

Title Principal

☒ ☐ We make our wellness policy and updates available to the public annually.

Please describe: District Website

☒ ☐ We share the results of wellness policy implementation and progress toward our policy goals with the public.

Please describe:

District Website

☒ ☐ Our district reviews the wellness policy for compliance/adherence to best practices at least once every 3 years.

Yes No II. Nutrition Education

☒ ☐ The wellness policy includes specific / measurable goals for nutrition education using evidence-based strategies.

☒ ☐ We offer standards based nutrition education in a variety of subjects (e.g. science, health, math, language arts).

☒ ☐ We offer nutrition education to students in: ☒ Elementary School ☐ Middle School ☐ High School

Yes No III. Nutrition Promotion

☒ ☐ The wellness policy includes specific/measurable goals for nutrition promotion using evidence-based strategies.

☒ ☐ We promote healthy eating and nutrition education with signage, use of creative menus, posters, bulletin boards, etc.

☒ ☐ We have reviewed Smarter Lunchroom techniques and evaluated our ability to implement various techniques.

☒ ☐ We place fruits/vegetables where they are easy to access (e.g. near the cafeteria cashier or near the front of the line).

☒ ☐ We ensure students have access to hand-washing facilities prior to meals.

☒ ☐ We annually evaluate how to market and promote our school meal program(s).

☒ ☐ We regularly share school meal nutrition information (e.g. calorie, fat, & sodium content) with students and families.

☐ ☒ We offer taste testing or menu planning opportunities to our students.

☐ ☒ We participate in Farm to School activities and/or have a school garden.

☒ ☐ We advertise and promote nutritious foods and beverages on school grounds (e.g. buildings, playing fields, cafeteria).

☒ ☐ We price nutritious foods and beverages lower than less nutritious foods and beverages.

☒ ☐ We offer fruit and/or vegetables in: ☐ Vending Machines ☐ School Stores ☐ Snack Bars ☒ À La Carte

☒ ☐ We utilize student feedback to improve the quality of the school meal programs.

☒ ☐ We provide teachers with samples of non-food reward options.

☐ ☒ We prohibit the use of food and beverages as a reward.

☒ ☐ We do not sell less healthy foods and beverages.

☐ ☒ We provide training to staff on the importance of modeling healthy eating behaviors.



Idaho Wellness Policy Progress Report

| Yes | No | IV. Nutrition Guidelines |
|-------------------------------------|--------------------------|---|
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | The wellness policy includes written nutrition guidelines for all foods/drink available during the school day. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We follow Federal nutrition regulations for all food/drink available for sale on campus during the school day. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We follow the district's written nutrition standards for non-sold foods/drink available on campus during school. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We run the School Breakfast program: <input checked="" type="checkbox"/> Before School <input type="checkbox"/> In the Classroom <input checked="" type="checkbox"/> Grab & Go <input type="checkbox"/> Second Chance |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | Our Food Service Staff attends professional development opportunities (e.g. program administration, nutrition, safety). |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We have adopted and implemented Smart Snacks nutrition standards for ALL items sold during school hours, including: |
| | | <input checked="" type="checkbox"/> as À La Carte Offerings <input type="checkbox"/> in School Stores <input type="checkbox"/> in Vending Machines <input type="checkbox"/> as Fundraisers (not exemptions) |

| Yes | No | V. Policy for Food and Beverage Marketing |
|-------------------------------------|--------------------------|--|
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | The wellness policy permits marketing of only those foods/beverages that meet the competitive food requirements. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | Food and beverage marketing meets Smart Snack standards, including the following advertising avenues: |
| | | <input checked="" type="checkbox"/> Signage <input type="checkbox"/> Scoreboards <input type="checkbox"/> School Stores <input type="checkbox"/> Cups <input type="checkbox"/> Vending Machines <input type="checkbox"/> Food Service Equip. |

| Yes | No | VI. Physical Activity |
|-------------------------------------|-------------------------------------|--|
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | The wellness policy includes specific/measurable goals for physical activity using evidence-based strategies. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We provide physical education for elementary students on a weekly basis. # of Min/Wk. <u>30 min/wk</u> |
| <input type="checkbox"/> | <input type="checkbox"/> | We provide physical education for middle school students during a term or semester. # of Min/Wk. <u> </u> |
| <input type="checkbox"/> | <input type="checkbox"/> | We require physical education classes for graduation (high schools only). # Credits to graduate <u> </u> |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We provide recess for elementary students on a daily basis. # of Min/day <u>30 min/day</u> |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We provide opportunities for physical activity integrated throughout the day (e.g. classroom energizers, CSPAP). |
| <input type="checkbox"/> | <input checked="" type="checkbox"/> | We prohibit staff and teachers from keeping kids in from recess for punitive reasons. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | Teachers are allowed to offer physical activity as a reward for students. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We offer physical activity before/after school. <input type="checkbox"/> Competitive sports <input checked="" type="checkbox"/> Non-competitive sports <input checked="" type="checkbox"/> Other clubs |

| Yes | No | VII. Other School Based Wellness Activity |
|-------------------------------------|-------------------------------------|---|
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | The wellness policy includes specific/ measurable goals for other school-based wellness activities. |
| <input type="checkbox"/> | <input checked="" type="checkbox"/> | We provide annual training to all staff on: <input type="checkbox"/> Nutrition <input type="checkbox"/> Physical Activity |
| <input type="checkbox"/> | <input checked="" type="checkbox"/> | We have a staff wellness program. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We have school district staff who are CPR certified (e.g. teachers, coaches, counselors, food service staff). |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We have programs to support total wellness (e.g. drug prevention, mental health, social, emotional health programs). |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We have a recycling / environmental stewardship program. |
| <input type="checkbox"/> | <input checked="" type="checkbox"/> | We have a recognition / reward program for students who exhibit healthy behaviors. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We provide case management for students with chronic health conditions. |
| <input type="checkbox"/> | <input checked="" type="checkbox"/> | We have community partnerships which support programs, projects, events, or activities. |

VIII. Progress Report: Describe the progress of wellness policy goals and track additional wellness practices.

IX. Contact Information

For more information about this school's wellness policy/practices, or for ways to get involved, contact the Wellness Committee Leader:

| | | | |
|-------|--------------------------|----------------|-----------------------|
| Name | <u>Kelsey Anderson</u> | Position/Title | <u>Principal</u> |
| Email | <u>andekels@sd91.org</u> | Phone number | <u>(208) 525-7666</u> |

Idaho Wellness Policy Progress Report

This form provides information on wellness policy requirements (indicated in bold) and practices used within your school. Complete this tool to track your progress and gather ideas on ways to create a healthier school environment.

District Name District Number Date of Evaluation

School Name Most recent review by Wellness Committee

Click All Grades PK ☐ K ☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 ☐ 6 ☐ 7 ☒ 8 ☒ 9 ☐ 10 ☐ 11 ☐ ### ☐

Yes No I. Public Involvement

☒ ☐ We invite the following to participate in the development, implementation, & evaluation of our wellness policy:

| | | | |
|--|---|---|---|
| <input checked="" type="checkbox"/> Administrators | <input checked="" type="checkbox"/> School Food Service Staff | <input checked="" type="checkbox"/> P.E. Teachers | <input checked="" type="checkbox"/> Parents |
| <input checked="" type="checkbox"/> School Board Members | <input checked="" type="checkbox"/> School Health Professionals | <input type="checkbox"/> Students | <input checked="" type="checkbox"/> Public |

☒ ☐ We have a designee with the authority/responsibility to ensure each school complies with the wellness policy.

Name Title

☒ ☐ We make our wellness policy and updates available to the public annually.

Please describe:

☒ ☐ We share the results of wellness policy implementation and progress toward our policy goals with the public.

Please describe:

☒ ☐ Our district reviews the wellness policy for compliance/adherence to best practices at least once every 3 years.

Yes No II. Nutrition Education

☒ ☐ The wellness policy includes specific / measurable goals for nutrition education using evidence-based strategies.

☒ ☐ We offer standards based nutrition education in a variety of subjects (e.g. science, health, math, language arts).

☒ ☐ We offer nutrition education to students in: ☐ Elementary School ☒ Middle School ☐ High School

Yes No III. Nutrition Promotion

☒ ☐ The wellness policy includes specific/measurable goals for nutrition promotion using evidence-based strategies.

☒ ☐ We promote healthy eating and nutrition education with signage, use of creative menus, posters, bulletin boards, etc.

☒ ☐ We have reviewed Smarter Lunchroom techniques and evaluated our ability to implement various techniques.

☒ ☐ We place fruits/vegetables where they are easy to access (e.g. near the cafeteria cashier or near the front of the line).

☒ ☐ We ensure students have access to hand-washing facilities prior to meals.

☒ ☐ We annually evaluate how to market and promote our school meal program(s).

☒ ☐ We regularly share school meal nutrition information (e.g. calorie, fat, & sodium content) with students and families.

☐ ☒ We offer taste testing or menu planning opportunities to our students.

☐ ☒ We participate in Farm to School activities and/or have a school garden.

☒ ☐ We advertise and promote nutritious foods and beverages on school grounds (e.g. buildings, playing fields, cafeteria).

☒ ☐ We price nutritious foods and beverages lower than less nutritious foods and beverages.

☒ ☐ We offer fruit and/or vegetables in: ☐ Vending Machines ☐ School Stores ☐ Snack Bars ☒ À La Carte

☒ ☐ We utilize student feedback to improve the quality of the school meal programs.

☒ ☐ We provide teachers with samples of non-food reward options.

☒ ☐ We prohibit the use of food and beverages as a reward.

☒ ☐ We do not sell less healthy foods and beverages.

☒ ☐ We provide training to staff on the importance of modeling healthy eating behaviors.



Idaho Wellness Policy Progress Report

| Yes | No | IV. Nutrition Guidelines |
|-------------------------------------|--------------------------|--|
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | <i>The wellness policy includes written nutrition guidelines for all foods/drink available during the school day.</i> |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | <i>We follow Federal nutrition regulations for all food/drink available for sale on campus during the school day.</i> |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | <i>We follow the district's written nutrition standards for non-sold foods/drink available on campus during school.</i> |
| <input type="checkbox"/> | <input type="checkbox"/> | We run the School Breakfast program: <input type="checkbox"/> Before School <input type="checkbox"/> In the Classroom <input type="checkbox"/> Grab & Go <input type="checkbox"/> Second Chance |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | Our Food Service Staff attends professional development opportunities (e.g. program administration, nutrition, safety). |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We have adopted and implemented Smart Snacks nutrition standards for ALL items sold during school hours, including: <input checked="" type="checkbox"/> as À La Carte Offerings <input type="checkbox"/> in School Stores <input type="checkbox"/> in Vending Machines <input type="checkbox"/> as Fundraisers (not exemptions) |

| Yes | No | V. Policy for Food and Beverage Marketing |
|--|--------------------------|---|
| <input checked="checked" type="checkbox"/> | <input type="checkbox"/> | <i>The wellness policy permits marketing of only those foods/beverages that meet the competitive food requirements.</i> |
| <input type="checkbox"/> | <input type="checkbox"/> | Food and beverage marketing meets Smart Snack standards, including the following advertising avenues: |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> Signage <input type="checkbox"/> Scoreboards <input type="checkbox"/> School Stores <input type="checkbox"/> Cups <input type="checkbox"/> Vending Machines <input type="checkbox"/> Food Service Equip. |

| Yes | No | VI. Physical Activity |
|-----|----|--|
| | | <i>The wellness policy includes specific/measurable goals for physical activity using evidence-based strategies.</i> |
| | | We provide physical education for elementary students on a weekly basis. # of Min/Wk. <input type="text"/> |
| | | We provide physical education for middle school students during a term or semester. # of Min/Wk. <input type="text"/> |
| | | We require physical education classes for graduation (high schools only). # Credits to graduate <input type="text"/> |
| | | We provide recess for elementary students on a daily basis. # of Min/day <input type="text"/> |
| | | We provide opportunities for physical activity integrated throughout the day (e.g. classroom energizers, CSPAP). |
| | | We prohibit staff and teachers from keeping kids in from recess for punitive reasons. |
| | | Teachers are allowed to offer physical activity as a reward for students. |
| | | We offer physical activity before/after school. <input type="checkbox"/> Competitive sports <input type="checkbox"/> Non-competitive sports <input type="checkbox"/> Other clubs |

| Yes | No | VII. Other School Based Wellness Activity |
|-----|----|---|
| X | | <i>The wellness policy includes specific/ measurable goals for other school-based wellness activities.</i> |
| | | We provide annual training to all staff on: <input type="checkbox"/> Nutrition <input type="checkbox"/> Physical Activity |
| | | We have a staff wellness program. |
| X | | We have school district staff who are CPR certified (e.g. teachers, coaches, counselors, food service staff). |
| X | | We have programs to support total wellness (e.g. drug prevention, mental health, social, emotional health programs). |
| | | We have a recycling / environmental stewardship program. |
| | | We have a recognition / reward program for students who exhibit healthy behaviors. |
| X | | We provide case management for students with chronic health conditions. |
| | | We have community partnerships which support programs, projects, events, or activities. |

| | |
|---|--|
| VIII. Progress Report: Describe the progress of wellness policy goals and track additional wellness practices. | |
| | |

| IX. Contact Information | | | |
|-------------------------|----|----|-----|
| 1 | 2 | 3 | 4 |
| 5 | 6 | 7 | 8 |
| 9 | 10 | 11 | 12 |
| 13 | 14 | 15 | 16 |
| 17 | 18 | 19 | 20 |
| 21 | 22 | 23 | 24 |
| 25 | 26 | 27 | 28 |
| 29 | 30 | 31 | 32 |
| 33 | 34 | 35 | 36 |
| 37 | 38 | 39 | 40 |
| 41 | 42 | 43 | 44 |
| 45 | 46 | 47 | 48 |
| 49 | 50 | 51 | 52 |
| 53 | 54 | 55 | 56 |
| 57 | 58 | 59 | 60 |
| 61 | 62 | 63 | 64 |
| 65 | 66 | 67 | 68 |
| 69 | 70 | 71 | 72 |
| 73 | 74 | 75 | 76 |
| 77 | 78 | 79 | 80 |
| 81 | 82 | 83 | 84 |
| 85 | 86 | 87 | 88 |
| 89 | 90 | 91 | 92 |
| 93 | 94 | 95 | 96 |
| 97 | 98 | 99 | 100 |

For more information about this school's wellness policy/practices, or for ways to get involved, contact the Wellness Committee Leader:

| | | | |
|-------|--|----------------|--|
| Name | | Position/Title | |
| Email | | Phone number | |

Idaho Wellness Policy Progress Report

This form provides information on wellness policy requirements (indicated in bold) and practices used within your school. Complete this tool to track your progress and gather ideas on ways to create a healthier school environment.

District Name District Number Date of Evaluation

School Name Most recent review by Wellness Committee

Click All Grades PK ☐ K ☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 ☐ 6 ☐ 7 ☒ 8 ☒ 9 ☐ 10 ☐ 11 ☐ ### ☐

Yes No I. Public Involvement

☒ ☐ We invite the following to participate in the development, implementation, & evaluation of our wellness policy:

| | | | |
|--|---|---|---|
| <input checked="" type="checkbox"/> Administrators | <input checked="" type="checkbox"/> School Food Service Staff | <input checked="" type="checkbox"/> P.E. Teachers | <input checked="" type="checkbox"/> Parents |
| <input checked="" type="checkbox"/> School Board Members | <input checked="" type="checkbox"/> School Health Professionals | <input type="checkbox"/> Students | <input checked="" type="checkbox"/> Public |

☒ ☐ We have a designee with the authority/responsibility to ensure each school complies with the wellness policy.

Name Title

☒ ☐ We make our wellness policy and updates available to the public annually.

Please describe:

☒ ☐ We share the results of wellness policy implementation and progress toward our policy goals with the public.

Please describe:

☒ ☐ Our district reviews the wellness policy for compliance/adherence to best practices at least once every 3 years.

Yes No II. Nutrition Education

☒ ☐ The wellness policy includes specific / measurable goals for nutrition education using evidence-based strategies.

☒ ☐ We offer standards based nutrition education in a variety of subjects (e.g. science, health, math, language arts).

☒ ☐ We offer nutrition education to students in: ☐ Elementary School ☐ Middle School ☐ High School

Yes No III. Nutrition Promotion

☒ ☐ The wellness policy includes specific/measurable goals for nutrition promotion using evidence-based strategies.

☒ ☐ We promote healthy eating and nutrition education with signage, use of creative menus, posters, bulletin boards, etc.

☒ ☐ We have reviewed Smarter Lunchroom techniques and evaluated our ability to implement various techniques.

☒ ☐ We place fruits/vegetables where they are easy to access (e.g. near the cafeteria cashier or near the front of the line).

☒ ☐ We ensure students have access to hand-washing facilities prior to meals.

☒ ☐ We annually evaluate how to market and promote our school meal program(s).

☒ ☐ We regularly share school meal nutrition information (e.g. calorie, fat, & sodium content) with students and families.

☐ ☒ We offer taste testing or menu planning opportunities to our students.

☐ ☒ We participate in Farm to School activities and/or have a school garden.

☒ ☐ We advertise and promote nutritious foods and beverages on school grounds (e.g. buildings, playing fields, cafeteria).

☒ ☐ We price nutritious foods and beverages lower than less nutritious foods and beverages.

☒ ☐ We offer fruit and/or vegetables in: ☐ Vending Machines ☐ School Stores ☐ Snack Bars ☒ À La Carte

☒ ☐ We utilize student feedback to improve the quality of the school meal programs.

☒ ☐ We provide teachers with samples of non-food reward options.

☐ ☒ We prohibit the use of food and beverages as a reward.

☒ ☐ We do not sell less healthy foods and beverages.

☐ ☒ We provide training to staff on the importance of modeling healthy eating behaviors.



Idaho Wellness Policy Progress Report

| Yes | No | IV. Nutrition Guidelines |
|-------------------------------------|--------------------------|---|
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | <i>The wellness policy includes written nutrition guidelines for all foods/drink available during the school day.</i> |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | <i>We follow Federal nutrition regulations for all food/drink available for sale on campus during the school day.</i> |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | <i>We follow the district's written nutrition standards for non-sold foods/drink available on campus during school.</i> |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We run the School Breakfast program: <input checked="" type="checkbox"/> Before School <input type="checkbox"/> In the Classroom <input type="checkbox"/> Grab & Go <input type="checkbox"/> Second Chance |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | Our Food Service Staff attends professional development opportunities (e.g. program administration, nutrition, safety). |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We have adopted and implemented Smart Snacks nutrition standards for ALL items sold during school hours, including: |
| | | <input checked="" type="checkbox"/> as À La Carte Offerings <input type="checkbox"/> in School Stores <input type="checkbox"/> in Vending Machines <input type="checkbox"/> as Fundraisers (not exemptions) |

| Yes | No | V. Policy for Food and Beverage Marketing |
|-------------------------------------|--------------------------|--|
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | <i>The wellness policy permits marketing of only those foods/beverages that meet the competitive food requirements.</i> |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | Food and beverage marketing meets Smart Snack standards, including the following advertising avenues: |
| | | <input type="checkbox"/> Signage <input type="checkbox"/> Scoreboards <input type="checkbox"/> School Stores <input type="checkbox"/> Cups <input checked="" type="checkbox"/> Vending Machines <input type="checkbox"/> Food Service Equip. |

| Yes | No | VI. Physical Activity |
|-------------------------------------|-------------------------------------|---|
| <input type="checkbox"/> | <input checked="" type="checkbox"/> | <i>The wellness policy includes specific/measurable goals for physical activity using evidence-based strategies.</i> |
| <input type="checkbox"/> | <input type="checkbox"/> | We provide physical education for elementary students on a weekly basis. # of Min/Wk. <input type="text"/> |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We provide physical education for middle school students during a term or semester. # of Min/Wk. <input type="text"/> |
| <input type="checkbox"/> | <input type="checkbox"/> | We require physical education classes for graduation (high schools only). # Credits to graduate <input type="text"/> |
| <input type="checkbox"/> | <input type="checkbox"/> | We provide recess for elementary students on a daily basis. # of Min/day <input type="text"/> |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We provide opportunities for physical activity integrated throughout the day (e.g. classroom energizers, CSPAP). |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We prohibit staff and teachers from keeping kids in from recess for punitive reasons. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | Teachers are allowed to offer physical activity as a reward for students. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We offer physical activity before/after school. <input checked="" type="checkbox"/> Competitive sports <input type="checkbox"/> Non-competitive sports <input type="checkbox"/> Other clubs |

| Yes | No | VII. Other School Based Wellness Activity |
|-------------------------------------|-------------------------------------|---|
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | <i>The wellness policy includes specific/ measurable goals for other school-based wellness activities.</i> |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We provide annual training to all staff on: <input checked="" type="checkbox"/> Nutrition <input checked="" type="checkbox"/> Physical Activity |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We have a staff wellness program. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We have school district staff who are CPR certified (e.g. teachers, coaches, counselors, food service staff). |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We have programs to support total wellness (e.g. drug prevention, mental health, social, emotional health programs). |
| <input type="checkbox"/> | <input checked="" type="checkbox"/> | We have a recycling / environmental stewardship program. |
| <input type="checkbox"/> | <input checked="" type="checkbox"/> | We have a recognition / reward program for students who exhibit healthy behaviors. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We provide case management for students with chronic health conditions. |
| <input type="checkbox"/> | <input checked="" type="checkbox"/> | We have community partnerships which support programs, projects, events, or activities. |

VIII. Progress Report: Describe the progress of wellness policy goals and track additional wellness practices.

IX. Contact Information

For more information about this school's wellness policy/practices, or for ways to get involved, contact the Wellness Committee Leader:

| | | | |
|-------|----------------------|----------------|----------------------|
| Name | <input type="text"/> | Position/Title | <input type="text"/> |
| Email | <input type="text"/> | Phone number | <input type="text"/> |

Idaho Wellness Policy Progress Report

This form provides information on wellness policy requirements (indicated in bold) and practices used within your school. Complete this tool to track your progress and gather ideas on ways to create a healthier school environment.

District Name Idaho Falls School Dist. District Number 91 Date of Evaluation
 School Name Compass Academy Most recent review by Wellness Committee 2022
 Click All Grades PK ☐ K ☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 ☐ 6 ☐ 7 ☐ 8 ☐ 9 ☒ 10 ☒ 11 ☒ 12 ☒

Yes No I. Public Involvement

☒ ☐ We invite the following to participate in the development, implementation, & evaluation of our wellness policy:

| | | | |
|--|---|---|---|
| <input checked="" type="checkbox"/> Administrators | <input checked="" type="checkbox"/> School Food Service Staff | <input checked="" type="checkbox"/> P.E. Teachers | <input checked="" type="checkbox"/> Parents |
| <input checked="" type="checkbox"/> School Board Members | <input checked="" type="checkbox"/> School Health Professionals | <input type="checkbox"/> Students | <input checked="" type="checkbox"/> Public |

☒ ☐ We have a designee with the authority/responsibility to ensure each school complies with the wellness policy.
 Name Kris Smith Title Principal

☒ ☐ We make our wellness policy and updates available to the public annually.
 Please describe: District Website

☒ ☐ We share the results of wellness policy implementation and progress toward our policy goals with the public.
 Please describe: District Website

☒ ☐ Our district reviews the wellness policy for compliance/adherence to best practices at least once every 3 years.

Yes No II. Nutrition Education

☒ ☐ The wellness policy includes specific / measurable goals for nutrition education using evidence-based strategies.

☒ ☐ We offer standards based nutrition education in a variety of subjects (e.g. science, health, math, language arts).

☒ ☐ We offer nutrition education to students in: ☐ Elementary School ☐ Middle School ☐ High School

Yes No III. Nutrition Promotion

☒ ☐ The wellness policy includes specific/measurable goals for nutrition promotion using evidence-based strategies.

☒ ☐ We promote healthy eating and nutrition education with signage, use of creative menus, posters, bulletin boards, etc.

☒ ☐ We have reviewed Smarter Lunchroom techniques and evaluated our ability to implement various techniques.

☒ ☐ We place fruits/vegetables where they are easy to access (e.g. near the cafeteria cashier or near the front of the line).

☒ ☐ We ensure students have access to hand-washing facilities prior to meals.

☒ ☐ We annually evaluate how to market and promote our school meal program(s).

☒ ☐ We regularly share school meal nutrition information (e.g. calorie, fat, & sodium content) with students and families.

☐ ☒ We offer taste testing or menu planning opportunities to our students.

☐ ☒ We participate in Farm to School activities and/or have a school garden.

☒ ☐ We advertise and promote nutritious foods and beverages on school grounds (e.g. buildings, playing fields, cafeteria).

☒ ☐ We price nutritious foods and beverages lower than less nutritious foods and beverages.

☒ ☐ We offer fruit and/or vegetables in: ☐ Vending Machines ☐ School Stores ☐ Snack Bars ☒ À La Carte

☒ ☐ We utilize student feedback to improve the quality of the school meal programs.

☐ ☒ We provide teachers with samples of non-food reward options.

☐ ☒ We prohibit the use of food and beverages as a reward.

☐ ☒ We do not sell less healthy foods and beverages.

☒ ☐ We provide training to staff on the importance of modeling healthy eating behaviors.



Idaho Wellness Policy Progress Report

Yes No IV. Nutrition Guidelines

| | | |
|-------------------------------------|--------------------------|--|
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | The wellness policy includes written nutrition guidelines for all foods/drink available during the school day. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We follow Federal nutrition regulations for all food/drink available for sale on campus during the school day. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We follow the district's written nutrition standards for non-sold foods/drink available on campus during school. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We run the School Breakfast program: <input checked="" type="checkbox"/> Before School <input type="checkbox"/> In the Classroom <input type="checkbox"/> Grab & Go <input type="checkbox"/> Second Chance |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | Our Food Service Staff attends professional development opportunities (e.g. program administration, nutrition, safety). |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We have adopted and implemented Smart Snacks nutrition standards for ALL items sold during school hours, including: |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | as À La Carte Offerings <input type="checkbox"/> in School Stores <input type="checkbox"/> in Vending Machines <input type="checkbox"/> as Fundraisers (not exemptions) |

Yes No V. Policy for Food and Beverage Marketing

| | | |
|-------------------------------------|--------------------------|--|
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | The wellness policy permits marketing of only those foods/beverages that meet the competitive food requirements. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | Food and beverage marketing meets Smart Snack standards, including the following advertising avenues: |
| <input type="checkbox"/> | <input type="checkbox"/> | Signage <input type="checkbox"/> Scoreboards <input type="checkbox"/> School Stores <input type="checkbox"/> Cups <input type="checkbox"/> Vending Machines <input type="checkbox"/> Food Service Equip. |

Yes No VI. Physical Activity

| | | |
|-------------------------------------|-------------------------------------|--|
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | The wellness policy includes specific/measurable goals for physical activity using evidence-based strategies. |
| n/a | <input type="checkbox"/> | We provide physical education for elementary students on a weekly basis. # of Min/Wk. <input type="text"/> |
| n/a | <input type="checkbox"/> | We provide physical education for middle school students during a term or semester. # of Min/Wk. <input type="text"/> |
| <input type="checkbox"/> | <input checked="" type="checkbox"/> | We require physical education classes for graduation (high schools only). # Credits to graduate <input type="text"/> |
| n/a | <input type="checkbox"/> | We provide recess for elementary students on a daily basis. # of Min/day <input type="text"/> |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We provide opportunities for physical activity integrated throughout the day (e.g. classroom energizers, CSPAP). |
| n/a | <input type="checkbox"/> | We prohibit staff and teachers from keeping kids in from recess for punitive reasons. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | Teachers are allowed to offer physical activity as a reward for students. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We offer physical activity before/after school. <input type="checkbox"/> Competitive sports <input checked="" type="checkbox"/> Non-competitive sports <input checked="" type="checkbox"/> Other clubs |

Yes No VII. Other School Based Wellness Activity

| | | |
|-------------------------------------|--------------------------|---|
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | The wellness policy includes specific/ measurable goals for other school-based wellness activities. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We provide annual training to all staff on: <input checked="" type="checkbox"/> Nutrition <input checked="" type="checkbox"/> Physical Activity |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We have a staff wellness program. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We have school district staff who are CPR certified (e.g. teachers, coaches, counselors, food service staff). |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We have programs to support total wellness (e.g. drug prevention, mental health, social, emotional health programs). |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We have a recycling / environmental stewardship program. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We have a recognition / reward program for students who exhibit healthy behaviors. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We provide case management for students with chronic health conditions. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We have community partnerships which support programs, projects, events, or activities. |

VIII. Progress Report: Describe the progress of wellness policy goals and track additional wellness practices.

We have a school-wide goal of promoting social, physical, and emotional health for staff and students. Activities that support that goal include step challenges, yoga for teachers, healthy staff potlucks, healthy activities week for students, open gym at lunch, and required health curriculum.

IX. Contact Information

| | | | |
|---|-------------------|----------------|---------------------|
| For more information about this school's wellness policy/practices, or for ways to get involved, contact the Wellness Committee Leader: | | | |
| Name | Kelly Sheridan | Position/Title | Assistant Principal |
| Email | sherkell@sd91.org | Phone number | 208-525-7200 |

Idaho Wellness Policy Progress Report

This form provides information on wellness policy requirements (indicated in bold) and practices used within your school. Complete this tool to track your progress and gather ideas on ways to create a healthier school environment.

District Name Idaho Falls School Dist. District Number 91 Date of Evaluation 8/9/2023
 School Name Idaho Falls High School Most recent review by Wellness Committee 2022
 Click All Grades PK ☐ K ☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 ☐ 6 ☐ 7 ☐ 8 ☐ 9 ☒ 10 ☒ 11 ☒ 12 ☒

Yes No I. Public Involvement

☒ ☐ We invite the following to participate in the development, implementation, & evaluation of our wellness policy:

| | | | |
|--|---|---|---|
| <input checked="" type="checkbox"/> Administrators | <input checked="" type="checkbox"/> School Food Service Staff | <input checked="" type="checkbox"/> P.E. Teachers | <input checked="" type="checkbox"/> Parents |
| <input checked="" type="checkbox"/> School Board Members | <input checked="" type="checkbox"/> School Health Professionals | <input type="checkbox"/> Students | <input checked="" type="checkbox"/> Public |

☐ ☐ We have a designee with the authority/responsibility to ensure each school complies with the wellness policy.
 Name Title

☒ ☐ We make our wellness policy and updates available to the public annually.
 Please describe:

☒ ☐ We share the results of wellness policy implementation and progress toward our policy goals with the public.
 Please describe:

☒ ☐ Our district reviews the wellness policy for compliance/adherence to best practices at least once every 3 years.

Yes No II. Nutrition Education

☒ ☐ The wellness policy includes specific / measurable goals for nutrition education using evidence-based strategies.

☒ ☐ We offer standards based nutrition education in a variety of subjects (e.g. science, health, math, language arts).

☒ ☐ We offer nutrition education to students in: ☐ Elementary School ☐ Middle School ☒ High School

Yes No III. Nutrition Promotion

☒ ☐ The wellness policy includes specific/measurable goals for nutrition promotion using evidence-based strategies.

☒ ☐ We promote healthy eating and nutrition education with signage, use of creative menus, posters, bulletin boards, etc.

☒ ☐ We have reviewed Smarter Lunchroom techniques and evaluated our ability to implement various techniques.

☒ ☐ We place fruits/vegetables where they are easy to access (e.g. near the cafeteria cashier or near the front of the line).

☒ ☐ We ensure students have access to hand-washing facilities prior to meals.

☒ ☐ We annually evaluate how to market and promote our school meal program(s).

☒ ☐ We regularly share school meal nutrition information (e.g. calorie, fat, & sodium content) with students and families.

☐ ☒ We offer taste testing or menu planning opportunities to our students.

☐ ☒ We participate in Farm to School activities and/or have a school garden.

☒ ☐ We advertise and promote nutritious foods and beverages on school grounds (e.g. buildings, playing fields, cafeteria).

☒ ☐ We price nutritious foods and beverages lower than less nutritious foods and beverages.

☒ ☐ We offer fruit and/or vegetables in: ☐ Vending Machines ☐ School Stores ☐ Snack Bars ☒ À La Carte

☒ ☐ We utilize student feedback to improve the quality of the school meal programs.

☒ ☐ We provide teachers with samples of non-food reward options.

☐ ☒ We prohibit the use of food and beverages as a reward.

☐ ☐ We do not sell less healthy foods and beverages.

☒ ☐ We provide training to staff on the importance of modeling healthy eating behaviors.



Idaho Wellness Policy Progress Report

Yes No IV. Nutrition Guidelines

| | | |
|-------------------------------------|--------------------------|--|
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | The wellness policy includes written nutrition guidelines for all foods/drink available during the school day. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We follow Federal nutrition regulations for all food/drink available for sale on campus during the school day. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We follow the district's written nutrition standards for non-sold foods/drink available on campus during school. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We run the School Breakfast program: <input checked="" type="checkbox"/> Before School <input type="checkbox"/> In the Classroom <input type="checkbox"/> Grab & Go <input type="checkbox"/> Second Chance |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | Our Food Service Staff attends professional development opportunities (e.g. program administration, nutrition, safety). |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We have adopted and implemented Smart Snacks nutrition standards for ALL items sold during school hours, including: |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | as À La Carte Offerings <input type="checkbox"/> in School Stores <input type="checkbox"/> in Vending Machines <input type="checkbox"/> as Fundraisers (not exemptions) |

Yes No V. Policy for Food and Beverage Marketing

| | | |
|-------------------------------------|--------------------------|---|
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | The wellness policy permits marketing of only those foods/beverages that meet the competitive food requirements. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | Food and beverage marketing meets Smart Snack standards, including the following advertising avenues: |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | Signage <input checked="" type="checkbox"/> Scoreboards <input checked="" type="checkbox"/> School Stores <input checked="" type="checkbox"/> Cups <input checked="" type="checkbox"/> Vending Machines <input checked="" type="checkbox"/> Food Service Equip. |

Yes No VI. Physical Activity

| | | | |
|-------------------------------------|-------------------------------------|--|--|
| <input type="checkbox"/> | <input checked="" type="checkbox"/> | The wellness policy includes specific/measurable goals for physical activity using evidence-based strategies. | |
| <input type="checkbox"/> | <input checked="" type="checkbox"/> | We provide physical education for elementary students on a weekly basis. | # of Min/Wk. <input type="text"/> |
| <input type="checkbox"/> | <input checked="" type="checkbox"/> | We provide physical education for middle school students during a term or semester. | # of Min/Wk. <input type="text"/> |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We require physical education classes for graduation (high schools only). | # Credits to graduate <input type="text"/> |
| <input type="checkbox"/> | <input checked="" type="checkbox"/> | We provide recess for elementary students on a daily basis. | # of Min/day <input type="text"/> |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We provide opportunities for physical activity integrated throughout the day (e.g. classroom energizers, CSPAP). | |
| <input type="checkbox"/> | <input checked="" type="checkbox"/> | We prohibit staff and teachers from keeping kids in from recess for punitive reasons. | |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | Teachers are allowed to offer physical activity as a reward for students. | |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We offer physical activity before/after school. <input checked="" type="checkbox"/> Competitive sports <input type="checkbox"/> Non-competitive sports <input checked="" type="checkbox"/> Other clubs | |

Yes No VII. Other School Based Wellness Activity

| | | |
|-------------------------------------|-------------------------------------|---|
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | The wellness policy includes specific/ measurable goals for other school-based wellness activities. |
| <input type="checkbox"/> | <input checked="" type="checkbox"/> | We provide annual training to all staff on: <input type="checkbox"/> Nutrition <input type="checkbox"/> Physical Activity |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We have a staff wellness program. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We have school district staff who are CPR certified (e.g. teachers, coaches, counselors, food service staff). |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We have programs to support total wellness (e.g. drug prevention, mental health, social, emotional health programs). |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We have a recycling / environmental stewardship program. |
| <input type="checkbox"/> | <input checked="" type="checkbox"/> | We have a recognition / reward program for students who exhibit healthy behaviors. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We provide case management for students with chronic health conditions. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We have community partnerships which support programs, projects, events, or activities. |

VIII. Progress Report: Describe the progress of wellness policy goals and track additional wellness practices.

IX. Contact Information

For more information about this school's wellness policy/practices, or for ways to get involved, contact the Wellness Committee Leader:

| | | | |
|-------|--------------------------|----------------|-----------------------|
| Name | <u>Chris Powell</u> | Position/Title | <u>Principal</u> |
| Email | <u>powechri@sd91.org</u> | Phone number | <u>(208) 525-7740</u> |

Idaho Wellness Policy Progress Report

This form provides information on wellness policy requirements (indicated in bold) and practices used within your school. Complete this tool to track your progress and gather ideas on ways to create a healthier school environment.

District Name District Number Date of Evaluation

School Name Most recent review by Wellness Committee

Click All Grades PK ☐ K ☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 ☐ 6 ☐ 7 ☐ 8 ☐ 9 ☒ 10 ☒ 11 ☒ ### ☒

Yes No I. Public Involvement

☒ ☐ We invite the following to participate in the development, implementation, & evaluation of our wellness policy:

| | | | |
|--|---|---|---|
| <input checked="" type="checkbox"/> Administrators | <input checked="" type="checkbox"/> School Food Service Staff | <input checked="" type="checkbox"/> P.E. Teachers | <input checked="" type="checkbox"/> Parents |
| <input checked="" type="checkbox"/> School Board Members | <input checked="" type="checkbox"/> School Health Professionals | <input type="checkbox"/> Students | <input checked="" type="checkbox"/> Public |

☒ ☐ We have a designee with the authority/responsibility to ensure each school complies with the wellness policy.

Name Title

☒ ☐ We make our wellness policy and updates available to the public annually.

Please describe:

☒ ☐ We share the results of wellness policy implementation and progress toward our policy goals with the public.

Please describe:

☒ ☐ Our district reviews the wellness policy for compliance/adherence to best practices at least once every 3 years.

Yes No II. Nutrition Education

☒ ☐ The wellness policy includes specific / measurable goals for nutrition education using evidence-based strategies.

☒ ☐ We offer standards based nutrition education in a variety of subjects (e.g. science, health, math, language arts).

☒ ☐ We offer nutrition education to students in: ☐ Elementary School ☐ Middle School ☐ High School

Yes No III. Nutrition Promotion

☒ ☐ The wellness policy includes specific/measurable goals for nutrition promotion using evidence-based strategies.

☒ ☐ We promote healthy eating and nutrition education with signage, use of creative menus, posters, bulletin boards, etc.

☒ ☐ We have reviewed Smarter Lunchroom techniques and evaluated our ability to implement various techniques.

☒ ☐ We place fruits/vegetables where they are easy to access (e.g. near the cafeteria cashier or near the front of the line).

☒ ☐ We ensure students have access to hand-washing facilities prior to meals.

☒ ☐ We annually evaluate how to market and promote our school meal program(s).

☒ ☐ We regularly share school meal nutrition information (e.g. calorie, fat, & sodium content) with students and families.

☐ ☒ We offer taste testing or menu planning opportunities to our students.

☐ ☒ We participate in Farm to School activities and/or have a school garden.

☒ ☐ We advertise and promote nutritious foods and beverages on school grounds (e.g. buildings, playing fields, cafeteria).

☒ ☐ We price nutritious foods and beverages lower than less nutritious foods and beverages.

☒ ☐ We offer fruit and/or vegetables in: ☐ Vending Machines ☐ School Stores ☐ Snack Bars ☒ À La Carte

☒ ☐ We utilize student feedback to improve the quality of the school meal programs.

☒ ☐ We provide teachers with samples of non-food reward options.

☒ ☐ We prohibit the use of food and beverages as a reward.

☐ ☒ We do not sell less healthy foods and beverages.

☒ ☐ We provide training to staff on the importance of modeling healthy eating behaviors.



Idaho Wellness Policy Progress Report

| Yes | No | IV. Nutrition Guidelines |
|-------------------------------------|--------------------------|---|
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | The wellness policy includes written nutrition guidelines for all foods/drink available during the school day. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We follow Federal nutrition regulations for all food/drink available for sale on campus during the school day. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We follow the district's written nutrition standards for non-sold foods/drink available on campus during school. |
| <input type="checkbox"/> | <input type="checkbox"/> | We run the School Breakfast program: <input type="checkbox"/> Before School <input type="checkbox"/> In the Classroom <input type="checkbox"/> Grab & Go <input type="checkbox"/> Second Chance |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | Our Food Service Staff attends professional development opportunities (e.g. program administration, nutrition, safety). |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We have adopted and implemented Smart Snacks nutrition standards for ALL items sold during school hours, including: |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | as À La Carte Offerings <input type="checkbox"/> in School Stores <input type="checkbox"/> in Vending Machines <input type="checkbox"/> as Fundraisers (not exemptions) |

| Yes | No | V. Policy for Food and Beverage Marketing |
|-------------------------------------|--------------------------|--|
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | The wellness policy permits marketing of only those foods/beverages that meet the competitive food requirements. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | Food and beverage marketing meets Smart Snack standards, including the following advertising avenues: |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | Signage <input type="checkbox"/> Scoreboards <input type="checkbox"/> School Stores <input type="checkbox"/> Cups <input type="checkbox"/> Vending Machines <input type="checkbox"/> Food Service Equip. |

| Yes | No | VI. Physical Activity |
|-------------------------------------|-------------------------------------|---|
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | The wellness policy includes specific/measurable goals for physical activity using evidence-based strategies. |
| <input type="checkbox"/> | <input checked="" type="checkbox"/> | We provide physical education for elementary students on a weekly basis. # of Min/Wk. <input type="text"/> |
| <input type="checkbox"/> | <input checked="" type="checkbox"/> | We provide physical education for middle school students during a term or semester. # of Min/Wk. <input type="text"/> |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We require physical education classes for graduation (high schools only). # Credits to graduate <input type="text"/> |
| <input type="checkbox"/> | <input checked="" type="checkbox"/> | We provide recess for elementary students on a daily basis. # of Min/day <input type="text"/> |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We provide opportunities for physical activity integrated throughout the day (e.g. classroom energizers, CSPAP). |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We prohibit staff and teachers from keeping kids in from recess for punitive reasons. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | Teachers are allowed to offer physical activity as a reward for students. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We offer physical activity before/after school. <input checked="" type="checkbox"/> Competitive sports <input checked="" type="checkbox"/> Non-competitive sports <input checked="" type="checkbox"/> Other clubs |

| Yes | No | VII. Other School Based Wellness Activity |
|-------------------------------------|-------------------------------------|---|
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | The wellness policy includes specific/ measurable goals for other school-based wellness activities. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We provide annual training to all staff on: <input checked="" type="checkbox"/> Nutrition <input checked="" type="checkbox"/> Physical Activity |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We have a staff wellness program. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We have school district staff who are CPR certified (e.g. teachers, coaches, counselors, food service staff). |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We have programs to support total wellness (e.g. drug prevention, mental health, social, emotional health programs). |
| <input type="checkbox"/> | <input checked="" type="checkbox"/> | We have a recycling / environmental stewardship program. |
| <input type="checkbox"/> | <input checked="" type="checkbox"/> | We have a recognition / reward program for students who exhibit healthy behaviors. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We provide case management for students with chronic health conditions. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We have community partnerships which support programs, projects, events, or activities. |

| VIII. Progress Report: Describe the progress of wellness policy goals and track additional wellness practices. |
|--|
| |

| IX. Contact Information | |
|---|-------------------------------------|
| For more information about this school's wellness policy/practices, or for ways to get involved, contact the Wellness Committee Leader: | |
| Name <input type="text"/> | Position/Title <input type="text"/> |
| Email <input type="text"/> | Phone number <input type="text"/> |

Idaho Wellness Policy Progress Report

This form provides information on wellness policy requirements (indicated in bold) and practices used within your school. Complete this tool to track your progress and gather ideas on ways to create a healthier school environment.

District Name District Number Date of Evaluation
 School Name Most recent review by Wellness Committee
 Click All Grades PK ☐ K ☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 ☐ 6 ☐ 7 ☐ 8 ☐ 9 ☒ 10 ☒ 11 ☒ ### ☒

Yes No I. Public Involvement

☒ ☐ We invite the following to participate in the development, implementation, & evaluation of our wellness policy:

| | | | |
|--|---|---|---|
| <input checked="" type="checkbox"/> Administrators | <input checked="" type="checkbox"/> School Food Service Staff | <input checked="" type="checkbox"/> P.E. Teachers | <input checked="" type="checkbox"/> Parents |
| <input checked="" type="checkbox"/> School Board Members | <input checked="" type="checkbox"/> School Health Professionals | <input type="checkbox"/> Students | <input checked="" type="checkbox"/> Public |

☐ ☒ We have a designee with the authority/responsibility to ensure each school complies with the wellness policy.
 Name Title

☒ ☐ We make our wellness policy and updates available to the public annually.
 Please describe:

☒ ☐ We share the results of wellness policy implementation and progress toward our policy goals with the public.
 Please describe:

☒ ☐ Our district reviews the wellness policy for compliance/adherence to best practices at least once every 3 years.

Yes No II. Nutrition Education

☒ ☐ **The wellness policy includes specific / measurable goals for nutrition education using evidence-based strategies.**

☒ ☐ We offer standards based nutrition education in a variety of subjects (e.g. science, health, math, language arts).

☒ ☐ We offer nutrition education to students in: ☐ Elementary School ☐ Middle School ☐ High School

Yes No III. Nutrition Promotion

☒ ☐ **The wellness policy includes specific/measurable goals for nutrition promotion using evidence-based strategies.**

☒ ☐ We promote healthy eating and nutrition education with signage, use of creative menus, posters, bulletin boards, etc.

☒ ☐ We have reviewed Smarter Lunchroom techniques and evaluated our ability to implement various techniques.

☒ ☐ We place fruits/vegetables where they are easy to access (e.g. near the cafeteria cashier or near the front of the line).

☒ ☐ We ensure students have access to hand-washing facilities prior to meals.

☒ ☐ We annually evaluate how to market and promote our school meal program(s).

☒ ☐ We regularly share school meal nutrition information (e.g. calorie, fat, & sodium content) with students and families.

☐ ☒ We offer taste testing or menu planning opportunities to our students.

☐ ☒ We participate in Farm to School activities and/or have a school garden.

☒ ☐ We advertise and promote nutritious foods and beverages on school grounds (e.g. buildings, playing fields, cafeteria).

☒ ☐ We price nutritious foods and beverages lower than less nutritious foods and beverages.

☒ ☐ We offer fruit and/or vegetables in: ☐ Vending Machines ☐ School Stores ☐ Snack Bars ☒ À La Carte

☒ ☐ We utilize student feedback to improve the quality of the school meal programs.

☒ ☐ We provide teachers with samples of non-food reward options.

☐ ☒ We prohibit the use of food and beverages as a reward.

☐ ☒ We do not sell less healthy foods and beverages.

☐ ☒ We provide training to staff on the importance of modeling healthy eating behaviors.



Idaho Wellness Policy Progress Report

| Yes | No | IV. Nutrition Guidelines |
|-------------------------------------|--------------------------|---|
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | <i>The wellness policy includes written nutrition guidelines for all foods/drink available during the school day.</i> |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | <i>We follow Federal nutrition regulations for all food/drink available for sale on campus during the school day.</i> |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | <i>We follow the district's written nutrition standards for non-sold foods/drink available on campus during school.</i> |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We run the School Breakfast program: <input checked="" type="checkbox"/> Before School <input type="checkbox"/> In the Classroom <input type="checkbox"/> Grab & Go <input type="checkbox"/> Second Chance |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | Our Food Service Staff attends professional development opportunities (e.g. program administration, nutrition, safety). |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We have adopted and implemented Smart Snacks nutrition standards for ALL items sold during school hours, including: |
| | | <input checked="" type="checkbox"/> as À La Carte Offerings <input type="checkbox"/> in School Stores <input type="checkbox"/> in Vending Machines <input type="checkbox"/> as Fundraisers (not exemptions) |

| Yes | No | V. Policy for Food and Beverage Marketing |
|-------------------------------------|--------------------------|--|
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | <i>The wellness policy permits marketing of only those foods/beverages that meet the competitive food requirements.</i> |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | Food and beverage marketing meets Smart Snack standards, including the following advertising avenues: |
| | | <input checked="" type="checkbox"/> Signage <input type="checkbox"/> Scoreboards <input type="checkbox"/> School Stores <input type="checkbox"/> Cups <input type="checkbox"/> Vending Machines <input type="checkbox"/> Food Service Equip. |

| Yes | No | VI. Physical Activity |
|-------------------------------------|-------------------------------------|--|
| <input type="checkbox"/> | <input checked="" type="checkbox"/> | <i>The wellness policy includes specific/measurable goals for physical activity using evidence-based strategies.</i> |
| <input type="checkbox"/> | <input checked="" type="checkbox"/> | We provide physical education for elementary students on a weekly basis. # of Min/Wk. <input type="text"/> |
| <input type="checkbox"/> | <input checked="" type="checkbox"/> | We provide physical education for middle school students during a term or semester. # of Min/Wk. <input type="text"/> |
| <input type="checkbox"/> | <input checked="" type="checkbox"/> | We require physical education classes for graduation (high schools only). # Credits to graduate <input type="text"/> |
| <input type="checkbox"/> | <input checked="" type="checkbox"/> | We provide recess for elementary students on a daily basis. # of Min/day <input type="text"/> |
| <input type="checkbox"/> | <input checked="" type="checkbox"/> | We provide opportunities for physical activity integrated throughout the day (e.g. classroom energizers, CSPAP). |
| <input type="checkbox"/> | <input checked="" type="checkbox"/> | We prohibit staff and teachers from keeping kids in from recess for punitive reasons. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | Teachers are allowed to offer physical activity as a reward for students. |
| <input type="checkbox"/> | <input checked="" type="checkbox"/> | We offer physical activity before/after school. <input type="checkbox"/> Competitive sports <input type="checkbox"/> Non-competitive sports <input type="checkbox"/> Other clubs |

| Yes | No | VII. Other School Based Wellness Activity |
|-------------------------------------|-------------------------------------|---|
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | <i>The wellness policy includes specific/ measurable goals for other school-based wellness activities.</i> |
| <input type="checkbox"/> | <input checked="" type="checkbox"/> | We provide annual training to all staff on: <input type="checkbox"/> Nutrition <input type="checkbox"/> Physical Activity |
| <input type="checkbox"/> | <input checked="" type="checkbox"/> | We have a staff wellness program. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We have school district staff who are CPR certified (e.g. teachers, coaches, counselors, food service staff). |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We have programs to support total wellness (e.g. drug prevention, mental health, social, emotional health programs). |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We have a recycling / environmental stewardship program. |
| <input type="checkbox"/> | <input checked="" type="checkbox"/> | We have a recognition / reward program for students who exhibit healthy behaviors. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We provide case management for students with chronic health conditions. |
| <input type="checkbox"/> | <input checked="" type="checkbox"/> | We have community partnerships which support programs, projects, events, or activities. |

| VIII. Progress Report: Describe the progress of wellness policy goals and track additional wellness practices. |
|--|
| |

| IX. Contact Information | |
|---|----------------------------------|
| For more information about this school's wellness policy/practices, or for ways to get involved, contact the Wellness Committee Leader: | |
| Name <u>Michael Keyes</u> | Position/Title <u>Principal</u> |
| Email <u>keyemich@SD91.org</u> | Phone number <u>208-821-4993</u> |

Idaho Wellness Policy Progress Report

This form provides information on wellness policy requirements (indicated in bold) and practices used within your school. Complete this tool to track your progress and gather ideas on ways to create a healthier school environment.

District Name District Number Date of Evaluation

School Name Most recent review by Wellness Committee

Click All Grades PK ☐ K ☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 ☐ 6 ☐ 7 ☐ 8 ☐ 9 ☐ 10 ☐ 11 ☒ ### ☒

Yes No I. Public Involvement

☒ ☐ We invite the following to participate in the development, implementation, & evaluation of our wellness policy:

| | | | |
|--|---|---|---|
| <input checked="" type="checkbox"/> Administrators | <input checked="" type="checkbox"/> School Food Service Staff | <input checked="" type="checkbox"/> P.E. Teachers | <input checked="" type="checkbox"/> Parents |
| <input checked="" type="checkbox"/> School Board Members | <input checked="" type="checkbox"/> School Health Professionals | <input type="checkbox"/> Students | <input checked="" type="checkbox"/> Public |

☒ ☐ We have a designee with the authority/responsibility to ensure each school complies with the wellness policy.
Name Title

☒ ☐ We make our wellness policy and updates available to the public annually.
Please describe:

☒ ☐ We share the results of wellness policy implementation and progress toward our policy goals with the public.
Please describe:

☒ ☐ Our district reviews the wellness policy for compliance/adherence to best practices at least once every 3 years.

Yes No II. Nutrition Education

☒ ☐ The wellness policy includes specific / measurable goals for nutrition education using evidence-based strategies.

☒ ☐ We offer standards based nutrition education in a variety of subjects (e.g. science, health, math, language arts).

☒ ☐ We offer nutrition education to students in: ☐ Elementary School ☐ Middle School ☐ High School

Yes No III. Nutrition Promotion

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Idaho Wellness Policy Progress Report

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| <input type="checkbox"/> | <input checked="" type="checkbox"/> | We run the School Breakfast program: <input type="checkbox"/> Before School <input type="checkbox"/> In the Classroom <input type="checkbox"/> Grab & Go <input type="checkbox"/> Second Chance |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | Our Food Service Staff attends professional development opportunities (e.g. program administration, nutrition, safety). |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We have adopted and implemented Smart Snacks nutrition standards for ALL items sold during school hours, including: |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | as À La Carte Offerings <input type="checkbox"/> in School Stores <input type="checkbox"/> in Vending Machines <input type="checkbox"/> as Fundraisers (not exemptions) |

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| Yes | No | VI. Physical Activity |
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| <input checked="" type="checkbox"/> | <input type="checkbox"/> | The wellness policy includes specific/measurable goals for physical activity using evidence-based strategies. |
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| <input type="checkbox"/> | <input checked="" type="checkbox"/> | We provide physical education for middle school students during a term or semester. # of Min/Wk. <input type="text"/> |
| <input type="checkbox"/> | <input checked="" type="checkbox"/> | We require physical education classes for graduation (high schools only). # Credits to graduate <input type="text"/> |
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| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We have community partnerships which support programs, projects, events, or activities. |

| VIII. Progress Report: Describe the progress of wellness policy goals and track additional wellness practices. |
|--|
| We are a center - students come to us for a 1/2 day and return to their home schools. |

| IX. Contact Information | |
|---|-------------------------------------|
| For more information about this school's wellness policy/practices, or for ways to get involved, contact the Wellness Committee Leader: | |
| Name <input type="text"/> | Position/Title <input type="text"/> |
| Email <input type="text"/> | Phone number <input type="text"/> |