All Meals:

Served with choice of white milk, chocolate milk or soy milk

Breakfast:

Served with assorted fruits, milk

Lunch:

Served with assorted fruits & veggies or salad bar, milk

<u>Daily</u> <u>Alternative Options:</u>

Breakfast:

Cereal, fruit, milk

<u>Lunch:</u>

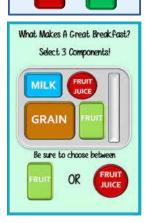
Turkey or Ham
Sandwich, fruits,
veggies, side dish,
milk

What Makes a Lunch?

Select 3-5 Components

WILK GRAIN YEGGE
FRUIT PROTEIN E

One must be a





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水果	December 2	3	4	新 秦 5	6
Breakfast	Muffins Scrambled Eggs & Yogurt	Biscuits ^{&} Gravy	Breakfast Burrito	Pancakes ^{&} Sausage	Bagel w/ Cream Cheese ^{&} Sausage
Lunch Bre	Mini Corndogs, Coleslaw, Baked Beans	Chili, Baked Potatoes, Dinner Roll	Chicken Cordon Bleu Sandwich, Fries	Super Nachos, Corn Salad	Hoagie Sandwich OR PB Uncrustable, String Cheese, Sun Chips
<i>‡</i> 3	9	10	11	12	13
Breakfast	Pancake on a Stick	Breakfast Sandwich	Strawberry Shortcake	Scrambled Eggs, Hashbrown, English Muffin	Fruit ^{&} Yogurt Parfait ^{&} UBR
Lunch	Pizza, Roasted Cauliflower, Caesar Salad	Dutch Waffle, Hashbrown Patty, Sausage, Yogurt	Teriyaki Chicken or Meatballs, Oven Fried Rice, Stir Fry Veggie, Fortune Cookie	Popcorn Chicken, Mashed Potatoes, Gravy, Corn, Dinner Roll, Cookie	Macaroni ^{&} Cheese, Steamed Broccoli, Garlic Breadsticks
Breakfast w	16	17	18	19	Half Day 20
	French Toast Sticks & Sausage	Biscuits ^{&} Gravy	Breakfast Burrito	Breakfast Casserole & English Muffin	Muffins, String Cheese ^{&} Yogurt
Сипск	Hot Dog, Baked Beans, Sun Chips	Beef or Chicken Tacos, Refried Beans	Oven Roasted Chicken, Mashed Potatoes, Gravy, Dinner Roll	Chicken Sandwich, Fries	Pizza, Roasted Cauliflower, Caesar Salad



Merry Christmas & Happy New Year!!

