

December

Middle School Lunch

Monday

Tuesday

Wednesday

Thursday

Friday

Lunch Menu Choices

Mon-Tues
 Wings Entree
 Super Pretzel Entree
 Chicken Tender Entree
 Bistro Pizza

Wed-Fri
 Spicy Chicken Sandwich
 Super Pretzel Entree
 Chicken Tender Entree
 Bistro Pizza



What Makes A LUNCH

SELECT 3-5 ITEMS:

- GRAINS
- PROTEIN
- VEGGIE
- FRUIT

one must be a **FRUIT** or **VEGGIE**

CHOICE OF
 1% WHITE MILK
 OR
 NONFAT CHOCOLATE MILK
 OFFERED DAILY



2 Corn Dog Bites Sweet BBQ Beans Savory Green Beans Mixed Fruit	3 Toasted Cheese Sandwich Tomato Soup Steamed Broccoli Diced Pears	4 Egg Bites Mini Chocolate Chip Muffin Tater Tots Grape Tomatoes Orange Juice	5 Chorizo Chili Tortilla Chips Mexicorn Diced Onion Jalapenos Fresh Organic Mandarins	6 Chef's Choice Galaxy Pizza Spinach Shredded Carrots Organic Crab Apples
9 Beefy Nachos Refried Beans Salsa Jalapenos Mixed Fruit	10 Parmesan Chicken Pasta Steamed Broccoli Peppered Corn Diced Pears	11 Sloppy Joe Crinkle Cut Fries Shredded Cabbage Pickles Plum	12 Chicken Noodle Soup Pita Bread Celery Sticks Paradise Vegetable Punch Tangerines	13 Dominos Pizza 3 Way Salad Marinara Sauce Pear
16 Chicken Alfredo Texas Toast Steamed Broccoli Garlic Parmesan Corn Mixed Fruit	17 Chicken Drumstick Breadstick Savory Green Beans Roasted Sweet Potatoes Diced Pears	18 Tortilla Soup Cilantro Diced Onions Jalapenos Shredded Cabbage Fresh Organic Mandarins	19 Tamales Refried Beans Mexicorn Salsa Strawberry Kiwi Sidekick	20 Strawberry Wowbutter Sandwich Christmas Cookie Edamame Triple Berry Vegetable Juice Applesauce Cup

Winter Break



This institution is an equal opportunity provider

Menu is subject to change