

GIRLS BASKETBALL GAME GOALS

WHERE THERE IS A WILL, THERE IS A WAY!!

DEFENSE

- _____1. Limit our opponents to 32/40 points per game
- _____2. Don't permit an individual player to score 15 or more points
- _____3. Force opponents into 17 or more turnovers
- _____4. Steals - 12 or more
- _____5. Opponents FG % - 30%
- _____6. Charging fouls - 1
- _____7. Personal fouls - 14 (keep teams out of bonus)

OFFENSE

- _____1. Points Per Game – 55/60 or more
- _____2. Field goal % - 35%
Lay-ups = 70% 3pts = 28% Others = 40%
- _____3. Free throw % - 80%
- _____4. Assist - 15 or more
- _____5. Turnovers - 15 or less

REBOUNDING

- _____1. Take down 55% of all rebounds
- _____2. 12 offensive rebounds
- _____3. Limit opponent to 6 offensive rebounds

OTHER ?????

- _____1. Possessions = 80 per game
- _____2. Possessions Scoring % = 40%