



**Jicama and Lime** Originally grown in Mexico, jicama eventually spread to the Philippines and Asia. It requires a long growing season with no frost, so it thrives in locales that are warm year-round. Its flesh is juicy and crunchy, with a slightly sweet and nutty flavor. Some think it tastes like

a cross between a potato and a pear. Others compare it to a water chestnut. Other names for jicama include yam bean, Mexican potato, Mexican water chestnut and Chinese turnip. Jicama can be eaten raw or cooked and used in a wide variety of dishes. It goes well with citrus fruits such as lime.



**Guava** is a tropical fruit that comes from a small tree or shrub in the myrtle family. The fruit is native to Central and South America but is now grown in many tropical and subtropical regions around the world. Guava is a common ingredient in Latin American cuisine and can be

eaten raw, juiced, or cooked. Guava tastes like a cross between pineapple and strawberry, with flesh similar to a pear. It's also similar to passion fruit in flavor. Overall, the guava is sweet and has an overall tropical essence.