

KEEPING YOUR KIDS SAFE ONLINE



Community Engagement Officer Amanda Jaegers



Northbrook Police Department

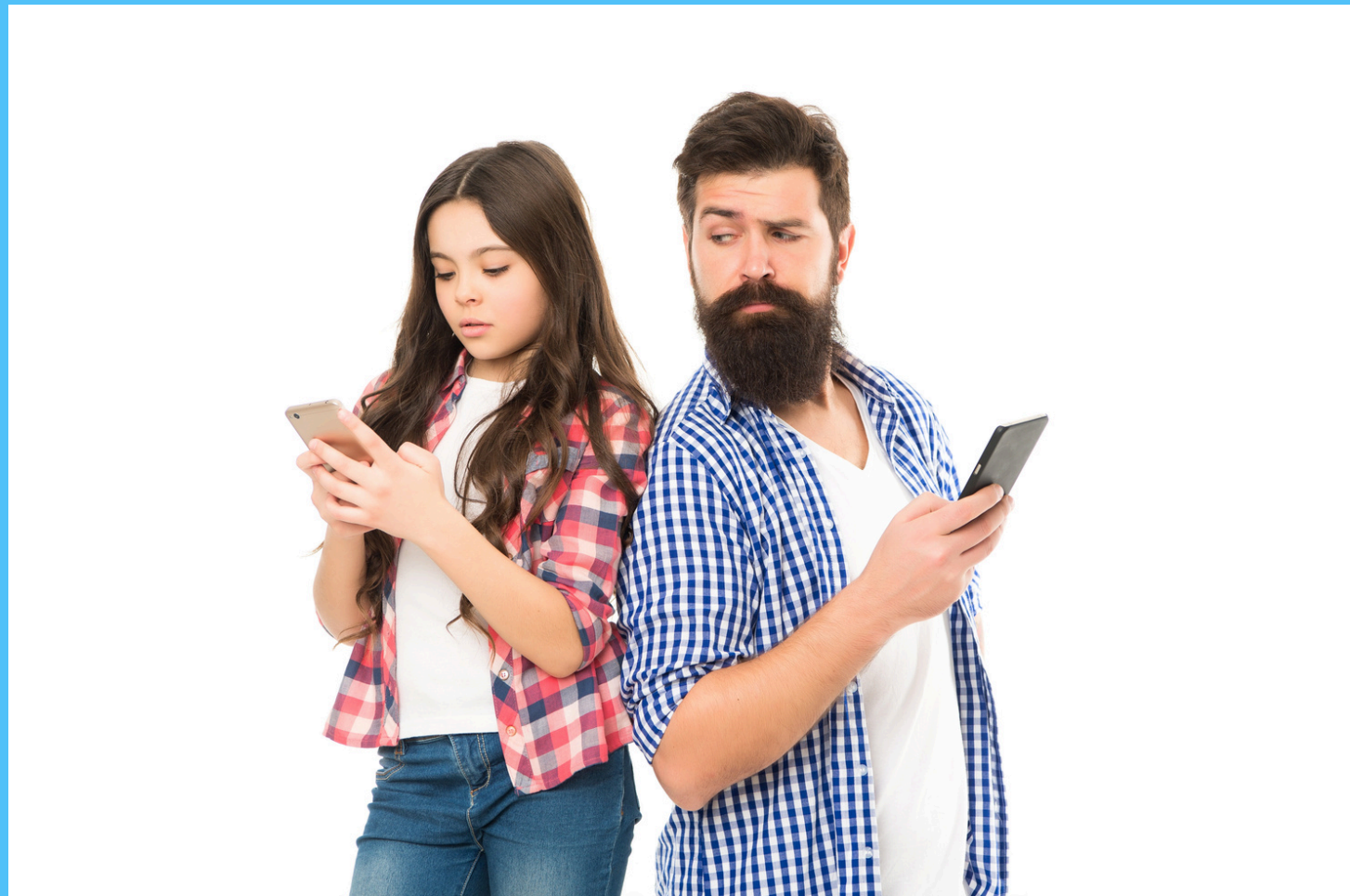
- 9 years as a Northbrook Police Officer
- 3 Years as Community Engagement Officer
- Peer Support Team Member
- Crisis Intervention Unit Member
- Crisis Negotiations Member of NIPAS
- Juvenile Officer

Topics We Will Cover

- Strategies to Protect Our Children
- How to Monitor your Child's Technology and Social Media Accounts
- Online Predators
- Sexting
- Sextortion
- Cyberbullying/Online Harassment
- Cyber-Stalking



Your Child's Expectation of Privacy



- Your child does not own the devices they are using.
- They are your devices until they are 18 years old
- You have the right to monitor the activity on their devices
- Always know the passcode to your children's devices; spot check
- Consider installing a parental monitoring application.

ĀURA

bark 

Parental Monitoring Applications



Who is Responsible for Your Child's Online Activity??

If you feel your child can responsibly navigate being online... And can handle the content of this documentary....

Watch the documentary together and have a very serious discussion about it

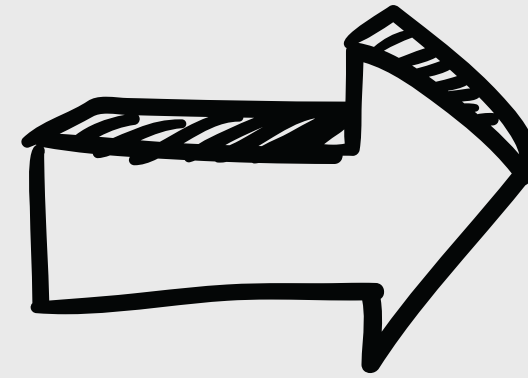
Childhood 2.0



families were in communities they were local

SUBSCRIBE

Allowing Kids Access to their Devices at Night



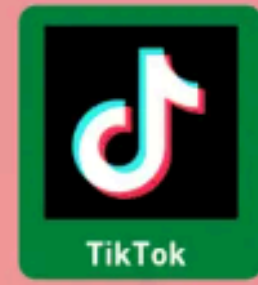
- Consider charging all electronic devices in the parent's bedroom or another room.
- Children will often use the devices when they should be sleeping.

RISKY APPS FOR KIDS & ADULTS

- Mental health + bullying
- Data brokers
- Location exposure
- Hookups + sex
- Internal tracking



Whisper



TikTok



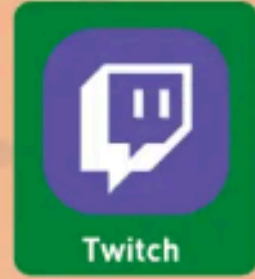
WhatsApp



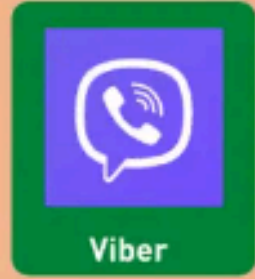
Discord



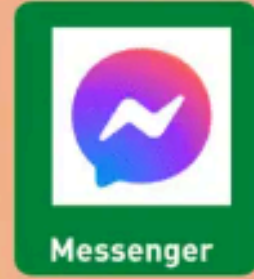
Telegram



Twitch



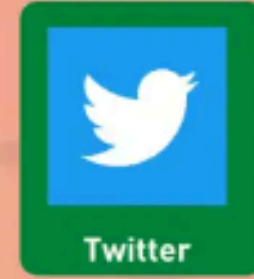
Viber



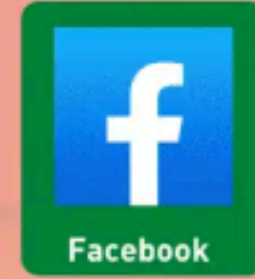
Messenger



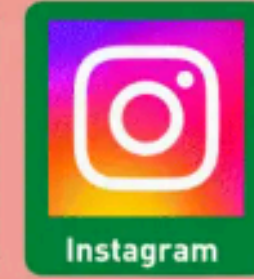
LinkedIn



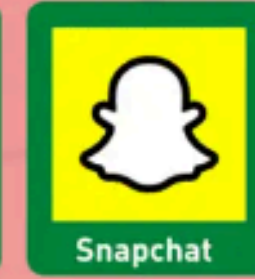
Twitter



Facebook



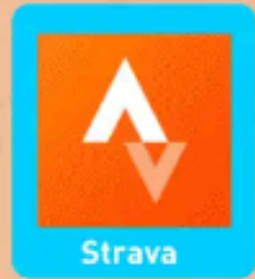
Instagram



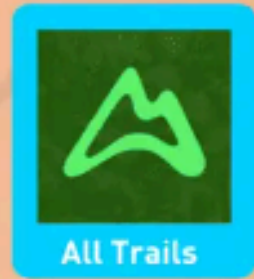
Snapchat



NIKE Run Club



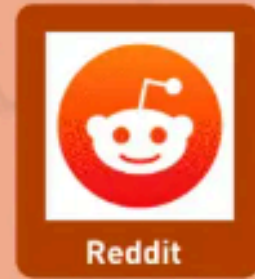
Strava



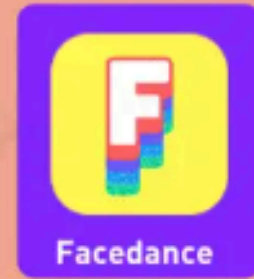
All Trails

← Fitness apps publicly show run/ride locations on a map, like frequent trails or your home.

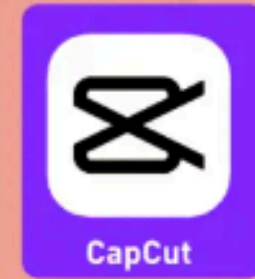
→ Reddit is also browseable online and by apps like Apollo and Narwhahl.



Reddit



Facedance



CapCut

← CapCut is a video editing app by TikTok's parent, ByteDance.

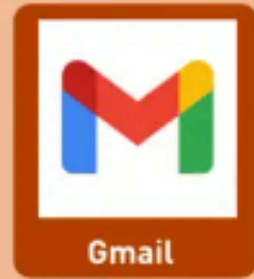
Google apps, except Google Classroom, internally track every search, webpage, location, and video watched.



Google



Chrome



Gmail



Google Maps



YouTube



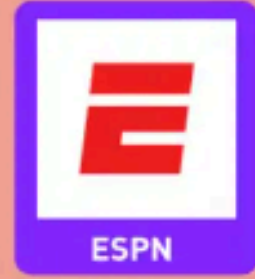
YouTube Music



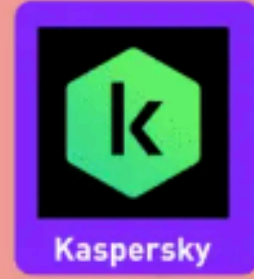
Words with Friends



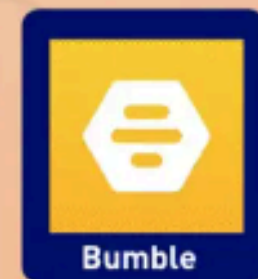
Uber Eats



ESPN



Kaspersky



Bumble



OkCupid



Plenty of Fish



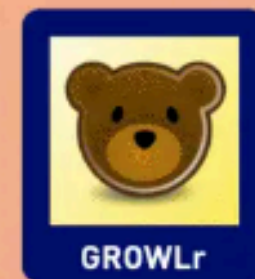
Tindr



HUD



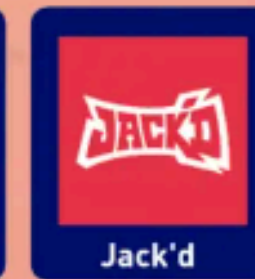
Hinge



GROWLr



Adam4Adam



Jack'd



SCRUFF



Grindr

→ Dating Apps are common, but dozens exist for heterosexual people (left) and LGBTQ+ people (right). They can be a safe way to meet people, but aren't for kids or most teens.

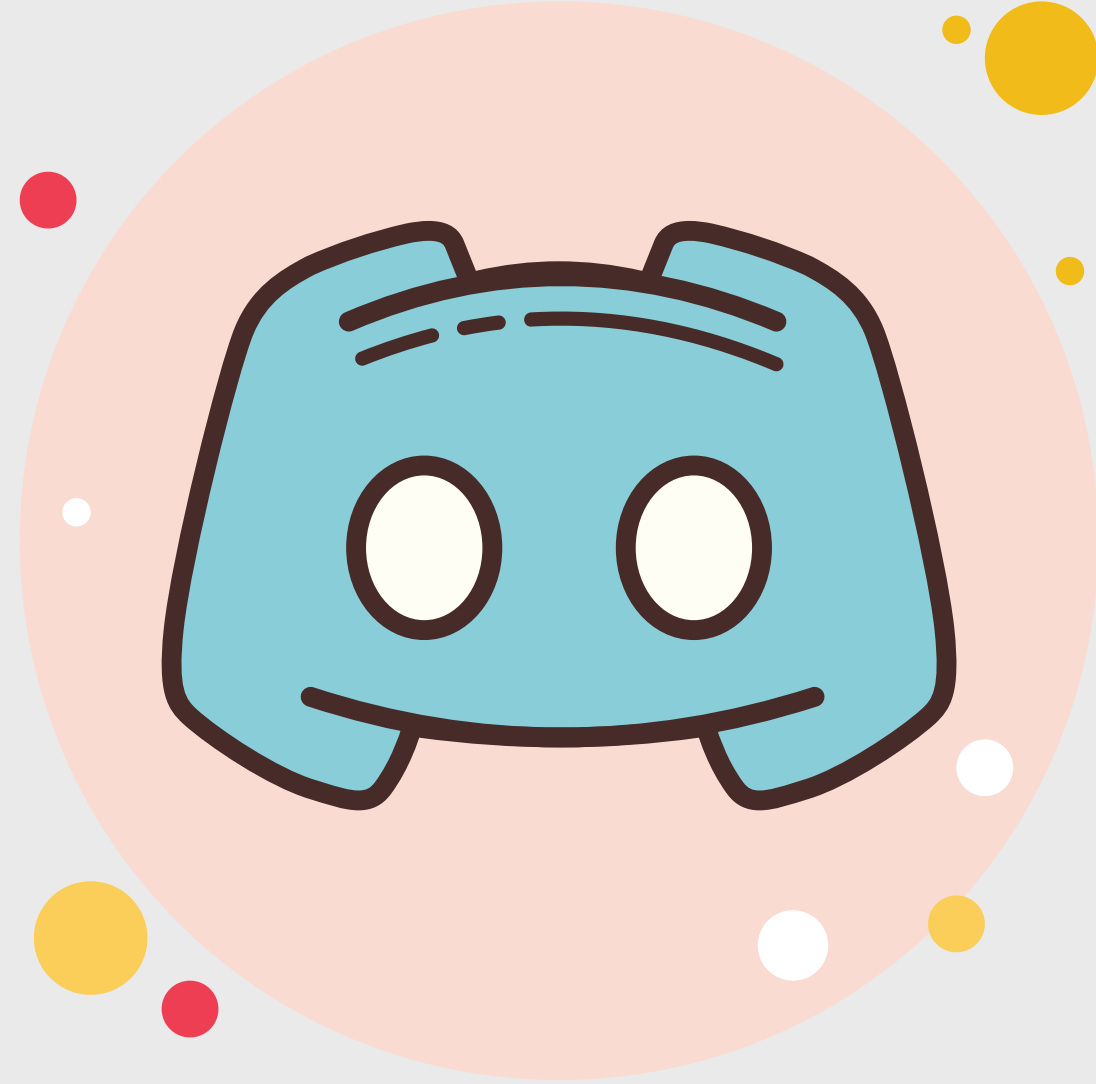


Get helpful tips at susiesplace.org/riskyapps

Social Media Age Restrictions



The most popular social media platforms have the same age restriction: 13+. Among the handful that don't, "parental permission" is all that's needed to gain entry at 13+ (Source: Action for Children)



Game and Messaging Platforms





TIKTOK

FAMILY SAFETY MODE

13+



WHAT IS TIKTOK?

A social media app, used mainly for creating music and dance videos. The app can also be used for users to create /participate in viral challenges.

WHAT IS FAMILY SAFETY MODE?

A new feature, allowing Parents/Carers to connect their own TikTok account with their teen's TikTok account, this allows Parents/Carers to have remote control over certain safety features.

ARE THE FEATURES EXCLUSIVE TO FAMILY SAFETY MODE?

No, these safety features are already available in the app for TikTok users to set up themselves.

WHAT ARE THE SAFETY FEATURES?

SCREEN TIME MANAGEMENT

Parents/Carers can limit the amount of time their teen spends on the TikTok app.

RESTRICTED MODE

Parents/Carers can limit the appearance of inappropriate content on the app.

DIRECT MESSAGES

Parents/Carers can select which users can message their teen, or turn off direct messaging completely.

WHAT ELSE CAN YOU DO?

PRIVATE PROFILE

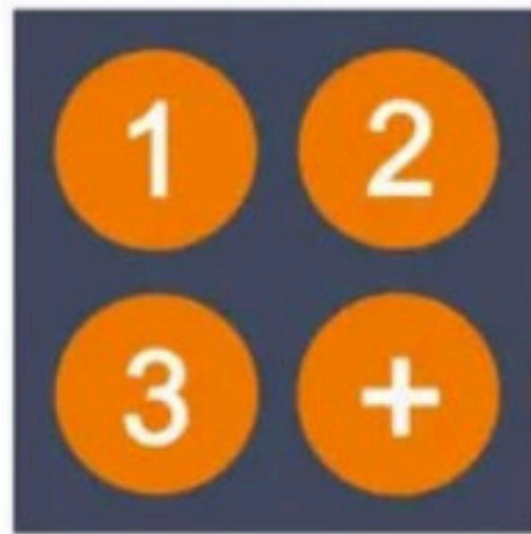
Set your teen's profile to private so only people they know can interact with their videos.

KEEP TALKING

Having a regular conversation as well as setting up safety features is vital in keeping children and young people safe online.

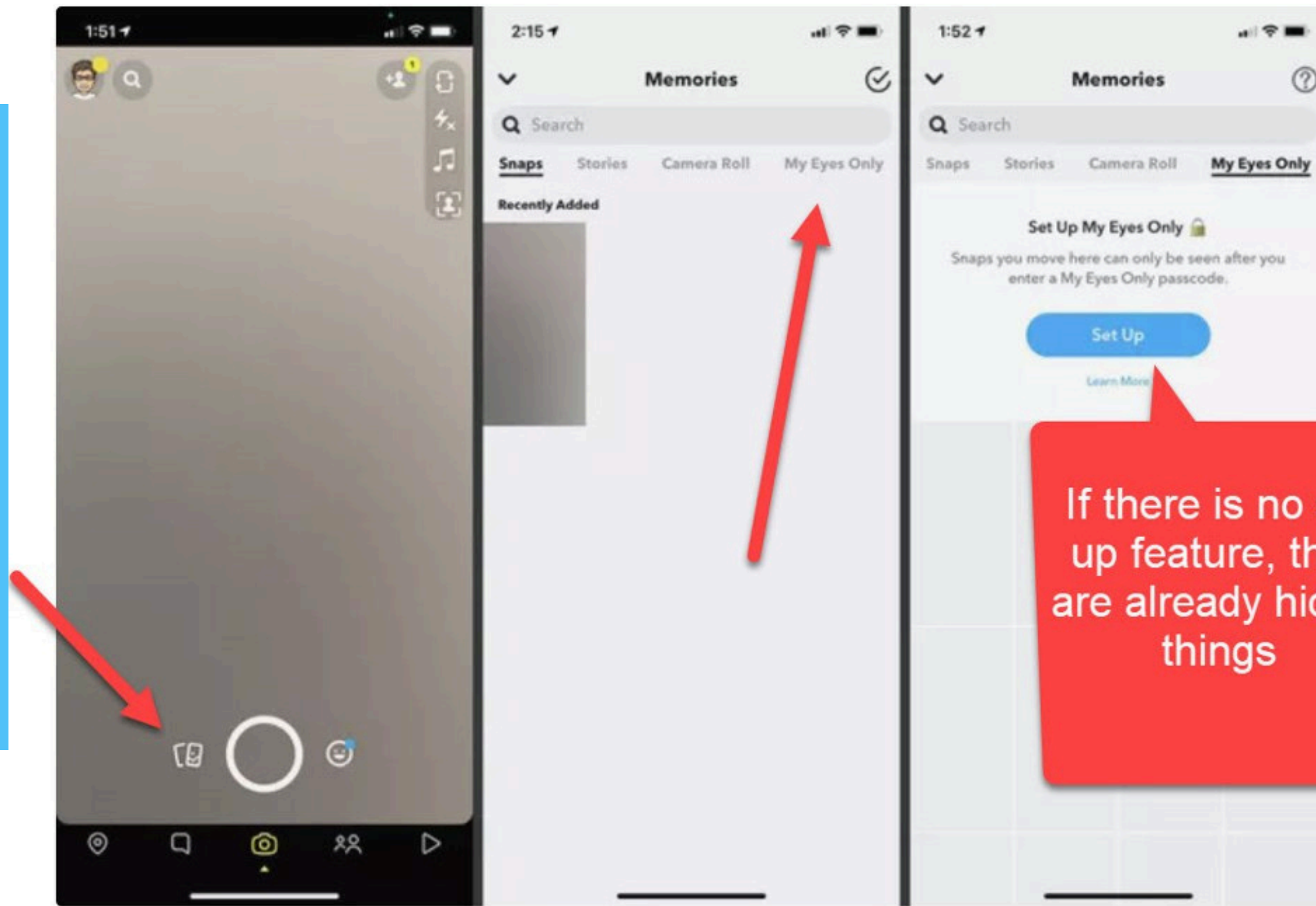
Hidden Photos and Videos in Vaults

“I trust my kids; they would never hide anything from me”



ShapChat has a Built-in Vault

“I trust my kids; they would never hide anything from me”



If you haven't already set up parental controls on your kid's devices, you may want to see if they have any of these hidden apps already on their phones first.

Visit the App Store on their phone and type in "vault app" or "hide photos" or "secret app." If any of them have "OPEN" next to them (instead of "GET"), it means the app has already been installed on their phone.



If you discover that any of those hidden apps are installed, you can try to open them to see what's hidden there, or you can have a conversation with your child about them later.

FINSTA

Finsta is a fake Instagram Account (secondary)

These accounts are often used in cyberbullying or made as a fake account for false personation

Kids will provide parents with access to this account instead of their actual account



Be a Mentor, Not Only a Friend

Pay attention to your instincts

Don't tell war stories: "What I used to
get away with/do"

Lead by example



What Did Your Parents Tell You When You Were a Kid?



- **Be Careful**
- **Do not talk to strangers**
- **Be aware of your surroundings**
- **Do not go near a stranger's car**
- **Do not get into a stranger's car**

These all still apply, but times are changing....

Dangers Of Ride Share Apps

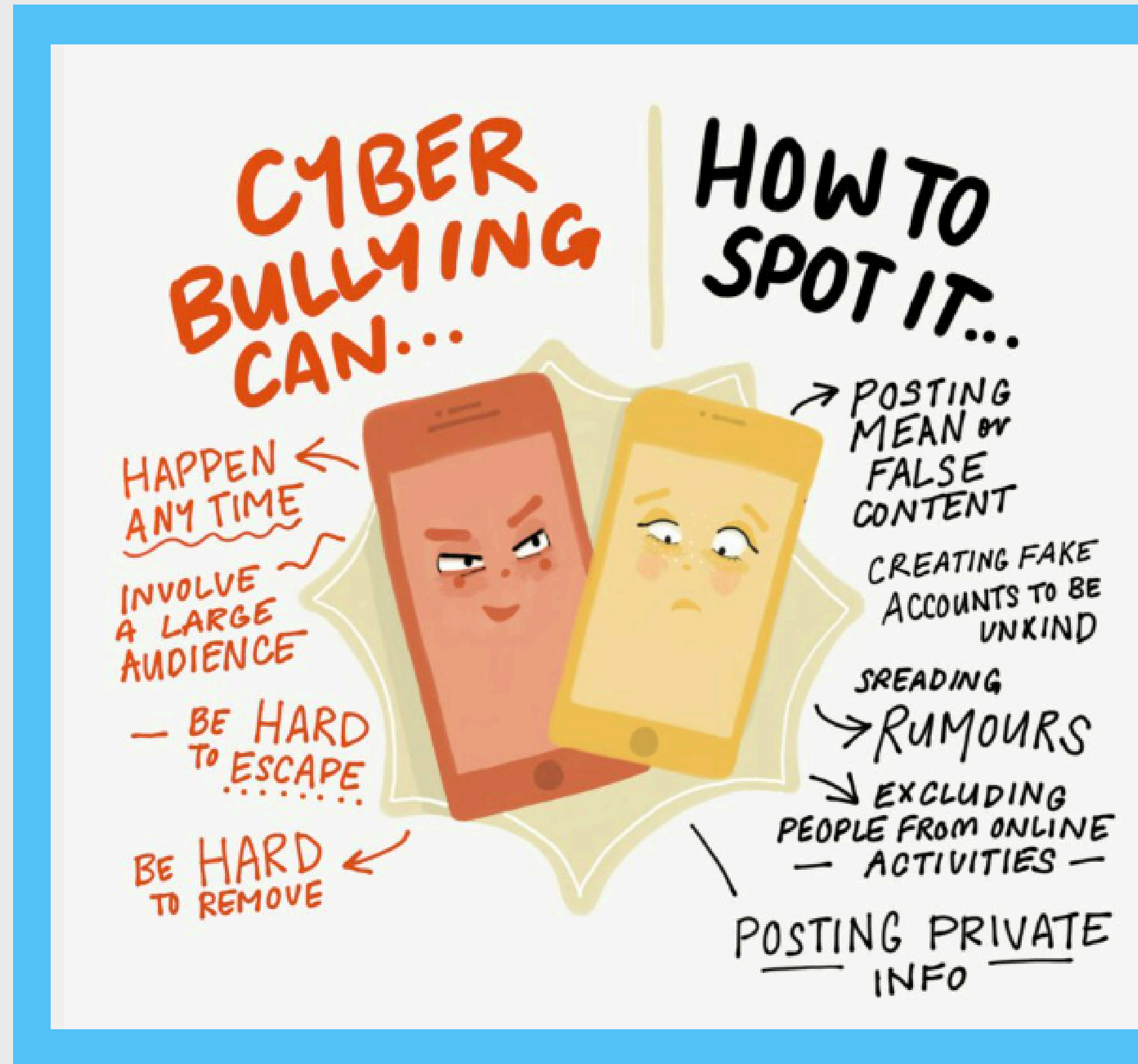
The Uber logo is displayed in white text on a black rectangular background.The Lyft logo is displayed in white text on a pink rectangular background.

- **Teen Uber Accounts are available in the following cities: Illinois: Carbondale, Champaign, Chicago, Peoria, Rockford, Springfield**
- **Must be at least 13 years old**
- **Must be at least 18 years old to sign up for a Lyft account, including Lyft Family accounts.**
- **We don't allow passengers under the age of 18 to take a ride on the Lyft platform without an adult.**

Cyberbullying:

Using technology to bully or hurt someone else

- Sending/sharing nasty, hurtful or abusive messages or emails
- Humiliating others by posting/sharing embarrassing videos or images
- Spreading rumors or lies online
- Setting up fake online profiles
- Excluding others online



Laws on Cyberbullying



Harassment through Electronic Communications



False Personation



Cyber-Stalking

Harassment through Electronic Communications

A person commits harassment through electronic communications when he or she uses electronic communication for:

Making any comment, request, suggestion or proposal which is obscene with an intent to offend



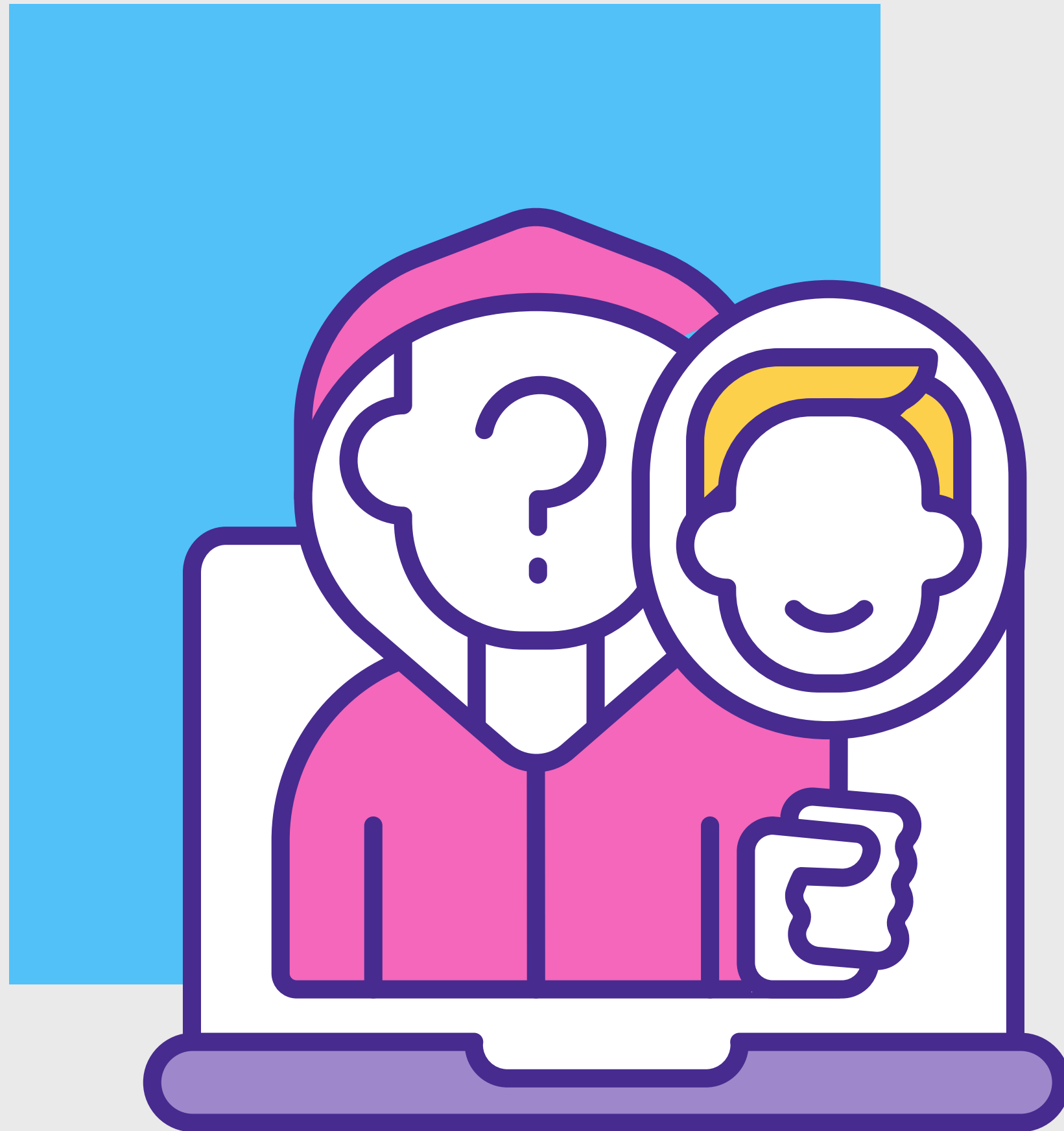
Cyberstalking

When he or she engages in a course of conduct using electronic communication directed at a specific person, and he or she knows or should know that would cause a reasonable person to :

1. Fear for their safety or safety of a third person
2. Suffers other emotional distress

An individual must harass through electronic communications on a least 2 separate occasions.





False Personation

When he or she knowingly and falsely represents himself or herself to be:

Another person and does an act in such assumed character with intent to intimidate, threaten, injure, defraud, or to obtain a benefit from another

**What does it
mean:**

**The sending of
sexually explicit
messages or
images by cell
phone or other
electronic
device**

Sexting

PLZ

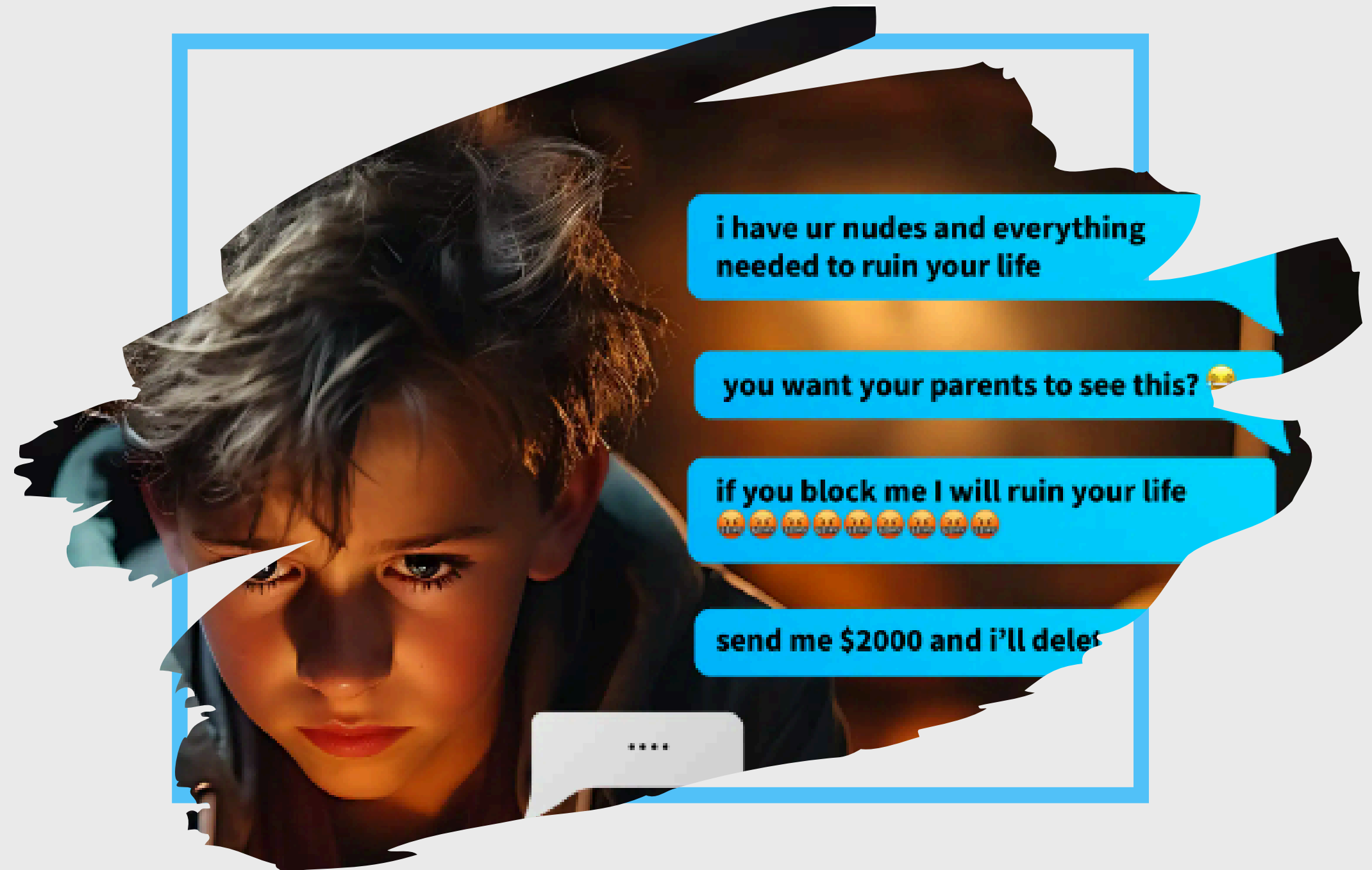
Can you send me a pic?
I'm so pretty

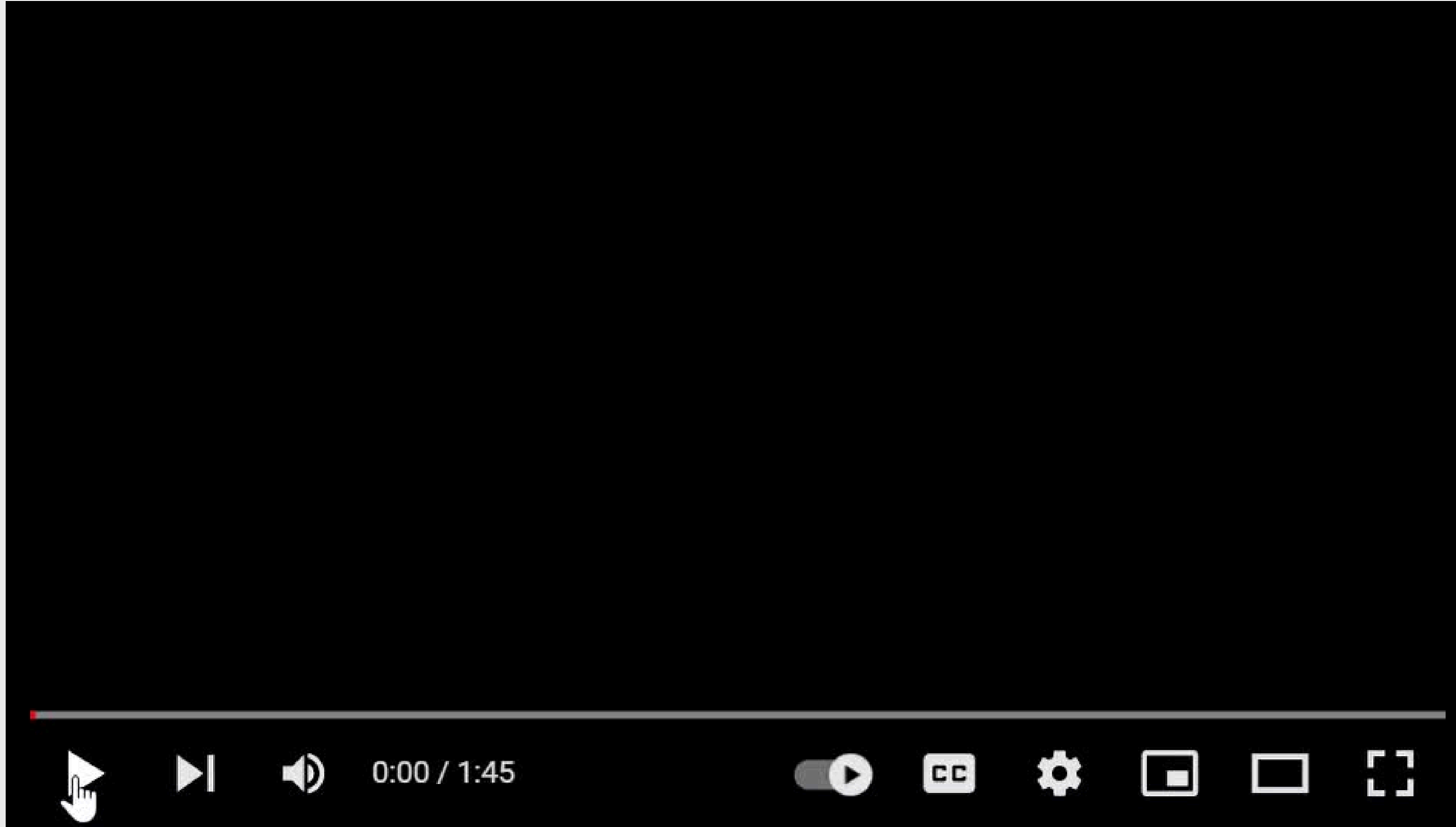
**Once it's Sent, IT
CANNOT BE DELETED**

Sextortion

What is it?

- The threat to expose sexual images in order to make a person do something. These threats come from both strangers met online and once intimate romantic partners attempting to harass, embarrass, and control victims.





SEXTORTION

THREATS TO EXPOSE A SEXUAL IMAGE IN ORDER
TO MAKE A PERSON DO SOMETHING

Threats happen sooner for online victims

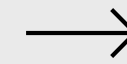


First contact is typically by phone via a social media friend request.



**It is happening here.
On all social media platforms.**

What do I do if it happens to my child?



-
- ✔ Contact the police

 - ✔ Take Screenshots

 - ✔ Collect User ID information and screen name

 - ✔ Report and block

THANK YOU!

Contact Information:

Email:

Amanda.Jaegers@northbrook.il.us

Work: 847-664-4465