INDIVIDUAL HEALTHCARE PLANS (IHPs)

Code **JLCDA-R** *Issued* **11/24**

An individual healthcare plan (IHP) is a plan of care designed specifically for an individual student to address the health monitoring and care of the student during the school day or at school-sponsored functions. An IHP is required for students with special health care needs. Special health care needs are defined as chronic health conditions requiring treatments, procedures, medications, and/or monitoring that must be performed by school staff and that are:

- complicated and/or lengthy
- require several contacts with the nurse or health assistant during the school day
- needed to prevent death or disability on an emergent basis
- needed for students who have medically fragile health conditions

Development of IHPs

The development of an IHP requires an assessment of a student's health condition, identification of potential or existing health problems that need to be addressed at school, the development of goals and the actions that should be taken to meet them, and a method for evaluating the outcomes of care that is provided. IHPs must be developed and coordinated by a registered nurse (RN), however, a licensed practical nurse (LPN) may assist the RN in collection of data for the IHP.

The IHP will be developed with input from, and the approval of, the following individuals:

- student's healthcare provider who prescribed the medication, treatment, procedure, or monitoring
- parent/legal guardian
- student, if appropriate
- school nurse and other designated school staff member(s)

When possible, an IHP should be ready for implementation on the first day the student will attend school or within a reasonable time following the diagnosis requiring an IHP.

Contents of an IHP

- student's name and date of birth
- contact information for the student's parent/guardian
- contact information for an individual to be contacted in the event that the parent/guardian cannot be reached
- contact information for the student's health care practitioner(s)
- contact information for the preferred emergency facility or hospital
- student's medical diagnoses
- summary of the student's health assessment data
- identification of the student's health problems/nursing diagnoses
- goals related to the identified health problems/nursing diagnoses
- actions to be taken during the school day or at school-sponsored functions to address the health problems/diagnoses and either the names or the identifying titles of the individuals who will be responsible for carrying out those actions (when the identifying titles are used, the names of the individuals responsible must be recorded in the student's health record)

- expected outcomes for the student based on the actions outlined in the IHP
- plans for handling emergency situations that may occur as a result of a student's medical diagnosis at school or at school-sponsored functions (if applicable)
- special considerations (equipment, medication, and so forth) for a student's participation in physical activities or sports (if applicable)
- procedures to ensure safety and appropriate health services:
- when the student is in transit to or from school or school-sponsored activities when vehicles owned or leased by the school district are being used
- during before-school or after-school activities conducted by the school on school property
- during school-sponsored field trips and any other school-sponsored activity in which the student is a participant officially representing the school
- date that the plan is to be reviewed
- documentation of approval of the IHP by the student's healthcare provider, parent/legal guardian, school nurse and other designated school staff member(s), and, if appropriate, the student

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