

Daily Options:

- Cereal
- Craisins
- Whole Fruit
- Yogurt
- Cheese Sticks



Bellflower Unified School District



December 2024
Middle & High School
Breakfast Menu



Milk Options:

- 1% Milk
- Nonfat Milk
- Nonfat Chocolate Milk

- KEY:**
- Served Warm
 - Freshly Prepared
 - BYO** Build Your Own

We are an Equal Opportunity Provider. This Menu is Subject to Change Without Prior Notice.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>²</p> <p> French Toast w/ Apple Glaze or Cinnamon Crumble</p>	<p>³</p> <p> Egg, Cheese & Bacon Breakfast Burrito or Strawberry Elote</p>	<p>⁴</p> <p> BYO Yogurt Bowl or Benefit Chocolate Chip Bar</p>	<p>⁵</p> <p> Turkey Sausage Breakfast Pizza or Fresh Berry Cream Cheese Bagel</p>	<p>⁶</p> <p> Breakfast Fruit Pizza or Cereal Bar Variety</p>
<p>⁹</p> <p> French Toast w/ Apple Glaze or Cinnamon Crumble</p>	<p>¹⁰</p> <p> Turkey Sausage Sandwich or Concha Variety</p>	<p>¹¹</p> <p> BYO Yogurt Bowl or Honey Wheat Breakfast Bar</p>	<p>¹²</p> <p> Breakfast Fried Rice or Muffin</p>	<p>¹³</p> <p> Waffle w/ Banana & Syrup Pkt or Cereal Bar Variety</p>
<p>¹⁶</p> <p> French Toast w/ Apple Glaze or Cinnamon Crumble</p>	<p>¹⁷</p> <p> Egg, Cheese & Bacon Breakfast Burrito or Strawberry Elote</p>	<p>Minimum Day ¹⁸</p> <p> BYO Yogurt Bowl or Benefit Chocolate Chip Bar</p>	<p>Minimum Day ¹⁹</p> <p> Turkey Sausage Breakfast Pizza or Fresh Berry Cream Cheese Bagel</p>	<p>Minimum Day ²⁰</p> <p> Breakfast Fruit Pizza or Cereal Bar Variety</p>
23	24	25	26	27

HAPPY
Holidays

³⁰ | ³¹

School Closed

