

JANUARY*

2025 Lunch Fine Arts Announcements:

Have a milk allergy?

No worries!!

Lactose Free milk is now available! Contact the school nurse if your child needs allergy food accommodations.



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WSISD Child Nutrition

BearPack is Grape or Strawberry Uncrustable with Cheese Stick and Pretzels. Students must also choose a fruit and/or vegetable. **Chef Salads** and **Baked Potatoes** are served with whole grain roll or breadstick.

To view our monthly menus, meal prices, charge policy, nutrition and allergy information, and free/ reduced meal program guidelines go to www.wsisd.com Download the app or visit www.schoolcafe.com Please call the Child Nutrition office if you have any questions 817-367-1310



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

This institution is an equal opportunity provider. Menus are subject to change.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>6 No School</p>  <p>Red Grapefruit</p> <div style="border: 1px solid black; padding: 5px; margin-top: 10px;"> <p>Did you know the Red Grapefruit is the state fruit of Texas? It is sweet and tangy. It has a lot of Vitamins A & C to keep your eyes and skin healthy and helps protect you from getting a cold.</p> </div>	<p>7 No School</p>  <p>Harvest of the Month™</p>	<p>8</p> <p>Beef Tamales Taco Salad Turkey & Cheese Sandwich Refried Beans Jicama Sticks Red Grapefruit Fruit Milk</p>	<p>9</p> <p>Turkey Pot Pie Baked Potato w/ Cheese BearPack Broccoli Emoji Fries Fruit Milk</p>	<p>10</p> <p>Pizza Rippers BearPack Turkey & Cheese Sandwich Garden Salad Sliced Cucumbers Fruit Milk</p>
<p>13</p> <p>Chicken & Waffle Chef Salad w/ Turkey Turkey & Cheese Sandwich Glazed Carrots Broccoli Fruit & Milk</p>	<p>14</p> <p>Corn Dog Baked Potato w/ Cheese BearPack Corn Veggie Beans Fruit Milk</p>	<p>15</p> <p>Walking Taco Chef Salad w/Turkey Turkey & Cheese Sandwich Lettuce & Diced Tomatoes Corn & Black Beans Fruit Milk</p>	<p>16</p> <p>Scrambled Egg w/ Cheese, Pancakes and Sausage Link Baked Potato w/ Cheese BearPack Roasted Potatoes Peppers & Onions Fruit Milk</p>	<p>17</p> <p>Cheese Calzone BearPack Turkey & Cheese Sandwich Garden Salad Ranch Style Beans Fruit Milk</p>
<p>20 No School</p> 	<p>21</p> <p>Hamburger/Cheeseburger Baked Potato w/ Cheese BearPack Sandwich Salad Emoji Fries Fruit Milk</p>	<p>22</p> <p>Chicken Nachos Taco Salad Turkey & Cheese Sandwich Lettuce & Diced Tomatoes Pinto Beans Fruit Milk</p>	<p>23</p> <p>Hot Dog w/ Chili Baked Potato w/ Cheese BearPack Baby Carrots Corn & Black Beans Cinnamon Apples Fruit Milk</p>	<p>24</p> <p>Pizza Slice– Cheese or Pepperoni BearPack Turkey & Cheese Sandwich Garden Salad Sliced Cucumbers Fruit Milk</p>
<p>27</p> <p>Chicken Nuggets Chef Salad w/ Turkey Turkey & Cheese Sandwich Whole Grain Roll Mashed Potatoes Green Beans Fruit Milk</p>	<p>28</p> <p>Lasagna Roll Up Baked Potato w/ Cheese BearPack Garlic Knot Garden Salad Corn Fruit Milk</p>	<p>29</p> <p>Beef Nachos Chef Salad w/Turkey Turkey & Cheese Sandwich Lettuce & Diced Tomatoes Pinto Beans Fruit Milk</p>	<p>30</p> <p>BBQ Chicken Sandwich Baked Potato w/ Cheese BearPack Cucumber Salad Sweet Potato Fries Fruit Milk</p>	<p>31</p> <p>Personal Pizza– Cheese or Pepperoni BearPack Turkey & Cheese Sandwich Spinach w/ Mandarins Broccoli Fruit Milk</p>