

JANUARY*

2025 Lunch Brewer Middle

Announcements:

Have a milk allergy?
No worries!!

Lactose Free milk is now available! Contact the school nurse if your child needs allergy food accommodations.



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WSISD Child Nutrition





BearPack is Grape or Strawberry Uncrustable with Cheese Stick and Pretzels. Students must also choose a fruit and/or vegetable. **Chef Salads and Baked Potatoes** are served with Whole Grain Roll or Breadstick.

To view our monthly menus, meal prices, charge policy, nutrition and allergy information, and free/ reduced meal program guidelines go to www.wsisd.com Download the app or visit www.schoolcafe.com Please call the Child Nutrition office if you have any questions 817-367-1310



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

This institution is an equal opportunity provider. Menus are subject to change.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>6 No School</p>  <p>Red Grapefruit</p> <div style="border: 1px solid black; padding: 5px; margin-top: 10px;"> <p>Did you know the Red Grapefruit is the state fruit of Texas? It is sweet and tangy. It has a lot of Vitamins A & C to keep your eyes and skin healthy and helps protect you from getting a cold.</p> </div>	<p>7 No School</p>  <p>Harvest of the Month™</p>	<p>8</p> <p>Beef Tamales Corn Dog Baked Potato w/ Cheese Turkey Chef Salad Refried Beans Jicama Sticks Lettuce & Diced Tomatoes Red Grapefruit Fruit Milk</p>	<p>9</p> <p>Vegetable Soup w/Grilled Cheese Hamburger/Cheeseburger Turkey & Cheese Sandwich BearPack Garden Salad Baby Carrots Fruit</p>  <p>Milki's National Soup Month!</p>	<p>10</p> <p>Chicken Alfredo Penne Pepperoni Pizza Baked Potato w/ Cheese Steamed Broccoli Spinach w/ Strawberries Fruit Milk</p>
<p>13</p> <p>Chicken & Waffle Cheese Pizza Baked Potato w/ Cheese Spicy Chicken Chef Salad Green Beans Baby Carrots Fruit & Milk</p>	<p>14</p> <p>Meatball Sub Breaded Chicken Sandwich Turkey & Cheese Sandwich BearPack Sandwich Salad Curly Fries Fruit Milk</p>	<p>15</p> <p>Walking Beef Taco Hot Dog Baked Potato w/ Cheese Turkey Chef Salad Lettuce & Diced Tomatoes Pinto Beans Fruit Milk</p>	<p>16</p> <p>Scrambled Egg w/ Cheese, Pancakes and Sausage Link Hamburger/Cheeseburger Turkey & Cheese Sandwich BearPack Roasted Potatoes Peppers & Onions Fruit Milk</p>	<p>17</p> <p>Teriyaki Chicken w/ Rice Pepperoni Pizza Baked Potato w/ Cheese Spinach w/ Mandarins Edamame Veggie Blend Fruit Milk</p>
<p>20 No School</p> 	<p>21</p> <p>Crispitos Spicy Chicken Sandwich Turkey & Cheese Sandwich BearPack Garden Salad Corn & Black Beans Fruit Milk</p>	<p>22</p> <p>Chicken Fajitas Corn Dog Baked Potato w/ Cheese Turkey Chef Salad Peppers & Onions Celery Sticks Fruit Milk</p>	<p>23</p> <p>Walking Frito Chili Pie Hamburger/Cheeseburger Turkey & Cheese Sandwich BearPack Ranch Style Beans Baby Carrots Cinnamon Apples Fruit Milk</p>	<p>24</p> <p>Lasagna Roll Up Pepperoni Pizza Baked Potato w/ Cheese Garlic Knot Garden Salad Corn Fruit Milk</p>
<p>27</p> <p>Chicken Nuggets Cheese Pizza Baked Potato w/ Cheese Spicy Chicken Chef Salad Breadstick Mashed Potatoes Green Beans Fruit Milk</p>	<p>28</p> <p>Philly Cheesesteak Breaded Chicken Sandwich Turkey & Cheese Sandwich BearPack Peppers & Onions Emoji Fries Fruit Milk</p>	<p>29</p> <p>Beef Nachos Hot Dog Baked Potato w/ Cheese Turkey Chef Salad Lettuce & Diced Tomatoes Celery Sticks Fruit Milk</p>	<p>30</p> <p>BBQ Brisket Sandwich Hamburger/Cheeseburger Turkey & Cheese Sandwich BearPack Ranch Style Beans Roasted Sweet Potatoes Fruit Milk</p>	<p>31</p> <p>Orange Chicken w/ Rice Pepperoni Pizza Baked Potato w/ Cheese Spinach w/ Mandarins Edamame Veggie Blend Fruit Milk</p>