

JANUARY*

2025 Breakfast West FCLC

Announcements:

Have a milk allergy?
No worries!!

Lactose Free milk
is now available!
Contact the school
nurse if your child
needs allergy food
accommodations.



Follow us on Facebook
WSISD Child Nutrition



To view our monthly menus,
meal prices, charge policy, nutri-
tion and allergy information, and
free/ reduced meal program
guidelines go to www.wsisd.com
Download the app or visit
www.schoolcafe.com

Please call the Child Nutrition
office if you have any questions
817-367-1310



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

This institution is an equal opportunity
provider. Menus are subject to change.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>6 No School</p>  <p>Red Grapefruit</p> <div style="border: 1px solid black; padding: 5px; margin-top: 10px;"> <p>Did you know the Red Grapefruit is the state fruit of Texas? It is sweet and tangy. It has a lot of Vitamins A & C to keep your eyes and skin healthy and helps protect you from getting a cold.</p> </div>	<p>7 No School</p>  <p>Harvest of the Month™</p>	<p>8 Mini Pancakes</p> <p>Fruit Juice Milk</p>	<p>9 Cereal</p> <p>Fruit Juice Milk</p>	<p>10 Egg & Cheese Croissant</p> <p>Fruit Juice Milk</p>
<p>13 Yogurt Parfait & Graham Crackers</p> <p>Fruit Juice Milk</p>	<p>14 Mini Bagel & Cream Cheese</p> <p>Fruit Juice Milk</p>	<p>15 Scrambled Egg & Cheese w/ Toast</p> <p>Fruit Juice Milk</p>	<p>16 Emoji Waffles</p> <p>Fruit Juice Milk</p>	<p>17 Pancake Sausage Bites</p> <p>Fruit Juice Milk</p>
<p>20 No School</p> 	<p>21 Muffin– Chocolate, Banana or Blueberry</p> <p>Fruit Juice Milk</p>	<p>22 Mini Pancakes</p> <p>Fruit Juice Milk</p>	<p>23 Cereal</p> <p>Fruit Juice Milk</p>	<p>24 Egg & Cheese Croissant</p> <p>Fruit Juice Milk</p>
<p>27 Yogurt Parfait & Graham Crackers</p> <p>Fruit Juice Milk</p>	<p>28 Mini Bagel & Cream Cheese</p> <p>Red Grapefruit Juice Milk</p>	<p>29 Scrambled Egg & Cheese w/ Toast</p> <p>Fruit Juice Milk</p>	<p>30 Emoji Waffles</p> <p>Fruit Juice Milk</p>	<p>31 Pancake Sausage Bites</p> <p>Fruit Juice Milk</p>