

JANUARY*

2025

Lunch West PreK & Kindergarten

Announcements:

Have a milk allergy?
No worries!!
Lactose Free milk
is now available!
Contact the school
nurse if your child
needs allergy food
accommodations.



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WSISD Child Nutrition





**BearPack is Grape or Strawberry
Uncrustable with Cheese Stick
and Pretzels. Students must also
choose a fruit and/or vegetable.
Baked Potatoes are served with
whole grain roll or breadstick.**

To view our monthly menus,
meal prices, charge policy, nutri-
tion and allergy information, and
free/ reduced meal program
guidelines go to www.wsisd.com
Download the app or visit
www.schoolcafe.com
Please call the Child Nutrition
office if you have any questions
817-367-1310



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

This institution is an equal opportunity
provider. Menus are subject to change.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>6 No School</p>  <p>Red Grapefruit</p> <div style="border: 1px solid black; padding: 5px; margin-top: 10px;"> <p>Did you know the Red Grapefruit is the state fruit of Texas? It is sweet and tangy. It has a lot of Vitamins A & C to keep your eyes and skin healthy and helps protect you from getting a cold.</p> </div>	<p>7 No School</p>  <p>Harvest of the Month™</p>	<p>8 Beef Soft Taco Baked Potato w/ Cheese BearPack Lettuce & Diced Tomatoes Pinto Beans Red Grapefruit Fruit Milk</p>	<p>9 Hamburger/Cheeseburger Turkey & Cheese Sandwich Sandwich Salad Curly Fries Fruit Milk</p>	<p>10 Pizza Slice Baked Potato w/ Cheese BearPack Green Beans Corn Fruit Milk</p>
<p>13 Chicken Tenders Baked Potato w/ Cheese BearPack Macaroni & Cheese Steamed Broccoli Veggie Beans Fruit & Milk</p>	<p>14 Vegetable Soup w/ Grilled Cheese Turkey & Cheese Sandwich Baby Carrots Emoji Fries Fruit Milk</p>  <p>It's National Soup Month!</p>	<p>15 Beef Nachos Baked Potato w/ Cheese BearPack Lettuce & Diced Tomatoes Pinto Beans Fruit Milk</p>	<p>16 Chicken Sandwich Turkey & Cheese Sandwich Sandwich Salad Sweet Potato Fries Fruit Milk</p>	<p>17 Turkey Spaghetti Baked Potato w/ Cheese BearPack Green Beans Corn Fruit Milk</p>
<p>20 No School</p>  <p>THE TIME IS ALWAYS RIGHT TO DO WHAT IS RIGHT. DR. MARTIN LUTHER KING, JR.</p>	<p>21 Macaroni & Cheese Turkey & Cheese Sandwich Steamed Broccoli Cucumber Slices Fruit Milk</p>	<p>22 Chicken Soft Taco Baked Potato w/ Cheese BearPack Lettuce & Diced Tomatoes Ranch Style Beans Fruit Milk</p>	<p>23 Chicken Nuggets Turkey & Cheese Sandwich Baby Carrots Waffle Fries Cinnamon Apples Fruit Milk</p>	<p>24 Pizza Rippers Baked Potato w/ Cheese BearPack Spinach w/ Mandarins Corn Fruit Milk</p>
<p>27 Chicken & Waffle Baked Potato w/ Cheese BearPack Steamed Broccoli Glazed Carrots Fruit Milk</p>	<p>28 Mini Corn Dogs Turkey & Cheese Sandwich Veggie Beans Emoji Fries Fruit Milk</p>	<p>29 Beef Soft Taco Baked Potato w/ Cheese BearPack Lettuce & Diced Tomatoes Pinto Beans Fruit Milk</p>	<p>30 Hamburger/Cheeseburger Turkey & Cheese Sandwich Sandwich Salad Curly Fries Fruit Milk</p>	<p>31 Pizza Slice Baked Potato w/ Cheese BearPack Green Beans Corn Fruit Milk</p>