

Service DECEMBER 2024



SAY IT:

Service: Lending a hand to help someone else

KNOW IT:

ASK A GROWN-UP:

- Describe a service project you participated in as a kid or teenager.
- What are some ways you would be interested in serving our community now?

ASK A KID:

- What are some ways you would like to see us serve in our community?
- Do you know of any service projects or clubs at your school you could get involved in?

SEE IT:

Sometimes the key to serving others is to remember a time when someone lent a hand to help us instead. Remember a time when you needed a helping hand? Maybe you were feeling sick, or couldn't do something all by yourself, or maybe you didn't know how to do something in school. We can all relate to a time when we needed someone to help us out. Check out this read aloud on YouTube: <https://www.youtube.com/watch?v=svHkcJWr6mo> and remember how you've been helped in the past so you can help others now!

BE IT:

Make a list of service project ideas and people in your community you can serve. You may want to reach out to some local non-profit organizations to see how and when you can serve with their organization. Take the first step and schedule an outreach project in December. Start small and see how you can make a positive difference in the world, one service project at a time.

PHASE

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By the time kids hit upper elementary, they begin to realize their first major crisis: **Friendship.**

This isn't just something that happens to our fourth and fifth graders. Believe it or not, research is beginning to show that by kindergarten many kids are testing the power of their influence and seeking connections with friends at any cost.

Meaning, as soon as they become aware there are other people in the world besides them, they start making decisions based on the sort of friends they want to attract.

Here are a few ways you can help your elementary kids develop friendships.

- Help them develop self-confidence.
- Widen the circle of people around them to include adults you trust.
- Ask questions about what's happening in their friendships.
- Don't freak out! Every Phase is new for your child and you as a parent, so there will be some bumps in the road.

So don't miss it. Developing friendships is a part of being a kid, and each one is learning as they go.