St. Charles Parish **Public Schools** 

# December 2024 Head Start Menu

This institution is an equal opportunity provider.

Menus are subject to change.



# Monday, December 2

### **Breakfast**

Confetti Pancakes Juice, Milk

#### Lunch

Red Beans w/Sausage Steamed Rice Mustard Greens, Pear Halves Milk

#### Snack

Chex Strawberry Cereal Bag Milk

# Tuesday, December 3

# Breakfast

French Toast Sticks Juice, Milk

#### Lunch

Soft Taco w/Cheese Refried Beans Apple Wedges Milk

### Snack

Yogurt Cinnamon Bear Cracker

# Wednesday, December 4

**Breakfast** Breakfast Pizza luice, Milk

#### Lunch

Shepherd's Pie Dinner Roll Banana Half Milk

#### Snack

Mozzarella String Cheese Orange Wedges

# Thursday, December 12

Thursday, December 5

**Breakfast** 

Sausage Biscuit

luice. Milk

Lunch

Chicken Stew w/Rice

Candied Yams

Strawberry Cup

Milk

Snack

Mickey Goldfish

Milk

# **Breakfast** Sausage Biscuit

## Lunch

lambalaya Milk

Milk

# Breakfast Cereal

Friday, December 6

luice, Milk

#### Lunch

Cheese Pizza Garden Salad Orange Wedges

#### Snack

Animal Crackers Fruit Cup (Pear)

Friday, December 13

**Breakfast** 

Grits Juice, Milk

#### Monday, December 9

# **Breakfast**

Waffle luice. Milk

#### Lunch

Breaded Pork Chop Mashed Potatoes Cinnamon Apple Slices Milk

#### Snack

Trix Cereal Bar Milk

## Tuesday, December 10 **Breakfast**

French Toast Sticks **Iuice**. Milk

#### Lunch

Fish Nuggets Macaroni & Cheese Green Beans, Pears Halves Milk

### Snack

Yogurt Tiger Bites Graham Crackers

# Wednesday, December II

# **Breakfast**

**Breakfast Sticks** luice. Milk

#### Lunch

Chili, Cheese, Crackers Garden Salad Banana Half Milk

#### Snack

Rice Krispie Treat Orange Wedges

luice. Milk

Broccoli Florets **Pineapple Tidbits** 

#### Snack

Cinnamon Goldfish

Lunch Hamburger Crinkle Cut Fries Orange Wedges Milk

#### Snack

Vanilla Chat Snax Graham Fruit Cup (Applesauce)

#### Monday, December 16

#### Breakfast

Confetti Pancakes Juice, Milk

#### Lunch

Chicken Tenders Broccoli w/Cheese Pear Halves Milk

#### Snack

Chex Strawberry Cereal Bag

# Tuesday, December 17

#### Breakfast

French Toast Sticks Juice, Milk

#### Lunch

Orange Chicken, Fried Rice Edamame Beans Tropical Fruit Milk

#### Snack

Yogurt Cinnamon Bear Cracker

# Wednesday, December 18

#### Breakfast

Breakfast Pizza Juice, Milk

#### Lunch

Gumbo w/Steamed Rice Potato Salad Banana Half Milk

#### Snack

Mozzarella String Cheese Orange Wedges

#### Thursday, December 19

#### Breakfast

Sausage Biscuit Juice, Milk

#### **Christmas Brunch**

Scrambled Eggs, Sausage Potato Coins, Grits Holiday Frozen Fruit Cup Milk

#### Snack

Mickey Gold Fish Milk

### Friday, December 20

### Breakfast

Cereal Juice, Milk

#### Lunch

Mac & Cheese Bites Green Beans **Pineapple Tidbits** Milk

#### **Early Dismissal**

Merry AND HAPPY NEW YEAR!

Christmas Holidays begin at the end of classes Friddy, December 20

Classes resume

Monday. January 6

We'll see you in 2025!