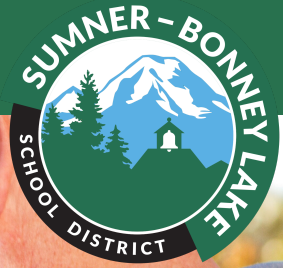


# ALCOHOL & DRUG PREVENTION INTERVENTION SERVICES



***Resources are available for staff and families of middle and high school students to reduce risk of substance abuse and provide consultation for intervention referrals.***

Support for Students | Screening for High-Risk Behaviors

Consultation for Families and Staff (interpreter available upon request) | Community Resources  
School-Wide Prevention Activities | Student Support Groups | Informational Workshops | Confidential  
Screening Referral Recommendations | Drug and Alcohol Education | Individual Counseling

## **Warning Signs of Possible Alcohol/Drug Use**

- Problems in school: decrease in attendance; skipping of classes; decreased interest in extracurricular activities, decreased attention span, drop in grades
- Problems in the family: increased fighting, not following house rules, fibbing, secretive behaviors, withdrawal from usual family activities, argumentative, paraphernalia
- Problems with health: Dehydration, grinding teeth (Ecstasy), inability to sleep; appearance of anorexia; infected teeth and gums; memory loss (Methamphetamine; prescription drugs)
- Problems with social life: sudden change in friends, not bringing friends home, increased use of drug slang
- Sudden and dramatic mood swings: social withdrawal, defensive, argumentative, increased anxiety, lethargic irritability

For more information, contact your school secretary or counselor.

Eric Munson, Executive Director

Heidi's Promise

[www.heidispromise.org](http://www.heidispromise.org) | (206) 790-8657

*Supporting and Strengthening Student Success in Partnership with Heidi's Promise*