



# Principles of Dance 1

Fall Semester		Spring Semester		
1st Grading Period	2nd Grading Period		3rd Grading Period	4th Grading Period
<b>Unit 1 - The Basics</b>	<b>Unit 3 - Ballet</b>		<b>Unit 5 - Cultural Dance</b>	<b>Unit 7 - Contemporary/Lyrical/Modern</b>
<b>8 Days</b> This unit will share foundations of dance with the students including: Muscular & Skeletal Systems, Nutrition, Flexibility/Mobility, and Proper Body Alignment.  <b>TEKS:</b> <ul style="list-style-type: none"> <li>1B, 2A, 3D</li> </ul>	<b>19 Days</b> Students will be introduced to the genre of ballet dance and explore the origins of the ballet dance style. s <b>TEKS:</b> <ul style="list-style-type: none"> <li>1C, 2C,3A, 3B, 3C, 3D, 4B</li> </ul>		<b>14 Days</b> Students will be introduced to the genre of cultural dance and explore the origins of various dance styles. <b>TEKS:</b> <ul style="list-style-type: none"> <li>1C, 2C,3A, 3B, 3C, 3D, 4B</li> </ul>	<b>12 Days</b> This unit reviews beginner improvisational dance technique. Across the unit students will explore and incorporate the style of Modern and Contemporary to a choreographic structure. <b>TEKS:</b> <ul style="list-style-type: none"> <li>1C, 2C,3A, 3B, 3C, 3D, 4B</li> </ul>
<b>Unit 2 - Jazz</b>	<b>Unit 4 - Performance Preparation</b>		<b>Unit 6 - Hip Hop</b>	<b>Unit 8 - Tap/Musical Theatre</b>
<b>19 Days</b> Students will be introduced to the genre of jazz dance and explore the origins of the jazz dance style. <b>TEKS:</b> <ul style="list-style-type: none"> <li>1C, 2C,3A, 3B, 3C, 3D, 4B</li> </ul>	<b>12 Days</b> Students will be introduced to the basics of preparing for performances and the importance of performance reflection and feedback.  <b>TEKS:</b> <ul style="list-style-type: none"> <li>1C, 5A, 5B, 5D</li> </ul>		<b>14 Days</b> In this unit, students will explore and comprehend the history and culture of Hip-Hop and its style of dance.  <b>TEKS:</b> 1C, 2C,3A, 3B, 3C, 3D, 4B	<b>15 Days</b> Students will be introduced to the genre of tap dance and explore the origins of the musical theatre dance style.  <b>TEKS:</b> <ul style="list-style-type: none"> <li>1C, 2C,3A, 3B, 3C, 3D, 4B</li> </ul>

Performance Flex Unit
Students will be learning produced choreography for any scheduled performances. They will also be taking a Skills Movement Test and completing a Self Survey. <b>TEKS:</b> <ul style="list-style-type: none"> <li>2A, 3A, 3B, 3D, 5A, 5D</li> </ul>

