



Middle School Dance 1

Fall Semester		Spring Semester		
1st Grading Period	2nd Grading Period		3rd Grading Period	4th Grading Period
Unit 1 - The Basics	Unit 3 - Ballet		Unit 5 - Cultural Dance	Unit 7 - Contemporary/Lyrical/Modern
(8 Days) This unit will share foundations of dance with the students including: Muscular & Skeletal Systems, Nutrition, Flexibility/Mobility, and Proper Body Alignment. TEKS: <ul style="list-style-type: none"> 1A, 1B, 1C, 2A, 3D 	(19 Days) Students will be introduced to the genre of ballet dance and explore the origins of the ballet dance style. TEKS: <ul style="list-style-type: none"> 1D, 2A, 2C, 2D, 3A, 3D, 4A 		(14 Days) Students will be introduced to the genre of cultural dance and explore the origins of its various dance styles. TEKS: <ul style="list-style-type: none"> 1D, 2A, 2C, 2D, 3A, 3D, 4A 	(12 Days) This unit explores beginning improvisational dance technique, connection of the spine and core, and weight change . Across the unit students will incorporate the concepts of space, time, and energy; experiment with Dance Floor patterns. TEKS: <ul style="list-style-type: none"> 1D, 2A, 2C, 2D, 3A, 3D, 4A
Unit 2 - Jazz	Unit 4 - Performance Preparation		Unit 6 - Hip Hop	Unit 8 - Tap/Musical Theatre
(19 Days) Students will be introduced to the genre of jazz dance and explore the origins of the jazz dance style. TEKS: <ul style="list-style-type: none"> 1D, 2A, 2C, 2D, 3A, 3D, 4A 	(12 Days) Students will be introduced to the basics of preparing for performances and the importance of performance reflection and feedback. TEKS: <ul style="list-style-type: none"> 2A, 3A, 3B, 3D, 5A, 5D 		(13 Days) In this unit, students will explore and comprehend the history and culture of Hip-Hop and its style of dance. TEKS: <ul style="list-style-type: none"> 1D, 2A, 2C, 2D, 3A, 3D, 4A 	(15 Days) Students will be introduced to the genre of tap dance and explore the origins of the musical theatre dance style. TEKS: <ul style="list-style-type: none"> 1D, 2A, 2C, 2D, 3A, 3D, 4Ar

Performance Flex Unit

Students will be learning produced choreography for any scheduled performances. They will also be taking a Skills Movement Test and completing a Self Survey.

TEKS:

- 2A, 3A, 3B, 3D, 5A, 5D