



Health and Wellbeing Strategy

May 2024

Version	Signed and agreed by	Date	Review by
1.	Responsible Individual, Registered Manager and Directors	1 st May 2024	January 2025 (or when needed)

The Health and Wellbeing team at Oasis Restore, is an integrated healthcare team employed by Central and North West London (CNWL) NHS Trust and commissioned by NHS England. We offer physical care, mental health, wellbeing support and substance misuse services. Our team will be embedded in the school, throughout the children's residential and education and will be directly involved in the enrichment and PHSCE programmes.

Keeping children at the centre of our care, ensuring they are safe and have a good quality experience is extremely important to us. We are committed to developing partnerships with key people, including families and carers, this being crucial in supporting our understanding of the child and how to best meet their needs. Our dedicated specialist healthcare professionals and partner agencies work alongside Oasis Restore staff to plan for the children's care before they are placed with us, right through to their next placement or resettlement back into the community.

Our onsite team includes; school nurses (looking after all aspects of a child's health), psychotherapists, psychologists, dentistry, psychiatry, GP's, family support, life coaches, and substance misuse workers. If additional specialist treatment is needed, the team will refer out to wider community health services.

The Health and Wellbeing team will be present throughout the child's time at Oasis. On their arrival at Oasis Restore, they will be introduced to and supported by a health team member who will work to develop an initial assessment of the child, considering any immediate risks and needs they may have, as they settle into their new environment. This will include working alongside Oasis Restore networkers to gather information from family, carers and community professionals i.e. CAMHS, youth offending teams, social care and GP's. Over the next few days, the team will have further contact with the child and key people in the child's life, to explore more thoroughly specific areas of their wellbeing and develop their ongoing care plan.

The team will be present throughout the children's daily activities. Every flat at Oasis Restore will have an allocated therapist and an allocated school nurse. The therapists and school nurses will provide daily contact with the children living in the flat and be involved, alongside the child's wider network, in maintaining a holistic focus on their progress and development. Educational events will provide learning opportunities to children and their wider communities, supporting understanding and awareness of various wellbeing and public health topics.

Key partner agencies working within the team include:



Spurgeons provide family support for children living at Oasis Restore and their families. Spurgeons have a particular focus on children and strengthening family relationships.

[Spurgeons Charity | Home](#)



Spark Inside offer coaching to children in Oasis Restore. They aim to transform lives and environments, unlock potential in people caught in the justice system and champion equality and opportunity to support movement away from crime.

[Home | Spark Inside](#)



Open Road's mission is to empower a diverse range of individuals, families and communities to lead healthy and more meaningful lives, free from addiction, offending behaviour and disadvantage, to ensure healthier, happier lifestyles.

[Open Road Visions | Drug & Alcohol Recovery Service | Essex & Medway](#)



Sports Connect provide greater opportunities and support, for young people and adults. An official NCFE Approved Centre, 1st4Sport Approved Centre and a Kent FA Approved Licensed Football Provider. Sports Connect aim to create fun and interactive sports, health and education programmes. [Home - Sports Connect UK](#)