

# warm pool schedule

Free to Members  
Dec. 1 - 7, 2024

Pool schedule subject to change as needed.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>POOL HOURS:</b> 9:00 am - 5:30 pm	<b>POOL HOURS:</b> 7:30 am - 8:00 pm	<b>POOL HOURS:</b> 7:30 am - 8:00 pm	<b>POOL HOURS:</b> 7:30 am - 8:00 pm	<b>POOL HOURS:</b> 7:30 am - 8:00 pm	<b>POOL HOURS:</b> 7:30 am - 8:00 pm	<b>POOL HOURS:</b> 9:00 am - 5:30 pm
<p><b>9:00 - 12:00 am</b> Open Swim</p> <p><b>12:15 - 5:30 pm</b> Adult Only + Private Lessons*</p>	<p><b>8:30 - 10:15 am</b> Adult Only Adult 18 and Over Swim at Your Own Risk</p> <p><b>10:15 - 11:00 am</b> Arthritis Exercise</p> <p><b>11:00 - 12:00 pm</b> Open Swim</p> <p><b>12:00 - 1:45 pm</b> Adult Only Adult 18 and Over Swim at Your Own Risk</p> <p><b>1:45 - 5:15 pm</b> Open Swim</p> <p><b>5:15 - 6:45 pm</b> Lessons Only</p> <p><b>6:45 - 8:00 pm</b> Adult Only + Private Lessons*</p>	<p><b>7:30 - 8:00 am</b> Adult Only Adult 18 and Over Swim at Your Own Risk</p> <p><b>8:05 am - 9:00 am</b> Ai Chi</p> <p><b>9:00 - 10:15 am</b> Adult Only Adult 18 and Over Swim at Your Own Risk</p> <p><b>10:15 - 11:15 am</b> Aqua Yoga</p> <p><b>11:15 - 12:00 pm</b> Open Swim</p> <p><b>12:00 - 2:00 pm</b> Adult Only Adult 18 and Over Swim at Your Own Risk</p> <p><b>2:00 - 5:15 pm</b> Open Swim</p> <p><b>5:15 - 6:45 pm</b> Lessons Only</p> <p><b>6:45 - 8:00 pm</b> Adult Only Adult 18 and Over Swim at Your Own Risk</p>	<p><b>7:30 - 10:15 am</b> Adult Only Adult 18 and Over Swim at Your Own Risk</p> <p><b>10:15 - 11:00 am</b> Arthritis Exercise</p> <p><b>11:00 - 12:00 pm</b> Open Swim</p> <p><b>12:00 - 2:00 pm</b> Adult Only Adult 18 and Over Swim at Your Own Risk</p> <p><b>2:00 - 5:15 pm</b> Open Swim</p> <p><b>5:15 - 6:45 pm</b> Lessons Only</p> <p><b>6:45 - 8:00 pm</b> Adult Only Adult 18 and Over Swim at Your Own Risk</p>	<p><b>7:30 - 8:00 am</b> Adult Only Adult 18 and Over Swim at Your Own Risk</p> <p><b>8:05 am - 9:00 am</b> Ai Chi</p> <p><b>9:00 - 10:15 am</b> Adult Only Adult 18 and Over Swim at Your Own Risk</p> <p><b>10:15 - 11:15 am</b> Aqua Yoga</p> <p><b>11:15 - 12:00 pm</b> Open Swim</p> <p><b>12:00 - 1:00 pm</b> Adult Only Adult 18 and Over Swim at Your Own Risk</p> <p><b>1:00 - 5:15 pm</b> Open Swim</p> <p><b>5:15 - 6:45 pm</b> Lessons Only</p> <p><b>6:45 - 8:00 pm</b> Adult Only Adult 18 and Over Swim at Your Own Risk</p>	<p><b>7:30 - 10:15 am</b> Adult Only Adult 18 and Over Swim at Your Own Risk</p> <p><b>10:15 - 11:00 am</b> Arthritis Exercise</p> <p><b>11:00 - 12:00 pm</b> Open Swim</p> <p><b>12:00 - 1:00 pm</b> Adult Only Adult 18 and Over Swim at Your Own Risk</p> <p><b>1:00 - 6:15 pm</b> Adult Only + Private Lessons*</p> <p><b>6:15 - 8:00 pm</b> Open Swim</p>	<p><b>9:00 - 11:30 am</b> Lessons Only</p> <p><b>11:30 - 1:45 pm</b> Adult Only Adult 18 and Over Swim at Your Own Risk</p> <p><b>1:45 - 5:30 pm</b> Open Swim</p>

(#) = the number in parentheses notes the number of lanes available

\* Indicates that there is a fee to participate.

Children age 12 & under must pass our swim test or wear a lifejacket to participate in open swim.  
Visit: [oregonjcc.org/poolrules](http://oregonjcc.org/poolrules) for our full supervision policy and pool rules.